# SIXTY UPANIŞADS OF THE VEDA

## PAUL DEUSSEN

# Sixty Upanisads of the Veda

Translated from German by

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PART TWO

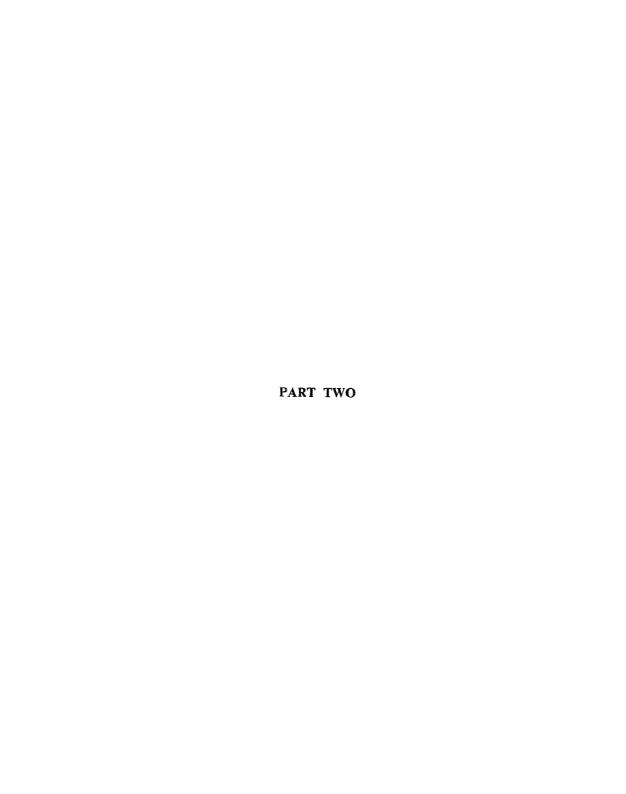
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#### ALPHABETICAL LIST OF THE UPANISADS

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### THE ĪŚA UPANIṢAD OF THE ŚUKLA YAJURVEDA

#### INTRODUCTION

This valuable small Upanisad, which according to its place in the Veda, is named Vājasaneyisamhitā-Upanisad or more usually, according to the words of the commencement, it is named as Isa or Isavasva-Upanisad; mostly in the Indian collection (of the Upanisads), the series of the Upanisads customarily begins with this Upanisad. Historically considered, in spite of its position in one Samhita, it is wrong (to place it as the first) as it belongs to a pretty late stage of development; but in fact, it is not unsuitable (to place it in the beginning), so far as it affords an excellent glimpse into the basic doctrines of the Vedanta philosophy. According to its period, it is related with the latest parts of the Brhadaranyaka, according to all appearances, it is connected in verses 9-11 with the Kena 3b in its verse 3, it is reminiscent of Chand. 88.5, it appears in many points more developed than the Kāthaka-Upanişad, with which it in its verse 8 concurs in respect of an important idea (cf. Kāth. 5-13); but on the other hand, it may appear to be older than the Śvetāśvatara-Upanisad, to which it supplies a precious supplementation from the ethical side, without participating in its heretical tendencies. The grounds in support of this will be given further on.-The basic thought consists in a description of one who knows the Atman (verses) 1-2, 6-7, 11, 14) in contrast to those who persist in or maintain the standpoint of individual knowledge (verses 3, 9-10 12-13). This constrast or juxtaposition is repeatedly broken by a description of the nature of the Atman, which is full of contradictions and is concluded (verses 15-18) with a glimpse into eschatology.

- 1-2 Ethical conduct of one who knows the Ātman.
- 3 The delusion caused by nescience.
- 4-5 Description of the Atman.
- 6-7 The blessed state of one who knows the Atman.
- 8 Once again the Ātman.
- 9-11 Condemnation of Avidyā and Vidyā.
- 12-13 Combating of becoming (of originating and decaying)
- 15-18 (=Brh. 5-15) A view of the beyond.

## ĪŚA UPANIŞAD

[Verses 1-2. The ethical conduct of one who knows the Atman.— After the assumption of plurality had been already rejected in Brh. 4.4.12 (Kāth, 4.10.11) in the severest terms, our Upanisad, basing itself on it, asks, in its commencing words, for sinking the whole plurality of the world in the depths of divine unity (literally to clothe oneself all around or to cover oneself with God.) In renouncing the pluralistic world, there lies the true enjoyment (as it was already developed in the Brh. 5.12, in the words vi-ram), not in aspiring after another's goods. He who abides by this (evam tvayi), should continually carry on his work and wish for himself the full duration of life; no work clings to him. This thought is a great step far beyond the views prevailing in the Brh. 3.5.4,4,22. There a practical carrying out of world renunciation is demanded. Our passage concedes the enjoyment of life, when only there is the intention or a way of thinking of renouncing. It is the same step which was carried out by Jesus further than John the Baptist (Ev. Matth. 11.18-19) and in another respect, by the Stoics further than the Cynics.]

- Sink this universe in God
  and everything that lives on the earth!
  He, who renounces, truly enjoys;
  Do not hanker after other's goods.
- A man should wish to live a hundred years, carrying on his work!
   Therefore it stands (endures) if you do so, not otherwise; the taint of work does not cling to you.

[Verse 3. The delusion of the man who does not know. He who sees the self (ātman) in the body—of him, on that account, as it is expressed in the harshest terms, his soul (as the true Ātman) is murdered, (i.e. denied); he belongs to the demoniacal world, because he is a demoniacal man, as we should supplement from the Chānd. 8.8.6 (from which perhaps the thought stems).]

3. Indeed, demoniacal is this world, enveloped by blinding darkness!
There in go all after death, those who have murdered their souls,
(ātmahano janāh)

[The nature of Ātman, full of contradictions; it is the coincidia oppositorium (coinciding opposites), as has been already taught in the Atharvaveda 10.8.11 (see Gesch. d. Phil. I. 320), and as is stated in many more passages more closely in the Kāṭhaka-Upaniṣad, with which perhaps, our passage is connected; The Ātman is unmoved and yet it is the quickest of all, it is far and yet it is the nearest of all (of Kāṭh. 2.21), it is inside and at the same time outside of all (cf. Kāṭh. 5.9-11), it is one and at the same time all-encompassing, even like the primaeval waters which Mātariśvan i.e. "Prajāpati as the wind" lays in it; this last idea, indeed, traces itself back to the Taitt. Samh. 5.6.4.2 and 7.1.5.1) (cf. the translation of this passage in Gesch. d. Phil. I. 195).]

- 4. That one,—without movement and still quick as thought—advancing forward, not overtaken by gods standing still, it out-distances all runners, in it, the wind-god already puts or places the waters.
- 5. It is resting and yet restless, it is far and still so near! it is inside all and still outside all it is.

[Verses 6-7: Joy of the one who knows the Ātman. He who knows himself as all beings and all beings as himself,—he never becomes afraid of and hides himself from the beings; the illusion of individual existence and that with sorrows bound up with it have ceased for him. Though the expression vijugupsate may also be traced back to the idea in the Brh. 4.4.15, Kath. 4, 5-12 but in none of these passages it has been as sharply and finely expressed as in ours.]

- 6. He who recognizes all beings here in his own self and himself in all that lives,—
  —he never feels alarmed before any one.
- 7. In whom, all the beings have become the own self of him who knows, there, (in him), which illusion or delusion which sorrow would befall him, who sees realizes the unity!

[Verse 8: Once again the nature of the Ātman or Brahman (therefore masc. and neuter used pellmell) is described mostly in negative definitions reminiscent of Brh. 3.8.8. The final line (in which the metre

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through the interpolated yathātathyatao' is broken up with complete irregularity) formulates a thought further which meets us less developed in words in Kath. 5.13 (Svet. 6.13): eko bahūnām yo vidadhāti kāmān.]

It stretched itself around, bodiless and sinewless
pure, sole, unvulnerable, free from evil—
Viewing in advance, only the self through itself (svayambhū)
all-encompassing,

he has sketched (or planned) everything according to the king of direction or policy for a perennial period.

[Verses 9-11: Condemnation of Avidyā and Vidyā. This verse (and along with it indeed the inserted verse in Brh. 4.4.10) are connected probably with Kena 3b and find, in every case, from the context there, their right elucidation. Avidyā is the empirical knowledge of plurality, Vidyā, the attempt to attain to God, whom one juxtaposes it as an object to be known (and to be adored). After the sharp severe remarks with which this attempt, in Taitt. 2.7, Kena 11, had been repudiated, it is indeed psychologically to be understood (anticipated), if our passage explains this supposed knowledge as evil, as the nescience (avidyā).]

- Into blinding darkness they enter
  who pay homage to the nescience;
  into the still more blinding darkness enter those,
  who are satisfied with the knowledge.
- 10. Different it is to which knowledge<sup>1</sup> leads, and different it is to which ignorance or nescience leads! Thus the teaching has been transmitted to us—the doctrine by the ancient masters.
- 11. He who knows the knowledge and ignorance
  - —both (as inadequate)
  - —he transcends, through both<sup>2</sup> the death and attains immortality.

<sup>1.</sup> The expression anyad vidyayā is boldly elliptical: "different (from what) (is attained) through knowledge. The elucidation lies in Kena 3b: anyad eva tad viditāt.

<sup>2.</sup> Particularly through the fact that he sees through knowledge and ignorance as being inadequate. No weight can be placed on (—or importance can be attached to—) the juxtaposition that he through the one transcends death and through the other attains immortality because 'to transcend death' and 'to attain immortality' is one and the same. The particular remark holds good for verse 14.

[Combating or refutation of becoming (of originating and persisting): Already the old commentators wished to recognize here a polemic against the directions antagonistic to the Vedanta: Śańkara as also Dvivedagańga think of the Sāmkhyas, Mahidhara thinks of the Buddhists, Uvata thinks of the materialists. All these explanations are to be rejected, as is evident from what follows. Both the basic definitions of Brahman (just like the 'one' of Parmenides and the 'thing-in-itself' of Kant) are such that the one is spaceless and timeless and that it is unchangeable (changeless) (devoid of causality). Out of this, two things follow: (1) that there is no plurality and (2) that there is no becoming. The first statement is already often met with by us. The disputation about becoming is first undertaken by our passage in order to be carried further in a glorious manner by Gaudapada in the Kārikā on Māṇḍūkya-Upaniṣad (3.25 in it refers to our passage). Corresponding to it is Sambhūti in our passage; Sambhūti or Sambhava is the origination, asambhūti, asambhava is non-becoming, perishing, as already it becomes evident from the fact that afterwards it is again taken up by vināśa. Origination and destruction are two sides of becoming, which our author combats. The Mādhyandinas have this verse 12 already in Brh. 4.4.10.1

- 12. In blinding darkness he enters,—
  he who believes that becoming is nothing;
  into still more blinding darkness the other one enters,
  —he who believes that becoming is something.
- 13. Different it is from becoming different it is also from non-becoming; thus the ancient masters have transmitted the (teaching) doctrine to us.
- 14. He who knows becoming and non-becoming both, as not existent, he transcends through both the death and attains immortality.

[Verses 15-18: Epilogue concerning the beyond. This request (of a dying man, according to the acceptable opinion of Śańkara) to the sun in order that it should shove away its rays, that along with, the Puruṣa (man) in the sun should be visible and that union with him should take place, has already been described in its occurrence, in the Brh. 5-15.]

15. With a bowl wholly of gold the mouth of truth is covered;O Pūṣan, open this for me, make it known to the one who is true to the truth.

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16. O Pūṣan, the sole seer, O Yama, O sun-god, O Prajāpati's son! disperse your rays, amalgamate your splendour; —indeed I see it, your lovable form; and that one there, the man there, I am he himself!

17. Now, O breath, become the wind, become the indestructible one and this body should end in ashes!Om!O spirit, remember! remember the work!

O spirit, remember! remember the work!
O spirit, remember! remember the work.
O Agni, lead us on an even way
You, O God, who know the paths,
lead us to success!

Keep far away from us the crooked path of sin! And we will proffer you the highest adoration.

# E

# THE UPANISADS OF THE ATHARVAVEDA

a. Pure Vedânta-Upanişads

MUŅŅAKA UPANIŞAD

PRAŚNA UPANIŞAD

MĀŅŅŪKYA UPANIŞAD

GARBHA UPANIŞAD

PRĀŅĀGNIHOTRA UPANIŞAD

PIŅŅA UPANIŞAD

ĀTMA UPANIŞAD

SARVA-UPANIŞAT-SĀRA

GARUŅA UPANIŞAD

#### THE UPANISADS OF THE ATHARVAVEDA

#### 1. Introduction

While the Upanisads of the first three Vedas, excluding some exceptions, are the dogmatic text-books of actual Vedic schools, being connected with the Brāhmanas and serving as supplements to them and have been, therefore, named according to their names, the conditions are essentially different in the case of the numerous Upanisads reckoned as belonging to the Atharvaveda. According to the statement of Colebrooke (Miscellaneous I. 93) the first fifteen of the fiftytwo Upanisads enumerated by him are supposed to be ascribed as being the best mss., of the Sākhā of the Saunakīyas, the remaining ones to the Paippalādis and others. Nārāyana also occasionally mentions in his commentary on the Atharva-veda-upanisads that, one Upanisad 'ekādaśi Śaunakīye' (the edition of the Bibliotheca Indica, p. 260, 5), 'astādaśī Saunakagranthavistare' (p. 78, 10), 'astāvimsi grantha-samghe sākhā Saunaka-vartitā' (p. 299,5), 'astamī Paippalāda-abhidhā' (p. 60, 6), 'the thirty-seventh Taittirīyake' (p. 394, 13), 'the fortysixth Atharva-Paippale' (ed. Pun. p. 183, 5); but the contradiction of this statement with that of Colebrooke indicates that we shall have to recognize in them hardly anything more than the later summaries of the Upanisadic-groups under the famous names of the ancient past; especially the Atharva-veda-upanisads (with a few and suspect exceptions like the Mandukya and Jabala) are no more named, like the earlier ones after the Vedic Sakhas but with the names which are taken from the contents or from other circumstance. According to all appearances, the Atharva-veda-upanisads, so far as they are not wholly individual products, represent the expression of views of many neo-Vedantic mystic, sectarian ascetic communities and proclaim their contrast against the old Vedic Sākhās through the fact that they employ the Upanişadic form transmitted by them in order to present on their behalf an Upanisad, as it were, as its symbolic book; and when all these Upanisads were joined to the Atharvaveda the reason for it lay mostly not in an inner connection with the same but only in the fact that this fourth Veda, originally half apocryphal, was not preserved or protected like the three other Vedas through a competent surveillance by their Sakhas in the face of alien intruders. Thus most of these newly originated Upanisads have become, in general, the Upanisads of the Atharvaveda. so that later, after their original carriers had, in many cases, been forgotten, a beginning was made to assemble them and this collection was attached to the existing nucleus of the real or genuine and relatively older Upanisads of the Atharvaveda, beginning with Mundaka and Prasna. While the great number of the Upanisads went on increasing up to the time when they were assembled into a collection (-Weber enumerated in 1876, all in all 235 names-) and

while the apocryphal products under this name were smuggled into it (—even an Islamic Upanişad called the Allopanişad is available—) the attempt of those who assembled them could never have reached completion but was always directed to a selection of these Upanişads which were deemed as worthy, on account of their contents or their wide dissemination, of being included in the Veda—especially the Atharvaveda which was the only one still remaining open for this purpose. These collections are, therefore, an important criterion, for determining, not their worth, still, a more or less general estimate of the different Upanişads; and an Upanişad will deserve all the more attention (above all historical), if it appears generally in the collection and less in the miscellaneous multitude when it has been accepted only in one or the other of the same. We will give, in short, a survey of the four collections closely known to us—it may be the survey of all the Upanişads or it may be the survey of Upanişads of the Atharvaveda only.

#### 2. The Collection in the Muktikā Upanişad

In this Upanişad, as the name signifies, dealing with the inquiry into the deliverance (*mukti*), Rāma appearing as the incarnation of Visņu, recommends, to Hanumān, who puts questions to him, the Upanişads as the means of deliverance (verses 26-28: edition Jīvānanda Vidyāsāgar, Calcutta 1872):]

- 26. The Māndūkya alone is sufficient for the deliverance of the aspirant.— If even then, the knowledge lacks, then read the ten Upanişads.
- 27. Then, as soon as he has knowledge,
  he will enter into my abode.—
  He who, even afterwards, needs to be steadfast in knowledge,
  O son of Añjanā!
- 28. he attains the goal if he reads the thirtytwo Upanişads.—
  If you just wish deliverance, while death is near, read, then, the hundred and eight Upanişads.

These hundred and eight Upanisads are then enumerated by Rāma to Hanumān, in the following order:

1 Īśa, 2 Kena, 3 Kāṭḥaka, 4 Praśna, 5 Muṇḍaka, 6 Māṇḍūkya, 7 Taittirīya, 8 Aitareya, 9 Chāndogya, 10 Bṛḥadāraṇyaka, 11 Brahma, 12 Kaivalya, 13 Jābāla, 14 Śvetāśvatara, 15 Hamsa 16 Āruṇika, 17 Garbha, 18 Nārā-yaṇa, 19 Paramahamsa, 20 Amṛtabindu, 21 Amṛtanāda, 22 Aṭḥarvaśiras,

24 Maitrāyanī, 1 Atharvaśikhā, 25 Kausītaki, 26 Brhajjābāla, 27 Nṛṣimhatāpaniya. 28 Kālāgnirudra, 29 Maitreya, 2 30 Subālā, 31 Kṣurikā, 32 Mantrikā3, 33 Sarvasāra4, 34 Nirālamba, 35 Sukarahasya, 36 Vajrasūci, 37 Tejobindu, 38 Nādabindu, 39 Dhyānabindu, 40 Brahmavidyā, 41 Yogatattva. 42 Ātmabodha, 43 Nāradaparivrājaka, 44 Triśikhibrāhmaņa, 45 Sītā, 46 Yogacüdamani. 47 Nirvana, 48 Mandala-brahmana, 49 Dakşinamürti, 50 Sarabha, 51 Skanda, 52 Tripādvibhūtimahānarāyana, 53 Advavatāraka, 54 Rāmarahasya<sup>5</sup>, 55 Rāmatāpanīya, 56 Vāsudeva, 57 Mudgala, 58 Sāndilya, 59 Paingala, 60 Bhiksuka<sup>6</sup>, 61 Mahā, 62 Šārīraka 63 Yogasikhā. 64 Turiyātītāvadhūta<sup>7</sup>. 65 Samnyāsa8, 66 Paramahamsa-parivrājaka, 67 Akşamālikā, 68 Avyakta, 69 Ekākşara, 70 Annapūrnā, 71 Sūrya, 72 Akşi, 73 Adhyātma, 74 Kuṇḍikā<sup>9</sup>, 75 Sāvitrī, 76 Ātma, 77 Pāsupatabrahma, 78 Parabrahma<sup>10</sup> 79 Avadhūta, 80 Tripuratāpini, 81 Devi, 82 Tripurā, 83 Katha-(rudra)<sup>10</sup>, 84 Bhāvanā, 85 Rudrahrdaya, 86 Yogakundalī, 87 Bhasmajābāla, 88 Rudrāk sa-jābāla, 89 Gaņapati, 90 Daršana, 91 Tārasāra, 92 Mahāvākya, 93 Pañcabrahma, 94 Prāṇāgnihotra, 95 Gopālatāpinī, 96 Kṛṣṇa, 97 Yājñavalkya<sup>11</sup>, 98 Varāha, 99 Šāţyāyana, 100 Hayagrīva, 101 Dattātreya, 102 Garuda, 103 Kalisamtarana, 104 Jābāli, 105 Saubhāgyalak şmī, 106 Sarasvati-rahasya, 107 Bahvīca, 108 Muktikā.

That the Muktikā recommends the Māṇḍūkya as the first among the 108 Upaniṣads is understandable from its dogmatic (doctrinal) point of view, if we take into consideration along with it the fact that the Kārikā of Gauḍapāda is included in the collection; both offer an excellent survey or summary of the Vedānta-doctrine. The further recommendation of the first ten Upaniṣads, which follows, is fully understandable. They are the Upaniṣads of the three old Vedas besides the most important Upaniṣads of the Atharvaveda (Muṇḍaka, Praśna, Māṇḍūkya); however, the only exclusion of Śvetāśvatara, Maitrāyaṇi, and particularly of Kauṣītaki is striking. These ten first Upaniṣads enumerated by the Muktikā have been printed in India in all editions, in the serial order given by it. On the other hand, it is unintelligible when the passage in the Muktikā in its enumeration deliberately

<sup>1.</sup> It is the same as Maitr. 1-6,8. Instead of 4.4-6, there is the verse 6.34 (see *supra* Maitrāyaṇa - Upaniṣad 6.34). The Adhyāya 5 is counted at the end as the Adhyāya 4.

<sup>2.</sup> The beginning is just like that of Maitrāyaṇa-Up.—the further peculiarity.

<sup>3.</sup> It is another recension of the Cūlikā.

<sup>4.</sup> It is essentially Sarvopanişatsāra.

<sup>5.</sup> The first Adhyāya is Hanumadukta-Rāmopanisad.

<sup>6.</sup> It is, in its chief points, identical with Aśrama. Chap. 4.

<sup>7.</sup> It is an imitation of 19. Paramahamsa.

<sup>8.</sup> It is Kanthaśruti 1-2 with supplement.

<sup>9.</sup> It is Samnyāsa 2-5 in another recension.

<sup>10.</sup> It is Kanthaśruti 3-5, further expanded.

<sup>11.</sup> It is once again Jābāla-Up. 5-6 in metrical form.

gives a privileged position to the thirty-two Upanisads (after the first ten Upanisads). Among these, there are found works of doubtful origin, whereas many Upanisads recognized as the Atharva-Upanisads follow only later in the enumeration. Apart from the precedence given to the ten chief Upanisads, no principle is anywhere discernible in the serial order.

These 108 Upanisads are available in printed form since 1883, in Telugu characters in a volume of 124+902 pages which is without any commentary and which is printed without separating units of words and which is unfortunately incorrect in many places so that one cannot succeed in getting through its passages and before undertaking a thorough working over it, the new prospective printed edition of the 108 Upanisads undertaken in Bombay is awaited. 1 Many otherwise known, Upanisads, appear in this collection entirely or partially under other names (vide supra, the footnotes on the list of the Upanisads enumerated in the Muktika, many of them in a completely changed order; several small Upanisads occurring in the remaining collection are expanded in the Telugu recension through supplements or additions which are tenfold or twentyfold in their extent. as we will note them on the appropriate occasion. Thus there appears before us in this case a peculiar Upanisad-tradition according to the South Indian tradition, which anyway, merits a very careful and closer investigation. Indeed, as regards its credibility, it creates no favourable opinion as of the 108 Upanisads, 10 are ascribed to the Rgyeda, 19 to the Sukla (white) Yajurveda, 32 to the Kṛṣṇa (black) Yajurveda, 16 to the Sāmaveda and 31 to the Atharvaveda. This ascription appears to have been done arbitrarily without any semblance of justifiability. That this collection is only a selection out of still larger available material, can be concluded from the verse 44 of the Muktika: Sarvopanisadam madhye saram astottaram satam. But even among these 108 Upanisads, there are many which have not been included in any of the collections appearing soon thereafter and which therefore, have not found general recognition.

#### 3. THE COLLECTION OF THE OUPANEKHAT

In the year 1656 the Sultan Muhammed Dara Schakoh got together in Delhi learned Indian pundits from Banaras and got translated into Persian by them a collection of fifty Upanisads under the title *Oupanekhat* (in Persian); and this was translated by Anquetil Duperron into Latin

1. This edition was finally available to me (March 1896), while the printing of the present work was under way. Svetāśvatara is placed before Brahma, Kaivalya and Jābāla and the passage in the book has confused Brahmabindu with Brahma, both being contrary to the serial order in the Muktikā. The Māṇḍūkya unfortunately appears there without Gauḍapāda's Kārikā and Mahānārāyaṇa is smuggled under Nārāyaṇa. Certain orthographical peculiarities appear to signify (wholly or partly) dependence on the Telugu printed edition.

(2 volumes, Argentorati 1801-1802), so literally that the Persian sentenceconstruction was retained in it; following this Persian-Latin translation and also drawing upon the Indian original, A. Weber offered for the first time, in the Indische Studien Vol. I, II and IX. this Upanișadic material in a remodelled worked-out form. In the preface of the Persian translation, it is said (by Anquetil I. 4) "...and the prophets of that time when they had made that book (the Upanisads) separate (had separated from the four Vedas), wrote commentaries, expositions and complete explanations on it and they are reading it always, knowing it to be the best book on religion."1 These words presuppose that the collection of the Upanisads must be older than the commentaries on the same; this assumption holds true in the case of Nārāyaṇa, who, as we shall see, had already before him a collection of the Atharva-Upanisads; but it does not hold true in the case of Samkara who, in his introductory remarks (at the beginning of his commentaries) is accustomed to refer to the foregoing ritualistic parts, so that most of the Upanisads had been preserved in their contextual connection with the corresponding Brāhmanas. In any case, however, the cited words of the Persian translator prove that they (the translators) have not themselves introduced the arrangement of the collection of fifty Upanisads but that it was already ready (an accomplished thing) before them, it being even considered as originating in a period going far back. This collection contains the fifty Upanisads in the following order:

1 Tschehandouk (Chandogya); 2 Brehdarang (Brhadaranyaka); 3 Mitri (Māitrāyanīya); 4 Mandata (Mundaka); 5 Eischavasich (Īśa); 6 Sarb (Sarvopanisad); 7 Narain (Nārāyana); 8 Tadiw (Tadeva=Vāj. Samh. 32. 1-2 translated in Gesch. d. Phil. I 291); 9 Athrbsar (Atharvasiras); 10 Hensnad (Hamsanāda); 11 Sarbsar (Sarvasāra=Ait. Ār. 2. including the 12 Kok'henk (Kausītaki); 13 Sataster (Śvetāśvatara); Aitareva-Up.) 14 Porsch (Praśna); 15 Dehian band. (Dhyanabindu); 16 Maha oupanekhat (Mahā.); 17 Ātma pra boudeh (Ātmaprabodha); 18 Kioul (Kaivalya); 19 Schat roundri (Śatarudriyam=Vāj. Samh. abridged as Nīla-rudra-Up.); 20 Djog Sank'ha (Yogasikhā); 21 Djogtat (Yogatattva); 22 Shiw Sanklap (Śiva samkalpa=Vāj. Samh. 34. 1-6 translated in Gesch. d. Phil. I. 335); 23 Abrat Sak'ha (Atharvasikhā); 24 Atma (Ātma); 25 Brahm badia (Brahmavidyā); 26 Anbrat bandeh (Amrtabindu, more correctly Brahmabindu); 27 Tidj bandeh (Tejobindu); 28 Karbheh (Garbha); 29 (Jābāla); 30 Maha narain (Mahānārāyana); 31 Mandouk (Māndūkya) 32 Pank2; 33 Tschchourka (Ksurikā); 34 Pram hens (Paramahamsa); 35 Arank (Ārunika); 36 Kin (Kena); 37 Kiouni (Kāthaka); 38 Anandbli

This is a translation of the Latin Original quoted by Deussen.

 —Translator

<sup>2.</sup> not Sākalya, as Weber had conjectured, but Paingala, under which title it is found as No. 59 in the Muktikā collection.

(Ānandavallī=Taitt.2); 39 Bharkbli (Bhṛguvallī=Taitt.3); 40 Bark'he Soukt (Puruṣasūktam=Rgveda 10.90 besides Uttaranārāyaṇam, Vāj. Saṃh. 31. 17-22; translated in Gesch. d. Phil. I. 156 ff; 290 ff.); 41 Djounka (Cūlikā); 42 Mrat lankoul (mṛṭyu-lāṅgala); 43 Anbratnad (Amrtanāda, better known as Amṛtabindu); 44 Baschkl (Vāṣkala?)¹; 45 Tschhakli (Chāgaleya?)¹; 46 Tark (Tāraka=Tārasāra 2, Telugu printed edition p. 745 and Rāmottaratāpanīya 2); 47 Ark'hi (Ārṣeya?)¹; 48 Pranou (Praṇava?); 49 Schavank (Ṣaunaka?)¹; 50 Nersing'heb atma (Nṛsimha).)

In this collection, four constituent parts can be distinguished as follows:

- 1. Twelve numbers are made up by the eleven Upanisads of the three old Vedas, which have been totally included with the exception of Taitt. 1, while Taitt. 2 and 3 are reckoned as two Upanisads.
- 2. Mixed with these, there are twentysix Upanişads which have been also recognized by other chief collections. No principle is discernible in their order and arrangement. Among the most important works which are found missing in them, can be mentioned the Kārikā of Gauḍapāda, the first part of the Nṛṣimhatāpanīya and (except a small work like 46. Tark) the Rāmatāpanīya Upanişad.
- 3. This collection includes four pieces or passages from the Vājasaneyi samhitā 16, 31, 32, 34 (Nos. 19, 40, 8, 22) of which the Śatarudrīyam (Vāj. Samh. 16) appears among other collections of the Atharva-Upaniṣads, in an abridged form as Nīlarudra-Upaniṣad, while the three remaining have not been included, as far as our knowledge goes, in any collection, presumably because they were presupposed as being well-known passages in the Vāj. Samh. They belong to the previous period in the history of the Upaniṣads and have been accordingly included in the form of their translations and elucidations in the Gesch. d. Phil. I (150 ff, 288 ff, 291 ff, 385).
- 4. Finally, the Oupanekhat contains eight works which are not included in the older Vedas and which accordingly have not been included in the chief collections. It may be that they were not known or if they were known, they may have been looked down upon as apocryphal. Among them is Ātmaprabodha, a short supplement to the Nārāyana Upaniṣad; Mrtyulāngala, Paingala, Ark'hi, Pranau and Schavank appear to be very late and secondary products. Baschkl and Tschhakli, which appear to belong to the Rgveda and Yajurveda, produce an impression that they are

<sup>1.</sup> The Bāṣkala (=mantra) Upaniṣad, Chāgaleya Upaniṣad, the Ārṣeya Upaniṣad, and the Śaunaka Upaniṣad have since been reconstructed and edited from the single manuscripts of these Upaniṣads found in the Adyar Library, Madras. Vide these in the printed edition (pp. 358-376) of 'the Eighteen Principal Upaniṣads vol. I' edited by V.P. Limaye and R.D. Vadekar (Vaidika Samsodhana Maṇḍala, Poona) 1958.

ancient. One cannot make a definite judgment about them as long as they are not available; from the circumstance that they have not been mentioned anywhere in any way, they appear to be suspect.<sup>1</sup>

About the age of the Oupanekhat-collection, it is difficult to form a judgment, as long as the history of the Upanişad-tradition is wanting. From the circumstance that this collection, in contrast to the collections to be described in the sequel, not only included all old Upanişads but also other important texts in the Samhitā,—as there may have been the danger that they could have otherwise fallen into oblivion—, we may conclude that the collection may have been compiled in a relatively late period.

#### 4 THE COLLECTION OF COLEBROOKE

With this name we will describe the collection of 52 Upanisads which Colebrooke (Misc. ess. 1-93-98) first made known and which, according to the way in which Colebrooke and Weber speak about it, must have found a very general dissemination and recognition, so that they can be regarded as canonical in the case of the Atharva-Upanisads more than any other works. This collection contains "the fiftytwo Upanisads" (Colebrooke), in the following 'solemn order' (Weber) with which the Cod. Bodl. by Aufrecht 394b also exactly agrees (the deviations are, indeed, due only to oversight):

1 Mundaka, 2 Praśna, 3 Brahmavidyā, 4 Kşurikā, 5 Cūlikā, 6 Atharvaśiras, 7 Atharvaśikhā, 8 Garbha, 9 Mahā, 10 Brahma, 11 Prāṇāgnihotra, 12-15 Māṇḍūkya, (with Gauḍapāda's Kārikā), 16 Nīlarudra, 17 Nādabindu, 18 Brahmabindu, 19 Amṛtabindu, 20 Dhyānabindu, 21 Tejobindu, 22 Yogaśikhā, 23 Yogatattva, 24 Samnyāsa, 25 Āruṇīya, 26 Kaṇṭhaśruti, 27 Piṇḍa, 28 Ātma, 29-34 Nṛsimhatāpanīya; 35-36 Kāṭhaka, 37 Kena, 38 Nārāyaṇa, 39-40 Bṛhannārayaṇa, 41 Sarvopaniṣatsāra, 42 Hamsa, 43 Paramahamsa, 44 Ānandavalli, 45 Bhṛguvalli, 46 Gāruḍa, 47 Kālāgnirudra, 48-49 Rāmatāpanīya, 50 Kaivalya, 51 Jābāla, 52 Āṣrama (cf. also Berl. HS. 2.88).

Most striking and therefore requiring elucidation is the circumstance that in this collection beginning with the *Mundaka* and the *Praśna* and therefore, to all appearances, in a collection compiled originally of the Atharva-Upanisads, in a later order of the series and also in the middle of the series, among less significant, small works, four great and important Upanisads of the older Vedas have been included, namely: 35-36 Kāthaka, 37 Kena 39-40 Brhannārāyaṇa and 44-45 Taittirīya-Up. 2-3.—If this collection is supposed to be a general one (like the Oupanekhat), why are the remaining

<sup>1.</sup> Colebrooke (*Misc. ess.* I. 93 note) says "...in two copies, which I also obtained at Banares, the arrangement differs and several Upanişads are inserted, the genuineness of which is questionable; while others are admitted, which belong exclusively to the Yajurveda". These words of Colebrooke perhaps refer to the Sanskrit original.

Upanisads of the older Veda not found in it—above all the *Chāndogya* and the *Bihadāranyaka*? If the collection was supposed to include only the Atharva-Upanisads, as the beginning with the *Mundaka* unmistakably signifies, why then are the *Kena*, *Kāthaka*, and the *Taittirīya* texts inserted, by the way and as it appears, as it were in a supplement?

This problem admits of different solutions. According to us, the most probable hypothesis is that this collection originated in a period and in a region in which the study of the three old Vedas—and that also of the Śākhās of the Aitareyins, Tāṇḍins, and Vājasaneyins,—besides their Upaniṣads (Ait. Chānd. Bṛh Iśa) thrived in its prime, whereas the parallel Śākhās were no longer studied and cultivated. Now, in order to at least snatch these Upaniṣads out of oblivion, an effort was made to incorporate them in an already existing collection which extended from Muṇḍaka to Nṛṣimhatāṇanīya, together with a supplement of ten later Atharva-Upaniṣads. The Kauṣītaki, the Śvetāśvatara, the Maitrāyaṇīya were passed over; it may have been due to their having been forgotten or otherwise to the misgivings that they raised, so that the striking later arrangement or collection therefore liked to include these three connectedly in the Muktikā-collection.

#### 5. THE COLLECTION OF NĀRĀYANA

If the Upanisad-collection of Colebrooke, through the special kind of its compilation, allows us to have a glimpse-though indeed only uncertaininto its history of origin, there is another collection which, if one will succeed in the task, will be certainly found serviceable for perhaps throwing some light on the further following history of the Upanisad-tradition. It is the collection to which the well-known Upanisad-commentator Nārāyaņa continuously refers in the beginning of his commentaries (Dīpikās) on the several individual Upanisads and which was originally, evidently the same as Colebrooke's, though towards the end there is discernible a noticeable deviation from it. Regarding the personal details of Nārāyana, we only know that he calls himself the son of Ratnākara (ed. Bibl. Ind. p. 393, 14) and that he lived later not only than Samkarācārya (about 800 A.C.) but also later than Samkarananda, as he makes a mention of these (ed. Pun. p. 100, 3, —the Bibl. Ind. has indeed a different reading in the corresponding passage, p. 196, 10). In his (unpublished) commentaries on the Mundaka the Māndūkya, the Katha, the Prasna, the Kena and the Taittiriya, Nārāyana (according to Jacob, Eleven Atharva Upanisads p. 2) is very dependent on Samkarācārya, which he acknowledges at the conclusion of every commentary, by calling himself Samkara-ukti-upajivin. In contrast to this, at the conclusion of his Dipikas on the remaining Atharva-upanisads, he almost continually calls himself Sruti-mātra-upajīvin by which, it appears, he wished to emphasise the independent character of his work. We will attempt to reconstruct the list of Nārāyaṇa out of his occasional utterances, so far as it is possible to do it with the material available to us. The numbers signify. when not otherwise stated, the pages and the lines of the edition in the Bibliotheca Indica.

- Mundaka Nārāyaṇa is accustomed to count the Upaniṣads from it.
- 2. Praśna on account of the back-reference to the same p. 197-7.
- Brahmavidyā on this ground and on account of the probable backreference to the same p. 203.9.
- 4. Kşurikā —on the same ground as well as on account of the possible back-reference to the same p. 203.9.
- 5. Cūlikā because on page 219.5 it is designated as pañcami.
- 6. Atharavasiras See page 229.4: 'Sira ūrdhvam šiķhā ucitā'.
- 7. Atharvasikhā p. 229.5 saptamī muņdāt.
- 8. Garbha p. 60.6. astamī muṇḍāt.
- 9. Mahā ed. Jacob p. 91.6 navamī.
- 10. Brahma, p. 239, 5, daśamī.
- 11. Prāṇāgnihotra: p. 260.5: ekādašī śaunakīye.
- 12-15. Māṇḍūkya with Gauḍapāda's Kārikā. Although the commentary of Nārāyaṇa on this is not available, nevertheless he (like Colebrooke) must have regarded this as Nos. 12-15, as it appears certain from the words on p. 272.6: 'asparśayogam uktvā' which words can only refer to Gauḍapāda 4.2.
- 16. Nilarudra, p. 272.4. Sodaśi.
- 17. Nādabindu? We could follow only this position from the analogy with Colebrooke.
- 18. Brahmabindu, p. 78.10: aṣṭādaśi Śaunaka-granthavistare.
- 19. Amrtabindu? from the analogy.
- 20. Dhyānabindu, p. 102.2. vimśi.
- 21. Tejobindu, p. 114.9 ekavimśam.
- Yogaśikhā, p. 118.6. dvāvimšatitamā (according to the reading in the Poona edition).
- 23. Yogatattva, p. 122.6 trayovimśi.
- 24. Samnyāsa, on account of the probable back-reference in Yogatattva verse 11 on page 128.4 and still more probable back-reference in Samnyāsa 4, on page 185.1.
- 25. Āruņeya, p. 184.9 : pañcaviṁśī.
- Kanthaśruti, on account of the probable back-reference to the same. on page 295.6.
- 27. Pinda, p. 295.4: saptavimsati-pūranī.
- 28. Ātma, p. 299.5 : astāvimsī.
- 29-30. Nṛṣimha; the commentary of Nārāyaṇa is available to us, but from the words nārasimhe nirṇītam on p. 305.3, it follows that this work must have been previously there and in another passage, there is no place for the six Upaniṣads of which it consists. Probably, Nārāyaṇa enumerated them according to the main parts only as two, as we may conclude from his analogous method in the Varadatāpinī (see below, 51-52).
- 31. Kāthaka? \(\cap\) We could conjecture this position from the analogy
- 32. Kena? \( \) with that in Colebrooke's collection.

- 33. Nārāyaņa ed. Jacob p. 49.15 : trayastrimsattamī.
- Mahānārāyaņa (=Bṛhannārāyaṇa see among the Upaniṣads of the Black Yajurveda) ed. Jacob. p. 13. Catustrimse.

In the numbers from 1-34, the agreement with Colebrooke 1-40 is so preponderating that in the few cases in which it is not demonstrable, we can assume it as very probable. Among the following numbers 35-45 (Colebrooke 41-42) the specified Upanisads are the same in both (the collections) (in the case of two, it is not demonstrable), but their serial order is different. 35-36. Rāmatāpanīya, p. 304.6: pañcatrimsattame; p. 359.9 Sattrimsam.

- (In Colebrooke 48-49).
- 37. Sarvopanișatsāra, p. 394.13 : saptatrimse caturdale (Colebrooke 41).
- 38. Hamsa, p. 405.9: astatrimsattamim (Colebrooke 42).
- 39-42. Here, there appears a great confusion in numbers. No. 39 cannot be ascertained and Col. Jacob also, whom I asked about it, knows no answer.—Paramahamsa is designated on p. 417.6 as catvārimsattamī but in the following lines, according to all appearances, it is connected with the Hamsa.—Jābāla, according to p. 437.9, should be ekacatvārimsattamī and refers itself back in the next line, to the Paramahamsa.—Kaivalya is similarly designated on p. 465.5 as ekacatvārimsattamī and is connected, in the immediately following words, with Jābāla.—Also Taittirīya has been commented upon by Nārāyana and as (see Jacob, Eleven Ath. Up. p. 2) Sikṣā-Brahmavalli-Bhrguvalli, has been consequently reckoned as one. Its position or place in Nārāyaņa is not known. But as it follows after Kaivalya as No. 42 in the government collection at Poona (according to Jacob's friendly communication), this is also conjecturally its place in Nărāyana. After this, in the given data, many mistakes are found and Nārāyaņa's serial order is probably: 38. Hamsa (Colebrooke 42); 39. Paramahamsa (Colebrooke 43); 40. Jābāla (Colebrooke 51); 41. Kaivalya (Colebrooke 50); 42. Taittirīya (Colebrooke 44-45).—
- 43. Indefinite; possibly Āśrama, because this place alone remains for it; in Jacob's edition, no commentary is included at the end, as in Colebrooke in which the position 52 is given to it.
- 44. Garuda, p. 480.8 : Catuścatvārimśattamī. (Colebrooke 46).
- Kālāgnirudra; ed. Jacob p. 17.9: pañcacatvārimsattamī (Colebrooke 47).

While Nos. 1-34 evidently agree with Colebrooke's 1-40 in the names and in the serial order, and Nos. 35-45 agree with Colebrooke's 41-52 in the names but in serial order, there follow in Nārāyaṇa's further enumeration a series of texts which concern Kṛṣṇa and Gaṇeśa, which, however, find no place in Colebrooke's collection.

- 46-47. Gopālatāpanīya ed. Poona p. 183.5 : Ṣaḍbhiś catvārimśatām ca pūraṇī Ātharvapaippale; p. 205.15 : Saptacatvārimśattamī Gopālottaratāpinī.
- 48. Kṛṣṇa ed. Jacob. p. 3.7: aṣṭacatvārimśattami.

- Vāsudeva, ed. Jacob p. 25.11: Kşudragranthagane ca ekonapañcāśattamī matā.
- Gopīcandana, as ed. Jacob. p. 37.14 : Vāsudeva-Upanişac cheşabhūtā Gopīcandana-Upanisad ārabhvate.
- 51-52. Varadapūrvatāpinī, ed. Jacob p. 111.6: ekapañcāśattamī and consequently Varadottaratāpinī, on which no commentary is available.

Whether Nārāyaṇa's list concluded with the number 52, we cannot ascertain; we have not met with a higher number, although from his remark on No. 49, it follows that a larger collection of Upaniṣads was known to him; also among others, there is available a commentary by him on the Svetāśvatara (according to Jacob, Eleven Ath. Up. p. 2). He has, perhaps, not included in his enumeration isolated small Upaniṣads, as e.g. he has treated the Rāma-Upaniṣad as a supplement to Rāmatāpanīya, Ātmabodha as a supplement to Nārāyaṇa, and Ṣaṭcakra as a supplement to Nārāinha.

If it is presupposed that the list of Nārāyaṇa, as that of Colebrooke, included no more than the demonstrable 52 number, if it is also further presupposed that the sequential order ascertained by us will be ratified in the few doubtful places, the result would be that the 52 Upaniṣads in Colebrooke's list are summed up by Nārāyaṇa in 45 numbers (the last eleven with a few inconsiderable deviations in the series), after which there follow seven Upaniṣads from No. 46 to 52, not found in Colebrooke, concerned with Kṛṣṇa and Gaṇeśa.

These facts, if only fully ascertained, would get most simply clarified through the assumption that Colebrooke's list of 52 Upaniṣads had already attained a certain canonical authority, so that only the late eleven Upaniṣads—these only in a serial order which exhibited some fluctuations—attained recognition as the best of the recent ones or got incorporated into this canon as the recently originated Upaniṣads, in response to the desire (of the compilers) which asserted itself. With this aim in view, the Upaniṣads divided into more numbers in Colebrooke's list were again amalgamated into their natural unity and it was made possible, without overstepping the number 52 which had already received sanction, to incorporate into the acknowledged canon the seven Upaniṣads which had attained popularity through the growing worshipful regard for Kṛṣṇa and Gaṇeśa, or as one may say, they were smuggled into the canon. In any case, the fact deserves, in the interest of the history of the Upaniṣad-tradition, a closer investigation, than the one we can attempt at present.

#### 6. SELECTION AND ARRANGEMENT

To combine all the Upanişads in one edition or translation is, for the time being, impossible, as it is not even known how many Upanişads there are. Every attempt to work on them must therefore, confine itself to a selection. Any such attempt should, however, not depend on subjective judgement but on objective grounds according to which the more or less general

recognition is chosen as the criterion for inclusion in the collection. From this point of view, we believe that we are right in restricting ourselves to 'the solemn series' of 52 Upanişads, as Colebrooke offers them in his list with which the collection of Nārāyaṇa (with the exception of a number of doubtful products in his collection —) as also that of the Oupanekhat essentially agrees.

On the other hand, what concerns the arrangement or order (of the Upanisads in these collections), all the collections described by us exhibit such a lack of any principle that they make an impression of having been mixed up confusedly by mere accident, so that the newest Poona edition has even gone to the extent of arranging the order of the Upanisads according to the alphabet. Such a procedure might, perhaps, be approved, if the contents of the Upanisads themselves had not most obviously called for an ordering of the Upanisads in different categories. These categories have been rightly recognized by Weber in their essentials, when he has distinguished three classes among the Atharva-Upanisads (Literaturgeschichte, 2 Auflage, p. 173): "One (Class of Upanisads) continues in their direct investigation of the nature of the Atman—the Universal Intelligence; another class is occupied with the method of going deep into the meditation (Yoga) on the Atman; the third class, substitutes in the place of the Atman any one of the four forms under which both the chief gods, Siva and Vișnu, had come to be worshipped in course of time."

In this division, we miss to find, among the three mentioned kinds of different classes, one which seeks to attain, not in the mystical contemplation of Yoga, but in a more practical way, the goal set down by the Vedānta-doctrine as it posits the life of Samnyāsin — a religious recluse or mendicant—as the state to be most aspired for.

By the way, these are the three or four directions which, as Weber has already rightly emphasised, do not follow chronologically one after another but are regarded, in general, as running parallel with one another. There lies among them a development of the Vedanta-standpoint in different directions which, however, differ so little from one another, that in many, indeed, with a few exceptions, in all Upanisads, every one of these directions is found at least in a suggestive manner; above all, all of them stand on the common ground of the Vedanta doctrine Very generally the attempt exhibits itself, further to attain the primal cause or ground, which is not comprehensible in the intellectual way, but through a mystical communion, transcending intellect for which the syllable Om is offered as a vehicle or means by the Kāthaka; further there are a few Upaniṣads which do not join in the ideas already so forcefully emphasised by Yājñavalkya that the true conduct of the wise vis-à-vis against the world, is renunciation (samnyāsa); but concerned with the predilection for the sectarian way, they essentially spring out of the desire to win over for the Vedantadoctrine a larger circle of the populace, sections from which paid homage in some form partly to Siva and partly to Visnu, because the chief god adored by them has been explained as a symbolical apparent form of the

Atman—an attempt the first beginnings of which are already met with in the Upanisads of the three old Vedas.

With this premiss, therefore, that they deal with only an unfolding or if one wishes to say—with an expansion of one and general Vedānta-doctrine, we shall indeed proceed with this aim, when we arrange the Upaniṣads in the following five categories, each according to the point of view predominantly represented by it; in every one of these categories, there is a relatively old and again a very late product, because, as has already been remarked, these directions, in general, run, not chronologically one after another, but parallel along with one another; thus the circumstance is not excluded that according to the changing taste of the times, now the one, now the other attempt appeared forth more than the other in the foreground and found its expression in the corresponding Upaniṣads.

Accordingly, among the Upanisads of the Atharvaveda, we distinguish as follows:

- Such, as essentially remain true to the old Vedānta-doctrine without considerably accentuating their further development into Yoga, Samnyāsa and Vaiṣṇavite or Śaivite symbolism, as it is in the old Upaniṣads;
- others, which, presupposing the Vedānta-standpoint deal, overwhelmingly or exclusively, with the comprehension of the Ātman through the Yoga by means of the morae (the component parts) of the Om syllable;
- again such others in which as a rule, though partially, the life of the Samnyāsin (anchorite) is recommended and described as a practically consistent conclusion of the Upanişad-teaching;
- moreover, such others which interpret Siva (*Išāna*, Maheśvara, Mahādeva etc.) worshipped by the people, as a personification of the Atman;
- 5. again, such as, equally reformulate Viṣṇu (Nārāyaṇa, Nrsimha etc.) in the sense of the Vedānta-doctrine, as they consider his different avatāras as human incarnations of the Ātman.

Accordingly, the generally recognized Upanişads of the Atharvaveda have been grouped, according to the tendency predominant in them, below approximately, as follows:

#### 1. Purely Vedāntic Upanişads

Mundaka, Prasna, Māṇdūkya (with the Kārikā), Garbha, Prāṇāgnihotra, Piṇda, Ātma, Sarvopanisatsāra, Garuda.

#### 2. Yoga-Upanisads

Brahmavidyā, Kşurikā, Cūlikā, Nādabindu, Brahmabindu, Amrtabindu, Dhyānabindu, Tejobindu, Yogaśikhā, Yogatattva, Hamsa.

3. Samnyāsa-Upanisads

Brahma, Samnyāsa, Āruņeya, Kaņţhaśruti; Paramahamsa, Jābāla, Āśrama.

4. Siva-Upanisads

Atharvaśiras, Atharvaśikhā, Nīlarudra; Kālāgnirudra; Kaivalya.

5. Vișnu-Upanișads

Mahā, Nārāyaṇa, Ātmabodha; Nṛṣimhapūrvatāpaniya, Nṛṣimhottaratāpaniya; Rāmapūrvatāpaniya, Rāmottaratāpaniya.

# THE MUŅŅAKA UPANIŞAD OF THE ATHARVAVEDA

The Mundaka-Upanisad (occasionally also named briefly Munda -see Muktikop. verse 29; Nārāyaņa on Atharvasikhā 1 p. 229.5, on Garbha p. 60.6) does not belong to a definite Vedic school but is as the name signifies, "the Upanisad of those who have shaved their heads clean" (Munda), i.e. of a community of ascetics who, like the later Buddhist monks, shaved off the hair of their heads as an observance of vow. Correspondingly, it is emphasised at the conclusion of the Upanisad that it should be communicated to nobody who has not according to the scriptures, fulfilled the 'vow of (regarding) the head' (Sirovratam). That by this 'vow regarding the head' one should understand the carrying of fire (something like a basin containing coals or embers) on the head as Sankara elucidates with the remark that "this vow occurs in the Atharvaveda", appears to us very doubtful; because there what has not yet been known to us will have to be demonstrated (I hope that one would not bring in its support Atharvav. 10.2.26; cf. about this passage Gesch. d. Phil, I, 269), and then still the question remains whether Sankara gives his explanation on the ground of tradition or (as it so often appears) out of mere conjecture and whether we should not prefer, to his strange interpretation of the passage, the simple interpretation of sirovrata which lies in the word mundaka.1

The Mundaka is one of the most popular favourite Upanişads; in no collection of the Upanişads it fails to appear; among the ten Upanişads which the Muktikā and similar collections place ahead as the most important, it takes the fifth place after Iśa, Kena, Kaṭha, Praśna; Nārāyaṇa enumerates the Atharva-Upaniṣads, with it as the first one. Already Bādarā-yaṇa devotes to it three of the 28 adhikaraṇas in which he deals with the Brahman-doctrine (System des Vedānta p. 130) and Śańkara cites it alone 129 times in his commentary on the Brahmasūtra (loc. cit. p. 32).

Our Upanisad deserves this favoured position not so much by its originality of its contents — because most of the ideas are demonstrably borrowed from older texts—but, on the contrary, on account of the purity

<sup>1.</sup> Bhāskarānanda Svāmin (an old Saṃnyāsin — a recluse, who has become my friend, with whom I often carried on philosophical discussions, when he, fully naked, sat on a stone-slab of the garden in Benares where he resides) appears to be of my opinion when he remarks, in his commentary which has already appeared on the eight Upaniṣads, at the beginning of his commentary on the Muṇḍaka: asya ca śirovratibhir adhyetavyatvāt Muṇḍaka-iti-ākhyā; from this indeed it is not correct to say that he reproduces the opinion of Śaṅkara on this passage.

with which it delivers the old Vedanta-doctrine and on account of the beauty of the verses in which it gives expression to it. It pre-supposes first and above all the Chandogya, and very probably also the Brhadaranyaka and the Taittiriya, as well as the Kāthaka with which it has many passages in common; these passages occur in these Upanisads in the proper context whereas they stand very abrupt in the Mundaka. According to the language and other trends it may be placed next to the Brhannarayana and the Śvetāśvatara. With the later Upaniṣads, it has, in common, the poetic fervour, the deficiency of an ordered sequence of thoughts and the irregularity in metre; it is, however, less rich in original ideas and for that reason, is again free from theistic and heretical tendencies than they (the later Upanisads). Mundaka has many important passages in common with the Svetāśvatara on the one hand and with the Brhadāranyaka on the other; a comparison of the same (see footnotes in the sequel) makes it probable that the Svetāśvatara has been used by the Mundaka and the Mundaka again by the Brhannārāyana. Considered as a whole, however, all the three certainly belong to the same period.

A well-ordered arrangement of the Mundaka-Upanisad, without straining at interpretation, cannot indeed be given and one can, only in general, say that of the three sections of which the Mundaka consists, (of which every section again is divided again into two subsections), the first deals with the preparatory stages for the knowledge of Brahman, the second the doctrine of Brahman, and the third the way to the Brahman. But repeatedly comes the theme of the third section in the second, that of the second again in the third and both these again crop up in the first.]

#### FIRST MUNDAKAM

#### FIRST HALF

[First, the genealogy of this science of knowledge is given. It has reached through the following teachers:

Brahman Atharvan<sup>1</sup> Aṅgir<sup>1</sup> Satyavāha Bhāradvāja

Angiras

up to Śaunaka who is called *mahāśāla* (of great wealth) like the interrogator in Chānd. 5.11.1, and who puts to Aṅgiras a question which undoubtedly rests on Chānd. 6.1.2, and besides perhaps, on Bṛh. 2.4.5 (concluding part) and 7-9: "What is that with the knowledge of which this whole world becomes known?"—Aṅgiras begins his reply with saying that he distinguishes

<sup>1.</sup> Angir, which occurs only here, is indeed etymologically derived from Angiras and Atharvaya must be nothing else than old mistake for Atharvane.

the lower and the higher knowledge (vidvā)—this distinction first occurs here—; by this, however, is not meant the saguna and nirguna vidyā, as in the later Vedanta; on the contrary, the lower knowledge includes the ritualistic knowledge as it is laid down in the four Vedas and in the six Vedāngas (auxiliary branches of Vedic knowledge) which are found enumerated here for the first time; the higher knowledge is the knowledge of the Brahman, or as it is called of the Akşaram (the Imperishable). This name, as also the characterization of the same through negative attribute, indeed, rests on Brh. 3.8.8, while the following similes describing, here and in the continuation of the text 2.1.1, the arising forth of the world out of Brahman through (its) expansion, may have been taken from the Brh. 2.1.20. Towards the end, follows in the verse 8, a step-by-step or gradual series of the principles, regarding which verse 9 asserts that all of them (as they are again summarised without any order) have risen forth out of the all-knowing Atman. Their sequence, with Sankara's, is indeed not elucidating as to remain consistent (in verse 8, it is prana while in verse 9 it is brahman=Hiranyagarbha).

Yaḥ sarvajñaḥ sarvavid (=Brahmam) annam (=avyākṛtam) prāṇaḥ (=Hiraṇyagarbha) manas Satyam (the elements), lokāḥ, Karmāṇi

If we compare this series with that placed together in Kāṭhaka (see above at the end of the introductory notes to the Kāṭhaka) it appears that in essentials it is the same only with the difference that, through the blending of mahān ātmā and buddhi with prāṇa, it has come a step nearer to the Sāṁkhya doctrine. Still, as the elucidations in Śaṅkara's commentary are uncertain, we would not like to use this observation to draw any further conclusion. Cf. also the footnotes on 2.1.2-3.]

- Brahmā arose as the first of gods, as the creator of this universe and its protector. He taught his eldest son Atharva(n) the knowledge of Brahman, the basic foundations of all knowledge.
- 2. What Brahmā formerly imparted to Atharvan that Brahman-knowledge, Atharvan imported to Angir, This latter (Angir) to Satyavāha Bhāradvāja, and he (Bhāradvāja) imparted to Angiras the highest and the deepest knowledge.<sup>1</sup>

<sup>1.</sup> The Sanskrit original is 'parāvarā' (parā + avarā (vidyā). Deussen translates 'avarā' = deepest. According to Śaṅkara parāvarā means the 'highest and the most inferior' knowledge 'avarā (vidyā) is, according

- 3. It once happened that Saunaka, a man of great wealth<sup>1</sup>, approached Angiras in the proper way and inquired of him: "O venerable one, what is that by the knowledge of which this whole world becomes known?"
- 4. And he said to him: "One should know two sciences (or kinds of knowledge), that is what those who know Brahman say, namely: the higher and the lower.
- 5. The lower is the Rgveda, Yajurveda, Sāmaveda, Atharvaveda, the science of (properly) pronouncing the letters (of the Vedic Text) (Sikṣā), the lore of cult, grammar, vocabulary², prosody, astronomy.
  - But the higher knowledge is that through which that imperishable one (aksaram) is known;
- 6. that which is invisible, ungraspable, devoid of pedigree (agotra),

which is colourless, devoid of eyes and ears, devoid of hands and feet.

which is eternal, all-penetrating omnipresent,

which is hardly knowable.3

that is unchangeable.

which is viewed by the wise as the womb (source) of beings.

7. Just as a spider spins out and holds (the threads of the web)

just as the plants sprout forth out of the earth, just as hair grow on the head and body of a man who lives, similarly everything that is here arises out of the imperishable one.

to him,  $avidy\bar{a}$  (ignorance), i.e. the knowledge of the phenomenal world which, as compared with  $par\bar{a}$  (the highest knowledge of Brahman), is most inferior. —Translator

<sup>1.</sup> The Sanskrit original is mahāśāla which according to Śańkara means mahāgṛhastha i.e. a possessor of a large house, a great householder.

<sup>—</sup>I ranslator

<sup>2.</sup> The Sanskrit original is *nirukti* which means 'etymological interpretation'. —Translator

<sup>3.</sup> The Sanskrit word in the original is 'Susūkṣma' which literally means "very subtle" (such as cannot be perceived by the senses)—Translator

- 8. Through tapas (penance) the Brahman expands itself, out of it is produced food out of food (arise) the breath, the mind, truth, the world and, in works<sup>1</sup>, eternity (Amrtam).
- The universal knower (sarvajña), the omniscient one (knowing all particular things=Sarvavid)
  whose Tapas (penance) is (consists of) knowledge,
  Out of it arise all these:
  Brahman, name, form and food also.

#### SECOND HALF

[This sub-section breaks the context (2.1.1 is connected with 1.1.7) and introduces the doctrine of the Upanisads differently than the previous subsection. There in the previous section, there was a purely intellectual motive. actuated by which, Saunaka puts to Angiras the question regarding that, with the knowledge of which, everything becomes known;—here it is the feeling of disgust towards the metempsychosis (transmigration of the soul) which does not cease (even) through the holiness (-produced by-) works; it is this disgust that drives the pupil with fuel in hand to approach the (proper) master. The isolated parts of this subsection are not quite consistent; first, the sacrificial cult is enthusiastically praised and recommended (1-6), and is then suddenly condemned in the severest words (7-10); Verse 8, on account of the mention of Sreyas in the preceding verse, appears to have been taken over from the context of Katha 2.5; in verse 9, the same idea is still further spun out, Verses 10-11 describing Pitryāṇa and Devayāna, rest on Chand. 5.10.1-3 (tapaḥ-śraddhe), whereas the passage (Muṇḍaka) 3.1.6 (Satyena) is reminiscent of the parallel passage in Brh. 6.2.15. — The whole subsection produces the impression that it must have been afterwards interpolated in the original composition.]

#### 1. This is the truth:

The works, which the wise saw in the sacred songs, are, in a manifold way, disseminated in the triad (of the Vedas)

You, who desire realization,<sup>2</sup> practise them continually; path leads you to the world of the requital of works.

<sup>1.</sup> The Sanskrit original is karmasu ca amptam which according to Sankara means "The actions performed during life according to one's class and station, produce their fruits which are unceasing (ampta), like the actions which produce them. —Translator

<sup>2.</sup> i.e. requital; satyam is the same as rtam (Kath. 3.1)

 When the flame of fire leaps up licking (its blazing tongues)
 when the sacrificial fire flames forth in splendour,

when the sacrificial fire flames forth in splendour then, between the offerings of ghee one should offer the gushing oblations —it should be offered with faith.

3. He who does not follow up his fire-sacrifice with new- and full moon sacrifices, with four months sacrifice and offering¹ of the first products harvested in autumn, and the hospitable treatment of guests he, who does not sacrifice, nor makes offerings to the all-gods

he who sacrifices wrongly (not according to rules),

—he destroys his sacrifice up to all the seven worlds.<sup>2</sup>

- 4. The dark one, the fiercely grinding one, the one as quick as thought, the one highly red, the one flying into sparks, the one which is smoke-coloured, the one all glittering sublime one, —these are the seven swinging or lolling flaming tongues of the sacrificial fire.
- 5. It (the fire) activates itself, sparkling with sparks, and receives the gushing sacrificial oblations at the right time; they (the oblations), like the sun's rays, lead him (the

they (the oblations), like the sun's rays, lead him (the sacrificer) upwards,

there where reigns the one lord of the gods.

6. "Come! Come!" say the offerings rich with splendour and they lead the sacrificer on the sun's rays upwards;

<sup>1.</sup> The Sanskrit original is anāgrayaṇam, āgrayaṇam is explained by Śaṅkara as 'śaradādi-kartavyam' i.e. to be done in the beginning of autumn when the harvest season begins. The āgrayaṇa ritual prescribed the offering of grain or corn, the first product of the harvest. —Translator

<sup>2.</sup> The seven worlds are: bhūr, bhuvah, svar, mahas, janas, tapas, satyam. These are, according to our knowledge, enumerated for the first time in Taitt. Ārany. 10.27-28.

speaking to him with sweet words and flattering him: "There beckons to you the holy Brahman-world of the pious."

Tottering and unsteady are these sacrificial rites¹
the eighteen ones in which, the inferior ritual finds expression²

the fools, who greet it (the ritual) as the better one (śreyah) (Kāṭh. 2. 1),

- -they again sink into old age and death.
- 8. Meandering<sup>3</sup> in the depth of ignorance, imagining themselves as the wise and the learned, the fools knock about aimlessly hither and thither like the blind men, whom, one who himself is blind leads.
- 9. Meandering in manifold ways in ignorance, the fools imagine themselves as having attained the goal of their desires,

before setting about to do useful work, they (on account of passion)<sup>4</sup> do not deliberate,

- consequently falling into misery, when the reward is consumed.<sup>5</sup>
- 10. Regarding the sacrifice and other works as the highest, the infatuated ones know not anything better.

<sup>1.</sup> The Sanskrit original for 'sacrificial rites' is 'plavāh yajñarūpāh 'which means' the boats or the rafts in the form of sacrifice. Śankara explains 'playa' as 'perishable'. —Translator

<sup>2.</sup> According to Śańkara, the sixteen priests, the performer of the sacrifice and his wife are the eighteen ones. The expression yeşu karma uktam appears, however, to point to Vedic scriptural works. Can they be thought of as the twelve divisions of the Veda i.e. the Samhitā, Brāhmaṇam, Sūtrām of each of the four Vedas besides the previously mentioned above (Muṇḍ. 1.1.5) six Vedāngas?

<sup>3.</sup> Excepting the words janghanyamānāh, the verse is=Kāth 2.5.

<sup>4.</sup> In the Sanskrit original there is here the word  $r\bar{a}g\bar{a}t$  (i.e. through passionate attachment) —Translator

<sup>5.</sup> The Sanskrit original here is kṣṭṇalokāḥ which means "(whose stay in) the heavenly worlds attained through works whose fruits have been consumed has come to an end."—Translator

Having enjoyed themselves in the heaven obtained by works.

they sink back again into this world still deeper down.

11. Those, however, who practise in the forest the life of austerities and faith,<sup>1</sup>

calm, full of knowledge, living only on alms,

-they pass unpolluted (virajāḥ) through the portal of the sun,

to that place where there is the eternal spirit, the changeless Ätman.

- 12. The wise, critically pondering over the worlds brought about by their words,
  - —they turn away (from disgust)<sup>2</sup>; the uneffected (Brahmam) is not effected through works.<sup>3</sup>

In order to attain knowledge, he should seek and visit, with fuelsticks in hands

The master who is proficient in scriptures and who is steady in Brahman.

13. He, who has approached in the proper way,

who is calm in heart and restful,

—to him the wise one then imparts the science (knowledge) of Brahman,

just as it is, the knowledge of the imperishable, of the intelligent spirit, of the truth.

<sup>1.</sup> Just as the Pitṛyāṇa is previously described, here the Devayāna is also described, certainly not after the manner of Bṛh. 6.2.15; but according to Chānd. 5.10.1, which passage (ye ca ime araṇye śraddhā tapa iti upāsate) has not been quite rightly understood already here (as also in the parallel passage in Bṛh, 6.2.15). Whether our author sees also in the Devayāna only the fruit of lower knowledge and not of the highest knowledge cannot be ascertained according to his presentation. cf. Muṇḍ. 3.1 (our introductory remarks).

<sup>2.</sup> The Sanskrit original is 'nirvedam ayan' which means 'coming to the state of disgust'. —Translator

<sup>3.</sup> The uneffected world of Brahman. cf. akrto brahmalokah (Chānd. 8.13). The Sanskrit original is nāsti akrtah krtena: It according to Sankara means: "There is nothing that is not fruit of action; the fruit of action is perishable. The wise man realizes this and has no use for the actions done (Kim Krtena).—Translator

## SECOND MUNDAKAM

#### FIRST HALF

[This subsection depicts the Brahman and its unfoldment into the phenomena of the world in a simile of great poetic beauty. The metre is very freely handled and dissolves itself in the several passages so much into rhythmical prose that we are compelled to give up the reproduction or counting of the number of syllables. The contents, at every step, remind us of the earlier Upanişad passages, without however, making it possible to pinpoint the borrowing with certainty. At the most, there is employed the description of the Akşaram which Yājñavalkya depicts (Bṛh. 3.8) in his dialogue with Gārgī. Echoes of the Puruṣa-hymn in the Rgveda (10.90) are found and, as the footnotes thereon will show, echoes of many other passages are found. Only the concluding verse comes round to the thought that he, who knows this Brahman in his heart, would therethrough, untie or dissolve 'the knots of nescience'. (See the Footnote on Kāṭhaka-Up. 3.15.)]

- 1. This is the truth:
  - Just as out of the blazing fire the sparks, alike in essence, arise a thousandfold so also, O dear one, out of the imperishable the manifold beings arise forth and they again enter or merge in the same. (Taitt. 3.1)
- 2. Heavenly is the spirit (Purusa), the formless one (Brh. 2.3, 5);

It is outside and inside, (Isa 5), the unborn one, devoid of breath (a-prāṇa), devoid of desire (Brh. 3.8.8), the pure one,

Still higher beyond than the highest Imperishable.1

3. Out of it originates the breath, the mind and all the senses, out of it arise ether, wind and fire and the waters and the earth which bears everything.<sup>2</sup>

Puruṣa-Akṣaram
Prāṇa
manas
sense organs and elements.

<sup>1.</sup> Puruşa and Akşara (the Ur-subject and the Ur-object) which were previously treated as a unity are here, however, distinguished from one another just as above (1.1.8-9) the sarvajña and Brahman.

<sup>2.</sup> The genealogy is similar to the above one in 1.1.8-9.

- 4. Its head is fire, its eyes the moon and the sun the directions are its ears
  Its voice is the revealed Vedas
  The wind is its breath, its heart is the world out of its feet (arises) the earth (Rgveda 10.90.14), it is the inner self in all beings (Kāṭh. 5.9-12)
- 5. Out<sup>1</sup> of it originates the fire, the fuel of which is the sun (Chānd. 5.4.1)

out of Soma arises rain (Chand. 5.5.2), plants out of earth,

The male sprinkles the fluid in the female mate (Chand. 5.8.2)

many descendants are born from the spirit (purușa).

- 6. Out of it arise the hymns (Rc), songs (chants, Sāma), the sacrificial maxims (Yajus) (Rgveda 10.90.9) out of it the consecration, the sacrifice, customs (kratavaḥ) and the sacrificial gifts
  - out of it arise the duration of the year and the sacrificer (Brh. 3.8.9) and the worlds

where light of Soma and the light of the sun are radiant.2

- 7. Out of it many gods have originated as also the blessed ones<sup>3</sup> (sādhyāḥ)
  - out of it originate men, cattle and birds (Rgveda 10.90.8) "Inbreath and outbreath, rice and barley" (Atharvaveda), (11.4.13) faith,
  - self-mortification (austerities), truth, the practice of Brahman (Brahmacarya) and prescribed rules, (these have also originated out of it).

Cf. above the similar genealogy in our introductory remarks on Muṇḍaka I first half, and in the concluding part of our introductory remarks on the Kāṭhaka. Cf. also the sequence of the Sāṁkhya principles.

<sup>1.</sup> This is a short résumé of the doctrine of the five fires according to the Chānd. 5.3-10.

<sup>2.</sup> According to Śańkara: 'Somo yatra pavate punāti lokān yeşu sūryas tapati' i.e. where the Soma purifies the worlds and the sun shines'—Translator). That indicates the worlds of the Pitryāṇa and the Devayāna (Chānd. 5.10).

<sup>3. &#</sup>x27;Gods and the blessed ones (sādhyāḥ)' rest on an inexact (vague reminiscence of the Rgveda 10.90.7.

- 8. Seven¹ organs (pranah) have originated out of it, with seven fuelsticks, seven flames, and sacrificial offerings and also these seven worlds in which they move about out of their cavities, where seven respectively lay hidden.
- 9. Out<sup>2</sup> of it arise the seas and all the mountains, out of it, the rivers flow in all forms out of it have arisen the plants and nutrition-juice, through which it continues to stay in the beings as their inner self.
- 10. Indeed, *Puruşa* (the Spirit) is this universe (Rgveda 10.90.2).

he is the work<sup>3</sup>, tapas (austerities), Brahman, the immortal one:—

he, who knows this (purusa) concealed in the cavity of the heart)

bursts asunder, O dear one, the knot of ignorance.

<sup>1-2.</sup> The activity of the seven senses (eyes, ears, nostrils, mouth) appear as sacrifice; the impressions or impacts (of the external world) on the senses are the fuel, the reaction of the senses against that impact is the flame; the sacrificial gifts are the perceptions of the senses, seeing, hearing, smelling, the sum of individual perceptions forms the world of concerned organs. All sense-organs are regulated by the Manas (mind) which has its seat in the heart. - We have already met with verses 8-9, with some veriants, in the Mahānār. 10.2-3. As the ideas in both the verses are entirely different, their occurrence in both the passages cannot be accidental; here a borrowing must have taken place. What is original between the two can be doubted. The whole subsection of the Mahānār. 10, as has been demonstrated by us, while dealing with that part, consists of borrowings. On the other hand, like so many passages in Mundaka 2.1, the ninth verse in the same traces itself back to the speech of Yājñavalkya in Brh. 3.8. 8-9 and is a poetical reproduction of the same; it is not, however, a quotation borrowed from elsewhere. The verses 8-9 do not therefore stem out of a common source—common for the Mundaka and Mahānār., but they originally belong to the Mundaka. The probable important result of this fact is that the Mundaka-Upanisad must have been already used during the composition of the Taitt. Ar. 10.

<sup>3.</sup> The metrically surplus word *Karma* is missing in the quotation of the passage by Śańkara in his commentary on the Brahmasūtra (excepting two mss.). (See *Die Sūtras des Vedānta* p. 705, 11).

### SECOND HALF

[This subsection continues further to glorify the highest supreme Being, when it refers, for a while, to the same dwelling in the heart and describes the way to reach it by means of meditation on the syllable Om and thus forms a preliminary to the views of the following part. The poet here displays an ecstasy of enthusiasm or inspiration in which the hearer or the reader is hardly able to follow him. The language is concise, abrupt, only suggestive, and hardly intelligible in some passages. Still here the apparent literary decadence is undeniable: most of the ideas can be demonstrated, with more or less certainty, to have been borrowed from the earlier Upanişadic literature. Particularly characteristic is the simile of the bow, the arrow and the target (verses 3-4) and the splendid verse 8, although it turns out to be only a happy summary of earlier thoughts.]

- 1. That which is evident (visible) and yet concealed dwells in the cavity (of the heart)—a great place, in which is fixed (as spokes) that which lives and breathes and shuts the eyes (Rgveda. 10.121.3), know ye what is higher than it, as what is and is not (Svet. 4.18), transcending knowledge the highest of creation.
- 2. that which is blazing forth like a flame that which is the subtlest of the subtle; on it rest the worlds and those who reside in those worlds, the imperishable one, the Brahman it is the breath, speech and mind; it is the truth, the immortal one that, indeed, O dear one, you should hit as the target.
- 3. Seize as the bow the great weapon of the Upanisads, fix the arrow, sharpened through meditation stretch it (the bow) through the mind directed on the existence of Brahman, and hit, O dear one, the imperishable as the target.
- 4. Om as the bow, the soul as the arrow,
  Brahman as the target —thus it is characterized;
  fixing the aim on it, without slackness (Kāṭh. 6.11),
  one penetrates into it, as the arrow penetrates the target.
- 5. In it are interwoven the heavens, the earth, and the aerial space (Brh. 3.8.7)

as also the mind with all the senses know it as the Ātman, leave off other speech (Brh. 4.4.20) it is the bridge leading to immortality (Svet. 6.19)

- 6. In it are fixed the arteries of the heart (Bṛh. 2.1.19) like the spokes in the navel (of a chariot wheel), it stays in the inmost part and is born many times, Om! thus speak about it and meditate the Ātman, Hail to you! go to the bank beyond darkness (Chānd. 7.26.2)
- 7. The all-knower, aware of all (Muṇḍaka 1.1.9), the world displays its greatness to you (Chānd. 3.12.6) in the heavenly city of Brahman (Chand. 8.1.9) in the space of the heart it stays as the Ātman! mind is its stuff, it directs the body of the living (Chānd. 3.14.2), rooted in food, it remains concealed in the heart (Kāth. 6.17),

there the wise find him and discover it in the form of bliss (Taitt. 2.5), the immortal and resplendent one!

- 8. He who sees the highest and the deepest, for him, the knots of the heart are burst asunder (Chānd. 7.26.2) all the doubts are dissolved (Chānd. 3.14.4) and his works come to an end (Brh. 4.4.22)
- 9. Behind a golden, excellent veil (Brh 5.15) sits enthroned the stainless and partless Brahman; it is full of splendour, it is the light of lights (Brh. 4.4.16) and he who knows the Ātman knows it.
- 10. There<sup>1</sup> the son does not shine, nor the moon, nor the stars' splendour nor do those lightnings flash there let alone (not to speak of) the earthly fire, it alone shines, everything else shines after it, the whole world shines by its splendour.

<sup>1.</sup> Here also, as in Svet. 6.14, we must conclude that the verse is

11. Brahman¹ is the immortal one in the east, Brahman in the west, Brahman in the south and the north:

Brahman extends itself below and above, Brahman is this magnificent great universe.

### THIRD MUNDAKAM

[The first and the second halves: This last mundakam describes in its both parts, with manifold borrowings from the Chandogya. Brhadaranvaka and other Upanisads, the doctrine of deliverance; in this description there are stated different viewpoints which this theme offers for consideration (e.g. contrast between the released and non-released, the way to deliverance, description of the supremacy of Brahman and of the blessed state of the delivered souls); these different viewpoints are not stated in an orderly manner but are thrown together pellmell. Worse than this defect in arrangement and orderliness which is not compensated or outweighed through the beauty of the verses in any way, is the unprincipledness which predominates in the eschatological ideas of our Upanisad. The basic view is that man attains Brahman through knowledge, why he becomes Brahman, as it is expressed more beautifully than elsewhere, in the celebrated passage 3.2.9 : sa vo ha vai tat paramam brahma eva bhavati, which has been rightly placed in the forefront as a motto by Anquetil Duperron in his translation of the Oupanekhat; he translated it concisely and appropriate to the purpose: 'quisquis Deum intelligit, Deus fit' ('Whoever knows God, becomes god); but repeatedly this presentation of the intellectual theory of deliverance is interrupted or broken by the ideas occurring in the Taittiriya 2 with the effect that the deliverance has become a trans-intellectual (mystic) communion (3.1.8 jñānaprasādena; 3.2.7-karmāņi vijñānamayaś ca ātmā).— So also the doctrine of the five fires which gives the highest place to the Devayāna and the theory of Yājñayalkya according to which deliverance consists in a direct entry into or communion with Brahman (see regarding the contradiction in these views, our introductory remarks above at the beginning of Brh. 6.1) have been recited by our Upanisad side by side and confused with one another barring the consideration that the contradiction was removed through the later kramamukti-theory (Svet 1.11; Syst. des Vedānta p. 430, 472) or that it distinctly came into awareness. Also here again is exhibited the basic character of our Upanisad: considerable beauty in isolated passages but deficiency in systematic clarity, on account of the dependence on older, contradictory ideas.]

<sup>1.</sup> The whole verse is modelled on Chand. 7.25.1

### FIRST HALF

- "Two1 pretty-winged, closely bound friends they hug one and the same tree; one of them eats the sweet berry, the other, not eating, only looks on."
- 2. On<sup>2</sup> such tree, the spirit (Purusa), sunken down, caught up in delusion, grieves in his powerlessness; when he, however, honours<sup>3</sup> and sees the omnipotence of the other and his majesty, then his sorrow escapes away from him.
- 3. When<sup>4</sup> the seer sees him, shining like a golden ornament—the creator, the lord, the spirit (puruşa), the cradle (source) of Brahman, then the wise man of knowledge shakes off the good and the evil (Chānd. 8.13)—the stainless one enters into the highest unity.
- 4. He shines in all beings as their life the wise one, the knower,—no one talks him down (ativādī)<sup>5</sup> he plays with the Ātman, occupied<sup>6</sup> with it, rejoices in himself

thus, he is the excellent among the knowers of Brahman.

<sup>1-2.</sup> For verses 1 and 2, cf. the parallel passages in Svet. 4.6-7. It is difficult to determine on which side the priority lies. The context is not decisive. The predilection for old Vedic citations emerging from the verses as well as the theistic inclinations are traits from which, otherwise, our Upanişad is free, (*iša* however, occurs only in the following interpretative verse), whereas on the other hand, both these are directly characteristic of the Svetašvatara-Upanişad throughout.

<sup>3.</sup> The Sanskrit original is justam (isam), which according to Sankara means: 'the lord adored by the Yogins'—Translator

<sup>4.</sup> Quoted with changes in the concluding part, (indeed out of our Upanisad) in Maitr. 6.18.

<sup>5. &#</sup>x27;ativādī' according to Śańkara means 'one who surpasses all in talking or debate. As the wise man of knowledge sees Ātman everywhere, there is none else left with whom he can talk or whom he can think of surpassing in debate. —Translator

<sup>6.</sup> The words ātmakrīdā, ātmarati-kriyāvān (this is the better reading than ātmaratih kriyāvān) have their source undoubtedly in Chānd. 7.35.2, in which kriyāvān sums up somewhat strikingly ātmamithuna, ātmānandah. Ativādin occurring afterwards must be understood in the sense of Chānd. 7.15.4.

- 5. Through truth, tapas (austerities), is the Ātman comprehended,
  - as also through perfect knowledge, constant practice of scriptural studies as a young student (brahmacaryena) (Chānd. 2.23.1)
  - in the body, it (the atman), consisting of light shines with lustre,
  - the ascetics whose sins or guilt is extinguished see (comprehend it).
- 6. He² gains truth, not untruth;
  through the truth, the Devayāna³ opens itself;
  the wise, whose desires are fully accomplished, traversing
  on it (the Devayāna)
  they attain to that place where there is the highest stronghold of truth.
- 7. It is great, heavenly, of inconceivable form, finer (more subtle) than the fine (subtle), it shines with splendour; far away in distance, it is, however, here near enough; concealed here in the hearts of those, who contemplate.
- 8. The eye, does not reach up to it, nor the speech, no other sense-divinities, nor work nor (self-mortification) austerities;

When the knowledge is unruffled (serene), when the heart is pure (Chānd.7.26.2), then one sees it, meditating on it—the undivided one.

 Secret it is, it can be known only through the heart, in it the fivefold prāṇa has entered, The mind (cittam) of all beings is interwoven with the prāṇas.

When it (the mind) is pure, then the Atman unfolds itself

<sup>1.</sup> Cf. Brh. 4.4.22 Mādhy: brahmacaryena tapasā.

<sup>2.</sup> He i.e, the ativadin (Chand. 7.16) who has been mentioned above (verse 4).

<sup>3.</sup> This is in accordance with Brh. 6.2.15, not with Chand. 5.10.1.

10. Whatever world, which one pure in heart, imagines, and all wishes which one may entertain, one attains that world and also these desires; that is why, he who desires happiness, should adore the knower of the Ātman!

#### SECOND HALF

1. Because he knows that highest abode of Brahman (Chānd. 8.1.1)

enclosed in which the lights of the world shine (Chand. 8.1.3)—

Indeed, he having been free from desires, adores the Purusa (spirit)

and transcends this world of birth (and death).

2. He who, still, entertains desires and indulges in them, he is, on account of his desires, born in various places (Brh. 4.4.6)

but he, whose desires are stilled (Brh. 4.4.6) whose self is already disciplined and prepared for getting knowledge (Chānd. 8.13)

- —for him all desires disappear here below.
- 3. Not<sup>2</sup> through teaching is this Ātman attained nor through reason and much erudition in scriptures. Only by him whom it chooses, is it comprehended; the Ātman reveals to him its nature.
- 4. This Ātman cannot be attained by one, who is powerless, nor by one who is indolent (Kāṭh. 6.11); nor by one who practises penance which is not genuine<sup>3</sup>

<sup>1.</sup> The whole verse, together with the reflections which it contains, depends on Chand. 8.2. The verse 3.2.2 breathes a different spirit.

<sup>2.</sup> Verses 3-4 interrupt the context. Verse 3-Kāth. 2.2; verse 4 seeks to develop the thought further; still its importance lacks justification. Herein lies, indeed, a certain characteristic of the borrowing.

<sup>3.</sup> According to Sankara, tapas here=jñānam, and lingam=samnyāsah. In this way, everything can be interpreted out of anything. Probably, alingam tapas is the penance which swerves from the right character, particularly the characteristic of knowledge. Paulus (1.Kor. 13.3) demands another characteristic of genuine penances.

- However, he who as a man of knowledge, strives through these means,
- -into the abode of Brahman his Atman enters.
- 5. The wise, however, satisfied with their knowledge of the self, having found it
  - with their self disciplined and prepared (kṛtātmānaḥ) (Chānd, 8.13) dispassionate and serene.
  - they, with their self well disciplined, enter from here into the omnipresent allness (sarvam).
- 6. Those who have definitely grasped the doctrine of the Vedanta
  - -the recluses, completely devoted to renunciation and of pure character<sup>1</sup>
  - -all these get into the world of Brahman on the end of their life
  - becoming perfectly immortal and released.
- 7. The fifteen parts dissolve into wherefrom they had arisen, and all gods (senses) each into its respective deity,<sup>2</sup> but work and the Ātman of the nature of knowledge (vijñāna)
  - -all get into communion in the highest eternal.
- 8. Just as the rivers flow and disappear in the sea, giving up their name and form, so also, the wise man, released from name and form, enters into the divine highest spirit (purusa).
- 9. Truly, he who knows that highest Brahman becomes the Brahman. Nobody is born in his family, who has not known the Brahman. He goes beyond sorrow (Chānd. 7. 1.3), goes beyond the evil, and freed from the knots of the heart (Chānd. 7.26.2), he becomes immortal:

<sup>1.</sup> The expression Śuddhasattva (cf. 3.1.8.9.10; Chānd. 7.26.2) harks back, as so many expressions in the Muṇḍaka to Chānd. 7 and therefore, indicates that verse originally here, has been however, borrowed by the Mahānār. 10.22 from here.

<sup>2.</sup> The eye goes back to the sun etc. About the fifteen parts see our introductory remarks at the beginning of Prasna 6.

10. Regarding this, there is the following verse:

Those, during excellent work, proficient in scriptures and truly devoted to Brahman,

sacrificing themselves, in all faith, into one sole Rṣi¹

to such these, the knowledge of Brahman should be imparted

if they have already properly fulfilled the vow<sup>2</sup> concerning the head (*sirovratam*).

11. This is the truth. The wise

Angiras has proclaimed it formerly.

Nobody, who has not fulfilled the vow, should read or recite it.

Salutations to the highest wise men Salutations to the highest wise men!

<sup>1.</sup> As 'the one Rsi' according to Prasna 2.11 is the Prāṇa, so what is intended here is the Prāṇāgnihotram (see above our Introductory remarks at the beginning of Chānd, 5.11).

<sup>2.</sup> About the Sirovrata, see our introduction at the beginning of the Mundaka above.

# THE PRAŚNA UPANIŞAD OF THE ATHARVAVEDA

The Prasnopanisad connected with the Atharvaveda, and as it appears, connected with the Pippalāda-recension of the same, deals in six questions (prasna), which are put by six explorers of Brahman to the wise Pippalāda, with six main points of the Vedānta-doctrine:

- 1. Origin of matter and of the life of Prajapati.
- 2. Superiority of Prāna over the rest of the life forces.
- 3. The Prana and its ramification in man.
- 4. About dream-sleep and deep sleep.
- 5. Meditation over the syllable Om.
- 6. The sixteen parts of man.

The frame of the narration appears to be an imitation of Satap. Br. 10.6.1ff, of Chānd. 5.11.1ff with the only difference that there in those passages, as it appears, much more fitting, the six Brāhmaṇas inquire of Aśvapati about one and the same common theme; while in the Praśna Upaniṣad everybody asks something different; consequently the joint quest of Pippalāda is not properly motivated, especially in the case of the last interrogator who states for his question quite a peculiar motive.

#### FIRST PRAŚNA

[The question, from where the beings originate, serves only as an occasion to divide nature, as the product of Prajāpati, into two parts: rayi (matter) and prāṇa (life). Under the first part the dark side of the world is grouped (viz. the moon, the winter, the dark half of the month, the night), while under the latter part the bright side of the world is grouped (viz. the sun, the summer, the bright half of the month, and the day). From rayi originates the Pitryāṇa, from prāṇa the Devayāna, in the description of which the author is akin to Chānd. 5.3-10 (not to Bṛh. 6.2). In conclusion, it is signified that procreation (prajāpativratam) belongs to the dark side whereas chastity (Brahma-caryam) corresponds to the bright side, leading to the deliverance of the Devayāna.]

1. Sukeśan Bhāradvāja, Śaivya Satyakāma, Sauryāyaṇin Gārgya, Kausalya Āśvalāyana, Bhārgava Vaidarbhi, and Kavandhin Kātyāyana—all these who regarded the Brahman as the highest and were deeply devoted to the Brahman, explored into the highest Brahman and saying (among themselves): "He, indeed, will explain all this", approached the exalted Pippalāda, with the fuelsticks in their hands.

- 2. The wise man said to them:
- "You must live with me a year still from henceforth (cf. Chānd. 8.9.3; 8.10.4; 8.11.3) practising penance, the life of studenthood (chastity), and with faith (cf. Brh. 4.4.22), and afterwards you may put questions, if you like; provided we will know (the answers to them), we will explain to you."
- 3. Thereupon (after the expiration of the year) Kavandhin Kātyāyana approached him (Pippalāda) and asked:

"Exalted one, out of what, indeed, do these things originate?"

- 4. And he (Pippalāda) replied to him: "Prajāpati desired progeny; he practised tapas; after he had practised tapas, he created a pair namely *Rayi* (matter, in its real meaning wealth—) and *Prāṇa* (life); then he (Prajāpati) said: "Both these will create for me manifold progeny."
- 5. Indeed, the sun is Prāṇa and the moon Rayi; indeed Rayi is all this, what has form or what is formless; therefore, the form itself is Rayi.
- 6. Now when the sun rises and enters the easterly direction, it then encloses in its rays the eastern vital breaths (materialized in nature); and when it enters the southern, western, northern, the upper, the nether and the central directions, it then encloses, in its rays all the vital breaths, because it makes everything radiant.
- 7. This (solar) fire, disseminated in all (vaiśvānara) and omniformed (vaiśvarūpa) rises forth, as the Prāṇa. Regarding it is the following verse:
  - 8. [I praise] The omniformed, golden, knower of beings (jātavedas) which there as the highest stronghold (parāyaṇa), shines as the one only light.

    With a thousand rays, changing themselves hundredfold, the sun, there rises as the vital breath of beings.
- 9. Indeed, Prajāpati is the year; in the year there are two movements of the sun, the one towards the south, and the other towards the north. Now those, who practise worship with the words: "Sacrifice and pious works are what we have done", (cf. Chānd. 5.10.3), attain only to the moon as their abode.

These again return back. Those wise men who desire progeny go the southern way. And (pitryāṇa) is Rayi.

- 10. But by the Northern way, after they have aspired after the Atman through penance, the practice of studenthood (brahma-carya=chastity), faith and knowledge conquer, or attain to the abode of the sun. This is the focal point of the Prāṇas. This is the immortal one, the fearless one, this is the highest stronghold or refuge. They never return from it. This is the exclusive description (of the way of the fathers and the way of the gods vis-à-vis one another). Regarding it, there is the following verse (Rgveda 1.164.12):
  - 11. The father, fivefooted and of twelve-fold form.1
    - -he is physically, it is said, in the yonder side of heavens;

Still he, shining far and wide, is inserted in the lower parts, with six spokes, seven wheels.<sup>2</sup>

12. Indeed, Prajāpati is the month.

Its dark half is Rayi, its bright half Prāṇa. Therefore, these wise men (who adore the Prāṇa) offer the sacrifice in the bright half others in the other (half).

- 13. Indeed, Prajāpati is day and night. What is his day, is Prāṇa, what is his night, is the Rayi. Indeed, they, who unite themselves in sexual pleasure during the day spill the Prāṇa (the life-force), and this is the practice of Brahmacarya (chastity) (applicable in the case of the Gṛhastha—a householder—) that one unites himself in sexual pleasure only in the night.
- 14. Indeed, prajāpati is food. From it is produced the semen out of which these beings originate.
- 15. Now those, who practise this observance of Prajāpati (Prajāpativratam), practise procreation (*mithunam utpādayante*), just as it is said of Prajāpati, above, that he procreates a pair—*mithunam utpādayate*).

<sup>1.</sup> According to Sankara, the five feet are the five seasons of the year (Hemanta and Śiśira, the two wintry seasons being counted as one), and the twelve forms are the twelve months. —Translator

<sup>2.</sup> This verse which, indeed, originally refers to the parallelism between the starry heavens and the sacrificial fire (cf. Gesch. d. Phil. I. 111) is here very arbitrarily interpreted as referring to the Devayāna and Pitryāṇa.

16. Theirs is the world of Brahman—they, who practise penance.

and in whom true chastity is firmly rooted; they attain the world of Brahman, —those, who are taintless devoid of crookedness, falsehood and deceitfulness.

#### SECOND PRAŚNA

[Regarding the question concerning the number of vital organs in man and their order of preference or precedence, the narration of the quarrel among the vital organs about their rank or precedence' is carried out in an independent way (cf. Chānd. 1.2, 5.1; Bṛh. 1.3, 6.1; Kauṣ. 2.14). With it is connected the hymn to Prāṇa, which contains many echoes of the corresponding hymn in the Atharvaveda 11.4 (translated in *Gesch. d. Phil.* I. 302 ff).]

- 1. Then Bhargava Vaidarbhi inquired of him (Pippalada):
- "O Exalted one! How many gods maintain the created beings and which among them illuminates this body and who among them is most superior (to all others)?"
- 2. And he (Pippalāda) said to him: "The ether  $(\bar{a}k\bar{a}sa)$ , indeed, is this god and the wind, and the fire, the waters and the earth, the speech, the *manas* (mind), eyes and ears. These, because they illuminate (the body) boast among themselves: "It is we who support this tubular mechanism (bāṇa=body) and maintain it."
- 3. Then the Prāṇa who was the most superior among them said to them: "It is not so! You are all caught up in illusion. It is I alone who, dividing myself fivefold, support this tubular mechanism and maintain it!"
- 4. But they would not believe it. Then he made it appear as if he, out of (injured) pride, wished to escape upwards (depart from the body). And as he began to escape, all the others also wished to escape and as he remained abiding still (in the body), then the others also remained abiding. And just as when the king of bees leaves, the bees also leave following after it and just as the bees remain abiding as long as the king of the bees remains abiding, so also the speech, the manas (mind), the eyes, and the ears. Then they become satisfied and extol the Prāṇa.

- 5. It burns as the fire and shines as the sun it is Parjanya, Maghavān (Indra) and Vāyu, it is the earth, Rayi the god, it is that which is, that which is not and that which is eternal.
- Like the spokes in the navel of a wheel, everything is fixed fast in Prāna, the Rcs, the Yajus, and the Sāmans, the sacrifice and the warrior and Brāhmana class.
- 7. As prajāpati, you stay in the mother's womb, are born anew
  To you, O Prāṇa, the beings bring offerings (Atharvaveda 11.4.19)
  when you stay with the (life-forces) vital organs.
- You first bring to the gods the sacrificial offerings, You first offer the refreshing drink (svadhā) to the manes, You are the work of the poet-sages you are the truth of the Atharvāngirasas.
- O Prāṇa, you are Indra in your vigour you are Rudra, the protector, you move in the aerial space as the sun, you are the overlord of luminous<sup>1</sup> celestial bodies (jyotis).
- 10. O Prāṇa, when you rain over them, your beings, filled with joy, continue to live here saying, "Food will be produced for us to fulfil our desire."
- 11. You are yourself consecrated, O Prāṇa, you are the wisest sage, the consumer, the lord of all, we are the offerers of what you consume, you are father to us, O Mātariśva(n)!

<sup>1.</sup> The overlord of the celestial luminous bodies is Brahman. See Kāth. 5.15.

<sup>2.</sup> The Sanskrit original is 'vrātya'. According to Śankara, vrātya means 'pure by nature (svābhavata eva śuddhaḥ)'. He explains it by saying that the primaeval Prāṇa being the first-born, had none to consecrate it (saṃskartur abhāvāt) and that it was primaevally pure. —Translator

- 12. The form in which you stay in speech, in the ears and in the eyes,That your form which is extended to Manas (mind)—Make that form auspicious for us, do not depart from us!
- 13. This universe is under the power of Prāṇa, whatever in the third heaven is;
  Protect us, as the mother protects her children, bestow on us prosperity and wisdom!"

### THIRD PRAŚNA

[According to the verse occurring appended at the end of this subsection (3.12), one must know five things in order to attain immortality: (1) the origin of Prāṇa (2) its extension (āyati, already understood by the Upaniṣad as 'āyāti=entrance into the body) (3) its continuance in the body (4) its cosmic and (5) its psychical quintuplication. These five questions besides a sixth which concerns the departure of Prāṇa form the six themes of the section which as such already presuppose the knowledge of the contents and which therefore, do not appear very suitable for Āśvalāyana Kausalya in whose mouth the questions are placed.

- (1) The origin of the Prāṇa:— It is here no more the highest principle itself in concrete form but as the highest principle which arises out of the Ātman (as Praśna 6.4, Muṇḍ. 2.1.3) and is related to it like the silhoutte, the image (chāyā) of the object.
- (2) The reason for its entrance into the body:— The answer lies in the words manokrtena which has been interpreted by Sankara in the sense of the Vedānta: "On account of the actions done through his will"; grammatically, it would be more right to understand it as mano'krtena "without the aid of the will".
- (3) Continuance in the body:—As five ramifications of the Prāṇa are enumerated Apāna, Prāṇa, Samāna, Vyāna, Udāna; among these, however, are understood, not as is generally done and as also it occurs in the fourth Praśna, not the vital breaths (the Prāṇas in the strict sense which stand beside the Manas and the Indriyas), but the vital powers (the Prāṇas in the wider sense, Manas and the Indriyas being included in them) as is mostly understood in the Brāhmaṇa-period (Gesch. d. Phil. I. 296). The customary nine Prāṇas of the Brāhmaṇa period, (corresponding to the nine openings in the body) are, in our passage, so distributed that the Apāna concerns the organs of evacuation and procreation, and Prāṇa (which has been thus identified with the Prāṇa in the wider sense) concerns the seven openings in the head (eyes, ears, mouth, nostrils). Besides, there are the Samāna as the nutritional power (which assimilates food: annam samam nayati) and

Vyāna as the power or force operating in the arteries (the power which regulates blood circulation). The number of main arteries had been fixed as 101 by the verse in Chānd. 8.6.6—Kāth. 6.16; in the Brh. 2.1.19, it was said that there are 72000 arteries. Through the combination of these passages and through the multiplication of the first by 100 our passage reaches up to 101 main arteries, every one of these with 100 ramifications of arteries, each among these again with 72000 auxiliary ramifications of arteries (pratiśākhā nāḍi); all these together amount to:

main arteries	101		
ramifications of arteries (101×100)	10100		
auxiliary ramifications of arteries			
$101 \times 100 \times 72000$	727200000		
Total	727210201		

- i.e. 72 crores, 72 lakhs, and 10201, as the commentary (according to the reading in the Ānandāśrama edition) rightly reckons.— The Udāna leads the soul through the 101st artery in the head running upwards beyond (later since the period of Maitr. 6.21, called suṣumnā) and leading (contrary to the verse mentioned in Chānd. 8.6.6—Kāṭh, 6.16) not only beyond the good but also beyond the evil.
- 4-5. The psychical quintuplication corresponds to the cosmic in the following manner: the Prāṇa found in the head corresponds to the sun, the *Apāna* moving downward to the earth, the *Samāna* opening in the middle or the centre corresponds to the space between them (antarā yad ākāśaḥ) and the Vyāna corresponds to the wind.
- 6. Finally the Udāna which carries the soul, corresponds to the Tejas in which (resting on Chānd. 6.8.6; 15.1), after it has received the Manas and the Indriyas in itself, it enters at the time of death.]
- 1. Then Kausalya Āśvalāyana inquired of him: "Exalted one! From what does the Prāṇa originate? How does it enter the body? How does it, dividing itself, continue in the same? Through which part does it depart? How does it behave in the external world and how does it behave in the self (the body)?"
- 2. And he (Pippalāda) said to him: "You go fer beyond the limit with questions (you ask questions exceeding the proper limit); I think, you are the best among those who love Brahman; therefore I will answer your questions.—

- 3. Out of the Ātman originates the Prāṇa; as the shadow cast by a man (arises out of him), so also it (the Prāṇa) extends out of the same (Ātman). Without the interference of the will, it comes into this body.—
- 4. And just as a king charges his officers to administer these or those villages, so also that Prāṇa appoints the remaining Prāṇas, each one of them separately (to do their task).
- 5. In respect of evacuation and reproduction, it orders the Apāna. It, the Prāṇa, has its own seat or abode in the eyes, the ears together with the mouth and the nose. In the middle (or the centre) there is the Samāna [so-called] because it is the samāna which contributes to the equal (samam) distribution of (or assimilates) the food which has been offered into the body (Chānd. 5.19 ff); out of it originate those 'seven sacrificial flames' (Muṇḍ. 2.1.8).
- 6. In the heart, however, dwells the Ātman; in that place itself, there are those hundred and one arteries (Chānd. 8.6.6); to every one of these arteries, belong respectively a hundred (ramifications); and to every one of these auxiliary ramifications, there are seventytwo thousand sub-ramifications, (Brh. 2.1.19); in them the Vyāna functions.
- 7. But through the one artery running upward, the Udāna leads a man to a holy world for his pious actions, to an evil world for his evil actions, to the world of men for both kinds of actions.
- 8. As the sun, that Prāṇa now ascends upward in the external world, as it is that (Sun) which renders assistance to the Prāṇa in the eyes; and the divinity which dwells in the earth, renders assistance through the fact that it supports the *Apāna* in man, that the space between them (the sun and the earth) is what is samāna; the wind is the Vyāna.
- 9. The fervour (tejas) (i.e. the vital force), is, however, the Udāna. Therefore, when the fervour (of the vital force) abates, then the man departs, to be born once again, together with the Indriyas (Chānd. 6.8.6) which have merged into the manas (mind),
- 10. and with the thought, with which one is preoccupied (in the hour of death), into the Prāṇa; and the Prāṇa bound up

with the fervour of the vital force through the Udāna leads it together with the Ātman over into that world imagined by him (in the hour of death) (cf. Chānd. 3.14.1, Bhagavadgītā 8.6).

- 11. He who having this knowledge, knows the Prāna—the line of his descendants or posterity does not become extinct and he becomes immortal. Regarding this, there is the following verse:
  - 12. He who knows the origin, the dissemination, the abode, and the fivefold distribution in the world, and has himself the knowledge of Prāṇa, —he attains immortality, he attains immortality.

#### FOURTH PRAŚNA

[This important subsection deals with four questions of which the first two concern dream-sleep and the latter two concern deep sleep. As the four questions are so framed that they already characteristically presuppose the knowledge of their answers—because they fall asunder from one another during the progress of the discourse—, the discourse (of Pippalāda) as an answer may have been the original nucleus and the questions may have been contrived only afterwards. The first germ of the whole, however, is, perhaps the one in a verse inserted at the end, which extols the imperishable (akṣara) unity, in which all subjective organs as well as the objective beings or things corresponding to them have been grounded.

The contents analysed according to the four questions are as follows:

(1) What is that which goes to sleep (in the dream-sleep) in man and that which wakes up? — Answer: Just as the rays enter into (or merge into) the setting sun, so also, the ten Indriyas (senses) (hearing, sight, smell, taste, touch; — speech, seizing (with the hands), procreation, evacuation walking¹) enter into the Manas (the mind) which remains awake in dream-sleep. Besides the Manas (mind),² there remain awake in the body—the city of Brahman, the Prāṇas as the live (ever awake) fires or—with the change of simile which is more familiar to the Indian mind,—as the sacrificial fires in which Apāna, Vyāna and Prāṇa have been equated with Gārhapatya, Anvāhāryapacana and Āhavanīya. Samāna is so called because it leads the outbreath and inbreath (—in 3.5 however, it leads the food into unity with the body—) into unity (samam nayati); udāna leads the Manas

<sup>.1.</sup> This is (next to the Brh. 2.4.11), indeed, the oldest passage in which the ten *Indriyas* (senses and organs) have been systematically enumerated.

Manas and Indriyas are placed here, as in the Vedānta-doctrine vis-à-vis the five Prāṇas, whereas the prāṇas had been included under the Indriyas in the foregoing Praśna.

etc. into Brahman, not only as otherwise said during death, but also in deep sleep.

- 2. Which god (i.e. which organ) sees the dream-phenomena?— Answer: The *Manas* (mind), because it builds (these dreams) out of the things perceived earlier and those not perceived.
- 3. Who experiences the joy (in deep sleep)?—Answer: It originates through the fact that Manas, overpowered by the Tejas (which is equated with Udāna, see above 3.9), sees no dream-phenomena any more. It is not mentioned as to who experiences the joy but it can be gathered from what follows.
- 4. Which is that unity into which all the organs (Indriyas, manas, Prāṇas) are grounded ?— Answer: The highest Ātman (4.7) or the spirit consisting of knowledge (vijñānātman), and resting on the highest, imperishable Atman (4.9). On it rest (a) the five elements (pṛthivì etc.) and the five fine subtle elements (pṛthivīmātrāḥ etc.) on which the five elements are founded); (b) The ten Indriyas (which have been once again, enumerated) and the objects of sense corresponding to them; (c) Manas, Buddhi, Ahamkāra, Cittam, Tejas, Prāna, and the functions belonging to them. Manas, Buddhi, Ahamkāra (the technical terms first occurring here and in the Svet. 58, not the Chand. 7.25.1) are reminiscent of the Samkhya-system Cittam which is among these, is peculiar; to the Tejas (above it is equated; with *Udāna*) is attributed the function of illuminating (cf. Brh. 4.4.1-2); according to which the organs as tejomātrāh enter into the heart at the time of death and then the apex of the heart pradyotate; tena pradyotanena eşa ātma nişkrāmati); the function of Prāņa is, as above described in Praśna 2 is vidhāraņam.

The promise, held out in the concluding part 4.10—, is carried out in the wording of the verse which is quoted in 4.11.]

1. Then Sauryāṇin Gārgya asked him: 'Exalted Sir! Who are they, that sleep in this man, and who remain awake in him? Which is that god that sees the dreams? Whose pleasure is that [of the deep sleep]? In whom are they all established?"

### 2. And he said to them:

"Just as, O Gārgya, the light-particles of the sun, when it sets, all become one in that disk of lustre and proceed again and again out of it when the sun rises, similarly all this also becomes one in the Manas as the highest Godhead; therefore it is that then man does not hear, does not see, does not smell, does not taste, does not touch, does not speak, does not take, does not procreate, does not pass stools, does not go here and there, but, as they say, sleeps.

- 3. It is the Prāṇa fires which are then awake in this city; the Apāna is the Gārhapatya fire, the Vyāna the Anvāhāryapacana fire; and the Āhavanīya fire, because it is carried forward from the Gārhapatya fire, is called Prāṇa from that carrying forward (praṇayanam).
- 4. Further, Samāna is so called because it carries equally (samam nayati) the two sacrificial offerings of the out-breath and the in-breath. But the Manas is the sacrificer, and the fruit of the sacrifice is the Udāna; it leads the sacrificer into the Brahman day by day.
- 5. Then that God [the Manas] enjoys greatness in that it once more sees what was seen here and there, once more hears the things heard here and there, again and again experiences what was experienced in the place and in the region; seen and unseen, heard and unheard, experienced and unexperienced, he sees all, as all he sees it (Brh. 4.3.20).
- 6. But when it is overpowered by lustre, then that god sees no dreams and then that pleasure reigns in this body.
- 7. But, O dear, just as the birds betake themselves to the tree which is their residence (cf. Chand. 6,8,2), similarly all these take their resort in the highest Ātman.
- 8. The earth and the earth-stuff, the water and the water-stuff, the lustre and the lustre-stuff, the wind and the wind-stuff, the ether and the ether-stuff; the eye and what is to be seen, the ear and what is to be heard, the nose and what is to be smelt, the tongue and what is to be tasted, the skin and what is to be touched; the speech and what is to be spoken, the hands and what is to be taken, the organ of procreation and what is to be procreated, the organ of excretion and what is to be excreted, the feet and the place to be gone; the Manas and what is to be conceived, the Buddhi and what is to be decided, the Ahamkāra (I-maker) and what can be conceived as I, the thought power and what can be thought over, the lustre and what can be illumined, the Prāṇa and what is to be supported.
- 9. Then this seer toucher, hearer, smeller, taster, conceiver, decider, doer, the spirit forming the conscious Self [the individual soul], he is established in the highest imperishable Self.

- 10. And into that highest Imperishable he enters, who O dear, knowing this shadowless, bodyless, bloodless, bright, this Imperishable, becomes omniscient and becomes all. Thereupon is this stanza:
  - 11. Where the conscious Self with all the gods, The vital breaths and the elements abide, Knowing, O dear, this Imperishable, One becomes omniscient, one becomes all.

### FIFTH PRAŚNA

[The meditation of the Brahman on account of its utter imperceptibility requires an outward symbol; as such serves, the later the time the more, the old sacrificial exclamation Om, and after its importance had been already elevated as the essence of all the Vedas, (i.e. as the Brahman) in Kāth. 2,15-17, our passage takes a further step on the way so much trodden by the later Upaniṣads, in that it analyses the sound Om in its three moras (a+u+m) and promises for a meditation on one of these an immediate return to a privileged human existence (a conception which is incompatible with the doctrine of Pitryāna and Devayāna as it is described in the Chānd. 5.3.ff., Brh. 6,2 and as it is also recognized above, Praśna. 1); two moras lead, when meditated upon, to the moon and back to an earthly existence, corresponding to the Pitryāṇa, three moras into the Brahman, i.e. on the Devayāna, from which there is no return.]

- 1. Then Śaivya, Satyakāma asked him: "O exalted sir, he who among men meditates upon the sound Om upto his departure, which world does he win thereby?" And he said to him:
- 2. "Verily O Satyakāma, the sound Om is the higher and the lower Brahman. Therefore the knower when he takes his support on it reaches the one or the other.
- 3. If he meditates on one element of it, then, enlightened by the same, he atttains [after the death] quickly to the life. The Rg hymns lead him to the human world; there he acquires asceticism, Brahman-conduct and faith (cf. above 1,2) and enjoys greatness.

<sup>1.</sup> Here not to be understood in the later sense of this term *nirguṇam* and *saguṇam brahma* but to be understood as corresponding to the knowledge section and work section of the Veda, or to the higher and lower science in the Mund. 1.1,4-6.

- 4. When he reaches two elements in his meditation, then [after the death] he is carried above in the air to the world of Soma [to the moon] by the Yajus formulae. And after enjoying greatness in the world of Soma he again returns.
- 5. When on the other hand he meditates on the highest spirit through all the three elements of the sound Om, then after he has entered the light, the sun, he is freed from the sin as a snake from his slough (cf. Brh. 4,4,7); he is carried above to the Brahman-world by the Sāman songs; then he sees him who is higher than this complex of life, [i.e. than the individual soul<sup>1</sup>], the spirit living in the city [of the body]. On these there are these two verses:
  - 6. Three elements, when one dies, employed,
    Closely connected, and not unemployed,
    So that for the outer, inner and middle practices
    There is a full sufficiency,—then firm stands the spirit.
  - 7. Through Rcs here, through Yajus' into the aerial region, Through Sāmans there, what the wise proclaim, The knower supported on Om reaches to him, Who is that quiet, ageless, immortal, fearless Highest.

#### SIXTH PRAŚNA

[After one had accustomed oneself to regard Prajāpati as the "year having twentyfour parts [divided in twentyfour fortnights]" (Gesch. d. Phil. I, 208), it was natural to find him again in the fifteen-day fortnights also and to interpret the waning and waxing of the moon as that of Prajāpati himself, whose fifteen parts disappear gradually and originate again, while the sixteenth part, as containing his essence, remained constant (cf. particularly Brh. 1,5,14). Hence the more frequent description of Prajāpati as having sixteen parts (Vāj. Samh. 8,36) or even as having seventeen parts, since the life-principle was further distinguished from all parts.

Taking Prajāpati as the model, they further attributed sixteen parts to man also, of which fifteen decay but are replenished through food, while the sixteenth part vanishes with the life itself (cf. particularly the account in the Chānd. 6,7). By the way, how little one knew originally as to what these sixteen parts should be is clear from the fact that according to Satap.

<sup>1.</sup> So according to Śańkara to Brahmasūtra 1,3,13 System des Vedānta, p. 214. The commentator of the Praśna Upaniṣad agrees fully with 'someone' mentioned in the commentary, loc. cit. Can he therefore be Śańkara?

Br. 10,4,1,17) it is the sixteen syllables of the words *loman*, tvac, asyj, medas, māmsam, snāvan, asthi, majjā (hair, skin, blood, fat, flesh, sinew, bone, marrow) which are meant thereby.—The question of our section aims at these sixteen parts of man.

In the answer is shown, (a) how the sixteen parts proceed out of the Puruşa (i.e. here out of the Spirit, the Ātman); (b) how they return in him.

- (a) The Puruṣa creates 1) the *Prāṇa*, as the most important thing, on whose departure and stay depend his own departure and stay; out of it 2) *Śraddhā*, the faith, with which we are already acquainted in the Five-Fire Teaching as the most primitive germ of man (Chānd. 5,4,2. Bṛh. 6,2,9); 3-7) the five elements, whereby the nominative *vāyur*, *āpas* are to be explained as being due to the utilisation of a verse, with which we partly come across in Muṇḍ. 2,1,3 also; 8) *indriyam*, the ten sense organs looked upon as a unity; 9) *manas*, 10) *annam*, food, 11) *viryam*, the strength depending on it; 12) *tupas*, 13) *mantrāḥ*, the hymns and the formulae, 14) *karman*, the deed based on them, 15) *lokāḥ*, the worlds whose acquisition is conditioned by the deed; 16) *nāman*, as the individual distinctness.
- (b) The return of these organs into the Purusa results like that of the rivers into the ocean which is taught in similar words in prose as in a verse in the Mund. 3,2,8.

The whole section seems to have been composed out of the reminiscences of other passages.]

# 1. Then Sukeśan Bhāradvāja asked him:

"O exalted Sir, Hiranyanābha Kausalya, the prince, came to me and put me this question: 'Do you know that Puruṣa with sixteen parts? To him, the prince, I said: 'I do not know him; for if I had known him, how would not have I told you about him? [According to Chānd. 5,3,5 and similar passage, where however the father speaks to the son.] He indeed dries up to the very root who tells untruth. Therefore, I cannot tell untruth'.—Then silently he mounted his car and went away. Now I ask you: Where is that Puruṣa?"

- 2. Then he [Pippalāda] said to him: "Here in the body itself, O dear, is this Puruşa in whom those sixteen parts originate.
- 3. This one [Puruṣa] thought to himself: With whose departure I myself shall be departed, and with whose staying I shall stay?
- 4. Then he created the Prāṇa; from the Prāṇa the faith, the ether, the wind, the light the water, the earth the sense organs;

the Manas, the food; from food the strength, the Tapas, the Mantras, the work, the worlds and in the worlds the name also.

- 5. Just as these flowing rivers take their course to the ocean and on reaching the ocean they disappear in it, as their names and forms merge together and it is called only the ocean, similarly the same happens in the case of this all-seer, in that those sixteen parts take their course to the Puruṣa and when they reach the Puruṣa they disappear; their names and forms merge together, and it is called only the Puruṣa, who, however, continues to be without parts and immortal. On this there is this verse:
  - 6. As spokes in the nave of a wheel,

    The parts have their roots firm in him,

    Him whom one must know, I know,

    The Purusa, so that the death may not unnerve you too.
- 7. And to all of them he said: "This much I know about the highest Brahman, there is nothing beyond."
- 8. Then they worshipped him and said: "You are our father, you who lead us over from ignorance to the other bank."

Salutation to the great sages. Salutation to the great sages.

## THE MÄŅDŪKYA UPANIŞAD OF THE ATHARVAVEDA

# With the Kārikā of Gaudapāda on it

#### INTRODUCTION

The Māṇḍūkya Upaniṣad, in prose, bears the name of a half-lost school of the Rgveda, but it is assigned to the Atharvaveda and is, as is shown not only by the numerous citations but the systematic compactness of its manner of representation, considerably later than the prose Upaniṣads of the three older Vedas. Its brevity and precision is in marked contrast with the verbosity of the older Upaniṣads. Many points of contact with the Maitrāyaṇa-Upaniṣad offer themselves and will require a close investigation to decide which side the priority lies. On the other hand, as opposed to the most of the Upaniṣads of the Atharvaveda, the Māṇḍūkya Upaniṣad makes a more archaic impression, particularly in so far as it distinguishes only three, and not three and a half moras in the word Om.

The fundamental doctrine of the Māndūkya-Up. is that the whole world is pressed in the syllable Om. It adduces the following proof for this thesis: The world is Brahman, Brahman is the Atman. the Atman, however, is the sound Om, inasmuch as to its moras correspond the four quarters or feet, i.e. the four states of the Atman. These four states are: 1) the waking, Vaiśvānara (so called because its impressions are common to all; perhaps, according to Sankara, to be traced to the Chand. 5.11-18), in which the Atman perceives outward; 2) the dream state, Taijasa (the luminous, because in it the Atman is its own light, svena bhāsā, svena jyotişā prasvapiti, Brh. 4,3,9), in which the Ātman perceives inward; 3) the deep sleep, Prajña (because in it the Atman, according to the Brh. 4,3,21, becomes one with the Prājña Ātman, i.e. Brahman, for the time being; 4) the "Fourth" Caturtha (Turiya, Turya), in which the extinction of the world-expanse is not effected unconsciously as in the third state, but with consciousness. To the first state corresponds the a of Om (a+u+m), to the second the u, to the third the m, to the fourth the moraless (amātra) part of the word as is shown by an etymological play.

Astonishingly, Śańkara has not made use of the Māṇḍūkya Upaniṣad in his commentary on the Brahmasūtras; on the other hand it has not only exercised great influence on several Upaniṣads of the Atharvaveda but also, more than any other Upaniṣad, it has been useful, as a basis, for clevér constructions of the Vedāntasāra, although with a modified interpretation of its basic concepts.

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Its greatest importance however lies therein, viz. that it gave rise to one of the most remarkable monuments of Indian Philosophy, viz. the Kārikā of Gaudapada, a work whose appreciation has already been proclaimed by the fact that its four parts (the first of which includes the Mandukya-Upanisad) are usually regarded as four Upanisads. We cannot believe that the author of this kārikā, who represents the pure Advaita stand point in the bluntest way was the same Gaudapada who in his commentary to the Sāmkhyakārikā glorifies the teaching of Kapila as the means to the salvation. And if later authors like Vācaspatimiśra and Vijñānabhikṣu haye commented on the most diverse systems, it is still a different thing, for the Māndūkyakārikā, in its last three parts is a completely independent work, and its author proclaims, obviously from deepest conviction, a standpoint which must make it impossible for him to get on, even temporarily, with the interpretation of the doctrine of duality which he fights so resolutely. On the other hand, it is quite likely that our Gaudapada was the teacher of Govinda who himself was the teacher of Sankara; both, Gaudapada and Śankara, hold the same views in all the essentials, and many ideas and imagery, in which Sankara indulges, are already seen to occur in Gaudapada (reconciliation of the scriptures, polemic against the causality, the objectless perception etc.; serpent and rope, universal space and jar-space, dream, Māyā, mirage etc.); indeed, it can be said, that Śankara developed the doctrines of Gaudapāda into a system in the same way as Plato did those of Parmenides.

Gauḍapāda and Parmenides — this comparison will automatically press itself on every reader of the Indian poem translated for the first time, because the fundamental thought of both the philosophers is the same, indeed even the exposition of this thought often shows remarkable points of contact. All the statements of Parmenides amount to these two:

(1) There is no plurality and (2) there is no becoming; and, correspondingly the Indian poem moves about from beginning to end in the two concepts of (1) the advaitam, non-plurality and (2) the ajāti, non-becoming; and even if, as is usual in India, we miss a well-ordered disposition so that the same ideas recur again and again in a wearisome manner, even if we often find only imagery instead of explanation, mere assertions instead of proofs, still every specialist will get the impression that Gauḍapāda's poem, as that of Parmenides is based on deep and genuine metaphysical insight although it may be only intuitive.

Here, we will indicate only the train of thought in its main features of the four parts, because for the rest we refer to our translation which through the exigencies of the metre and of the brevity it required could not everywhere be so literal as it would be desired on the other hand; still we hope that we have nowhere missed any idea. We do not however averywhere find ourselves in agreement with the commentary handed down in the name of Sankara which certainly sometime goes wrong; e.g. when at 4.83, out of the four theses: 1. asti, 2. na asti, 3. asti, na asti, 4. na asti iti na asti 'he is not not' he takes the fourth one as synonymous with na asti, na asti iti

(perhaps he read it so) and refers to the atyantaśūnyavāda, i.e. the Buddhist school of the Mādhyamikas;—and so in many other cases.

I. The first part of the poem is essentially a metrical paraphrase of the Māndūkya-Upaniṣad; peculiar to it is only the critique of the world-creation theories, v. 6-9: The world is not an unfoldment of the power (vibhūti) of God, not a dream-like illusion (svapnamāyā) produced by Him; it is originated neither through the desire (icchā) of God nor through the power of Time (kāla), it has not come into existence for the enjoyment (bhoga) or sport (krīdā), because āptakāmasya kā spṛhā? "What can he wish, one who has everything?" — rather it is God's own essence (svabhāva) and is so little differentiated from Him, as the rays from the sun, which are all one and the same, viz. nothing but light.

In contrast with this first section the other three are entirely independent and have no immediate connection with the Upanişad beyond whose thought they go widely: they have therefore characteristic titles also as *Vaitathyam*, *Advaitam* and *Alātašānti*.

- II. Vaitathyam 'falseness' of the empirical reality and of the theories adhering to it.
- 1. Verses 1-18. The plurality in the waking state also depends on delusion as the one in dream; and as the dream is sublated by the awakening, so is the waking again sublated by the dream (verses (6-7); in both kalpayati ātmanā ātmānam ātmadevaḥ svamāyayā, verse 12. At the end follows, in verses 17-18, the celebrated illustration of the rope which appears as a snake in darkness; similarly the Ātman appears as the world in the darkness of ignorance.
- 2. Verses 19-29. Every attempt to conceive the Ātman among empirical forms fails; everybody conceives of him according to what he knows of the world, as is illustrated by a long series of examples.
- 3. Verses 30-38. Again follow illustrations and the affirmation that there is no plurality and no becoming. The portrayal of a Muni, who has known this, forms the conclusion.
  - III. Advaitam, "the non-duality".
- 1. Verses 1-16. As against the 'wretchedness' of the theologistic Godworship, which brings down God into time and becoming, the poet develops the doctrine of *Advaitam*, the identity of the *Ātman* and the Jīva, the highest and the individual soul, on the brilliantly executed analogy of the world-space and the jar-space. This, he believes, is the view of the scriptures also, and where they speak differently, of world-creation etc., it is done only because that suits human mental capacity.
- 2. Verses 17-30. Polemic against becoming and plurality. Those who accept becoming get themselves entangled in contradiction; no object surely, can deviate from itself, from its own nature, and become something different since prakter anyathābhāvo no kathamcid bhaviṣyati is a main point to which the author returns again and again and which occurs verbatim

here as 3.21 and later on as 4.7 and 4.29. (This tenet is incontrovertible also, only that that very nature, which is eternally identical with itself, when pulled apart into states inherent in plurality, that is the becoming). The argumentation in verses 27 and 28 is quite Parmenides-like, the only difference lies therein that Parmenides has more the cause in view, Gaudapāda the effect in order to show from it that it can neither as the existent nor as the non-existent come into being. He argues that neither as the existent nor as the non-existent can something originate; the former (sato janma) is impossible because in that case what is already there will have come into existence: jātam jāyate (o'úte pot' e'xpe e'óntos e'phèsei pístios i'skhús yinesdai ti par' au'to), the latter (asato-janma) is impossible because what is non-existent ("the son of a barren woman") can never come into being (o'út' e'x mè e'óntos e'àsō phasdai ou'dè noeīn. ou' yar phatón ou'dè noéton e'stin ópos ou'x ésti).

- 3. Verses 31-48. The view on the practical again forms the end. That there is no plurality is evident from the fact that it disappears as soon as the Manas "comes out of itself", becomes non-Manas (manaso amanibhāve). This is effected through the Yoga and, indeed (since the author is not agreed with any and every Yoga, 3.39, as the Apostle Paulus not with any and every asceticism 1. Kor. 13.3) the asparśayoga, the "un-touch-Yoga" which consists therein that the objects are no more perceived by the conscience, they exist no more for it. This Yoga is achieved by suppressing the mind (manaso nigraha), the organ of imagination and desire and it is no doubt to be distinguished from loss of consciousness in sleep. In it the soul becomes one with the Brahman and exists in an inexpressible highest bliss as the pure subject of perception, containing the object within himself.
  - IV. Alātaśānti, the extinction of the firebrand-circle.
- 1. Verses 1-46: The poet impresses once more the main doctrines of the previous section, that a becoming of neither the existent nor the non-existent is thinkable and that no object can ever become different since it is according to its nature and then demonstrates the contradictions in the concept of causality; the relationship of cause and effect ( $k\bar{a}ranam$  and  $k\bar{a}ryam$ ), basis and result (hetu and phalam), perception and what is perceived are inconceivable; therefore, there is no becoming, not of Samsāra

<sup>1.</sup> In this Alātašānti section Gauḍapāda has used two pairs of words in connection with causality: (1) kāraṇa and kārya, and (2) hetu and phala. The choice of this or that pair seems to be governed by the exigencies of the metre. Deussen, however, almost always translates (1) kāraṇa and kārya by Ursache and Wirkung respectively, and (2) hetu and phala by Grund and Erfolg respectively. He however does not say what difference he makes between Ursache and Grund, and between Wirkung and Erfolg. Besides, in three places at least (verses 53, 76 and 78) he has translated hetu by Ursache and in one place (76) phala by Wirkung. Since ours is a translation, not of the Sanskrit original, but of Deussen's German translation of it, we have used two different sets of expression for the sake of

also, because Saṃsāra has never been, and not of salvation, which has always been there (verses 30-31). Also there is no becoming in the imagining subject: the fancies in the waking state are similarly based on error as those in the dream, as amplified here once more, so that neither in the subject nor in the object there is any becoming.

- 2. Verses 47-52: But whence the appearance of plurality and becoming? This question is answered through an illustration which is very highly original and brilliant in its form and which has given the name of alātaśānti to the whole book. Alāta (from lā to grasp, 'that which cannot be grasped'') is a splinter of wood glowing at one end. By swinging this a fiery line or fiery circle (alātacakram, also Maitr. 6,24; cf. also Mahābh. 7,1825) is produced, without thereby something added to the homogeneous gleam, or something emerging from it. The whole world is comparable to such a circle of gleam; it exists only in the conscience (vijñānam) all objects are the swingings of one and homogeneous conscience.
- 3. Verses 53-77. The poet returns to the impossibility of becoming, the relationship of basis and result, the affinity of dream and waking in order to explain, by referring to the previous illustration that everything objective and subjective is only *cittaspandanam*, swingings of the conscience (Verse 72). He again refers to the contradictions of the dualist, whereas according to him in the Vedānta the duality serves only as an educational aid that ceases after the final instruction.
- 4. Verses 78-100. At the end follows a portrait of the fool, who clings to the plurality, and of the 'awakened' (buddha) who has realized himself as that which all have been from eternity (ādibuddha and ādiśānta, verses 92, 93), as the eternal Identity, as pure objectless Intelligence, free from all worldliness.



# MĀŅDŪKYA UPANISAD

#### PART I

1

 Om! This syllable is the whole world. Its explanation is as follows:<sup>1</sup>

The past, the present and the future, all this is the sound Om. And besides, what still lies beyond the three times, that also is the sound Om.

- 2. All this, verily, is Brahman, but Brahman, is this Ātman (the soul) and this Ātman is fourfold.
- 3. The Vaiśvānara present in the wakeful state, perceiving outwards, seven-limbed,<sup>2</sup> having nineteen mouths<sup>3</sup>, the enjoyer of the gross, is his first quarter.
- 4. The *Taijasa*, present in the state of dream, perceiving inwards, seven-limbed,<sup>2</sup> having nineteen mouths,<sup>3</sup> the enjoyer of the selected<sup>4</sup>, is his second quarter.
- 5. The state, "where he, asleep, no more experiences any desire and sees no vision", (Bṛh. 4, 3, 19) is deep sleep. The *Prājña*, present in the state of deep sleep, "become one" (Bṛh. 4, 4, 2) "consisting wholly of knowledge, through and through" (Bṛh. 4, 5, 13), "consisting of bliss" (Taitt. 2, 5), the enjoyer of the bliss, having conscience for his mouth, is his third quarter.
- 6. "He is the lord of all" (Brh. 4, 4, 22) he is "the omniscient" (Mund. 1, 1, 9), he is "the inner guide" (Brh. 3, 7), he is the cradle of the universe (cf. Mund. 1, 1, 6), verily he is creation and the disappearance of creatures.

<sup>1.</sup> The same expression in Chand. 1,1.1.

<sup>2.</sup> Chānd. 5, 18, 2 (Śaṅkara).

<sup>3.</sup> Ten Indriyas, five Prāṇas, Manas, Buddhi, Ahamkāra, Cittam (Śaṅkara).

<sup>4.</sup> Brh. 4,2,3.

- All-pervading, outward-conscious Viśva, Inward-conscious is Taijasa, Pure consciousness is Prājña, One is it, who goes for three.
- Out of the right eye looks Viśva, In the Manas within, is Taijasa, In the heart-space stays Prājña, Thus threefold in body is his state.
- Enjoyer of gross is Viśva,
   Of choice, Taijasa,
   Bliss-enjoyer is Prājña,
   Thus threefold is his enjoyment.
- With gross is satisfied Viśva, With chosen Taijasa, With bliss is satisfied Prājña, Threefold is his satisfaction.
- 5. Who is in these three statesEnjoyer? What the object enjoyed?Who knows these two well,He enjoys and is not stained (Īśā. 2)
- 6. A source is of all creatures
  As beings, that is certain:
  The Spirit (Purusa) as vital force (prāṇa)
  created them,
  Separated only as the rays of the sun.
- Some hold the world-creation
   For unfoldment-of-power (vibhūti),
   Others again for dream hold
   The creation, and for delusion (māyā).
- Many make the world-creation At God's wish alone originate. Others believe, it was Time That produced all the creatures.
- 9. For own enjoyment, for a plaything The God created them, hold others;— No! it is God's self-essence! What can he wish, he who everything has?

- 7. That which is neither inward-perceiving nor outward-perceiving, nor both way perceiving, that which does not consist of knowledge through and through, neither conscious nor unconscious,—invisible, unhandlable, ungraspable, uncharacterizable, inconceivable, unnamable established in the certitude of his own self, that which extinguishes the expanse of the universe, calm, auspicious, without the second,—that is the fourth quarter, that is the Ātman which should be known.
  - 10. Capable of eradicationOf all sorrows, the unchangeable,As oneness permeating allIs the God, who the Fourth is called.
  - Effect-and-cause-bound
     Are Viśva and Taijasa,
     Cause-bound is Prājña,
     Both apply not to the Fourth.
  - 12. Neither of truth nor of untruth, Neither of himself nor of other Is Prājña ever conscious,— Eternally the Fourth looks at all.
  - 13. In the unawareness of plurality Are Prājña and the Fourth alike; Yet Prājña lies in the germinal sleep, The Fourth knows no sleep.
  - 14. Dream and sleep are of the first two, Of Prājña, the dreamless sleep, Neither dreaming nor sleeping One ascribes to the Fourth, who knows him.
  - 15. The dreamer perceives erroneously, The sleeper perceives not at all; Both err; where it vanishes, There the fourth state is attained.
  - 16. In the beginningless universal delusion Sleeps the soul; when it wakes up, Then wakes in it the secondless, Sleepless, dreamless Eternal.

- 17. If the expanse of the universe existed,It has to go some day;But all plurality is delusion;Without plurality is the reality.
- 18. Refutable are the assumptionsOnly, if someone sets them up;Here they are just educational aid;To him who knows, plurality exists not.

3

- 8. This  $\bar{A}$ tman now is, in regard to the sounds ( $adhyak_{\bar{s}}aram$ , used in analogy of adhidaivatam,  $adhy\bar{a}tmam$ ) the syllable Om, specially with reference to its moras; the moras are the three quarters [of the  $\bar{A}$ tman], and the quarters are the moras, viz. the sound a, the sound u, and the sound m.
- 9. The Vaiśvānara present in the wakeful state is the a-sound, the first mora, from the reaching (āpti) or from the first existence (ādimattvam).—He who knows this verily attains all desires and becomes the first.
- 10. The Taijasa, present in the state of dream is the a-sound, the second mora, from the high-holding (utkarşa) or from the being-on-both-the-sides (ubhayatvam).—He who knows this, verily holds high the tradition of knowledge [in his family] and is equally respected by both the sides [friend and enemy] and in his family no one is born who does not know the Brahman.
- 11. The Prājña, present in the state of deep sleep, is the m-sound, the third mora, from constructing (miti; from the root mi, minoti), or also from annihilation (apīti; from mi mināti).— He who knows this verily erects (out of himself) this whole world and is also its annihilation.
  - 19. Very much similar is Visva to the a-sound Through similarity of first existence, Through moras' agreement In attainment also they are alike.
  - 20. Taijasa resembles the *u*-sound In the high-holding clearly,

Through moras' agreement In reciprocality also they are alike.

- 21. Very much similar is Prājña to the m-sound Through similarity of construction, Through moras' agreement In annihilation also they are alike.
- 22. Since he, in the three states
   Clearly sees this similarity through,
   So is due to the high sage
   From all creatures honour, and praise.
- 23. The a-sound leads to the Visva, the goal, The u-sound leads to the Taijasa, The m-sound leads to the Prājña, the goal—No goal of the moraless is.

4

12. Moraless is the Fourth, unhandlable, that which extinguishes the expanse of the universe, auspicious, without the second. In this way the syllable Om is the Ātman (the self).

One who knows this has his [individual] self merged in the [highest] self (Vāj. Samh. 32.11), — one who knows this.

- 24. Quarter by quarter knowthe Om-sound, Its moras the quarters are; Who knows the Om-sound quarter by quarter, Needs know nothing further.
- 25. Meditating, be absorbed in the Holy Call, It is Brahman, the fearless, Who in the Holy Call is ever absorbed, For him no fear is any more.
- 26. The Holly Call is the lower,
  It is the higher Brahman too,
  "Without the earlier and later,
  "Without the inner and the outer" (Brh. 2, 5.19).
- 27. It is the beginning of everything, Its middle and its end too, Who thus knows the Holy Call, Is merged in it forthwith thereon.

- 28. Know the Holy Call as the God,
  Who is enthroned in the heart of all;
  The sage, who the Om-sound knows
  As all-pervading grieves not.
- 29. Partless and with unending parts, Is the blessed cessation of duality; Who as such the Om-sound knows, He alone is a *Muni*, none else.

#### PART II

named Vaitathyam "The Untruth".

- All that we see in dream,
   Is untrue, the wise tell us,
   For all this is inward,

   For it lies locked up within us.
- And because too short would be the time
  To visit far off regions,
  And because when we awake,
  We are no more in those regions.
- 3. "There are no cars or no chariots,"

  Teach us the scriptures (Brh. 4, 3, 10) and the logic;

  Thus is the dream's untruth

  Proved and revealed too.
- 4. Because plurality here is only inward, It's so in the state of wakefulness too; Here, as there, is only imagination, Locked up within us, here as there.<sup>1</sup>
- 5. The state of dream and of wakefulness Is the same to the wise,

  Because plurality is common to both,—
  For this well-established reason.
- 6. What is not before and not after too, Is not in the meantime also; Although untrue it is, it is Seen not as untrue yet.

<sup>1.</sup> Read: samvṛtatve na bhidyate.

- 7. The acts of wakefulness are useful, But no more so when we dream; Therefore, as they begin and end, Can depend on delusion alone.
- 8. Also what in dream new, springs it From the mind only, and if the gods to him Appear, he sees them just so, As he was over them instructed.
- Dreaming, what he builds in the mind Within, that is unreal, Although his mind grasped it outside, As the thing seen both are untrue.
- Wakeful, what he builds in the mind Within, that is unreal, Although his mind grasped it outside, Logically untrue are both.
- 11. If now both kinds of plurality In dream and waking untrue are, Who perceives the two pluralities, Who imagines them in the consciousness?
- Through self-delusion the God Ātman Imagines his self by himself, Perceiving both the pluralities, Is the settled conviction of the Vedānta.
- 13. Transforming, He imagines as different, What exists only in the consciousness, As being outside and necessary The Ātman imagines it within himself.
- 14. Mind is the chronometre of the inner, Plurality that of the external,

  Their difference lies only herein,
  As imagination both are alike
- 15. Indistinct is the world within, Distinct the world that lies outside; Different according to the organ of sense, As imagination both are alike

- 16. The soul is imagined first, Then the peculiarity of objects, External and internal; As one knows, so one remembers.
- 17. As a rope, not perceived distinctly In dark, is erroneously imagined
  As snake, as a streak of water,
  So is the Self (Atman) erroneously imagined.
- 18. As, when the rope is distinctly perceived, And the erroneous imagination withdrawn, Only the rope remains, without a second, So, when distinctly perceived, the Ātman.
- 19. When he as Prāṇas, as all The diverse objects appears to us, Then it is all mere delusion (māyā), With which the God deceives himself.
- 20. To the Prāṇa-knowers he is the Prāṇas (Vaiśeṣikas), Elements to him, who knows them (Lokāyatikas), To the Guṇa-knowers he is the Guṇas (Sāṁkhyas), Tattvas to him, who knows them (Śaivas).
- 21. To the quarter-knowers he is the quarters (Māṇḍūkya-Up.), To the materiality-knowers materiality (Vātsyāyana), To the world-knowers the worlds (Paurāṇikas), Gods to the God-knowers (followers of the Veda).
- 22. To the Veda-knowers he is the Vedas,To the sacrifice-knowers the sacrifice,To the enjoyer-knowers the enjoyer,The object of enjoyment, to those who know him so.
- 23. To the subtle-knowers he is subtle, Gross to those who know him so, Concrete to the concrete-knowers, Formless to those who know him so.
- 24. He is time to the time-knowers, For space-knowers he is the space, To the art-connoisseurs he is the arts, The spheres to those who know him so.

- 25. For Manas-knowers he is the Manas, For Buddhi-knowers he is the Buddhi, He is the Citta¹ for the Citta-knowers, Right and wrong to him who knows them.
- 26. Twentyfivefold for those (Sāmkhyas), To those as the twentysixth (Pātañjalas), Thirtyonefold for others (Pāśupatas), Infinite is he for many (cf. Cūlikā 14).
- 27. Worlds he is to the world-knower,Life-stages to him who knows them,Three genders to the linguisticians.To the others the higher and the lower (scil. Brahman).
- 28. For creation-knower the world-creation, For dissolution-knower the world-dissolution, The world-sustenance for sustenance-knower,—So he is all everywhere.
- 29. Whatever existence one thus attributes

  To the Ātman, he holds that view,

  He cherishes it and, becoming it,

  He surrenders himself to him as demon.
- 30. He himself is all forms of existence, From which he appears different,—
  Who knows this, will imagine himself,
  Unawed, what he really is.
- 31. As one looks at dream and delusion, As at mirage in desert, So he looks at this universe, Who is versed in the Vedanta.
- 32. There is no dissolution and no becoming, No bound one, nor an aspirant, No seeker of emancipation, No emancipated, in truth.
- 33. As unreal forms of existence And as the one he is thought,

<sup>1.</sup> For this word of the original, Deussen has used the word 'Geist'—
GBP.

Yet who muses on them, is always the one, And so victorious is the oneness.

- 34. Not on the Atman the plurality rests
  And also never on its own self,
  Not beside him and not through him
  It can exist, that is certain.
- 35. Giving up fear, anger and inclination
  The Muni who knows the Veda,
  Sees that secondless and changeless,
  In which the expanse of the world dissolves.
- 36. Who thus the essence of the world knows, He shall hold on to the oneness faithfully, Certain of all absence of duality, He goes indifferent along the world.
- 37. From glorification free, and from songs of praise, From even the worship of the Manes, indeed, In everything, whatever exists, at home, He lives so "just as it comes to him" (Brh. 3, 5).
- 38. Seeing the essence in himself,Essence in the world outside,Becoming it, reposing in it,He holds on to the essence, firmly and faithfully.

#### PART III

named Advaitam "Absence of duality"

- Worship the command requires
   Of Brahman as born,
   Ere it became, was nothing there,
   Therefore wretched the worshippers are.
- What is not wretched, hear now,
   The unborn, same everywhere,
   And why nothing originates whatsoever,
   Although originating everywhere.
- 3. The Ātman is like the world-space, The Jīva like the space in pot, The pots are the bodies — That is 'origination', the metaphor shows.

- 4. When the pots are broken, What becomes of space in pot? It is merged in the world-space, — So the Jiva in the Ātman too.
- As, when in some pot-space
   Dust is found, or smoke,
   Not all the spaces share it, though,
   So too the Jivas joys and sorrows.
- Forms, functions and names
   Differ, forsooth, according to their places,
   Yet the space, which they occupy,
   Is the same by itself,—so the Jīvas too.
- As the pot-space of the world-space
   No product is, and no part also,
   So is the Jīva of the Ātman
   No product and no part of him also.
- 8. Just as the sky to the childern,
  [Although colourless] appears as blue,
  Similarly the Ātman to the unexperienced
  Appears as soiled with stain.
- In the matter of dying and being born.
   Going away and coming back,
   And permeating all the bodies,—
   He is alike the space.
- As dream, surely, all bodies
   As delusion, the Ātman projects;
   Neither as similar, nor as dissimilar
   In degree they let be judged.
- 11. As soul (Jīva) in the five sheaths, So teaches the Taittirīyakam (Taitt. Up. 2), The highest Ātman lies concealed, He, whom we liken to the space.
- 12. In the Honey-section (Brh. 2.5) is in pairs
  The highest Brahman shown,
  As in the earth and in the belly,—
  He, whom we liken to the space.

- 13. If the scripture, through equation, Declares Jiva and Ātman as one, Condemning all the plurality, So it is true in the fullest sense.
- 14. And even if before the creation

  The scripture holds the two apart (Chānd. 6.3.2),

  That applies figuratively, not primarily,

  And only to that who is supposed to become.
- 15. And if at all the scripture creation teaches,
  In pictures of the clay, the ore, and the sparks,
  (Chānd. 6, 1, 3. Bṛh. 2.1.20).
  That serves only as an educational aid (cf. 1.18),
  For "there is no plurality whatsoever" (cf. Bṛh., 4, 4, 19).
- 16. There are three grades of students:Weak, mediocre, excellent;For their sake, out of compassionBrahman becomes the object of worship.
- 17. The dualists take their stand,
  With assurance, on their own doctrines;
  Yet they are at variance among themselves,
  With us there is no such contradiction whatever.
- 18. In truth there is non-duality, Duality only in the world of division; They teach duality both ways, With us there is no such contradiction.
- 19. Only as delusion exists the division Of that, which is one and eternal, For if the division existed in reality, What eternal is would mortal become.
- 20. Of existence that is unborn Those teachers assume a becoming,— The unborn, immortal, How could it turn into mortal?
- 21. The immortal cannot become mortal, Nor the mortal immortal, Nothing can ever be otherwise Than what its nature is.

- 22. If an immortal being Were to turn into a mortal one, Only fictitious would be its immortality, What would become of its eternality?
- 23. Speaking in earnestness or ostensibly,
  The scripture uniformly teaches the same
  About creation; certain and well reasoned
  Is what it says and not otherwise.
- 24. "There's no plurality here" says it (Brh. 4, 4, 19), "Manifold through delusion Indra goes about" (Brh. 2, 5, 19), "As unborn becomes manifold" (Vāj. Samh. 31, 19) Through delusion only he is born.
- 25. Through the denial of Sambhūti (Iša 12)Origination is warded off;"Who could bring him forth?"These words (Bṛh. 3, 9, 28) show him as a causeless one.
- 26. The words: "he is not so, not so" (Brh. 4, 2, 4), Denying all expressible,

  Can, as the imperceptibility shows,

  Refer to Him and none else.
- 27. The existent cannot come into being, It would be so only through delusion; Who makes it originate in reality, He brings into being what already was.
- 28. Not in reality, nor as a delusion. Can the non-existent ever originate; A son of the barren women is born Not in reality, nor in appearance.
- 29. As in dream the mind is active,
  Appearing as many only through illusion,
  So in waking the mind is active,
  Appearing as many only through illusion.
  - 30. The mind, though it's one, appears
    As many in dream,—that is obvious;
    The mind, though it's one, appears
    As many when awake,—that too is obvious.

- 31. In mind alone everything comes to view, This plurality, movable and immovable; And when the mind comes out of itself, Plurality is no more to be seen.
- 32. As soon as the mind ceases to imagine, When Ātman, the being, dawns on it, Then, as non-mind, it perceives no more, For there remains nothing to be perceived.
- 33. As the eternal changeless knowledge is not different from the known,The Brahman is over cognized,By the eternal the eternal is known.
- 34. This procedure consists therein, That forcibly all the movements Of the mind are suppressed,—
  It is different in deep sleep.
- 35. The mind is dissolved in deep sleep; Suppressed, it is not dissolved, But becomes one with the Brahman, The fearless, light-of-knowledge.
- 36. The eternal, sleepless, dreamless one.
  Without name, without form,
  "Shining at once" (Chānd. 8, 4. 1), all-knowing
  No worship whatever applies to it.
- 37. All lamentation retreats from it, In it no anxiety anymore, Quite content, the ever light is, Firm and fearless meditation.
- 38. No taking is there, no giving,
  Where no anxiety remains whatsoever,
  Then there is, reposing in itself,
  Eternal knowledge alone, its own like.
- 39. That is called the Touchless Yoga,
  Even for the Yogins difficult to see,
  Because even the Yogins shy at it,
  Afraid of the fearless one.

- 40. The suppression of the mind is necessary For every Yogin to attain The fearless, the sorrowless, The awakening, eternal rest.
- 41. As of a drop, merged in ocean,<sup>1</sup>
  That rested on blade of grass,
  So the suppression of the mind
  Follows with no difficulty whatsoever.
- 42. One has to suppress the mind methodically, Distracted in desire and lust,

  Then will it come to rest and disappear,

  Its disappearance is like pleasure of love.
- 43. Knowing that everything is painful,
  One turns away from desire and lust,
  Knowing that everything is Brahman,
  One no more sees what has come into existence.
- 44. Wake up the mind, if it falls into slumber, Collect it, when it is distracted;
  Know this well, that both are sinful;
  Disturb it not, when it's Brahman-like.
- 45. No pleasure he enjoys any more, Of no intense desire conscious, His mind working undisturbedly, He keenly strives after unity.
- 46. And when the mind is not vanished in sleep, nor it distraction seeks,

  Then it steps forth as the Brahman,

  Still, and from appearance free.
- 47. Free, calm and quiet, painless,
  Inexpressible highest pleasure,
  Eternal, conscious of the eternal object,—
  That is how the wise describe it.
- 48. No soul is ever born,
  No originating of the wide world,
  It is the highest holy truth,
  That there is no such thing as becoming.

<sup>1.</sup> Perhaps *udadhau* is to be read. I cannot decide upon the interpretation of the commentator.

#### PART IV

named Alātaśānti, "The extinction of the firebrand."1

- One who like the clouds in the space
   Knows the pluralities in the One,
   The subject and at the same time the object
   Is.—him I adore, the Puruşa.
- 2. That one called the Touchless Yoga, Friendly and beneficial to all, Without contradictions, incontrovertible, Shown to us (3.39),—adoration to him.
- 3. "What exists alone comes into being,' So many a thinker says;—"No! It's what existed not', say others,Each challenging the other's view.
- 4. "What exists cannot come into being,"—
  "Nor that what existed not";—
  Thus disputing, they testify
  To the non-becoming, like non-dualists.
- 5. We are delighted when they thus show:
  It's impossible, to come into being;
  That there is no contradiction among us
  As in them all, now listen.
- 6. The becoming of what had not become Those disputants accept, Still, the unborn, the immortal, How could it mortal become?
- 7. The immortal cannot become mortal, Nor the mortal immortal, Nothing can ever be otherwise Than what its nature is (=3.21).

<sup>1.</sup> That probably means: "The refutation of the (apparent) circle of spark (which appears when a fire brand is swung around)."

- 8. If an immortal being
  Were to turn into a mortal one,
  Only fictitious would be its immortality,
  What would become of its eternality (=3, 22)?
- Permanent, inherent in itself,
   Inborn and unmade,
   Never giving up its own essence,
   Such is, what they call, 'the Nature' (Prakṛṭi).
- Unborn and undying,
   Are individualities (dharma) by nature;
   He, to whom they originate and die,
   Is ignorant of the individuality.
- 11. He, to whom the cause becomes the effect, He makes the cause be born,—
  How can, what is eternal, be born?
  How, what is inherent, be divorced?
- 12. If the cause itself becomes effect,

  Then the effect is already there for ever,
  And yet it becomes! And its becoming
  Makes the cause vanish into air.
- 13. No! Him no practical proof avails,
  Who makes the Eternal come into existence;
  And one who originates what already is,
  He sinks into unending regressus.
- 14. If the result¹ were the source of the basis,¹
  And the basis the source of the result,
  Then both will be beginningless,
  Basis and result, how can it be?
- 15. If the result were the source of the basis, And the basis the source of the result, Then the origination of both, forsooth, Is like the son begetting the father.
- 16. Basis and result, if originated, Do require an order of succession;

<sup>1.</sup> For Deussen's translation of *phala* by Erfolg (here result) and of *hetu* by Grund (here basis), see our note above, page 608.

- For if they originate simultaneously, Like two horns, there goes the bond.
- 17. That from the result should spring up
  The basis itself, is unprovable,
  And if the basis is unprovable,
  How can it effect the fruit?
- 18. If out of the result the basis followed, And out of the basis the result, Which one of the two is earlier, And its following only relative?
- 19. Thus the impossibility (4,14), the absurdity (4,15) And the confusion in the time sequence (4,16-18), In which the opponents invariably fall, Bear testimony to the non-becoming.
- 20. The case of seed and plant, Is only seemingly decisive;<sup>1</sup> And what only seemingly decisive is, It counts not as a valid proof.
- 21. The absurdity of the time-sequence (4,15) Only confirms the non-becoming; For what becomes would surely refer Back to something, an earlier one.
- 22. Not out of itself, nor out of else, Can anything ever come into being; Not as existent, nor as non-existent, Nor as both, it can originate.

<sup>1.</sup> The relationship between the seed and the plant must either have a beginning or it must be without a beginning; both alternatives, however, are impossible. It has no beginning: for every plant always already presupposes the seed, every seed in its turn the plant. It cannot also be without a beginning: for every plant, every seed originates in time and therefore has a beginning. Or should all the members be temporary, and their relationship alone be beginningless? That also is impossible; na hi vija-ankura-vyatirekena vija-ankura-samtatir nāma ekā abhyupagamyate; for the relationship is only a bond between the members and so it already presupposes them and is nothing without them (according to Śańkara).

- 23. Basis and result, if beginningless,
  Rule out the becoming from themselves,
  For which there is no beginning,
  For that there is no beginning.
- 24. Perception must have a source-object,
  Otherwise its variation would be impossible,
  Also independent of us should be
  Pain and perception,—they think.
- 25. Perception must have a source-object, So they cleverly argue with us,— But that the source has no source, So the meditation on reality tells us.
- 26. The mind does not touch the objects,And also not the appearance of objects,And when the objects are unreal,So too their appearance, divorced from mind.
- 27. Also never, in the three courses of time,
  Does an object touch the mind;
  A causeless appearance is rarer still;
  How could it become the cause?
- 28. So there is no such thing as becoming, Not in the subject, not in the object; Who makes it take place in both, He walks in skies only.
- 29. Since otherwise the eternal would come to be, So the substance is unchanging;
  Nothing can ever be otherwise
  Than what its nature is (=3,21, 4,7).
- 30. If the Samsāra were beginningless, It could not be ending;
  If the liberation had beginning,
  It could not be unending.
- 31. What is not before and not after too, Is not in the meantime also; Although untrue it is, it is Seen not as untrue yet (=2,6).

- 32. The acts of wakefulness are useful, But no more so when we dream; Therefore, as they begin and end, Can depend on delusion alone (=2,7).
- 33. What we in dream perceive,
  Is false, for its only in the body;
  How would objects let be seen
  In this closed space?
- 34. And the time, too, is not sufficient To go there, so as to see them; And we don't find ourselves there On awakening, where we saw them.
- 35. And what with others one discusses in dream, It exists not, when one awakes; And what was grasped in dream, Awakened, one holds it in hand no more.
- 36. And also what we dream of the body,
  Is untrue and not what it is;
  Untrue like this, is everything,
  What the mind takes as true in waking.
- 37. What we, as if wakeful, see in dream, That has its basis within us; So too has its basis within us, What in waking we take as true.
- 38. Origination is inconceivable; Everything is eternal, so teaches the scripture; At no time can emerge The non-existent (becoming) from the existent.
- 39. Wakeful we see the non-existent;
  The dream image is of the like stuff made:
  The non-existent we see in dream;
  When we wake up, there is nothing.
- 40. Non-existence does not bring forth non-existence, Non-existence does not bring forth existence either; And existence also does not bring forth existence; Existence cannot bring forth non-existence.

- 41. Just as in waking one may by error grasp, Something impossible, as if it really existed, So in dream too, out of error, One sees objects appearing themselves.
- 42. From perception and tradition
  They hold on to realism;
  Becoming is all that they know,
  Recoiling in horror from what is.
- 43. Many a one, recoiling from existence. Even when not a pure perceptionist Escapes not the defects of becoming; Defects do remain, although insignificant.
- 44. From perception, from tradition Even delusion is called elephant; From perception, from tradition An object also is called existent.
- 45. Becoming is appearance, movement appearance, The objective is sheer appearance;
  Non-becoming, motionless, unobjective,
  Calm, dualityless, reality is.
- 46. Thus there is no becoming in the subject,
  No becoming in the object either;
  Who has known this once for all,
  He does not fall back into the contrary.
- 47. As the swinging of the fire-brand gives the appearance Of lines straight and curved,
  So swinging of consciousness the appearance Of perception and the perceiver.
- 48. Just as a fire-brand unswung
  Does not appear, does not originate (as circle),
  So consciousness unswung
  Appears not and originates too not.

<sup>1.</sup> The followers of the (religious) tradition (samācāra), who passes the existent in the form of the becoming, the truth in the clothing of myth.—The restraint, with which they are censured here, is remarkable.

- 49. If the fire-brand swings, comes the appearance Not from outside in any way, Not from something other than the swing, It is not an addition to the fire-brand.
- 50. Nor does it escape from the fire-brand, For it has no real existence,

  The same is the case with perception,

  For this too is sheer appearance.
- 51. If the perception swings, comes the appearance Not from outside in any way,

  Not from something other than the swing,

  It is not an addition to the consciousness.
- 52. Nor does it escape from the consciousness, For it has no real existence, Because of unreal causal nature It is unthinkable as real.
- 53. One object, they say, can be the cause Of existence of another object,
  But for the spirit there is
  No objectness and no otherness.
- 54. Neither from the mind springs the existence, Nor from existence springs the mind; Therefore, the wise accept no becoming Either of the basis or of the result.
- 55. He who accepts basis and result,
  To him they originate from each other;
  One who is freed from this assumption,
  For him the two originate no more.
- 56. He who accepts basis and result,
  Far and wide is the Samsāra for him;
  One who is freed from this assumption,
  He is free from the Samsāra too.
- 57. The mentally benighted sees becoming everywhere, Of the eternal he knows nothing;
  Everything, in reality, is eternal,
  There is no such thing as extinction.

- 58. The beings, which originate,
  They originate not in reality;
  Their origination is like delusion,
  And delusion is not a reality.
- 59. Just as, where the seed is mere delusion, The plant also is equally alike, Not real, nor destructible, So it is with all objects here.
- 60. Since all objects are unreal,

  There is neither constancy nor disappearance;

  Where all colours fade away,

  No differentiation is there.
- 61. As in the apparent plurality of dream The mind is entangled erroneously, So in the apparent plurality of waking The mind is entangled erroneously.
- 62. As in dream, the mind, non-plural sees the apparent plurality,
  So in waking, the mind, non-plural Sees the apparent plurality.
- 63. Roaming about in dream
  In the different regions of space,
  What one believes to have seen:
  Animals, birds, insects.
- 64. All that nowhere exists

  But in the dreamer's mind,

  So everything he then sees, is

  Just the consciousness of the dreamer.
- 65. Roaming about in waking
  In the different regions of space,
  What one believes to have seen:
  Animals, birds, insects.
- 66. All that nowhere exists

  But in the mind of the awake,

  So everything he then sees, is

  Just the consciousness of the awake.

- 67. The object and its imagination
  They presuppose each other;
  Everything in itself is transitory,
  Only in consciousness they are there.
- 68. As we merely dream of somebody, That he is born, and he dies, So are all these worldly beings, They are, and are not too.
- 69. As we see in hallucination,
  That somebody lives and then dies,
  So are all these worldly beings,
  They are, and are not too.
- 70. As the black magic makes us see, That somebody lives and then dies, So are all these worldly beings, They are, and are not too.
- 71. No soul is ever born,
  No originating of the wide world,
  It is the highest holy truth,
  That there is no such thing as becoming (=3,48).
- 72. What appears twofold as subject-object,
  Is just swinging of consciousness (4,47);
  The mind is eternally objectless,
  "Nothing sticks him" says the script (Brh. 4,3,15).
- 73. As it is artificial, a mere make-belief (3,15), So it is not there in reality;
  What other schools accept,
  Exists only for them, not in reality.
- 74. What they accept as eternal Falsely, is not eternal in reality; And becoming, it shows as erroneous the conclusions of other school.
- 75. Accommodation of what exists not
  Does not prove that there is duality;
  If its absence is perceived,
  Away goes accommodation, no more purposive.

- 76. When one does not accept causes In all the realms of nature,
  Then there is no imagination too;
  With the cause goes the effect too.
- 77. Mind is causeless; the non-becoming,
  Free from duality, is ever its own;
  Duality is nothing but the appearance of mind
  In that Eternal, which is all.
- 78. Knowing as real the causelessness,
  Throwing away the causes of isolation,
  One goes to the place that's free from fear,
  Free from desire, and free from grief.
- 79. Accommodating itself to what is not,
  The mind remains entangled in such;
  Having known the non-existence of objects,
  It returns to that unattached one (4,72).
- 80. He who grasps this and lets not go, unshakable remains his position then; Of wise the goal's that eternal one, Free from duality, the identical being.
- 81. Free from slumber, free from dream,
  The eternal one is luminous by itself
  (Brh. 4, 3, 14. Kāṭh. 5.15);
  "For ever luminous" (Chānd. 8,4,1) is this entity,
- Such is its nature itself.

  82. Easily He is ever hidden from us,
- He unveils His essence with great difficulty, So long as we continue to apprehend This object and that,—He, the Holy.
- 83. "He is"! "Is not"! "Is and is not"!

  "He is not!" thus deeming Him

  Unstable, stable, twofold, negative,

  The fool hides His nature from himself.

<sup>1.</sup> One expects: "Stable (He is), unstable (is not)".

- 84. Because of these four points of view
  [By fool] pursued, remains ever hidden
  The Holy one, untouched by these,—
  He who sees Him, has seen everything.
- 85. He who fully possesses the omni-vision, The Brahman-abode, free from duality, Devoid of beginning, middle and end, For him nothing remains to strive after.
- 86. That is called real peace of mind, That the real discipline of priests, That's the taming of own nature, He who knows this, attains peace.
- 87. Perceptible and objective
  Is the dual worldliness (Waking);
  Perceptible and unobjective,
  Is the pure worldliness (Dream).
- 88. Imperceptible and unobjective,
  That is called the super-worldliness;
  It subject is at the same time object,
  So the wise have always taught.
- 89. The subject and the three objects (4,87-88) When known one after another,—
  Therefrom follows the omni-vision
  In all directions, of the high-minded.
- 90. One shall first ask: What should be Avoided, known, attained and ripened? The perception passes for knowledge, And so it is with the other three.
- 91. All beings are by nature

  Boundless and resemble the space (3, 3ff),

  And there's no plurality whatever

  In them, in no sense ever.
- 92. All beings are by nature
  Awakened from beginning (ādibuddha), that's certain;—
  Who lets this suffice for himself,
  He is ripe for deathlessness.

- 93. They all are by nature

  Calm from the beginning, full of bliss;

  All alike and indivisible,

  Perennial, pure identity.
- 94. Yet this purity is no more, When they fly into manifold bits; Sunk into plurality, and divided, They are therefore called wretched (3,1).
- 95. But in whom grows into convictionThe eternal identity,He, in this world, knows the Great,But the world understands it not.
- 96. Knowledge of the Eternal is eternal, And it's concerned with nothing else; Being unconcerned, it is called Knowledge the unattached (4,72.79).
- 97. Yet when the untrained mind

  Looks upon the smallest difference as real,

  Then there is neither the unattachment

  Nor the retreat of obscurity.
- 98. All souls are by nature

  Free from obscurity, free from stain,

  Awakened from beginning, liberated from beginning
  They awake, so says the master.
- 99. As the sun shines by himself,So also the knowledge, without the objects;All objects are only knowledge, —Inexpressible to the awakened himself.
- 100. Knowing to the best of our capacity, we salute The obscure, wholly deep, Perennial, pure Identity, Which is the home of unity.

### GARBHA UPANIŞAD<sup>1</sup>

The Garbha Upaniṣad (i.e. "Esoteric Doctrine over the Embryo") contains, subjoined to a prefixed verse, all sorts of views on the elements and the parts of human body, and describes particularly the development of the embryo in the mother's body. Accordingly, this text would have rather belonged to a manual on physiology and medicine than to a collection of the Upaniṣads and the designation: 'Pippalāda's Doctrine of Salvation' occurring at the end would have very little justification, — had it not been for the idea, contained in its middle part in the course of the description of the development of the embryo, an idea which is based on such passages as Rgveda 4,26,1. 4,27,1. 10,177,2 (Geschichte der Philosophie I, 253) and which is interesting on account of its analogies with the Western Philosophy, that the embryo in the mother's body is already in possession of the

<sup>1.</sup> On the order of sequence. Among the Upanisads of the Atharvaveda, which strive to continue the study of the Vedanta without encroaching materially on the territory of the Yoga, the Samnyasa, Śivaand Visnu-cults, the most important and most universally accepted by the Vedanta theologists are the three presented so far: Mundaka, Praśna Māṇḍūkya. A fourth, the Brahma Upaniṣad, which could be assigned to this circle according to Weber (Literaturgesch., 2, ed. p. 178) will, in view of its most characteristic third part, find its place better at the beginning of Samnyāsa Upanisads as the transitional link from the purely Vedāntic to the Samnyasa Upanisads. So only a gleaning of six Upanisads remains for us for this class which partly pursue more closely only individual points of the Vedanta doctrine (Garbha, Prānāgnihotra, Pinda), partly undertake a recapitulation of the fundamental concepts of the Vedanta (Atma, Sarvopanisatsāra), on which may follow a text (Gāruda) standing in isolation. In the arrangement of this whole group we adhere to the order of sequence in the list of Nārāyana and Colebrooke because this same is possibly of importance for the age of origination of the individual texts.-Our translation here and in the following is based upon the text of the Calutta edition, supplemented by Jacob's Eleven Atharvana Upanisads (Bombay 1891). Besides variant readings of the manuscripts made use of by Weber (Ind. Studien I. II. IX), as also those of the Telugu print have been drawn upon. Those which appeared during the issue of printing and could be still used subsequently are: The "32 Upanişads in the Anandaśrama Series (Pune 1895) as also the new reprint of 108 Upanisads (Bombay 1896). The reader comparing the original texts will nowhere be in doubt as to the reading adopted by us. A thorough discussion of the exceedingly numerous and deep-going mutual differences in the individual texts lies beyond the limits of our present task and so must be reserved for future occasions.

knowledge (of its previous births, of the difference between good and bad etc.), but all this is forgotten (pāsa mádēsis a'námnēsis) when it comes out of the mother's womb.—The standpoint of the author is, as the juxtaposed references to Sāmkhya-Yoga, Maheśvara (Śiva), Nārāyaṇa (Viṣṇu) and Brahman seem to indicate, conciliatory in the highest degree, though we do not have before us here (cf. to Chānd. 8,14, above) formulae for the different creeds.

The text is considerably damaged and full of gaps, and the confusion in the commentary of Nārāyaṇa is only surpassed by the carelessness and ignorance of its editor in the *Bibliotheca Indica*.<sup>1</sup>

#### Om!

 Consisting of five, connected with each of the five, Supported on six, burdened with six qualities, Having seven constituent elements, three impurities, twice procreated.

Partaking of fourfold food is the body,

Why is it "consisting of five" [ and "connected with each of the five" ]?

Because it consists of earth, water, fire, wind and ether.

In this body "consisting of five" what is earth, what water, what fire, what wind, what ether?

In this body "consisting of five" what is hard it is earth, what is liquid it is water, what is warm it is fire, what moves about it is wind, what is hollow it is ether.—Hereby [it is "connected with each of the five" inasmuch as ] the earth serves it for support, the water for assimilation of food [pindikaraṇam, cf. Chānd. 6,8,3], the fire for illumination, the wind for the distribution [of substances], the ether for giving room. — In another way<sup>2</sup> [ it is "connected with

<sup>1.</sup> To page 64, 13 stoścubhiścu āvartate he cites in the note from the Cod. the variant reading: stoścunāścuḥ āvatansa, iti and adds: kintu ubhayapāṭho'pi durbodhaḥ! So he did not know that he had a Sūtra of Pāṇini (8,4,40: stoḥ ścunā ścuḥ) before him which certainly stands at a wrong place in the commentary, because it can only refer to rasāc choṇitam of the text.—Also the Poona edition does not seem to have understood the citation because it quotes it after allopo'nas (Pāṇ. 6,4, 134) in order to explain the form maijāah.

<sup>2.</sup> The Poona edition reads with Nārāyaṇa pṛthustu "but it (the body) is (indeed) space-filling."

each of the five" inasmuch as ] the ears serve for the perception of the sound, the skin for the touch, the eyes for seeing, the tongue for tasting and the nose for smelling. —[Or, again, inasmuch as] the sexual organ serves for sexual enjoyment, the Apāna for evacuation, while the body perceives with the Buddhi, imagines with the Manas, speaks with the speech.

Why is it "supported on six"?

Because it finds (in the food, out of which it develops) sweet, sour, saline, bitter, pungent and astringent tastes.

Further there are sadja, rsabha, gāndhāra, madhyama, pañcama, dhaivata and nisāda (as the seven notes of the scale). Further [the above enumerated fivenesses] become, through their application, tens according as they are characterized by the words "acceptable" and "unacceptable."

2. Why is the body "Having seven constituent elements"?

Because in it 1) white, 2) red, 3) black, 4) smoke-coloured, 5) yellow, 6) brown, 7) pale [liquid is found], according as substances [read dravyāṇi with Nārāyaṇa] become objects of food for, say, Devadatta. [The common source however, of all the seven constituent elements] is, in so far as they have the quality of wateriness common with each other, the sixfold [above mentioned: sweet, sour, saline, bitter, pungent, and astringent] food-sap.

Out of the [1. white] food-sap originates the [2. red] blood, out of the blood [3. black, i.e. opaque] flesh, out of the flesh

<sup>1.</sup> This second reference to the fivenesses is difficult to explain; more difficult, how all of a sudden the seven notes of the scale drop in in advance. Nārāyaṇa thinks, with the reference to the sadguṇayogayuktam of the verse, on the application of the seven notes in the six Rāgas and in the six times six Rāgiṇīs belonging to them; Samkarānanda explains the enumeration of the seven notes as a Pūrvapakṣa to the question about the "seven constituent elements" although this question is raised only later on. Besides, his reading and the word order are too different to allow us to go into them. Further, the Telugu edition offers entirely different readings, and yet other readings seem to have offered themselves to the Oupnekhat. — Quot capita, tot sensus. The corruption of the passage consequently seems to be quite desperate.

the [4. smoke-coloured] fat, out of the fat [snāyavaḥ snāyubhyas is to be struck off with Śaṁkarānanda and the Telugu edition] the [5. yellow] bones, out of bones the [6. brown] marrow, out of the marrow the [7. pale] semen.

From the union of the semen and the blood develops the embryo; "in the heart are the partings" as they say. Particularly in the heart is a fire, and by the fire is bile, and by the bile is wind, and where the wind is, there goes forth the heart [of the child] in consequence of a creative process.

3. From the pairing at the time of the season there originates after one night a nodule, after seven nights a bubble, within a fortnight lump, within a month it becomes hard, after two months originates the head, after three months originate the parts of foot, in the fourth month ankles, belly and hips, in the fifth the vertebral column, in the sixth the mouth, the nose, the eyes, the ears, in the seventh the embryo is equipped with the soul [jiva], in the eighth it is complete in all parts.

By the preponderance of the father's semen originates a male, by the preponderance of the mother's semen a female; in the case of the preponderance of the semen of both a hermaphrodite; in the case of stupefaction of the mind are born the blind, the lame, the hunch-backs and the dwarfs. If the semen pressed in by the winds on both sides goes as under, then the body also becomes twofold and a twin is born.

The [embryo] "consisting of five [elements]" is capable of living [in the eighth month, of course — the preceding sentences on the procreation are parenthetical remarks], and his fivefold Buddhi has, by reason of the intelligence, the perception of smell, taste etc. Since, however, according to the text "he then thinks over the imperishable syllable Om" he perceives this one syllable [as the Purusa], so further the eight productives [Prakṛti, Mahat, Ahamkāra, 5 Tanmātrās] and the sixteen products Manas, 10 Indriyas, 5 Bhutas [to sum up, therefore, all 25 principles of the Sāmkhya doctrine] are also present in the body of this embodied soul. Then his Prāṇa also swells on account of what is eaten and drunk by the mother which reaches him by means of a vein. Finally in the ninth month he is complete in all parts and in perception; then he remembers (so long

as he is still in the mother's body) his earlier births and has a knowledge of his good and bad deeds:

4. After I had thousands of times before Lived in the mother's womb, I enjoyed many kinds of food, And drunk many a mother's breast. Born was I, died again And was continually born anew.

What I did for my fellow-creatures, Work, good or bad, For that I must suffer alone; Those who enjoyed it, are gone. Alas! sunk in the ocean of grief, I see no remedy.

If once I escape from mother's womb I shall turn to Mahesvara, Who destroys all the evil And bestows the reward of liberation.

If once I escape from mother's womb. I shall turn to Nārāyaṇa, Who destroys all the evil And bestows the reward of liberation.

If once I escape from mother's womb, I shall study the Sāmkhya Yoga who destroys all the evil And bestows the reward of liberation.

If once I escape from mother's womb, I shall meditate on the Brahman.

But then, when reaching at the opening of the genital organs, oppressed by the squeezing, he is hardly born, then touched by the Vaiṣṇava wind, [i.e. the wind of the outer world as against the wind in the body,] he can no more remember his births and deaths and has no knowledge any more of good and bad deeds.

Why is he called "the body" (sarīram)?

Because in it lie (*śriyante*) close fires, namely the fire of knowledge, the fire of seeing and the gastric fire. Here it is the gastric fire which digests what is eaten, drunk, licked, sucked. The fire of seeing effects the seeing of forms. The fire of knowledge knows the good and bad deeds.

[Besides] there are three places of fire; in the mouth is the Āhavanīya fire, in the stomach the Gārhapatya fire, in the heart the Dakṣiṇa fire. The Ātman is the sacrifice, the Manas the Brahman [the priest of this name], greed, etc. are the victims, perseverance and contentment are the sacrificial consecration, the organs of sense are the sacrificial utensils, the organs of activity are the offerings; the head is sacrificial potsherd, the hair the Darbha grass, and the mouth the inner sacrificial ground.

The head has four skull-bones, and on [each of] their both sides are sixteen tooth-cells. [In the body] there are 107 weak parts, 180 joints, nine times hundred sinews, 700 veins, 500 muscles [Yājñav. 3,100; according to the commentator it should be majjā for pešī], 360 bones, and four and a half Koţi (45 million) hair.

The heart weighs eight Pala (364 grams), the tongue twelve Pala (546 grams), the bile a Prastham (728 grams), the phlegm an Āḍhaka (2912 grams) the semen a Kuḍavam (182 grams), the fat two Prastha (1456 grams), excrement and urine are uncertain, depending on the quantity of food.

This is the science of liberation by Pippalāda, the science of liberation by Pippalāda.

## PRĀŅĀGNIHOTRA UPANIŞAD

The thought underlying this *Upanişad*, of *Prāṇa-agnihotram* "the fire-offering made to the *Prāṇa*" (or the sacrifice offered in the *Prāṇa-fire*) has developed through the following stages.

- 1. After one had discovered the all-encompassing universal soul in the individual self, it was natural to see old-Vedic natural gods embodied in the individual body, the sun as the eyes, the wind as the breath, and so on for which the older Upanisads offer numerous examples.
- 2. It was a consequence of this view (cf. already Brh. 1, 5, 2) when the Agnihotram daily offered to the gods was replaced by an offering to the gastric fire in the body (to the fire Vaiśvānara, Brh. 5, 9) i.e. by feeding, which followed among certain ceremonies. This sacrifice made to the Prāṇa (life) is described in Chānd. 5, 19-24, in connection with the doctrine of Ātman Vaiśvānara Chānd. 5, 11, 18; since the vital breaths are satisfied, the sense organs and the corresponding gods and the accompanying quarters are equally satisfied. —In an adjacent passage, Chānd. 5, 2, 2 (Brh. 6, 1, 14) the rinsing of mouth laid down before and after eating is allegorically looked upon as a dressing of the Prāṇa.
- 3. A combination of both the ideas, the feeding and the dressing of the Prāṇa, beside some formulae to be employed in the ceremony is there in the Maitr. 6, 9. The invocation to the wise who have praised this sacrifice, which is found there at the beginning, can probably refer to Chānd. 5 only. In order to make the procedure still more similar to the usual fire-sacrifice, an analogy therein is found to the second offering also to be made silently, in that after the five offerings one eats the rest of the meal silently, yatavāg aśnāti.
- 4. The repetition of this last feature as also the recurrence (with variants) of the verses prāno'gnir and viśvo'si in the Prānāgnihotra Upanişad render it probable, that this [Prānāgnihotra-Up. ] is based not only on Chānd. 5,19-24 but on Maitr. 6,9 also and that it represents a further embellishment of the ceremony prescribed there. There the two verses, to be sure, precede the ceremony while here they follow it and they are prescribed to be recited before a triad and a couple of verses which in this association are found neither in the Rgveda nor in the Atharvaveda and accordingly they seem to presuppose a collection other than both of these. The glorification of water which then follows doubtless refers to the rinsing of the mouth which precedes eating. Further follow the five offerings to the Pranas with special instructions upon the use of particular fingers, whereupon the silent offering appears, spread out to five offerings in the five fires of the body. The rinsing of the mouth after the meal and the explanation of the five fires in the body mentioned (in the head, mouth, heart, navel and abdomen) form the contents of the second part.

As the first and the second part are based on Chānd. 5 and Maitr. 6, 9, similarly the third and the fourth part of our Upaniṣad contain a further depiction of the idea occurring in Chānd. 3, 17 and Mahānār. 64, to interpret allegorically the manas the sacrifice. This little agrees with the first two parts; there the five Prāṇas receive the offerings, here they are sacrificial priests. Besides the beautiful and ingenious thought of the original has not gained in detail in the course of interpretation.—It is remarkable that Śaṅkara to Brahmas. 3, 3, 24 (my translation p. 582 ff.) where he discusses the Chānd. 3, 16-17 and the Taitt. Ār. 10.64 passages, does not mention our Upaniṣad, may be that he did not know it or did, not recognize it.

T

Now, therefore, let us explain the sacrifice offered in one's own body, (the sacrifice) which forms the essence of all the Upanişads, which is helpful for knowledge of the Samsāra, which is studied [in the Veda, Chānd. 5, 19-24], and which has food as its authority.

Liberation from Samsāra is possible in this present human body, even without the Agnihotram, and without Sāmkhya and Yoga. In this belief one puts down food on the ground, each according to the prescription applicable to him, and consecrates it with the three stanzas: "The herbs which are in Soma's realm" and with the two verses: "Give us O Lord of food" etc.

The herbs, which are in Soma's realm Many, different in hundreds of ways, Which Brhaspati created in past, They should protect us from fear. 1—

Those bringing fruit, and those fruitless, Not blossoming and blossoming, Which Brhaspati created in past, They should protect us from fear.<sup>2</sup>

<sup>1.</sup> Atharvav. 6, 96, 1. The first hemistich is Rgv. 10, 97, 18 also. [The second hemistich is RV. 10, 97,15cd also—GBP.]

<sup>2.</sup> Rgv. 10, 97,15.

As re-invigorating I apply to you1 The herb Naghārisā: May it bring you fresh life-force<sup>2</sup> And scare away the demons.3

Give us, O Lord of food. Wholesome and powerful food. Lead the sacrificer forth and forth. Give us strength, to the bipeds and quadrupeds.

What indigestible I eat so often Fore-tasted by Rudras, by Piśācas, May the Lord make it all free from danger And auspicious; svāhā to the Lord!

You abide within the beings In the cavity of heart and everywhere, You are the sacrifice, are Brahman, are Rudra, are Visnu, are the exclamation Vasat. Water, light, essence, the immortal Brahman, Bhūr, Bhuvah, Svar, Om, Salutation!4

By waters may the earth be purified. Purified may she make me pure! By Brahmanaspati, Brahman Purified, may she make me pure!5

What sticks<sup>6</sup> me, what uneatable, What misdeed I committed ay the water wash me pure of all, And from the gifts of the wicked!

<sup>1.</sup> Read : ā te badhnāmi.

With the Telugu ed. : yā ta'āyur upāharat.
 [Quarter a=AV. 8.2.6a—GBP.]

<sup>4.</sup> We have already come across this formula, whose first part is called the Siras (of Gāyatrī), at Maitr. 6,35; cf. Amrtabindu 10, Note.

<sup>5.</sup> I have translated Deussen literally. The Sanskrit original of the last two quarters in the editions available to me is: Punantu Brahmanaspatir Brahmapūtā punātu mām which I have not been able to understand.—GBP.

<sup>6. &#</sup>x27;anklebt' (Deussen). The Sanskrit original, however, in the editions available to me is ucchistam 'remainder of food after somebody has eaten it; hence impure for others to eat'.

O water, you are Amṛtam, (ambrosia, nectar) you are bed of Amṛtam (Taitt. Ār. 10, 32), I offer Amṛtam in the Prāṇa! In us, O ward, you are fed 1!

Svāhā to the Prāṇa, the most pre-eminent!—Svāhā to the Apāna!—Svāhā to the Vyāna!—Svāhā to the Samāna! Svāhā to the Udāna!

With these words he offers (read: juhoti) with the little finger and the thumb to the Prāṇa, with the nameless (ring) finger to the Apāna, with the middle finger to the Vyāna, with the forefinger to the Samāna, with all fingers to the Udāna.

Then he silently makes an offering to the Ekarşi (the sun), two to the Āhavanīya (in the mouth), one to the Dakṣiṇa fire (in the heart), one to the Gārhapatya (in the navel), one to the All-atonement fire (below the navel).

Then he says [to the water]: "You are the covering! For immortality I superimpose you!" and therewith he rinses out the mouth, takes once more of it and rinses out once more. Then he takes the water in the left hand (read: savye pāṇau apo gṛhītvā) lays hold of the heart therewith and murmers:

The breath-fire, by five winds Encircled, who the highest Ātman is, Who gives peace to all the creatures! I shall not be born any more!

You are all, all-human, multiform, You sustain the universe born out of you.

May all sacrificial offerings enter (read: viśantu) into you, there where you Brahman, immortal in all, are.

Great is, and refreshment, that spirit, Which lives on the tip of the thumb; Him I will moisten with water, May he bring immortality in the place of finger-tips.<sup>2</sup>

<sup>1.</sup> amā, śiṣya, anto'si. The explanation of these mysterious words given by the scholiast seems to us extremely doubtful.

<sup>2.</sup> so'sya ante amṛtāya yonau; the superfluous syllable certainly shows that the passage is corrupt.

One should meditate on this Ātman and think: "I make him a fire-sacrifice". Because he is a son [foster-child, ward] of all.

Thus in order to put the sacrifice in circulation he makes the offering in his own body, thinking: thereby I put the sacrifice in circulation.<sup>1</sup>

Four fires [and the All-atonement fire as the fifth, were mentioned above at the end of the first part]; what are their names?

The sun as fire, in the form of the solar disc, surrounded by a thousand rays, is located as Ekarşi in the head, because it is said about him (perhaps Maitr. 6. 8).

The optic fire (cf. Garbha 3.; or perhaps daśanāgnir the tooth-fire?) is located as the quadrangular Ahavanīya-fire in the mouth.

The gastric fire, promoting digestion, manages the sacrificial food<sup>2</sup> and is located as the crescent-shaped Dakṣiṇa fire in the heart.

Then comes the intestinal fire. This so-called intestinal fire which cooks (read:  $\pm \sin z$ ) what is eaten, drunk, licked, and masticated is located in the navel as the [round] Gārhapatya fire.

The All-atonement fire finally is below the same, [has the three main arteries Ida,, Pingala, Suṣumna] as three wives and brings about procreation by means of the moon-light, conducted through them (arteries).<sup>3</sup>

3

In this sacrifice offered in the body, adorned with sacrificial posts and sacrificial ropes, who is the sacrificer?—Who his wife?—Who are the Rtvij?—Who the Adhvaryu?—Who the Hotar? Who the Brāhmaṇācchaṁsin (assistant of the Brahman priest)?

<sup>1.</sup> Read: atha yajñaparivittaye āhutīr homayati.

<sup>2.</sup> One has to read havir avaskandati with the Telugu ed. The reading of other texts is quite impossible.

<sup>3. &</sup>quot;This fire is the same which effects procreation by means of the moon-light (from the lunar disk situated on the forehead flowing down as semen through the arteries). The roots of the procreation-limb are located in the midst of the fire-pot; through it the semen falling in the fire-pot, after it has risen up high through the Prāṇa, is led to the progeny. Therefore it is said that the body consists of Agni and Soma (fire and moon)". (Nārāyaṇa).

-Who the Pratiprasthatar (assistant of the Adhvaryu)?-Who the Prastotar (assistant of the Udgatar)?—Who the Maitravaruna (assistant of the Hotar)?—Who the Udgātar? — Who the partners in the feast?—Which the sacrificial utensils?— Which the sacrificial food ?—Which the sacrificial bed ?—Which the northern fire-hearth?—Which the Ida(Milk-offering)?—Which the Somavat ?-Which the cart ?-Which the sacrificial animal? Which the Dharapotar (stream-strainer) ?-Which the grassbunch ?-Which the Sruva-laddle ?-Which the pot of the clarified butter? - Which the two sprinklings of fat ?- Which the two portions of the sacrificial clarified butter (for Agni and Soma,? -Which the preceding offering? - Which the subsequent offering ?-Which the recitation of the hymns ?-Which the Samyor formula?—Which the Ahimsā (non-injury of the Yajamāna through a wrongly applied formula. Ait. Br. 1, 30, 11) ?—Which the Patni-samyajas (offerings made to the wives of the gods)?— Which the sacrificial post ?—Which the sacrificial rope ?—Which the Istis?-What the reward of the sacrifice? Which the concluding bath?

4

In this sacrifice offered in the body, adorned with sacrificial posts and sacrificial ropes the Atman is the sacrificer;—the Buddhi his wife; - the Vedas the chief Rtvij; - the Prana the Brāhmaṇācchamsin;—the Apāna the Pratiprasthatar;—the Samāna the Maitrāvaruņa;—the Udāna the Udgātar; - the Ahamkara the Adhvaryu; the mind the Hotar;—the body the sacrificial bed;-the nose the northern fire-hearth;-the head the Somavat;-the right hand the Sruva-ladle:-the left hand the pot of the clarified butter;—the ears the two sprinklings of fat; -the eyes the two portions of the sacrificial clarified butter;the neck the Dhārā-strainer;—the subtle elements (tanmātra) the partners in the feast;—the gross elements the preceding offering; -the elements the subsequent offering; the tongue the Ida;teeth and lips the recitation of the hymns;—the roof of the mouth the Samyor-formula; -memory, compassion, patience and non-injury (ahimsā) are the four Patnī-Samyājas:1—the sound

<sup>1.</sup> According to this the *ahinisā* occurs, indeed, twice in the answer while the question about the *Ahinisā* has remained undisposed of.

Om the sacrificial post;—the hope the sacrificial rope;—the Manas the cart;—the desire the sacrificial animal;—the hair the bunch of grass;—the organs of sense the sacrificial utensils;—the organs of activity the sacrificial food;—the non-injury (ahimsā) the Iṣṭis;—the renouncing the reward of the sacrifice;—the concluding bath results through death.

All the godheads, indeed, there are
Enclosed in this body here!
He who passes away in Benares¹
Or he who reads this sacred text
To such a man after this life
The liberation will surely come,
—The liberation will surely come.

<sup>1.</sup> As I was wondering in Benares that so many old people often travelled to Benares with great sacrifice and hardships in order to lay down their lives there, Pandit Priyanatha explained to me that this was so because he who dies in Benares attains liberation.—"How can you, a learned man, cling to such a superstition!" I exclaimed; "you know as well as I that according to the Vedānta one who has attained knowledge is liberated no matter where he dies, and that without knowledge liberation is not possible even if one were to die in Benares!"— "It is true" he replied in tones of deep conviction, "but it is particularly a special grace of Siva that all those who die in Benares come into possession of the knowledge at the moment of their death".

	•	

### PIŅDA UPANIŞAD

[The Gods and Rsis asked the (personal) Brahmán two questions:

- 1. How can the dead ones receive the meal-balls (pinda) because they are without any consciousness (acetasah))?
- 2. When the body is dissolved into elements on death, where does the soul (harisa) live?

The answer to the second question is given first (verse 3).

After the death the soul lives for three days (tryaham to be read everywhere with the Poona Edition) in water, three in fire, three in ether and one in wind, who then (thus we have probably to understand) at the end of the tenth day as phukhopomp ós brings it [the soul] to its destination as in Brh. 3, 3, 2.

As a reply to the first question Brahman describes how through the offerings of ten meal-balls the organs and functions of the body are gradually given back to the dead. According to the scholiast and according to a related passage from the Garuḍapurāṇam cited by him this offering of the ten Piṇḍas takes place on ten successive days, may be the same ten days spoken of in the answers to the second question, or ten days following them.

Presupposing the correctness of this statement, the whole ritual cannot naturally refer to the Śrāddha offering (in which on every new moon day water is poured in three earth cavities of the breadth of a hand and three meal-balls for the father, the grand-father and the great grand-father are placed), but it must be understood as belonging to the activity previous to it, through which the individual departed one first becomes capable of participating in future in the Pinda-offerings made to the manes on every new moon day.]

- The gods all and the wise
   To Brahman asked this question:
   "How can the dead receive
   Without consciousness their balls of meal?"
- 2. "And when into the five great elements
  The body dissolving returns back,
  And the soul (hamsa) departs from it
  At which place does it abide then?"—
  Brahmán spoke:
- "In water it stays for three days.
   Three days it stays in fire,

Then it goes through the ether three days And for a day then in the wind.

- 4. Then with the first meal-ball
  The atoms reassemble again;
  And with the second meal-ball
  Originate new flesh, skin and blood;
- And with the third meal-ball
   Consciousness (mati) originates in him anew;
   And with the fourth meal-ball
   Originate the bones and the marrow;
- 6. And with the fifth meal-ball
  Hands and fingers, head and mouth;
  And with the sixth meal-ball
  Are formed the heart, neck, palate;
- 7. By the seventh meal-ball
  Vitality for a long life;
  And with the eighth meal-ball
  He attains the power of speech;
- 8. And with the ninth meal-ball
  All organs are tightened,
  And with the tenth meal-ball
  Come the powers anew in the stream;
- 9. Thus is formed through the offerings of balls A new body from ball to ball."

### ĀTMA UPANISAD

[The doctrine of the three Ātmans or Selves, the external Self (the body), the innerself (the individual soul), and the highest Self (the highest Brahman), which had found its expression in a beautiful poetic form in the Prajāpati myth, Chānd. 8, 7-12, is here handled in the most dry scholasticism through an enumeration of the parts of the body, properties and functions of the three Selves in the course of which there are considerable back-references to the older Upaniṣads.]

1

Then spoke Angiras:

Man is threefold, namely external Self, inner Self and the highest Self.

That Self in which there are skin, bones, flesh, marrow, hair, fingers, thumbs, vertebral column, nails, ankles, belly, navel, genitals, hips, thighs, cheeks, brows, forehead, arms, sides, head arteries, eyes and ears, and that which is born and dies, that is called the external Self.

2

Now the inner Self:

The one who

on the one hand through [the perceptions of] the earth, the water, the wind, the fire, the ether, as also through desire, hate, lust, pain, greed, delusion, misunderstanding etc., while he possesses the characteristic of memory, on the other hand through speaking—with a high tone, low tone, short, long, extra long, faltering, shouting, blurting out,—through dancing, singing, playing, swooning, yawning etc., becomes a listener, smeller, taster, thinker, perceiver, and doer, and who as the conscious Self, as Person (purusa) knows to distinguish in the activities of hearing—whether it is a Purāṇam, Nyāya, Mīmāṁsā or Dharmaśāstra—, of smelling, drawing towards oneself,

it is this one who is called the inner Self.

<sup>1.</sup> I follow the reading of the Poona ed., which is supported by a remark (dropped in the Bibl. Ind.) of the commentator.

Now the highest Self: The one, who

to be worshipped according to the constituents [of the word Om] while one meditates over him (-cintakam adverbial) as one's self by breath-control, withdrawing inwards from the objects of sense, meditation and Yoga-practices, as seed of the fig tree (Chand, 6, 12, 1), as seed of the millet (Chand, 3, 14, 3), is not comprehended or grasped through a hundred-thousandfold splitting of the hair's end (Svet. 5, 9., Dhyanabindu 6) and the like who is not born and who does not die (Kāth. 2,18), does not wither up (Chand. 6, 11, 2) and is not burnt (Chand 6, 16, 2), does not shake (Praśna 5,6., Yogaśikhā 1), is not divided (Chānd 6.12.1) and is not split up (Bhag. G. 2, 23), who is the Gunaless observer (Svet. 6,11), the pure, limbless Atman, the subtle, partless, spotless (Svet. 6, 19), free from self-illusion (Maitr. 6, 30) free from sound, touch taste, form and smell, changeless (Brahmb. 8), desireless, all-penetrating (Svet. 1-16) he, the inconceivable and indescribable, who purifies the impure and the unholy, whom no work sticks nor the effect of a workthat is the highest Self, the Purusa,—that is the highest Self, the Purusa!

<sup>1.</sup> In the editions available to me, thirtyone stanzas follow here, source of which are met with elsewhere such as the Mānḍākyopanişat-Kārikā and the Vivekacūdāmani.

### SARVA-UPANISATSĀRA1

[Like the 'óroi, Definitions in the corpus of the Platonic writings, some very late and secondary writings occupy a similar position in the collection of the Upaniṣads which, on the basis of the older Upaniṣads, particularly as it appears, enumerate and explain the main concepts of the Vedānta system for the purpose of teaching and learning. The Nirālamba-Upaniṣad treated by Weber (Ind. Stud. XVII, 136-160) is of such a kind, which discusses 29 basic concepts; the Śārīraka-Upaniṣad proceeds in a more classifying way; and the Nirvāṇa-Upaniṣad, difficult to judge, also seems to belong to this circle. —Our Sarva-Upaniṣat-sāra, or also called Sarva-Upaniṣad which occurs not only in Colebrooke's and Nārāyaṇa's collections, but also as Sarb (not to be confused with Sarbsar) in the Oupanekhat and as Sarvasāra in the Muktikā collection, has received greater recognition than the above three included only in the Muktikā collection. It explains on the basis of older Upaniṣadic passages yet with an independent attitude, following twentythree terms:

1-4: bandha and mokṣa, avidyā and vidyā;
5-8: The four states in the Mānḍūkya;
9-13: The five sheaths in the Taitt. 2;

14-16: kartar, jīva, kṣetrajña;

17-19 : sākṣin, kūṭastha, antaryāmin; 20-22 : pratyagātman, paramātman, ātman;

23 : māyā.]

#### Om!

- 1. What is the bondage?
- 2. What is liberation?
- 3. What is ignorance?
- 2. What is knowledge?
- 5-8. What are the states waking, dreaming, deep sleep and Turyam?
- 9-13. What is the sheath consisting of food, Consisting of breath, consisting of Manas, Consisting of perception, consisting of bliss?

<sup>1.</sup> Named in some editions as sarvasāropanişat. — GBP

- 14-19. What is the doer, Jīva, Kṣetrajña, On-looker, standing on high, inner guide?
- 20-23. What is the inner Ātman, the highest Ātman, the Ātman and the Māyā?
- 1. The Ātman is God. When however one fancies the body, etc. which is not the Ātman to be the Ātman then this fancy is called bondage.
  - 2. The annihilation of this fancy is the liberation (moksa).
  - 3. What brings about this fancy is the ignorance (avidyā).
- 4. That through which the fancy is annihilated is the knowledge  $(vidy\bar{a})$ .
- 5. When one perceives gross objects like sound, etc. by means of the fourteen organs beginning with Manas, which unfold outwards and which are supported by deities like Āditya, then this is called the waking (jāgaraṇam) of the Ātman.
- 6. When one, freed from the impressions of waking, perceives only by means of four organs [Manas, Buddhi, Cittam, Ahamkāra] without the sound, etc. being there, sound etc. based upon those impressions then that is called the dreaming (svapnam, here neuter!) of the Ātman.
- 7. When one in consequence of the reposing of all fourteen organs<sup>1</sup> and out of the cessation of particular objects [is without consciousness], then this is called the deep sleep (susuptam) of the Ātman.
- 8. When, on cessation of the three states mentioned, the spirit, standing as a spectator towards the existence, exists by itself as a non-differentiatedness freed from all existence then this spirituality is called the Turiyam (the Fourth).
- 9. The collection of the six sheaths (bones, marrow, fat, skin, flesh, blood) formed from food is called the sheath consisting of food (annamaya).

<sup>1.</sup> Manas, Buddhi, Cittam, Ahamkāra, five Jāānendriyāņi, five karmendriyāņi (Nārāyaṇa). Cittam, as a special organ also at Praśna, 4.8. Cūlikā V.14.

- 10. When in the sheath consisting of food there are also fourteen kinds of wind, *Prāṇa* etc. [prāṇa, apāna, vyāna, udāna, samāna; nāga, kūrma, kṛkara, devadatta, dhanamjaya; vajrambhava, sthānamukhya, pradyota, prakṛta], then this is called the sheath consisting of breath (prāṇamaya).
- 11. When the Ātman, bound up with these two sheaths, brings about sounds and other objects, as also the activities of imagination by means of the four organs of Manas etc. (Manas, Buddhi, Cittam, Ahamkara), then it is called the sheath consisting of manas (Manomaya).
- 12. When the Ātman, bound up with these three sheaths, appears as perceiving the differences and similarities based on those activities [of imagination etc.], then it is called the sheath consisting of perception (vijāānamaya).
- 13. When he remains in the knowledge that he himself is the cause of the four sheaths, as the fig seeds of the fig tree, then it is called the sheath consisting of bliss (ānandamaya).
- 14. When, supporting himself on the perception of joy and sorrow, he becomes a doer (kartar) within the body, then perception of the desired object becomes the perception of joy, the perception of an undesired object becomes perception of grief; but the causes of joy and sorrow are sound, touch, form, taste and smell.
- 15. When he brings about the separation with the present body and a union with a future body in consequence of good and bad deeds, then he is called, while he is involved with these bodies, the individual soul (jiva).
- 16. The Manas with the rest [Buddhi, Cittam, Ahamkāra], the Prāṇa with the rest [Apāna, Vyāna, Udāna, Samāna], the Sattvam with the rest [Rajas and Tamas], the desire with the rest and the good with the rest [evil, perception, impression],

<sup>1.</sup> The scholiast understands the enumeration of the functions of Manas occurring at Brh. 1,5,3: "desire, deciding, doubt, belief, disbelief, firmness, infirmity, shame, perception, fear";—hardly correctly, because icchā is certainly no member of this series. More correctly one will have to think of icchā, dveṣas, sukham, duḥkham (Śamk. to Brahmasūtra p. 660,7) or of the five Kleśāḥ (avidyā, asmitā, rāga, dveṣa, abhiniveśa) of the Yoga (Yogasūtra 2,3).

- —these are the five groups. The supporter of these five groups, who does not perish until the knowledge of the Ātman arises, and is perceived as eternal in the vicinity of the Ātman although it is only a determinant (upādhi) of the Ātman, that is called the Linga-body or the heart-knot; and the spirituality, which appears in it, is called the Body-knower (kṣetrajña).
- 17. The one who perceives the subject, the object and the activity of knowing in their appearance and disappearance, while he himself neither appears nor disappears but is light in himself, this is called the witness (sākṣin).
- 18. In so far as he is noticed without any distinction in the consciousness of all living beings from the Brahmān down to the ant, as being in the consciousness of all living beings, he is called the one standing on high  $(k\bar{u}tastha)$ .
- 19. When the Ātman, as the cause of the natural disposition of distinctions endowed with the one standing-on-high etc., appears interwoven in all bodies, as a thread through a string of pearls, then he is called inner guide (antaryāmin).
- 20. When the Ātman, freed from all determinants, like pure gold, appears in its nature as consisting of knowledge and spirit then it is called inner Ātman (pratyagātman) denoted by the word 'thou' [in tat tvam asi].
- 21. The Brahman is real knowledge, unending bliss. Real i.e. imperishable is that which does not perish simultaneously when the name, place, time body and the cause perish. This imperishable one is further called knowledge, that is to say as the spirituality not subject to the origination and destruction, i.e. as knowledge. Further it is called unending that is to say, as the clay in the case of clay utensils, the gold in the case of gold products, the thread in the case of the texture, similarly the spiritual one precedes all objects coming from the unmanifest one and penetrates them all, and as such is called unending. Further, it is called bliss: the one consisting of joy and spirituality, the infinite ocean of bliss: the one by his nature consists of joy without any distinction, is called bliss. That one, which has these four and essential factors [being knowledge, unending, bliss] as its characteristic and which remains immutable in space, time and causality that one, denoted by the word "that".

[in tat tvam asi] is called the highest Ātman (paramātman) or the highest Brahman.

- 22. The one who is different from the word<sup>1</sup> "thou" affected with determinants, different from the word<sup>1</sup> "that" affected with determinants, is pure and absolute like ether, and consists only of existence, is designated as the self (the essence, the soul, the Ātman) of the word "that".<sup>2</sup>
- 23. The one, which is without a beginning but still is not without an end (read:  $antavat\bar{\imath}$ ), which behaves similarly towards valid means of knowledge and towards what are not valid means of knowledge, what is not existent, yet not non-existent, nor existent and non-existent, which does not exist inasmuch as one imagines the cause (i.e. Brahman) for the created object arising out of what itself is not created, and which exists in so far as one does not imagine it (remaining on empirical plane), what defies all these characteristics is named delusion  $(m\bar{a}y\bar{a})$ .

<sup>1.</sup> Rather "different from the content of the word "thou" and of the word "tat" ". —GBP.

<sup>2.</sup> There seems to be some confusion here in the German original. The paragraph, which I have translated literally, is not quite clear to me. — Besides the editions available to me speak of param Brahma, and not of the Ātman, —GBP.

<sup>3.</sup> The editions available to me add a number of verses here. —GBP

## GĀRUDA UPANISAD

(This snake-charm, named after Garuda, the bird of Visnu and the sworn enemy of snakes, owes its inclusion in the Upanisads probably to the seriousness which the danger from being bitten by snakes still possesses in India down to the present day. It is not so much for the European who is equipped with strong footwares and who can avoid to go out in dark. It is however all the more for the natives who must wander with naked feet at night or must perform their work in fields or forests in which case the possibility of treading over a snake inadvertently and consequently to be bitten by him is not small. The danger is increased through the commandment of Ahimsā which does not allow an orthodox Hindu to kill a snake but only to take him, at his own peril, and to carry it there where in his opinion it can do no harm. Also in the masonry of old houses snakes not seldom nest, without being exterminated by the inmates of the house, because on account of a widespread superstition people see souls of the ancestors in them and there is also the rumour that they never do any harm to the house-mates.

The present snake charm, raised to the dignity of an Upanisad has a double purpose, to guard one against a snake-bite as also to obviate evil effects of a snake-bite when it has taken place.

Our translation follows the recension given in Jacob's edition (*Eleven Atharvana Upaniṣads* pp. 83-88). Weber has edited our Upaniṣad in an enlarged form (*Ind. Stud. XVII*, 161ff).]

1

### Om!

I will preach the Brahman-science. Brahmán taught it to Nārada, Nārada to Brhatsena, Brhatsena to Indra, Indra to Bhāradvāja, Bhāradvāja to his pupils who desired to preserve their life.

2

[He taught them the science] which achieves this, which achieves good, removes poison, destroys poison, overcomes poison, annihilates poison:

"Struck is the poison, annihilated is the poison, destroyed is the poison; it is struck by Indra's thunder-bolt, svāhā! May it originate from snakes, from vipers, from scorpions, from cankers, from salamanders, from amphibious animals or from rats.

May you be Anantaka's messenger, or be Anantaka himself,<sup>1</sup>
May you be Vāsuki's messenger, or be Vāsuki himself,

May you be Takşaka's messenger, or be Takşaka himself, May you be Karkoṭaka's messenger, or be Karkoṭaka himself

May you be Samkhapulika's messenger, or be Samkhapulika himself,

May you be Padmaka's messenger, or be Padmaka himself, May you be Mahāpadmaka's messenger, or be Mahāpadmaka himself,

May you be Elāpatraka's messenger, or Elāpatraka himself, May you be Mahailāpatraka's messenger, or be Mahailāpatraka himself.

May you be Kālika's messenger, or be Kālika himself, May you be Kulika's messenger, or be Kulika himself, May you be Kambalāśvatara's messenger, or be Kambalāśvatara himself!"

3

For twelve years snakes do not bite him who hears this great science on the new-moon night. The snakes do not bite him as long as he lives who, having recited this great science on the new-moon night, wears it [as an amulet].

He who teaches it to eight Brāhmaṇas, he releases (from the effects of snake-bite) by merely touching with grass, with a piece of wood, with ashes. One who teaches it to a hundred Brāhmaṇas he releases by a mere glance. One who teaches it to a thousand Brāhmaṇas, he releases by the mere thought, — by the mere thought.

Thus spake the exalted Brahmán, —the exalted Brahmán. Thus is the Gāruḍa-Upaniṣad.

<sup>1.</sup> At the end of the formula of exorcism follows this enumeration of twelve chief snakes.

# b. Yoga Upanisads

BRAHMAVIDYĀ UPANIŞAD
KŞURIKĀ UPANIŞAD
CŪLIKĀ UPANIŞAD
NĀDABINDU UPANIŞAD
BRAHMABINDU UPANIŞAD
AMŖTABINDU UPANIŞAD
DHYĀNABINDU UPANIŞAD
TEJOBINDU UPANIŞAD
YOGAŚIKHĀ UPANIŞAD
YOGAŚIKHĀ UPANIŞAD
HAMSA UPANIŞAD

# BRAHMAVIDYĀ UPANIŞAD1

[Brahmavidyā Upaniṣad, "the esoteric teaching of the science of Brahman". with this much promising name denotes this small Upanisad consisting of only 14 slokas in our recension (in the Telugu ed. it has about eight times the expanse of this). But once in the older Upanisads the complete imperceptibility of the Brahman had been already taught (neti! neti! - yato vāco nivartante,—avijāātam vijānatām, etc.), a proper science of Brahman could no more be formulated. For it would then be as a science of the symbol under which the imperceptible Brahman was looked at and worshipped. Already since Kath. 2,15 the old sacrificial syllable Om, consisting of three moras ( $m\tilde{a}tr\tilde{a}$ -s) a+u+m serves as this symbol, to which was added as a  $3\frac{1}{2}$ th mora the buzzing reverberation ( $n\bar{a}da$ ) of m, which, along with this latter, was denoted by a point (bindu) of Anusvara placed above the syllable. This syllable Om as a symbol of the Brahman had an advantage of keeping away from the Brahman all predicates of the external world on account of its (Om's) being completely without any meaning. But it had also the disadvantage in that it could not put any limits to unbridled fancy. As in the case of so many other Upanisads of the Atharvaveda, a probe into it also appears here.

The Introduction (verses 1-3) proclaims the intention to impart the Brahman-lore, in which the origination and the course of all things are recognized through and in Brahmán, Viṣṇu and Śiva (verse 1). Particularly it is the esoteric doctrines of Viṣṇu and his human incarnations which are glorified as the Dhruva fire in the Brahman-lore. *Dhruva* (constant) is, like Akṣaram (imperishable, syllable) a characterization of the highest essence (dhruvam Viṣṇusamiñitam, Maitr. 6.38) and thereby that of the sound Om also (cf. Rāmatap. Up. ed. Weber p. 335, 14 and Mahābh. 1, 24,30² dhruva-akṣaram). The Om sound particularly is, as verse 3 declares, the Brahman, whose knowledge is to be taught here, and this

<sup>1.</sup> On the order of sequence. As the second class of the Atharva-Upanişads, we let follow, maintaining again the order of sequence in Nārāyaṇa and Colebrooke, the eleven Yoga-Upaniṣads admitted by them. The first of these groups (3-5) is formed by Brahmavidyā, Kṣurikā, Cūlikā, the second (17-23) by Nādabindu, Brahmabindu, Amṛtabindu, Dhyānabindu, Tejobindu, Yogaśikhā, Yogatattva, the third by the Hamsa-Upaniṣad standing by itself. The contents of the last-named one show that it is much later than the others, which also corresponds to its position; in the case of the remaining, their sequence in the collections mentioned may hardly correspond accurately to the time of their origination.

<sup>2. =1.57.85 (</sup>The Critical Ed. by the BORI). —GBP.

consists of 1) śarīram, the body, 2) sthānam, the location, 3) kāla, the time i.e. here the terminus, 4) laya, the vanishing of the Om sound from perception. Herewith the four parts of the Upanişad (verses 4-7. 8-10. 11-12. 13-14) are shown in advance.

I. Sariram, the body of the sound Om, verses 4-7. As such are mentioned:

Three Vedas: three fires: three worlds: three gods

Body of the a-sound: Rgveda Garhapatya earth Brahman(n)

" " u-sound: Yajurveda Daksina mid-region Visnu

", ", m-sound: Sāmaveda Āhavanīya heaven Śiva.

In addition to this comes the  $3\frac{1}{2}$ th mora which is merely mentioned (verse 4). The arrangement is as in Prasna 5.

II. sthānam, location of the sound Om, verses 8-10. Within the 'brain-conch' (śankha) shines the a-sound as the sun; in it (shines) the u-sound as the moon; further, (we have probably so to understand) the m-sound shines in it as the fire while the  $3\frac{1}{2}$ th mora rises from it as a pointed flame (śikhā). (cf. Maitr. 6,38).

III.  $k\bar{a}la$ , the time, i.e. probably the terminus of the sound Om, verses 11-12.

The meaning of these verses, which are very problematic in text and interpretation, seems to be this: resembling the sun, and comparable also to a pointed flame in splendour is also the artery suṣumnā: when the end (kāla) approaches, the sound Om breaks through the sun in the brain described above (verse 8) as also through the 72000 remaining arteries and reaches (on to that Suṣumnā), penetrating in the head (bhittvā mūrdhani) through the Brahmarandhram to the point where it becomes the all-creator and all-penetrating.

IV. laya, the vanishing of the sound Om, verses 13-14.

Just as a metal utensil or a gong, when struck, gives out a sound which fades away slowly, similarly one should let the sound Om also die away slowly; the peace (śānti) in which it fades away, is the highest Brahman; for the sound Om (dhruva) is Brahman and helps towards immortality.]

#### INTRODUCTION

- I proclaim the Brahman-lore, Which is omniscience, which the highest; It shows as origination and end Brahman, Viṣṇu Maheśvara.
- 2. Viṣṇu, working with his miraculous power,
  Becomes, at intervals, a human being through compassion,
  His secret, as the Om-fire,
  Lies in the Brahman-lore.

- 3. The syllable Om is the Brahman, Thus, verily, teach the Brahman-knowers; Body, location, time and dying away Of this syllable, I will proclaim.
  - I. The body (śarīram) of the sound Om.
- 4. There are three gods and three worlds, Three Vedas and three fires, Three moras and the half mora In that trisyllabic, blissful one.
- The Rgveda, Gārhapatya,
   The earth and Bráhman as god,
   That is the body of the a-sound
   As expounded by the Brahman-knowers.
- 6. The Yajurveda and the mid-region, And the fire Dakṣiṇa, And the holy god Viṣṇu Thus is the u-sound proclaimed to us.
- The Sāmaveda and heaven,
   The Āhavanīya fire also,
   And Īśvara, the highest god
   Thus is the m-sound proclaimed to us.
  - II. The location (sthānam) of the sound Om
- In the midst of the brain-conch
   Like the sunshine glitters the a;
   Within it is situated
   The u-sound of moonlike splendour.
- 9. The m-sound too, like the fire, Smokeless, resembling a lightning flash— Thus shine the three moras Like the moon, the sun, and the fire.
- Thereupon a pointed flame
   Like a torch light exists;
   Know it as the half mora
   Which one writes above the syllable.

- III. The terminus (Kāla) of the sound Om.
- Yet one, like a pointed flame
   Subtle, like lotus-fibre, shines
   The sunlike cerebral artery
   [Passing through it] penetrates [the Om].
- 12. Through the sun and seventytwo thousand Arteries, breaks through the head, And remains as bringer of blessings to all, Pervading the whole universe.
  - IV. The vanishing, the fading away (laya) of the sound Om.
- 13. And just as the sound of a metal utensil Or of a gong dies in silence, So he, who seeks the All, Lets the Om-sound fade away in silence.
- 14. For that wherein the sound fades away, Is the Brahman, the higher; Yea, the whole sound is Brahman And conduces to immortality.

### KŞURIKĀ UPANISAD

[This passage is named "The esoteric doctrine of the k ildestriction upon is a concentration which cuts like a razor <math>(k ildestriction upon is ads (the features of the Yogic practice well known from other Upanisads (the place and the way of sitting verse 2; the withdrawing of the Manas from sense objects and locking it up in the heart, verse 3; three kinds of breath-regulation, <math>p ildestriction upon is a consistent upon it is a c

The Yogin has to detach himself not only from all external objects, but also from his own corporeality. This detachment appears as a successive cutting away of the individual parts of the body which is accomplished by means of the Manas as a razor (kṣura, verse 11, —hardly consistent with the locking up of the mind in the heart, verse 3) through a process in which attention is concentrated (dhāraṇā) on the individual parts of the body and thereby one secludes himself from them successively (nirodha: in verses 6-7 dve should be supplemented by dhāraņe and trayas, as the scholiast states, by nirodhāh). Thus one detaches oneself successively from one's toes, ankles, knees, anus and penis and reaches to the navel; from here along the suşumnā (already Chānd. 8,6,6, although not mentioned with this name, but as the 101st main artery) to the heart and further in the neck where the Susumnā serves as the support (taittilam, pillow) of all other arteries and is specially surrounded and protected by two of these, viz. *Idā* and *Pingalā*. One again cuts away all other arteries with the mind-razor and goes along the susumnā upwards and out, while one leaves behind in it all good and bad states (bhāya), one as it were stuffs the Susumnā-pillow with them (verse 20; cf. Sārhkhyakārikā verse 40; bhāvair adhivāsitam lingam). Since in this way one cuts off all parts of the body by meditative concentration on them, one breaks all the chains of the Samsara and is no more required to be born again (verses 21-24), -Particularly striking is the application of dhāranā, which otherwise means fettering of the mind, here however the concentration of attention on the individual parts of the body for the purpose of detachment from them. Similarly striking is the contradiction related with it and which is already mentioned, viz. that the Manas is locked up in the heart (verse 3), and at the same time it is supposed to be a razor (ksura) with which one cuts off the individual parts of the body, from which the whole Upanisad has received its name.]

- The cutting concentration I will proclaim
  For accomplishing the Yoga,
  He who attains it as a Yogin,
  Is no more born again.
- As the main contents of the Veda,
   As precept, Svayambhū expressed this;
   Choosing a silent place,
   And a proper kind of posture,
- Like a tortoise one draws in the limbs, Locks up the Manas in the heart; Employing the twelve moras¹ Under Om-saying gradually
- 4. The whole body one fills with breath, And shuts all its doors,
  Leaning by degrees to the heart,
  Breast, hips, face and neck.
- 5. Thus lets the Yogin flow in
  The breath, which goes through the nose;
  After the breath has stayed in the body,
  He releases it slowly again.
- 6. Through fixed moras making steady The breath, first in the big toes, Then in the two ankles, two calves, Three to the right, three to the left,<sup>2</sup> deepening,
- 7. Then in the knees and thies, Anus and penis, two times three,<sup>2</sup> Finally one enters the location of the breath, The region of the navel.

<sup>1.</sup> Cf. Nādabindu, verses 8-11.

<sup>2. &</sup>quot;Accomplishing three restraints (nirodhāḥ) every time". (Schol.)

- There is the Suṣumnā artery,
   Many arteries surround it.
   Pale red, yellow and black,
   And from deep red to dark red.
- But one should slip into the subtle
   And delicate white artery,
   There upwards climbs the vital breath,
   As a spider along a filament.
- 10. So he comes to the great seat of the Puruṣa, Which looks like a lotus red, Which as "the little lotus flower" The Vedānta texts delineate to us.
- Penetrating through it, along that artery
  He ascends to the neck.
  And seizes the sharp razor of Manas,
  Shining bright with knowledge,
- 12. Sharpens it and cuts off completely
  The forms and names,
  And through Manas, the sharp,
  Gives himself permanently to the Yoga.
- 13. Glorious like Indra's thunderbolt,
  One praises the joints and legs as firm,
  Until through power of meditation, through Yoga,
  Through concentration he cuts them off.
- 14. Shifting himself into the thies, He cuts off the breath and the joints, Through Yoga, repeated four times, Without hesitation cutting them off.
- 15. Then gathers together within the neck.

  The Yogin his host of arteries,

  Of which a hundred and one

  Are regarded as the best of them.

- 16. Where on the left guards Idā And on the right the Pingalā, Between them is the chief spot; He who knows it, knows the Veda.
- 17. Dustless, entering into Brahman,
  The Susumnā is related to it,
  It's the pillow on which rest
  The seventytwo thousand [arteries].
- 18. The concentration-Yoga splits everything, The Suşumnā it splits not. With the lightning-sharp razor of Yogic power Which shines like the fire.
- 19. He should split the hundred arteries, The wise one here on earth itself. And just as with Jasmine flowers A pillow is perfumed.
- 20. So the Yogin stuffs the artery With states good and bad.
  Thus prepared he moves off, From future birth liberated.
- 21. Then, well conscious in the mind,
  He chooses a quiet place,
  Freed from worldly inclination and expectation,
  A real knower of Yoga, by and by.
- 22. Just as a bird, cutting the cord, Soars fearless into the sky, So the soul, cutting the cord, Rises above the Samsāra.
- 23. Just as a flame, having burnt, At extinction comes to nought, So the Yogin, having burnt His actions all, comes to nought.

- 24. Who as a Yogin with the razor,
  Pointed with breath-control, sharp with moras,
  Sharpened on the stone of renunciation,
  Cuts the cord in two, remains free.
- 25. He attains immortality, Who frees himself from desires, Who, giving up all wishes, Cuts the cord in two, remains free.

## CŪLIKĀ UPANISAD¹

[Cūlikā (from cūlā, cūdā "the tip" in a variety of meanings) is, according to the introductory verse of the commentary, "pointed top of a pillar". The pillar (we may perhaps explain it so) would be probably the Sāmkhya philosophy and its tip the theism of the Yoga in which our author makes the Sāmkhya philosophy end. At first he stands on the ground of the Sāmkhya doctrine, certainly not the same as we know it from the Sāmkhyakārikā and the Sūtras, but of an older form as appears, e.g. in the Maitr. 5 (cf. our introduction there), which does not yet bluntly contrast the Purusa with the Prakrti, but makes him develop out of the Sattva. Similarly our author declares the Purusa as "staying in the Sattvam" (verse 2) and portrays him (if our interpretation of verses 3-4 is agreed upon) as the one who with the Prakrti creates the world, but then as an infant sucks at her breast, and that he can be observed only in this condition (aśakyah so 'nyathā drastum). Among the numerous soul-infants, who thus drink the sense-objects, is a soul who, as God (the Isvara of the theistic Yoga system), enjoys her at will, and who is seen as eating the sweet berry by the Snātakas and the Adhvaryus at the sacrifice (according to Rgv. 1,164,20,22), but in reality is entirely devoid of activity (udāsīna; verse 8). Besides the sacrifice of the Adhvaryus, all the Sastras of the Bahvrcas and all the seven Stomas of the Chandogas also are meant for him (verse 9), but particularly the Samhitā and the Brāhmana of the Atharvaveda extols him as Brahman in the esoteric teaching of the Mantras "with a series of designations" (padakrama-samanvitam, verse 10). This series is then presented in verses 11-13; the Brahman appears as:

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vrātya, a wandering ascetic, Atharvav. 15;
skambha, a pillar, Atharvav. 10,7.8 (Gesch. d. Phil. I, 310-324);
palita, the "grey with age", Atharvav. 9,9.10 (Rgv. 1, 164; Gesch. d. Phil. I, 105-119);
anadvān, bull, Atharvav. 4,11 (Gesch. d. Phil. I, 231-233);
rohita, the red one who has arisen (the sun-god), Atharvav. 13,1.2.3
(Gesch. d. Phil. I, 212-230);
ucchista, the remaining, Atharvav. 11.7 (Gesch. d. Phil. I, 305-310);
kāla, the time, Atharvav. 19,53.54 (Gesch. d. Phil. I, 210-212);
prāṇa, the vital breath, Atharvav. 11.4 (Gesch. d. Phil. I, 301-305);
bhagavān ātmā, the exalted Ātman, Atharvav. 10,8,44 (Gesch. d. Phil. I, 324);
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brahmacārin Atharvav. 11,5 (Gesch. d. Phil, I, 277-282);

<sup>1.</sup> Named Māntrika-Upaniṣad (32) in the collection of 108 Upaniṣads.

puruşa Atharvav. 19,6 (Rgv. 10,90; Gesch. d. Phil. I, 150-158);
Sarva, Bhava, Rudra, Atharvav. 11,2;
Iśvara along with Puruşa Atharvav. 19,6,4;
Prajāpati Atharvav. 4,2 and often repeated (Cf. however Gesch. d. Phl. I, 189-190).

Virāj Atharvav. 8,9,10; Pṛśni (to be so read for Pārṣṇi) Atharvav. 2,1 (Gesch. d. Phil. I, 253). salilam, primordial water, Atharvav. 8,9,1.

The Atharvans know him as the Head (perhaps with reference to Atharvav. 10,2,26-27.10,8,9), while some as the 26th (the Iśvara of the Yoga along with the 25 principles of the Sāṁkhya) or as the 27th (probably by differentiating the Cittam from Buddhi, Ahaṁkāra, Manas) or as the revered one who brings to Vyaktam the 24 principles hidden in the Avyaktam (verses 14-15). But he is also one, two, three - five etc. as the verse 15 (with a reference evidently to Chānd. 7,26,2) assures, he is the source and the place of dissolution of beings. One who proclaims him (exoteric) as life-principle obtains inexhaustible food for himself and for his ancestors, one who perceives him (esoteric), whether or not he is a Brāhmaṇa, he enters into him for perennial rest.

The Upanişad may have found its place at a time when the theistic Yoga developed out of the Sāṁkhya doctrine which had not still been finalised systematically, and would, if this view proves to be correct, be of a special value as a proof of this transition.]

- The bird, radiating, eight-footed¹
   Three-stranded,² eternal jewel,
   Having flames of fire, wandering twofold,³—
   Everyone sees him and sees him not,³—
- When at the time of creatures' delusion
   The darkness around God is torn,
   Then He is seen in the cavern of Gunas,
   In Sattvam, by the Gunaless one.
- 3. For He is not to be seen otherwise,
  As when like an infant He sucks<sup>4</sup>

<sup>1.</sup> Illuminating the eight regions of the heaven.

<sup>2.</sup> trisūtram, perhaps because fettered with the three Gunas.

<sup>3.</sup> Everyone sees Him as the sun-bird, and does not see Him as the  $\bar{A}$ tman.

<sup>4.</sup> Read dhayamānah.

Māyā, the mother of all that becomes, Eternal, firm, of eightfold form.<sup>1</sup>

- Lying,<sup>2</sup> he sucks at her breast;
   And again she becomes excited and broad
   And brings forth for the Purusa,
   By whom she was covered before.
- With the cow's voice lows<sup>3</sup>
   The procreatress, who cultivates the beings,
   The black, white and red,<sup>4</sup>
   Milking all desires for the master alone.
- Countless indeed are the infants, Who drink the world of senses, But only one as God drinks her, Freely following His own will.
- 7. Through his thought and deed He enjoys first, the holy God, The all-bestowing milch-cow, Who is worshipped by all sacrificers.
- 8. In her they see the great Self As bird, that eats the fruit,<sup>5</sup> Although it eternally sits idle, Sacrificing householders and priestly class
- After Him, speaking, repeat the Rg-singers, in tradition versed, Him in Rathantaram, Brhat. In all seven<sup>6</sup> applies the song.

<sup>1.</sup> Māyā (Prakṛti) is eightfold, perhaps in the sense of the eight forms of Siva which occur in the Nāndī of the Sākuntalam.

<sup>2.</sup> Literally: "She (the Prakṛti) is lain upon, sucked, by him" (read dhīyate).

<sup>3.</sup> Cf. Rgv. 1,164,28 (Atharvav. 9.10.6).

<sup>4.</sup> Following Svet. 4,5; the three Gunas are meant.

<sup>5.</sup> Rgv. 1,164,20 (Gesch. d. Phil. I. 113).

<sup>6.</sup> The seven forms of Stoma may have been meant; Rathantaram and Brhat are of course Samans. (For the names of the seven Stomas, see *Ind. Stud.* IX, 276).

n in the esoteric lores, in a series of words m the Atharvans, t sons of Bhrgu.

n-student, as wanderer, ar and as grey-with-age, and nainder and Rohita ms the Bhrgu-work.

Prāṇa, 9 as Ātman, 10 one, as Puruṣa, 11 nava and Rudra 12 Puruṣa 13 together.

1d as primordial water, 15 1d prajāpati 17 iptions 18 coupled with aphorisms vans, the Lord is praised.

twentysixth, 19 wentyseventh,

tharvav. 11,5. av. 15.

an sums up the epithets appearing there.

s), Bhava Rudra 11,2.

the same time *Puruşa* 19,6,4: The Poona edition arvav. 11,2,18) sa-asuras tathā; anyway *Puruşa* ing.

*i* is meaningless, because we cannot probably expect 1ght of something like *kena pārṣṇi* etc. 10,2,1.

d often, mostly to give a new meaning to it. o the Brāhmaṇas (vidhi) of the Atharvayeda.

., Māndūkya-Kārikā 2,26.

The Atharvans know him as the head The Sāmkhyas as the Gunaless Person.

- 15. Who makes the Avyaktam visible As Vyaktam, in twentyfour ways; As one without and with duality, As threefold, fivefold, Him they know.<sup>1</sup>
- 16. Through the eye of knowledge
  The Brāhmaṇas see the One alone
  Extending throughout, from Brahman
  Down to the world of plants.
- 17. In whom is woven this universe,<sup>2</sup>
  All that moves and does not move,
  In Brahman also merges everything
  As bubbles in the ocean.
- 18. In whom enter all the objects
  Of world, in whom become invisible,
  In whom they merge and emerge again
  To view like so many bubbles.
- 19. That in body as soul he dwells, The wise show with reason, And that as God, again and again, He changes His dwelling thousandwise.
- 20. Who, as a Brāhmana true to law, Teaches this at the time of the Śrāddha meal (Kāth. 3. 17), He obtains for himself and forefathers Food and drink inexhaustible.
- 21. Yea, who, Brāhmaṇa or not Knows the Brahman and its commandment, He disappears, entering Into the one who rests in the Brahman, —Into the one who rests in the Brahman.<sup>3</sup>

<sup>1.</sup> A reference to Chand. 7,26,2.

<sup>2.</sup> Brh. 3,6.

<sup>3.</sup> Literally: "they are merged in the Brahman (tatraiva), in that [as in the case of rivers, Chānd. 6,10. Muṇḍ. 3,2,8] their mouths disappear (līnāsyāḥ) for a union with the one who [already] exists in the Brahman-ocean (brahmaśāyine, Dative of purpose)."

#### NĀDABINDU UPANIŞAD

[Nāda the tone, especially the buzzing nasal sound, in which the word Om fades away; —bindu the point, especially that of the Anusvāra, which denotes the third mora of the sound Om as also its reverberation as  $3\frac{1}{2}$ th mora; —therefore  $n\bar{a}dabindu-upani$ çad "the secret meaning of the nasal-point".

The philosophical rigour, with which the older Upaniṣads had excluded all identifications of the empirical reality from the Brahman (neti, neti), brought with it that in order to satisfy the necessity of worship one had to catch hold of symbols and, as remarked above, in the interest of philosophical truth there was nothing at all wrong if, as a symbol, such a meaningless thing as the word Om with its three or later three and a half moras (a+u+m+reverberation) came to be chosen. According to our Upanişad the true Yoga, and with it the way to salvation consists in the meditation of this Om along with the renouncing of all sense perception, through the Indriyas and the Manas (verse 18) and the annihilation of attachment to the world of sense (verse 19).

In the first part (verses 1-6a) the Åtman appears, with an appeal to the Atharvav. 13,3,14 (Gesch. d. Phil. I, 228), as the bird (hamsa) which "spreads its wings broad like thousand days" and carries the Yogin on high. The  $3\frac{1}{2}$  moras of the word Om and the three Gunas of the Sāmkhya doctrine are designated the parts of the body of this bird, dharma and adharma (it observes the right and the wrong of men) its eyes, and its body extends upwards through all the seven worlds: bhūr, bhuvah, svar, mahar (cf. Taitt. 1,5), jana(r)loka, tapoloka, satyaloka (cf. with Mund 1,2,3 above).

Further (verses 6b-7) it is taught, that of the  $3\frac{1}{2}$  moras of the word Om, a is dedicated to Agni, u to Vāyu, m to the sun, and the reverberation to Varuna.

Each of these four moras, the text thus goes on (verses 8-11), has a threefold aspect (is *kalātrayānanā*), from which originate the following twelve objects of meditation:

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ghoṣinī, — vidyunmāli, — pataṅgī,
vāyuveginī — nāmadheyā, — aindrī,
vaiṣṇavī, — śāmkarī, — mahatī,
dhruvā, — maunī, — brāhmī.
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According as one meditates on one of these twelve forms at the time of death, —thus the development in verses 12-17 is in evident imitation of Prasna 5. —one attains, as his reward:

king in India, —Yakṣa, —to become a Vidyādhara, to become a Gandharva, — Somaloka, —communion with Indra, communion with

Visnu, — Rudra (Paśupati), Maharloka, dhruvam, — Tapoloka, —Brahman;

from where only then he reaches the Brahman which is sadoditam (=sakrdvibhātam, Chānd. 8,4,2), from where the luminaries rise (Kāṭh. 5,15, the germ already in Rv. 10.121,6).]

#### The Atman as bird

- Its right wing is the a sound,
   The u is its left wing,
   The m-sound is its tail-feathers,
   The half mora is its head.
- Rajas and Tamas its feet,
   The Sattva is called its body,
   Righteousness is its right,
   Its left eye is the wrong.
- At his feet is Bhūrloka,
   At his knees Bhuvarloka,
   Svarloka at the hip region,
   At the navel is the Mahar-world.
- 4. At the heart is Jana(r)loka,
  At his neck the Tapas-world,
  Between his forehead and the brows
  Is located the Satyaloka.
- 5. "He spreads to a thousand days' width"
  In this hymn (Atharvav. 13,3,14) he is meant,
  It is the bird on which ascends
  The knower of the Yoga.
- 6. He is not slave to work,
  Him do not bind many a thousand sins.

The three and half moras of the word Om

The first mora is sacred to Agni, To the Vāyu the one that follows;

7. The mora, which comes as the third, Has the lustre of the solar orb.

The three and halfth, the highest
The wise name it after Varuna.

#### The twelve partial moras of the word Om

- 8. Each of three moras has its own
  Aspect in three parts;
  That's how the Om sound is interpreted,
  Listen to it with attention and thoughtfulness.
- 9. The first mora is rich in sound,
  The second is wreathed with lightning,
  As third follows the flight-enjoyer,
  The fourth is swift as wind.
- 10. The fifth is the namable, The sixth is called sacred-to-Indra, The seventh after the God Visnu, after Samkara (Siva) the eighth is called.
- 11. The ninth is called great, The tenth is regarded as the firm, The eleventh is the silent, The twelfth is called the Brāhmic.

#### Reward for the meditation at the time of death

- 12. Meditating on the first mora, If one gives up life, Then in the Bhārata Varṣa He is born as a sovereign king.
- 13. Who in the second departs,
  Becomes a high-souled Yakşa,
  The third makes a Vidyādhara,
  A Gandharva the fourth one.
- 14. And who, while giving up the life, Meditates on the fifth mora, He lives among gods, he roams In the Somaloka magnificently.
- 15. The meditator of the sixth with Indra, Of the seventh, with Viṣṇu, With Rudra, with Paśupati lives he, Who meditates on the eighth.

- 16. The ninth leads to the World-of-greatness<sup>1</sup>
  The tenth to the firm place,
  The eleventh to the Tapoloka,
  To the eternal Brahman the twelfth.
- 17. And then to the pure, partless, Omnipresent, holy, To the eternal light of Brahman, From which the luminaries originate.

#### The Yoga and its reward

- 18. When, free from senses and Gunas, The Manas is dissolved in itself, Not comparing, not imagining— That is called the correct art of Yoga.
- 19. Serving him and attached to him, He is gradually liberated from the body prospering in the Yogic practice, Free from all worldly attachment.
- 20. Then all bonds are loosened,
  And pure, unstained and free,
  Becoming Brahman, he goes there through
  Into the highest bliss,
  Into the highest bliss.

<sup>1.</sup> i.e. Maharloka (GBP)

#### BRAHMABINDU UPANIŞAD

The name of this Upanisad Brahmabindu Upanisad (Amrtabindu Upanişad in Śamkarānanda, Anquetil, in the Telugu edition and in a few manuscripts) must no doubt mean "the esoteric instruction on the point which signifies the (higher) Brahman," i.e. on the Anusvara of the word Om, which, in so far as it denotes the reverberation also, refers to the higher wordless Brahman, while the word Om as such represents only the "Word-Brahman" symbolically (verses 15-17). Accordingly, the verse 7 teaches that through the sound (Om) one can only 'begin' the Yoga, but the highest one must remain wordless. For the rest nothing further is said of Om and its reverberation. The Upanisad rather treats of the dissolution of the Manas (verses 1-10), the relationship of the Brahman with the world of appearances (verses 11-17), the worthlessness of the external perception, bookish learning etc. (verses 18-22) in a way which makes it (Upanişad) appear like a link between the older Upanisads and Samkara, whose favourite illustration of the space in the jar and the universal space already appears here (verses 13-14), as also the verse 12 which is indeed cited by Samkara under Brahmasūtra p. 810,1, possibly from our Upanişad. Also it has five verses (1.2.4.5.17) in common with the Maitrayana Up. (6,34 and 6.22), which appear there as citations, and as more torn off than in our Upanisad, in whose context they are woven quite naturally. It is therefore quite probable that Brahmabindu Up. is cited in the Maitr. Up.—Of sectarian inclinations there is no trace, with the exception of Vasudevah at the end, which can however, by reason of its metrical impossibility, be surely recognized as an interpolation by one or the other worshipper of Viṣṇu-Kṛṣṇa and which has dislodged the original end (something like iti smṛtam).]

#### Verses 1-10

The withdrawal of Manas from the sense objects and liberation as its result

#### Om!

- The Manas, they say, is twofold, Either impure or pure, Impure, when it imagines desires, Pure, when it is free from desires.
- 2. The Manas therefore is the cause Of bondage and liberation to us: Of bondage, when attached to object, Of liberation, when free from it.

- Since by the objectless Manas
   Liberation is conditioned,
   So one who aspires after it,
   Should free his mind from object.
- 4. Free from attachment to sense world, Who locks up his Manas in the heart, And thus reaches Manas-lessness, He goes into the highest one.
- Restrain your Manas so long, Until it is annihilated in the heart, This is knowledge, this liberation, The rest is all learned trash.
- Not thinkable and not unthinkable, Thinkable and unthinkable together, Free from every partisanship
   Is Brahman, which he then reaches.
- Beginning the Yoga with Om,
   Meditate wordlessly on the highest one,
   Since through wordless meditation
   Is being attained, not mere non-being.
- 8. That is Brahman, the partless, Changeless and without deception; "I am that Brahman", so knowing One surely reaches the Brahman.
- The changeless, endless,
   Causeless, incomparable,
   Without limits and without beginning,
   One knows as the highest bliss.
- 10. There's no death, no becoming, None bound, none aspirant,<sup>1</sup> No liberated existence, no desire for it, That is the highest reality.

<sup>1.</sup> Na baddho na ca sādhakah with the Telugu ed. and Śamkarānanda.

## Verses 11-17 The Atman and the world of appearances

- 11. Know the Ātman as one,
  Then, waking, dream and deep sleep,
  Throwing off these three states,
  You will never be born again.
- 12. A single being-self there is,
  It dwells in each and every being,
  Uniform and yet multiform
  It appears like the moon in pond.
- 13. As the space, which a jar encloses, When the jar is broken to pieces, The jar alone breaks, not the space, Life is like the jar.
- 14. All forms are like the jar; Unceasingly they break to pieces; When departed, they are unaware, Still he is aware eternally.
- 15. One who is enveloped in word-delusion, Remains caught up in the heart-lotus, But when the darkness grows clear, He sees the unity all alone.
- 16. Brahman is the syllable of the Om-sound; When it fades off, what remains, The wise meditate on that eternal one, The seekers of the peace of soul.
- 17. Two sciences are necessary,
  The Word-Brahman and the uppermost;
  One who is versed in the Word-Brahman,
  Attains to the highest Brahman too.
- 18. The wise, searching through books
  For real insight into knowledge,
  Throws off the mass of bookish stuff,
  As one the chaff, who strives after corn.

- 19. The cows, to be sure, are many-coloured, But uniform is the colour of milk; The Self-knowledge is like the milk, Its characteristic like cows.
- 20. Like butter, hidden in milk, True knowledge dwells in all that lives; Ever, with mind as the churning rod Everyone should churn it out in himself (Āryā).
- 21. Using the whirling rope of knowledge, One should obtain, like fire by friction, That partless, stainless silence; "I am that Brahman" as it's said.
- 22. That which is the abode to all beings,
  To which all beings are abode;
  Which holds in it all affectionately,
  That I am, the Vāsudeva,
  That I am, the Vāsudeva.

#### AMRTABINDU UPANIŞAD

[Amrta-bindu Upaniṣad or Amrta-nāda Upaniṣad as it is already called by Sāyaṇa (who cites its 10th verse under Taitt. Ār. 10, 27, page 849) and elsewhere (also in Śarhkarānanda's commentary) means: "The esoteric doctrine of the (Anusvāra) point (bindu) or of the reverberation (nāda) of the word Om, which signifies the Immortal (Brahman)" or also "which grants immortality". In view of the positiveness with which every sound element is excluded in verses 4 and 24 the former name is more appropriate, as also better attested. The interchange of the names can be explained in this way that the name Brahmabindu was dropped by scribal oversight and was replaced by Amrtabindu, so that it was necessary to choose a new name for our Upanisad also.

The contents consist of an introduction, four parts, and a concluding verse.

The Introduction (verses 1-4) not only condemns all bookish learning but it also considers the sounding elements of Om as pure means to the end. Only the soundless m (asvara makara), which is also signified by the Anusvāra-point (bindu) is to be meditated.

- I. Verses 5-16. Of the eight members of the Yoga system our Upanisad, like Maitr. 6, 18, mentions only five to which, as there, *tarka*, is added as the sixth.
- 1. pratyāhāra, withdrawing of the Manas and the Indriyas from the sense objects (explained in verse 5, which would better stand after the verse 6).
  - 2. dhyānam, meditation, whose explanation is missing.
- prāṇāyāma, breath-controlling, consisting of (a) recaka, emptying,
   pūraka, filling, (c) kumbhaka, retaining of the breath in the chest.
- 4. dhāraṇā, locking up into the Ātman of the Manas drawn away from the sense objects.
- 5. tarka, reflecting, missing in the Yogasütras, and explained differently from Maitr. 6, 18.
- 6. Communion in the Ātman, the Self, "which one meditates, although one already possesses it" (yam labdhvā api eva manyeta).
- II. Verses 17-27. Rules for the conduct of a Yogin: ways of sitting, of meditating over Om etc.; verse 27 would better stand at the beginning, before verse 17.
- III. Verses 28-31. Reward of the Yoga. The five moras, which are imagined here, correspond to the five properties: smell, taste, sight, touch sound; the earth has all the five, the water four, the fire three, the air two, the ether one. By concentrating on the half mora one liberates oneself from all these.

- IV. Verses 32-37. The Prāṇa and its five ramifications, to which here not only a particular seat but also (similarly as in Chand. 8,6,1 to the arteries of the heart) five different colours have been assigned.
- V. Verse 38. Final promise. The term *mandalam* here and in verses 17.26 is not clear; in verse 17 the same is to be muttered, in verses 26 and 38 a transition point of the outgoing soul, in 38 before its exit from the body and in 26 after it; also, as it appears, the word *mandalam* has three different meanings at the three places which is not without doubt in so small a work.]

#### Verses 1-4.

Superiority of Brahman over the book learning and over the audible part of the word Om

- The wise who read the text books,
   And studied them again and again,
   When partaking of the Brahman's knowledge,
   Throw them off, as if they burnt.
- He mounts the car of Om,
   His charioteer is Viṣṇu,
   He seeks the abode of the Brahman-world,
   To win the Rudra for himself.
- But the car is useful,
   Only so long as one is on the highroad;
   Who has come to the end of the highroad,
   Leaves the car, and goes on foot.
- 4. So one leaves the word-symbol also, And only with the silent m

  From Om one comes to the soundless, Silent, invisible place.

## Verses 5-16 The six limbs of the Yoga

5. The five objects of sense
And the Manas, the mobile,
Are only the reins of the Ātman,
To know this is withdrawal.

- Withdrawal and meditation, Breath-control and chaining, Reflecting and communion, Are the six limbs of the Yoga.
- As by melting, the slag
   Of the raw ore is completely burnt,
   So by restraining the breath
   The faults of senses are completely burnt.
- By breath-control is burnt the fault,
   By chaining, the sin.
   Having thus annihilated the sin
   One should think of the shining one.
- [While thinking of] the shining one One breathes out and in again, There are three controls of breath, Emptying, filling and retaining.
- 10. The Gāyatrī with its head Along with Vyāhṛtis and Praṇava Say thrice in one breath, That is called the breath-control.¹
- 11. When one, expelling the breath out, Makes contentsless, empty space, Restraining himself to this emptiness,—It is, what they call, the emptying.
- 13. <sup>2</sup>Pursing one's lips like a lotus-stalk, One is accustomed to drink water;<sup>3</sup>

<sup>1. =</sup> Viṣṇusmṛti 55, 9. Further this verse is cited by Sāyaṇa under Taitt. Ār. 10, 27 (which section contains the entire formula prescribed here), p. 849, and, indeed, as occurring Amṛtanādopanisadi. The "head of the Gāyatrī" is the formula which crowns it (follows it): Om āpo jyotī raso'mṛtam brahma (auch Maitr. 6, 35. Prāṇāgnihotra-Up. 1 above), upon which should follow the Vyāḥṛtis (bhūr, bhuvaḥ, svar) and the Praṇava (Om).

<sup>2.</sup> See note 1 on p. 694 -GBP.

<sup>3.</sup> According to the Telugu ed. and Śamkarānanda: vaktreņa utpalanālena toyam ākarşayen narah.

- One should similarly draw in wind also, It is, what is called, the filling.<sup>1</sup>
- 12. When one breathes neither out nor in,<sup>2</sup>
  And doesn't move his limbs also,
  And when the air is thus held fast,
  That is called the retaining.
- 14. Look at the forms like the blind, Hear the sound like deaf, Regard the body as a log of wood, Then you are called the pacified.
- 15. Who sinks into the Self the Manas
  As the organ of imagination
  And thus remains chained to himself,—
  That is renowned as the chaining.
- 16. Thinking, which does not run counter To the accepted doctrine, is called reflecting. What one already has, and still ponders over<sup>3</sup> That is the object of communion.

<sup>1.</sup> Nārāyaṇa's codex, as also that of Weber, have (on the other hand), kumbhaka (retention) in verse 13 and pūraka (filling) in verse 12. Weber's suggestion to transpose the two is supported by the Telugu ed. and Śańkarānanda's text, which also explain the cause of confusion, in that in both of them verse 13 rightly comes first, then verse 12. Some copyist transposed them through oversight, and a later copyist established the sequence recaka, pūraka, kumbhaka required by verse 9 in such a way that he simply interchanged the two terms in verse 13 and verse 12, which gave rise to the naive remark of Nārāyaṇa that here a special kind of Kumbhaka has to be understood.

<sup>2.</sup> The Bibl. Ind. reads: na ca ucchvaset, na anucchvaset, which would be an example of a privative a prefixed to a finite verb (nañas tiñā samāsaḥ); Weber reads: na ucchvasen na anūcchvāsayet; but anu+ud+śvas does not occur and it can scarcely mean "breath in". The Telugu ed. has probably the correct reading: na ucchvased na ca niśvāsāir (scil. śvaset); or one can read with Śamkarānanda and the Bombay edition: na ucchvasen, na ca niśvaset.

<sup>3.</sup> According to Weber's MS: yam labdhvā api eva manyeta. Nārāyaṇa reads: yam labdhvā api avamanyeta and draws attention to Bhag. G. 6,22; the Telugu ed. (with Śamkarānanda): samam manyeta yal labdhvā, cf. the well-known: mama samadršo yāntu divasāh Ind. Spr. 2nd ed. No. 844.

## Verses 17-27 Rules for the Yoga

- 17. Upon a level ground,
  which is lovely and free from defects,
  He should take care of his Manas
  And mutter a Mandalam;<sup>1</sup>
- 18. Twining properly as Yogic posture

  The lotus-posture, the cruciform-posture,
  Or even the luck-posture<sup>2</sup> as well,
  He remains facing the north.<sup>3</sup>
- 19. He closes one nostril with a finger, And takes the air in with the other, Blocks in himself the energy-fire<sup>4</sup> And meditates on the sacred sound.
- 20. Om! This syllable is Brahman, With Om alone he should breathe out, With this divine sound frequently He washes away the stains of the soul.
- 21. Then he should meditate and utter

  The formula in the sequence mentioned (verse 10),

  Repeatedly, more than repeatedly,

  No excess here is too much.<sup>5</sup>
- 22. Casting down his eyes within himself Sideways, above and downward, He sits motionless, firm of manner, Then he really practises the Yoga.

<sup>1.</sup> According to Nārāyaṇa a formula referring to the solar orb, such as: yad etan maṇḍalaṁ tapati. Śaṁkarānanda otherwise.

<sup>2.</sup> padmāsanam, svastikam, bhadrāsanam are three modes of postures with crossed legs.

<sup>3.</sup> Cf. Maitr. 6, 30.

<sup>4.</sup> i.e. probably the energy (tejas), of which Maitr. 6, 35, 37 speaks. [The Skt. original simply reads agnim.—GBP]

<sup>5.</sup> With Weber's Ms: na atimūrdham atikramah (Nār., Śamk., Weber otherwise).

- 23. Rhythm [in breathing], resignation,¹
  Chaining² and union,³
  The Yoga too, of twelve moras,⁴
  Is regarded as fixed according to tempo.
- 24. Voiceless, neither a consonant nor a vowel,
  Not guttural, palatal, labial, nasal,
  Without the burring sound, with both lips unmoved.—
  The sacred syllable, which sounds silently.<sup>5</sup>
- 25. With this sound he sees the way,
  The way, along which his Prāṇa goes,
  Therefore should one always practise it,
  So that he goes along the right way.
- 26. Through heart-gate, wind-gate,
  The gate, which leads upward,
  And the opening of the gate of liberation,
  Which they know as the open orb.6
- 27. Against fear, against anger, against sloth, Against too much waking, too much sleeping, Against too much eating, not eating, A Yogin shall always be on his guard.

Verses 28-29
Reward of the Yoga

28. If in this way, at all times,

He practises the Yoga according to rules,

Then without doubt in him will arise,

The knowledge in three months.

<sup>1.</sup> yoga according to Nārāyaņa = samādhi.

<sup>2.</sup> dhāranā chaining of the Manas, cf. verse 15.

Of the individual soul and the highest soul according to Anquetil, of Prāṇa and Apāna according to Nārāyaṇa. Śamkarānanda differently.

<sup>4.</sup> For the twelve moras, see Nādabindu, verses 8-11.

<sup>5.</sup> The word-play between aksara and ksarate (Cf. Talav. Up. Br. 1,24,1), almost untranslatable, here allows to be replaced by another one.

<sup>6.</sup> Nārāyaņa thinks of the solar orb (Śamkarānanda differently).

- 29. After four months he sees the gods, After five he's as strong as they, After six, without doubt, He attains to absoluteness at will.
- 30. Through five moras he becomes akin to earth,
  Through four to water;
  Akin to fire through three moras,
  Through two moras alike the wind.
- 31. Through one mora space-akin;
  Yet he meditates on the half,
  Then he is finished with the mind,
  He thinks through him and in him alone.

## Verses 32-37 The Prāṇa and its ramifications

- 32.1 Thirty fingers broad space there is, Where Prāṇa resides with the Prāṇas, The breath, so called, as it serves As play-ground to the breath outside.
- 33. Hundred and thirteen multiplied by thousand, Plus hundred and eighty times<sup>2</sup>
  Results the incoming and outgoing breath<sup>3</sup>
  In the interval of a day and night.<sup>4</sup>
- 34. The Prāṇa, to begin with, dwells in the heart, The Apāna has the bowel as its place,

According to the (corrected) Telugu text: trimśad vārddhāngulih prāno yatra prānaih pratişthitah, eşa prāna iti khyāto vāhyaprānasya gocarah.

<sup>2.</sup> Weber's conjecture asitis ca satam is supported by the Telugu ed. and Samkarānanda.

<sup>3.</sup> viniśvāso Telugu ed.

<sup>4.</sup> The number 113180 divided by five (since all the five Prāṇas participate therein) gives 22636 respirations in 24 hours or 15. 7 in a minute which is correct for the grown-up on the average. Elsewhere the number of daily respirations is given around 21600 (Sarvadarśanasaṁgraha p. 175, 4) or even 21000 (under Maitr. p. 79, 4). The Haṁsa Upaniṣad fixes it at 21606.

Samāna there, where the navel is, Udāna, where there is the neck.

- 35. The Vyāna, finally, continually Runs, ruling, through all the limbs. Now the colours of the five Prāṇas, As they follow in order.
- 36. The Prāṇa resembles in lustre A red-hued precious stone, The Apāna shines reddish Like a cochineal insect.¹
- 37. The Samāna shines in belly
  Like a milk-coloured mountain-crystal.
  The Udāna is pale yellowish,
  The Vyāna of the hue of a flame.

Verse 38
Summary

38. In whom, breaking through this ring,The vital breath ascends to the head,No matter where he dies,He is never born any more,—He is never born any more.

<sup>1.</sup> indragopasamaprabhah of the Sanskrit original translated as 'Wie ein Marienkäferchen' by Deussen. —GBP.

#### DHYÄNABINDU UPANIŞAD

[The *Dhyānabindu Upaniṣad*, i.e. "the esoteric doctrine of the point (bindu of the Anusvāra in Om), to which the meditation (dhyāna) relates" contains an introduction and four parts.

The Introduction (verses 1-3) promises, in two stanzas taken over out of context from Yogatattva 1-2 and in the third of its own, eradication of all sins as a reward of the Yoga.

- I. (Verses 4-6). The complete silence of meditation is in accordance with the infinite subtlety of its object, which is explained by the illustration of the split hair-end taken from the Svet. 5, 9.
- II. (Verses 7-10). Through a series of original and pertinent illustrations it is shown how the Ātman penetrates through all of its appearances, omnipresent in the whole as also in every individual part. The shade (chāyā) in verse 10 does not offer any useful illustration and its emendation into śākhā suggests itself, even though it is not unobjectionable and is justified only by the word sakala which appears beside it to interpret niṣkala 'the partless' as part i.e. as non-whole.
- III. (Verses 11-17). After bringing the meditation of Viṣṇu, Brahmán and Śiva into relationship with the three breath practices pūraka, kumbhaka and recaka in verses 11-13, there follow verses 14-17, a difficult section, which I cannot make up my mind, with Nārāyaṇa and Anquetil, to again connect with the Triad for there is no basis for thus hacking the verses of the text. I rather believe that in contrast to Viṣṇu, Brahmán and Śiva the Ātman himself is described here, how as imminent he penetrates the world and still remains transcendent (on the other side of the sun and the moon). As individual soul (lotus flower) he is plucked after death and carried to the moon and the sun along the Piṭṛyāna and the Devayāna according to the seed.
- IV. (Verses 18-23). The meditation of Om is described towards the end in abundant, but partly borrowed, metaphors; verse 19 stems from Mund. 2, 2, 4, verse 20 from Svet. 1,14, verse 21 from Amrtabindu 13. In verse 22 there is in original comparison of the heart with a well from which (as even today in India) water is drawn up by means of a rope along an inclined plane, usually by a pair of bulls until, poured out, it comes to rest above. So also the Manas at the spot between the eyebrows and the nose as the dwelling place of the highest Ātman, cf. Jābāla 2.]

### Verses 1-3 Value of the Yoga

- I will proclaim the truth of the Yoga
   For the well-being of the Yogin,
   Who listens to it and recites,
   He is freed from all sins.
- Viṣṇu is called a great Yogin
   Great in magic power and penance,
   As a lamp on the way of truth
   He shines, the highest Purusa.
- Even if the sins are like mountains
   Stretching miles after miles,
   Yogic meditation pierces thro' them,
   Nothing else ever penetrates them.

#### Verses 4-6

The silence of the meditation corresponds to the subtlety of the Brahman

- 4. Higher than the first syllables
  Is the point, higher than resonance,
  The syllable vanishes with the sound,<sup>2</sup>
  Silent is the highest place.
- The sound which remains unbeaten,
   There is something higher than this sound,
   The Yogin who meditates on this
   As highest, doubts break off from him.
- 6. A thousandth of a hundredth part Of hair's tip, a part of this part, And of this a half part further,—So subtle is the pure being.

<sup>1.</sup> Verses 1-2=Yogatattva 1-2, where they suit better, and from which context they are secondarily taken over here, since they are missing in the two Poona MSS and the Telugu ed.

<sup>2.</sup> sa śabdaś ca aksare ksino, Telugu ed.

#### Verses 7-10 Brahman and its appearances

- 7. As fragrance is in flower. As butter is in milk As oil is in oil-seeds. As gold is in ore.
- 8. As the thread is in pearls. So firm in Atman are all beings. Therefore the knower of Brahman with mind Firm on Brahman, stands unconfused.
- 9. As the oil pervades the oil seeds, As the fragrance the flower, So in the body of man He is in it and outside too.
- 10. Know the tree as the whole. The branch is only a non-whole, In the whole as also in the non-whole Everywhere the Atman dwells.

#### Verses 11-17

Visnu Brahmán Śiva and the Atman pervading them all For pūraka, kumbhaka, recaka, see above, Amrtabindu Up. 11-13.

- 11. Comparable to a flax flower Having his place at the navel, The heroic Visnu of four arms, On him one meditates with Pūraka.
- 12. With Kumbhaka on him, Whose lotus-seat is in the heart. On the god Brahman, the ur-father Red white, having four faces.2

<sup>1.</sup> I read sākhā.

2. Out of the descriptions like Rgveda 10, 81, 3: "eye on all sides and face on all sides" etc. (comparable to Xenophanic o'ulos 'orā etc.), grew by materialisation god Brahmán with four faces.—In a similar way in the biblical field, what were still concepts in the Romans 1, 3-4, have taken a concrete shape in the imagination of Math. 1,18. Luk. 1,35, in order to be intelligible to the common people.

- 13. With the recaka he meditates

  Over the three-eyed enthroned on forehead,
  Resembling a pure rock-crystal,
  Destroying sins, free from patches.
- 14. Of eight petals, blooming downward, The stalk on high, calix down, Resembling a banana flower, He is the essence of gods.
- 15. The flower with a hundred petals, Which surround the seed-pod all around, Meditate on him beyond fires, Beyond the moon and the sun.<sup>4</sup>
- 16. Plucking off the lotus flower, In order to carry it away To the lunar fire,<sup>5</sup> to the sun,<sup>6</sup> The Ātman surely the seed directs.
- 17. Of three places and three paths, He is the threefold Brahman and holy sound. Having three and a half moras,—
  Who knows him, has the knowledge.

# Verses 18-23 The meditation on the Om-sound and on the reverberation

18. Long-drawn like a drop of oil,

Long-humming like the sound of a bell,

Silently reverberates the tip of Om,

Who knows it, has the knowledge.

<sup>1.</sup> Perhaps the eight regions of the heaven.

<sup>2.</sup> Probably immitation of Kāṭh. 6,1 ūrdhvamūlo avākšākha eşo 'śvatthaḥ sanātanaḥ.

Editions available to me read sarvavedamayam for sarvadevamayam.

—GBP.

<sup>4.</sup> Beyond the goals of Pitryāna and Devayāna.

<sup>5.</sup> Along the Pitryana.

<sup>6.</sup> Along the Devayana.

<sup>7.</sup> Nevel, heart and forehead.

<sup>8.</sup> Perhaps, Pitryāna, Devayāna and Trtīyam Sthānam; or as Śvet. 1, 4.

- 19. Om is the bow, the soul the arrow,
  The Brahman the target of the arrow,
  That one should hit unflinchingly,
  Identifying oneself with it like an arrow.
- 20. Making one's body the friction-wood,
  With the Om-sound as the upper stick,
  Through meditation's friction one sees the God,
  Like the fire hidden in the wood.
- 21. Pursing one's lips like a lotus stalk One is accustomed to drink water, One should similarly draw in wind also, When as a Yogin one practises the Yoga.
- 22. Using the half mora as a rope,
  Draw out of the well of heart-lotus
  The Manas upward along the path of artery,
  Between the brows. where it melts away.
- 23. For the forehead between the brows, Where there is the root of the nose, Is the perennial dwelling place, The great resting place of all.



#### TEJOBINDU UPANIŞAD

[This Upanişad bears the name Tejo-bindu "the point (of the Anusvāra in Om), which denotes the power (Brahman)" probably on account of the first word (similarly as in Kena and Īśa), for otherwise there is no further discussion, either of Om or of its moras etc., in the fourteen verses which alone constitute our recension.

They rather deal with, in a clearly ordered manner, the most important of the main features of the Vedanta doctrine one after another:

Verses 1-2. Difficulty of meditation (dhyānam).

- . 3-4. The requirements of one qualified for it.
- , 5-8. The place of the Brahman as its object.
- ., 9-11. The enigmatic nature of the Brahman.
- ,, 12-14. Portrayal of one liberated alive.

Although the train of thoughts here is on the whole clear, the individual passages are often equally difficult and have already demanded from the Indian commentator the most jaw-breaking exegetical acrobatics. But when he e.g. in verse 9 puts up with brahmanam instead of the required brahma with the remark that here is only a confusion of gender and case (lingavibhakti-vyatyayah), or when in verses 12 ff. he supplies śritā na vidur (subject, copula, negation and predicate) to the accusatives lobham etc., which are completely hanging in air, to make them intelligible, — then we shall not follow him here as in much else but we will find ourselves facing the alternative as to whether the language feeling was already so completely blunted<sup>1</sup> in the original author of these verses, or whether we are dealing with an enormously corrupt text-transmission. The latter alternative would seem to be supported by the numerous but not better readings of the Telugu ed. in which our 14 stanzas form only the beginning of the Tejobindūpanisad, which is followed by discussions in verses and prose which exceed more than thirty times the extent of our recension.]

## Verses 1-2 The meditation (dhyānam)

 At the power-point aims the highest meditation, Supremely enthroned in the heart, Subtle, blissful, powerful, First gross, then fine, then superfine,

<sup>1.</sup> Even for the title the majority of the manuscripts used for the Poona edition offer *Tejabindu* which is impossible.

2. Difficult to accomplish, difficult to reach, Difficult to look at, difficult to establish, Difficult to execute is this meditation Even for the wise and the lonely.

## Verses 3-4 Who is qualified for the meditation

- One who conquers greed and anger,
   Worldly attachment and senses' lust,
   Who lays aside duality, I-consciousness,
   Free from expectation, from wife and child.
- 4. Who makes the inaccessible accessible, Strives only for teacher's respect and gain, Who, stepping through the three gates,¹ Becomes the Hamsa dwelling in the three worlds.

## Verses 5-8 The place of the Brahman

- 5. Mysterious is the place,
  Brahman, groundless and unmanifest,
  With parts subtle like ether;
  That is Visnu's highest step.
- 6. It has three eyes, three Gunas, It surrounds three invisible worlds, Unmoving, unchanging, Without props, without foundation.
- Free from all determinations,
   Beyond the range of word and thought,
   To be grasped by Self-absorption alone;
   No word names it, no mesh of words.

<sup>1.</sup> According to the commentary: renunciation, patience and respectfulness towards one's teachers.

<sup>2.</sup> Ostensibly the three Vedas.

<sup>3.</sup> Sattvam, Rajas, Tamas.

8. Rapture indeed, yet beyond pleasure, Difficult to see, endless, beginningless, Free from the mind's bossing, Eternal, firm, impossible to shake.

#### Verses 9-11

The enigmatic and contradictory nature of the Brahman

- 9. This Brahman, which dwells in the Self.
  This first cause, this highest aim
  Of unthinking thinking, is the soul
  And the highest haven of refuge.
- Unempty, it appears as empty,
   Above emptiness it stands majestically,
   Nor thought it is, nor thinking,
   Unthinkable and yet, indeed, thinkable.
- 11. It's all and yet it is nothing,

  There's nothing higher than it,

  Unthinkable unawakened it is,

  It's not real and is not known.

## Verses 12-14 Portrayal of one who is liberated alive

- 12. Essentially associating with the lonely,— He who is God, sure knows the highest,— Greed, delusion, fear, pride, Anger, love, sin renouncing,
- 13. Cold and warm, hunger and thirst, And intentions, which ever change, Not proud of the Brāhmaṇa descent, Not of the rubbish of liberation texts.
- 14. Knowing no fear, nor lust, nor pain,
   Nor respect, nor disrespect any more,—
   Because from all these is free
   Brahman, the highest goal of all endeavour,—
   Brahman, the highest goal of all endeavour.



#### YOGAŚIKHĀ UPANIŞAD

[The Yogaśikhā from which this Upaniṣad gets its name is either to be understood as "the peak, the highest result of the Yogic meditation" or as "the pointed flame" in the heart, in which the Yogin sees the highest being according to the verse 6.

After an introductory verse (No. 1), a brief and clear picture of the Yogic meditation is first given (verses 2-3). More mystical is the following part (verses 4-7) which takes for granted symbolically a sun situated in the body, be it in the head (as in the Brahmavidyā 8 ff) or, probably more rightly, in the heart (Nārāyaṇa); in its midst is a fire which projects into a pointed flame, in which exists, to be seen, the highest being; a concept which has developed probably out of old passages as e.g. Kāṭh 4, 12-13. Mahānār. 11, 9-12. Maitr. 6.38. It must be the departure of the Yogin's soul after his death, referred to when it is described further how the Yogin penetrates through the above-mentioned solar disk, in order to attain to the union with the Highest through the susumnā (actually already Chānd. 8, 6, 6= Kāth. 6, 16) and the coronal suture (Ait. 1, 3, 12). But it is odd, and raises doubt about the correctness of the text, when further here (verses 8-9) for those who would not or would not practise the Yoga, it is replaced by a much simpler means, viz. to recite thrice daily this small Upanisad, which leads to the same goal, just as the Aranyakas replaced the sacrificial cult by a mental view of it. This goal is, as the verse 10 says, the annihilation of sins and the dissolution of Samsara which is [otherwise] not possible in thousands of re-births. An Interpretation of verses 8-9 quite differed from this one which already underlies Nārāyana's commentary is testified to by the variant readings in the Telugu ed. (see below), in which the extent of the Yogasikhā Upanişad is about 40 times that of our recension, consisting of six Adhyāyas, in the first of which the ten verses of our recension are incorporated with many partly quite good variants.]

#### Verse 1

#### Proclamation

 I will proclaim the peak of Yoga, Which is the highest of knowledge, He who meditates this holy word,<sup>1</sup> Never shall his limbs tremble.<sup>2</sup>

<sup>1.</sup> Either the syllable Om or this Upanisad is meant.

<sup>2.</sup> According to the reading of the Telugu ed. gātrakampo na jāyate. Cf. Kaus. 3, 1 end.

#### Verses 2-3

#### A brief account of the Yogic meditation

- 2. Choosing the posture of the lotus type, Or whichever else may please him, Fixing the gaze on the nose tip, With hands and feet pressed close,
- 3. Controlling the Manas on all sides, The wise shall meditate, Continuously on the syllable Om, Enshrining the highest God in heart.

#### Verses 4-7

#### Penetrating to the God and the flight to Him after the death

- 4. Upon one pillar, three posts,2 With nine doors, 8 having five gods,4 Stands a temple, body it is, In it one shall seek the highest.
  - 5. Therein glows a sun With flamelike rays surrounded, In its midst is a fire Which burns like the wick of a lamp;
- 6. As large is its pointed flame, So large the highest God there. Practising the Yoga repeatedly, The Yogin penetrates through the sun,
- 7. Then zigzag he goes upwards Through the shining door of Susumnā; Breaking through the cerebral dome, He finally sees the highest one.

3. The nine openings of the body.

4. The five senses.

The vertebral column.
 The three arteries idā, pingalā and susumnā or the three Gunas sattvam, rajas and tamas (schol).

## Verses 8-9 A substitute for the Yoga<sup>1</sup>

- Yet, who, inattentive and lazy,
   Does not see his way to meditation,
   He can penetrate to the highest place,
   If he daily thrice recites.
- 9. The pure speech that I proclaimed After participating in the Yoga, After reaching, what is to be known, The gracious, the highest God.

#### Verse 10 End

Who through thousands of births
 Does not consume the debt of sins,
 He finally beholds through Yoga
 The dissolution of the Samsāra here.

<sup>1.</sup> According to the readings of the Telugu ed. the idea rather is: "He who goes through this meditatingly thrice a day reaches, from out of laziness and inattentiveness, to the pure bliss".

#### YOGATATTVA UPANISAD

[This Upanisad, which bears its name Yogatattva "The essence of the Yoga" either according to the initial word or according to the main contents, consists of only fifteen Ślokas in our recension while in the Telugu ed. it has a considerable augmented form. The two initial stanzas are the same there, but then follow about a hundred Ślokas, after which again stanza 2, and stanzas 3-13 and 15 as the end, partly with quite different variant readings. Whether these rest on an original tradition or only on a later arrangement, we do not undertake to decide for the time being. In our recension the text is so corrupt and the commentary so defective, that the translation can be looked upon only as an experiment in order to reproduce the contents in a somewhat intelligible form.

After the initial verses (1-2), which less suitably form the beginning of the Dhyānabindu also, follows in verses 3-5 a very drastic picture of the ceaseless rotation of re-births and in verses 6-8 an exposition how the 3\frac{1}{2} moras of the Om sound include everything in themselves, wherein the verse 8 is again the same as Dhyānabindu 7, but this time it stands there better suited; -accordingly it appears that Yogatattva and Dhyanabindu are dependent not on each other, but both on a common source which however is probably to be sought only in individual stanzas, which were transmitted orally in the Yoga circles and which, considerably altered, were finally admitted in these Upanisads. This also applies to the following verses (9-11), which, according to the model of the Mahānār. 11, 8 and in repeated agreement with the Dhyanabindu 12-14, picture the heart, the seat of the Manas, as a lotus flower facing downward, which opens in meditation but becomes motionless with the quieting of the Manas, whereupon the soul reflects in itself the highest Being as the rock-crystal the ray of the sun (verse 11). Verse 12 probably refers to the Pratyāhāra, the withdrawing of the organs, while the breathing still continues, verse 13 to the Prāṇāyāma, the breath control, which has its acme in the Kumbhaka (Amrtabindu 13. Dhyanabindu 12), verse 14 to the exit of the soul through the Suşumnā and the Brahmarandhra (cf. Yogaśikhā 7), verse 15 finally deals with the selection of the proper place for meditation, and the indulgence on the part of the Yogin towards all living beings.]

## Verses 1-2 Importance of the Yoga<sup>1</sup>

1. I will proclaim the truth of the Yoga For the well-being of the Yogin.

<sup>1.</sup> Verses 1-2=Dhyānabindu 1-2.

Who listens to it and recites, He is freed from all sins.

Viṣṇu is called a great Yogin,
 Great in magic power and penance,
 As a lamp on the way of truth,
 He shines, the highest Puruṣa.

#### Verses 3-5

#### The rotation of the migration of the soul

- The breast at which he once drank,
   Later he squeezes lasciviously,<sup>1</sup>
   On the womb, which once gave him birth,
   He sates his carnal desire.
- 4. She, who was once his mother,
  Now becomes his wife, and wife mother,
  His father becomes his son,
  He, who son was his father.
- 5. Thus in the rotation of Samsāra Like a bucket on the water-wheel<sup>2</sup> Running round, he's once more born In the mother's womb.<sup>3</sup>

#### Verses 6-8

#### All-comprehensiveness of the sound Om

6. There are three worlds, three Vedas, Three times of day, three gods, Three sacrificial fires, three Gunas, The Tri-syllable comprehends all in it.

<sup>1.</sup> Yaḥ stanaḥ pūrvapītas tam niṣpīḍya mudam aśnute (Telugu ed.).

<sup>2.</sup> Even today one sees quite frequently this wheel for drawing water furnished with bucket around. When this is turned through a stream flowing under it, the buckets merged in it are filled with water and when they reach up, they empty their contents into a channel which carries the water to the fields.

<sup>3.</sup> yonijanmāni śritvā (Telugu ed ).

- And who at the end of the Tri-syllable Meditates on the half syllable also, He pervades through all this And finally goes to the highest place.
- As fragrance is in flower, As butter is in milk, As oil is in the sesame, As gold is in the ore.<sup>1</sup>...

#### Verses 9-11

#### Reward of the meditation on Om

- 9. The lotus flower, that occupies
  The space in the heart, calix down,
  The stalk on high, dewing down,
  Therein the Manas has its seat.
- 10. With the a-sound it become luminous,
  With the u-sound it opens out,
  With the m-sound it resounds,—
  Motionless is the half sound.—
- 11. And just as in a crystal perchance Is reflected the light of the sun,<sup>2</sup> So shines in the soul, inspiring it, The highest spirit by means of Yoga.

# Verses 12-13 Pratyāhāra and Prāṇāyāma (See Introduction to the Amṛtabindu Up.)

12. Like a tortoise he draws within
The hands and feet and head,<sup>3</sup>
While the breath still plays around
The gates. Then it's called "fill in! fill in!"

<sup>1.</sup> This Śloka can be fitted with the preceding one only artificially (by means of the all-pervasion of the sound Om) and is perhaps taken over from the context which is there for the Dhyānabindu 7ff.

<sup>2.</sup> ātmā labhate sphaţikasamkāśam, sāryamarīciyat, "the soul takes on the glow of the mountain-crystal, as [when] a ray of the sun [touches it.]."

<sup>3.</sup> We read with the Telugu ed. ; śiraś ca.

13. When after closing the nine gates,
He seeks to breathe out and in
Like a torch in a jar
Without wind, that's called "detaining".

#### Verse 14

#### Exit through the Brahmarandhra

14. Till, breaking, as through a lotus petal,
The impetuous wind leads him,
Whom they know as the guileless,
Between the brows and the forehead.

#### Verse 15

Relationship of the Yogin with the outer world

15. At an unprohibited, far off, place, Calm and quiet, undisturbed, The Yogin guarantees protection To all beings, as to his own self.<sup>2</sup>

<sup>1.</sup> Cf. Dhyānabindu 23. Jābāla 2.

<sup>2.</sup> Literally: "Through the Yogic service the sanctity of beings who form the self (of the Yogin) is guaranteed,"

#### HAMSA UPANISAD

[This Upaniṣad, included in the Oupanekhat also as Hensnad (i.e. Haṁsanāda), belongs, as is already shown by its position in the collections of Colebrooke and Nārāyaṇa, but more so by its contents, to a later stage of development than the Yoga-Upaniṣads treated so far. The assertion about the words haṁsa haṁsa as being the Mantrarāja (King of the aphorisms, i.e. as an aphorism running through the whole of the Upaniṣad) and the way how the beginning, the middle and the end (vijam, kīlaka, śaktī) are distinguished in it, and how the employment of the aphorism is taught as a diagram, make our Upaniṣad appear in closest relationship with the circle of thoughts of the Nṛṣiṃhatāpanīya and the Rāmatāpanīya.

As the fundamental thought can be shown that the *Hamsa* [the individual soul) becomes the *Paramahamsa* (the highest soul) through the meditation of the sound Om, and particularly of its reverberation.

The main contents are the following. The division into paragraphs is our own, because the one in the Calcutta edition and that in both the Poona editions (with the commentary of Nārāyaṇa and of Śaṁkarānanda) are conflicting and are not sufficient for the purpose.

- 1. Introduction. The verse at the beginning as also the one at the end are missing in Samkarānanda's recension.
- 2. The individual soul is called as Hamsa through the combination of sounds of out-breath (han) and in-breath (sa).
- 3. Just as the Kşurikā Upanişad teaches a successive detachment of the self from the several parts of the body, similarly our Upanişad teaches an ascent through six mystical circles differentiated in the body on to the Brahmarandhra. This ascent is accomplished through meditation of the syllable Om and particularly of its reverberation.
- 4. The hamsa hamsa repeated 21606 times in day and night through the respiration of the (fivefold) Prāṇa appears as hymn (as the Mantrarāja) whose poet, metre and the deity are determined, and whom the vijam (germ, initial syllable), the kilaka (stem, middle syllable), and the śakti (power, final syllable) are differentiated.
- 5. This king-of-aphorisms, which as such has (cf. Nṛṣimhap. 2, 2. Rāmap. 61), six physical parts (heart, head, tuft of hair, armour, three eyes and weapon) is, under specific invocations (to be supplied from the commentary) of these parts, put down (the exact way of executing this is not given) as a diagram (evidently to be worn as an amulet) and besides, as it appears, it is also laid on the hands.
- 6. Symbolical interpretation of the individual Ātman conceived in the form of a bird as *Hamsa* (goose).

- 7. Identity of the *Hainsa* and the *Paramahainsa* (of the individual and the highest Ātman).
  - 8. Portrayal of Hamsa who has yet to become Paramahamsa.
  - 9. Its becoming one with the Paramahamsa.
- 10. The ten ways in which the reverberation can be brought forth (cf. Chānd. 2, 22. Maitr. 6,22); The tenth of these is recommended for practice The verses which follow differ.
  - 11. Dissolution of the Manas and unification with the highest Ātman.

The context makes it appear conceivable that those sections of this Upanişad which make it look far more modern than the other Yoga Upanişads (particularly 3-5) rest on later insertion.]

#### 1. Gautama spake:

The awakening of the Brahman-lore, Which is familiar with all duties,<sup>1</sup> Which comprises the content of all texts,<sup>1</sup> Through what, O sir, is it effected?

#### Sanatsujāta spake:

Pondering over all the Vedas
And grasping firmly their content,
Siva expounded to Pārvatī
The truth;—learn it from me.
Indescribable and shrouded, equally,
Is the mystery of the Yogins;
Which spreads out the path before the Hamsa,
Bestows joy and the fruit of liberation.

Now we will impart precise information over the Hamsa and the Paramahamsa for the Brahman-student who is passionless, restrained and devoted to the teacher.

2. With the sound ham-sa ham-sa (outbreathing and inbreathing) it (the breath) stays continually in all bodies, filling them completely, as the fire in the fuel or the oil in the sesame seeds. He who knows it, does not fall into the hands of Death.

<sup>1.</sup> Editions available to me read sarvadharmajña sarvaśāstraviśārada (both vocatives) which certainly give a better meaning.—GBP.

- 3. Closing the anal opening, one should send the wind upward from the abdomen-circle (ādhāra), going around the sexual-circle (svādhisṭhānam) thrice, keeping it on the right, ascend to the navel-circle (maṇipūrakam), should go beyond the heart-circle (anāhatam), should maintain the breath in the neck-circle (visuddhi), should think over the circle-between-the-brows (ājñā), should meditate over the Brahman-opening, and all the while also the expression" I am that one [Om sound] which consists of the three moras", and further, from the abdomen-circle upto the Brahman-opening, should think over the reverberation, which is like a pure rock-crystal, for it is that which is called Brahman, the highest Ātman.
- 4. In the case of this aphorism [namely hamso hamsa] the Hamsa is the poet, Pankti¹ the metre, the Paramahamsa the deity, the word ham the germ (the initial syllable), sa the power (the final syllable), so'ham the stem (the middle). There are 21,606 of the [hamsa, i.e. outbreathings and inbreathings].²
- 5. With the words: "To the sun (om sūryāya hṛdayāya namaḥ), to the moon (om somāya śirase svāhā), to the spotless one (om nirañjanāya śikhāyai vaṣaṭ), to the lustreless one (om nirābhāsāya kavacāya hum), tanu-sūkṣma (om tanusūkṣma netratrayāya vauṣaṭ) and pracodayāt (om pracodayāt astrāya phaṭ)" and with addition [everytime]: "to Agni and Soma vauṣaṭ" the constituent aphorisms are laid [as diagram] on the heart etc. [heart, head, tuft of the hair, armour, three eyes and weapon] of the king of aphorisms and also laid on the hand.
- 6. When this is done, one should meditate on the essence of the Hamsa in the eight-petal [lotus-flower which is] in the heart. [One thinks of him in the form of a bird, as Hamsa a goose:] Agni and Soma are his wings, the Om-sound his head, the anusvāra-point his eye [or also] his mouth; Rudra and Rudrānī his hands and feet, Kāla and Agni his both sides (right and left), "sees" and "homeless" are his two remaining sides [above and below].

<sup>1.</sup> The Poona ed. reads: "the unmanifest Gāyatrī".

<sup>2.</sup> On this number, see Amrtabindu 33.

his [Hamsa, i.e. the individual soul] is that Paramahighest soul], which shines like ten million suns and is entire world.

chaviour, however, [so far as he abides in the eightlower of the heart] is eightfold: On the eastern petal directed to holy acts, on the south-eastern sleep and come him, on the southern his mind is cruel, on the n he strives after sin, on the western after play, on restern he desires going etc., on the northern loveon the north-western acquisition of property. Renunin the middle, the state of waking in the filament, seed-pod, deep sleep on the stalk, the Turyam at the he lotus flower ends upward.

en the Hamsa is merged in the reverberation, then t is called above-the-Turīya, Unthinking, Conclusion-ring. All this happens at the will of the Hamsa. Thereas is allowed to run; however, he [the worshipper] everberation in ten million mutterings. All this ne will of the Hamsa.

verberation can be brought about tenfold: the first *i*, the second as *ciñcini*, the third like the sound of ourth like the blowing of a conch, the fifth like the the sixth like clapping, the seventh like the note of ghth like the beating of a drum, the ninth like that um, the tenth like a thunder. One should avoid the ose preceding it] and practise the tenth alone.

ase of the first his body ciñcint, in second it crumples, ird he is very tired, ourth his head shakes.

fth his palate runs, xth he drinks Amrtam, venth he has esoteric knowledge, ighth skill in speech. In the ninth power to disappear And a clear-seeing eye divine, In the tenth he becomes the Brahman,— Brahman and Ātman become one.

11. In him the Manas vanishes, and in the Manas are burnt desire and doubt, good and bad. But he, ever blissful, with all penetrating power, omni-present, glows through his own light as pure, enlightened, eternal, spotless and calm.

Om! that is the Veda-explanation, -Veda-explanation.

# c. Samnyāsa Upanişads

BRAHMA UPANIŞAD
SAMNYASA UPANIŞAD
ÄRUNEYA UPANIŞAD
KANTHASRUTI UPANIŞAD
PARAMAHAMSA UPANIŞAD
JĀBĀLA UPANIŞAD
ĀŚRAMA UPANIŞAD

#### BRAHMA UPANIŞAD<sup>1</sup>

[According to Nārāyaṇa the *Brahma-Upaniṣad* consists of four parts,<sup>2</sup> two in prose of a more archaic bearing and two in verse which show a more modern character in respect to the form and content.

- 1. In the first part Pippalāda "the Aṅgiras" (contrast with this the beginning of the Atharvasikhā) answers four questions of Saunaka in this way that he refers to the Prāṇa (the Ātman, the Brahman) as the life-principle of the organs and characterises its behaviour in deep sleep, dream and waking in the manner of the old Upaniṣads and with considerable accord with these (particularly with Bṛh. 4, 3-4). The style is extremely abrupt and reminds one of the manner of Sūtras which consist of referring, by a casual expression, to a context known to the reader. This whole section is missing in most of the manuscripts; Śaṁkarānanda's commentary ignores it and even Nārāyaṇa mentions, without approving of it on his part (p. 239,10), that according to many the Upaniṣad began with the second part. Probably they omitted the first part because the style there is so concise and the transmission so uncertain that it is possible only with a straining to extract a meaning from it, and that too remains problematic.
- 2. The second part mentions the four physical seats and (without assigning to these) the four states of the Ātman in order then to dwell upon a complete negation of this as also on its residence in the heart-space, which, with an appeal to the Veda (vaidya=vaidika), i.e. probably the Chānd. 8,1,3, is compared to the universal space (susiram ākāšam, neutr.)

<sup>1.</sup> On the order of succession. The Brahma Upanisad, in view of its third part, can be considered as a transition from the Vedānta and the Yoga-Upanisads to those texts, which see the highest goal, in the Samnyāsa. This is followed, according to the order in the lists of Colebrooke and Nārāyaṇa, by two groups of Samnyāsa Upaniṣads, (1) Samnyāsa, Āruṇeyī, Kaṇṭha-śruti, all three characterised by their fragmentary form and dilapidated transmission, and (2) Paramahamsa, Jābāla, Āśrama, whose presentation is more orderly, and whose late position in the canon cannot be an evidence of its posteriority. Only the last-named one will have to be placed, on account of its systematic character, at the end of the whole line of development.

<sup>2.</sup> The determination of these originates partly from us, since the divisions in the Calcutta and both Poona editions (with the commentary of Nārāyaṇa and that of Śamkarānanda) are partly confused and partly they are of no use whatever. In the Telugu ed. our Upaniṣad exists in two entirely different recensions, without the first part as Brahma Upaniṣad, and with it as Parabrahma Upaniṣad.

- 3. The most original and most intimately connected with the Samnyāsa Upaniṣads is the third, more modern part in verse, which recommends the Brahman-knower to do away with the śikhā (the hair-tuft which is not cut off for religious reasons) and the Yajñopavītam (the sacred sacrificial thread) and to carry knowledge alone as śikhā and yajñopavītam.
- 4. A series of verses follow as a supplement, which, it seems, are meant to explain the prose portion. The first four are taken from the Svet. 6,11.6,12. 1,14. 1.15. Then follow three verses for explanation of the metaphor of the spider, of the heart as a lotus flower, which the Brahman occupies, and of the four places of Brahman which are here paralleled with the four states for which purpose, however, nābhi has been replaced by netram. The two following Ślokas recommend the samdhyā as a symbol of oneness with God and oneness of all beings; here, there is a play, difficult to reproduce, on the words samdhā and samdhyā.—A reminiscence of Taitt. 2,4 and the verse Švet. 1,16 conclude the whole which is built up of such a variety of constituent parts.]

1

#### Om!

Once it so happened that Saunaka, a highly rich man, asked Pippalada, the worthy Angiras:

In the divine, lovely Brahman city [in the body] how are they (the gods of the vital organs) established?

And how do they break forth [outwards]?

And from whom originates this power of theirs?

And who is he, who has become this power of theirs?

He then explained to him the most splendid doctrine of Brahman and said:

It is the Prāṇa, is the Ātman; from the Ātman originates their power; he is the vital power of the gods [of the vital organs] he is the [place of] disappearance and appearance of gods.

He, who shines in the divine Brahman-city as the dustless indivisible, pure, imperishable Brahman (cf. Mund. 2, 2, 9), controls them, [and they follow him] as the bees the bee-king.<sup>1</sup>—And as the female fly-destroyer [the spider] spreads its net out of a thread and withdraws it within itself again to that thread (according to Mund. 1,1,7), similarly the Prāṇa also, when he

<sup>1.</sup> According to Prasna 2,4, with which passage makṣikāvat has to be read. The corruption is due to the following yathā makṣikā.

goes into [the arteries] withdrawing the spread-out within itself. For all the arteries [in which he goes] recognise the Prāṇa as the godhead in deep sleep, [which happens] as with the falcon and atmosphere (reference to Bṛh. 4,3,19). Just as the falcon, to wit, after soaring high in the sky, goes to his nest, similarly the one in the deep sleep also. For he says it [after waking up: "I have slept well". Comm.]

But just as anybody [in deep sleep; e.g.] Devadatta, as long as he is not struck with a stick or the like [read: yaṣṭi-ādinā atādya-māna, in view of the Kauṣ. 4, 19], does not stir about, similarly he is not soiled by sacrifices and pious works, by good and by bad. But just as a child, which has as yet no desires, lives in bliss, so also every Devadatta lives in bliss during [deep—] sleep. For he then cognises the highest light, and because he loves the light, therefore it makes him blissful.

Further he passes into dream with this one [highest Ātman], like a caterpillar,—that is to say, just like a caterpillar which propels itself from leaf-edge to leaf-edge, propelling its front part and dragging the hind part behind it (read samdhayati aparam), but does not leave the hind part in lurch. And he [the Ātman] is also the one who is called the waking one; and just as one [who wants to perform a sacrifice] keeps the eight potsherds together, similarly he bears it (the body with the organs); he as it were hangs on his bosom [cf. Brh. 4,3,21: yathā priyayā striyā pariṣvakto, and Cūlikā-Up. 3-6 above], he, who is the source of the Vedas and the gods.<sup>1</sup>

When men awake, their good and bad is an expression [manifestation] of this God who, as the origin of the world [if one does not read samprasāda, Chānd. 8,12,3], as inner guide (Brh 3,7), as bird, as crab,<sup>2</sup> as lotus flower, as Puruṣa, as Prāṇa,

<sup>1.</sup> According to Nārāyaṇa "It (the deep sleep, dream, waking) hangs on him (the Ātman) like a woman's breast; he is the source of the Vedas and the gods". The sense of the whole passage (extremely obscure in the origin) seems to be that the highest Ātman wholly and undividedly accompanies man through all the three states of deep sleep, dream and waking.

<sup>2.</sup> The comparison of the Ātman with a crab (karkaṭaka) makes no particular meaning and is isolated in the Upaniṣad literature.

as non-harm, as the higher and the lower Brahman, as Ātman makes the gods (of sense-organs) conscious.

He who knows this, grasps that the local soul (kṣetrajña) is the highest abode of Brahman,—he grasps that the local soul is the highest abode of Brahman (Cf. Muṇḍ. 3,2,1).

2

There are four dwellings of this Puruşa; the navel, the heart, the neck and the head. In them the Brahman shines with its four quarters which are: the waking, the dream, the deep sleep, the Turīyam (Fourth); in the waking as Brahmán, in the dream as Viṣṇu, in the deep sleep as Rudra, in the Turīyam as the highest Imperishable.

This is Āditya, Viṣṇu and Īśvara, this is Puruṣa, this is Prāṇa, this Jīva, and this is the god-filled fire, which keeps guard (Praśna 4,3) in the Brahman-city of the body; in those (four dwellings) the highest Brahman shines.

Itself, however, it is without Manas, without ear, without hand and foot and wanting in light; in it there are not<sup>1</sup>

worlds and non-worlds,
gods and non-gods,
Vedas and non-Vedas,
sacrifices and non-sacrifices,
mother and non-mother,
father and non-father,
daughter-in-law and non-daughter-in-law,
cāṇḍāla and non-cāṇḍāla,
Paulkasa and non-Paulkasa,
ascetic and non-ascetic,
animals and non-animals,
penitent and non-penitent,
but it is only the one highest Brahman, which shines.

<sup>1.</sup> What follows is a citation from Brh. 4,3,22 which, however, has acquired a completely different meaning on account of the prefixed *na* (not): neither the objects nor their contradictory counterpart can be ascribed to the Brahman. (Śańkarānanda differs).

In the space in the heart is the Brahman, as consciousness, the space; and this very space is the hollow (universal) space because that is the space in the heart taught by the Veda (Chānd. 8,1,3), and in it stirs to and fro he in whom the whole world is sewn lengthwise and crosswise (Bṛh. 3,6). The creatures (or creation) must be viewed as His own Self, of the All-mighty. In him prevail no gods, no worlds, no wise, no forefathers, but only the awakened, the all-knowing.

In the heart are all gods,
In it the vital breaths also,
In theheart is life and light,
And the threefold thread<sup>1</sup> of the world.

In the heart, in the spirit all this exists.

3

The sacrificial thread, the highest means of purification, which in past originated along with Prajāpati, The powerfully highest, pure, put it away! May now strength and energy be your sacrificial thread.

Shearing off the tuft of hair too, The wise one should cast off the external thread, And wear the imperishable, highest Brahaman as his sacrificial thread.

The thread is so called from untying,<sup>2</sup>
So the thread is called the highest place too,
He who has understood this thread,
He is wise, grounded in the Veda.

Everything is interwoven in him, Like pearls strung on a thread, Let the Yogin wear that as his thread, He who sees the truth in the Yoga.

<sup>1.</sup> Sattvam, Rajas and Tamas.

<sup>2.</sup> Literally: "from making visible" (sūcanāt sūtram); the same etymology in Āruņeya 3. (below).

The wise one casts off the external thread, Who practises the Yoga as the highest, He is the knower, wearing the thread, Woven out of the Brahmanness. He who wears such a thread, Never lacks in purity, nor in purification.

Who, wearing the thread within, Has the knowledge for his sacrificial thread, He is the knower of the world-thread, He is the wearer of the sacrificial thread.

To him the knowledge is the hair-tuft, The permanent quarters and the thread, The knowledge is to him the highest, Incomparable means of purification.

Who like the pointed flame of fire, Wears only a tuft of knowledge, He really wears the hair-tuft, The others only grow hair.

Yet one who, as a Brāhmaṇa, Is engaged in Vedic activities, Such an one may wear the external thread, Which is a part of the accessories to works.

Who wears the knowledge as hair-tuft, And the knowledge as the sacrificial thread, He is the true Brāhmaṇa, So teach us the Brahman-knowers.

Whom knowledge the highest sacred thread, Whom knowledge the highest aim is, That wise one has the sacrificial thread, He is versed in sacrifice, is sacrifice himself.

Δ

The one God, hidden in all the beings, All-pervading, inner soul of all

The observer of works, filling all with perfume, Witness, pure spirit and devoid of Gunas, 1—

The one wise, who multiplies
The eternal oneness into many, by nature inactive,
Him, the wise one who sees dwelling in the heart,
He has eternal peace, and none else.<sup>2</sup>
Making oneself the lower churn-stick,
And the Om-sound the upper wood,
One sees, after diligent thought-stirring,
The God, latent like the fire.<sup>3</sup>

Like oil in oil-seeds, butter in milk, Water in streams, fire in the Churn-stick, So one finds that Ātman in his own self, He, the wise, who looks with truth and austerities.<sup>4</sup>

Like a spider which projects And withdraws the thread within, So the soul goes out in waking, And goes in sleep again <sup>5</sup>

A space, resembling a lotus-calyx, With its tip inclined downward, Is the heart, and it is, know, The basis that supports the universe.<sup>6</sup>

In waking he dwells in the eye, In the neck during the dream, In the heart during deep sleep, As Turiyam he dwells in the head.<sup>7</sup>

<sup>1.</sup> = \$vet. 6.11.

<sup>2. =</sup> Svet. 6.12 (free).

<sup>3.</sup> = Svet. 1.14.

<sup>4.</sup> = Svet. 1.15 (free).

<sup>5.</sup> Explanation of the metaphor of the spider, above para 1.

<sup>6.</sup> Explanation of part 2, end, = Mahānār. 11,6-7 (Atharva-recension).

<sup>7.</sup> Explanation of the beginning of part 2, with the substitution of the eye in the place of the navel mentioned there.

When through the knowledge dawns<sup>1</sup> The individual self into the highest self, That is the twilight-prayer,<sup>1</sup> Worship, therefore, in the twilight!

The twilight-worship checks,<sup>2</sup> Wards off the need of body, of speech, Dams into a unity all beings
So the carriers-of-one-staff<sup>3</sup> practise it.

That from which words turn back, Along with the Manas, without finding him,<sup>4</sup> That is the bliss of the life's spirit; The wise one knows him and becomes free.

The all-pervading Ātman,
Like butter concealed in milk,
In self-knowledge, self-discipline rooted,
Is the final goal of the Upaniṣad;<sup>5</sup>
Is the core of the All-One doctrine,
Is the final goal of the Upaniṣad,
—Is the final goal of the Upaniṣad.

<sup>1.</sup> A word-play between samdhā joining, samdhin (here probably : joining) and samdhyā twilight-prayer.

<sup>2.</sup> Read nirodhakā.

<sup>3.</sup> A particular class of Samnyasins, here probably for the latter in general.

<sup>4.</sup> According to Taitt. 2,4.

<sup>5.</sup> =Svet, 1.16.

### SAMNYĀSA UPANIŞAD

[In this Upanişad we have before us a very much damaged piece of old-Indian literature which, in prose with interspersed verses, portrays the transition from the position of the householder to that of the forest resident (vānaprastha) and the monk (saṃnyāsin), which two are not distinguished here.

- 1. The first chapter portrays the difference of the Samnyāsin from the sacrificial ritual. Retiring into the forest he performs once more a sacrifice to manes, as if sufficient for the whole future; then the Brahmansacrifice (brahmeṣṭi) in which, to judge from the description, a real sacrifice to Brahman must be understood. Finally he throws into fire, under the recitation of the entire book Atharvav. 18, both the fire-sticks which he no more needs in the future, which his consecration (samskāra) is complete. From now on he pays homage to the sacrificial cult only symbolically in that, according to a notion familiar from Manu 6,25.38, he contains sacrificial fires in the body.
- 2. In the second chapter follows in verses a short description of the Brahmacarin and of the Grhastha and then a sketch of the Samnyāsin not differing from the Vānaprastha.
- 3. In the third chapter follows the consecration  $(dik_s\bar{a})$  and the sketch of the Samnyāsin according to his outward appearance.
- 4. The same forms the subject of verses with which the fourth chapter begins. To them is added a section in prose which shows how elevation to Brahman is accomplished through meditation, connected with Taitt. 2,1, on the origination of all beings from the Brahman (here represented by Manas). The external behaviour of the meditator and the reward of his meditation are the subject of the verses which then follow.
- 5. The fifth chapter, linked with these, describes in prose the ascendence to the Brahman through the coronal suture after death.

These are the main contents of the Upanisad as existing in the very corrupt text of the Calcutta and Poona editions. The commentary of Nārāyaṇa printed there is very defective, and its explanations are partly extremely forced and partly completely unacceptable.

Under these circumstances the translation here and there could be established only with some violence and it may serve as makeshift as long as a better text of the Upanisad is not available.]

<sup>1.</sup> The Telugu ed. could offer help only rarely, since the recension, in which our text appears there (p. 660-662) under the name Kuṇḍikā Upaniṣad, differs too much from ours. On the other hand the Saṃnyāṣa-Upaniṣad of that collection is different and corresponds, in substance, to our Kanthaśruti 1-2.

1

When one who had deposited sacrificial fires dies, the consecration of the deceased takes place through Vedic formulae;—or also, when one in good health entertains a desire to reach over to the life's stages.

Then he brings together a collection of vegetables required for a sacrifice to departed forefathers, goes into the forest, and after depositing for the last time the sacred fires towards morning on the new-moon night, and after satisfying the forefathers by funeral offerings, he should then offer a Brahman-sacrifice (brahmesti), at which time he utters the words (the first line, the Mund. 1.1,9):

The all-knower and omniscient, With knowledge as his penance, Him for immortality may help This divine sacrificial pouring!

and then further [in rhythmical prose]:

The Brahman, which rose to heaven as abode, Filling this world and that everywhere, May it, all creating, all blessings to us Grant as well-disposed Godhead.

Then after making the offering with the verse:1

Brahman first, in former times was born, [And later the seer discovered it shining, While he its deepest, highest forms, The womb of what exists and what not, unlocked.—]

and with the words: "To the Brahman, Atharvan, Prajāpati, Anumati and Agni Sviṣṭakṛt" and further, after offering both the fire-sticks to the fire with the formulae:

O sacrifice, go to sacrifice, [Go to the dark spouse, Go to your cradle! Svāhā!

<sup>1.</sup> Atharvav. 4,1,1; cf. our translation and discussions of the song, Gesch. d. Phil. I, 255.

#### and:

This is your sacrifice, O lord of sacrifice, And your manly formula, Enjoy it! Svāhā!]

he should make offerings of the butter with the four Mantras which begin with: "Hereby I will be friend—" etc. Atharvav. 18, 1-4).

Through these [Mantras] it [the consecration] takes place.

Then, with the words:

[In me,] O fire, [I receive] the fire,

[Together with strength, dignity and vigour, In me I contain posterity and life! Svāhā!]

he should receive in himself the two fires [in which he offers the fire-sticks] (cf. Manu 6,25,38) and maintain his vows without slackening.

2

#### About this are the verses:

- Who, weary of Brahman-studentship,
   Having fully learnt the Vedas,
   Is discharged by teacher he had ev'r obeyed,
   Such an one is called the Āśramin.
- Choosing a wife of equally high birth, He should deposit the sacred fires, And bring to those deities, The Brahman-sacrifice, day and night.
- 3. Until, dividing among the children
  His property, abstaining from conjugal pleasures,
  He gives himself to the forest-life,
  Wandering in a pure region.
- 4. Living on water and on air, And on such fruit as proper,1

<sup>1.</sup> In the explanation of the corrupt vihitānottaraih phalaih Nārāyaṇa shows at his greatest. Read: vihitān nottaraih phalaih. [Here vihitān=vihitāt in samdhi. Other editions have a smoother reading: vihitaih kandamūlakaih.—GBP.]

Fire within body, he abides on earth Without obligations, without tears.

- 5. But when he takes with him the fire, How then is he called a renouncer?— How would the fire be similar, By which he is called a renouncer!<sup>1</sup>
- 6. Therefore, a fire, which is unpolluted By reward, does not vitiate renunciation, It's such a fire that goes to the Forest,<sup>2</sup> Accompanying the retiring recluse.
- 7. From the world into the forest
  He goes, accompanied by his wife.—
  Still he casts off there every desire,
  How can fear then assail him?
- What can pain hold against him,
   Since he runs away from lovely pleasures?—
   Dreading a fresh womb of mother,
   A new pain through heat and cold.
- I want to enter into my heart,
   Where the dwelling is free from grief!—

3

After renouncing the sacrificial fire in this way, he does not return [to it] any more.

Then he should solemnize the consecration  $(dik_s\bar{a})$ , while muttering the formulae relative to the Self.<sup>3</sup>

<sup>1.</sup> The meaning of the obscure verse seems to be: Although he takes with him to the forest the sacrificial fires which he has received into the body, he is still a renouncer (samyasta, active), because these fires are essentially different from the real sacrificial fires which bring a reward.

<sup>2.</sup> Read agnir vanam.

<sup>3.</sup> Atharvav. 11,8; translated and explained in Gesch.d.Phil. I, 270-277.

[As self] Manyu a wife [Out of the House of Samkalpa] chose,

Wearing a brownish red robe, with hair in armpit and on private parts removed, he should remain with an arm stretched up, free in the choice of his road. When, living in this way, he takes his food obtained by begging, he should carry a filter with him in order to [filter his drinking water and to] save germs [which may be there].

4

#### About this are the verses:

- Pot, goblet and water-flask,
   The three staves,<sup>1</sup> the pair of shoes,
   A speckled mantel, giving protection
   From cold and heat, a loins-cloth,
- Bath-towel and cloth-strainer,
   Threefold staff and upper shawl,
   What lies beyond this,
   All that an ascetic shall avoid.
- Sleeping on the sandy banks of rivers, Or in temples before the door, Not straining the body too much, Whether in pleasure or in pain,
- 4. With holy waters he should exert After bathing, meditation<sup>2</sup> and purification, Not rejoicing when praised, Not cursing those who abuse him.

<sup>1.</sup> trivisiapam "the three-staff"; the Petersberg Wörterbuch would read trivisiabdham for it, but even the Kanthaśruti p. 292 and the Telugu ed. (Kundikā-Up. p. 661.8) read trivisiapam. On the other hand the repeated tridandakam may have been corrupted in the next verse because of a metrical error, and because Kanthaśruti and Kundikā concurrently read eva ca.

<sup>2. &#</sup>x27;Nachsinnen'. Editions of the Up. available to me read pānam 'drinking'.—GBP.

Only begged food and dehiscent fruit,
 Drinking and bathing material are allowed.
 Adhering to this way of life,
 He mortified his sensuality.

The cohesion of science (i.e. of the word of the Veda, of the Brahman) is in the Manas, through the Manas is originated the ether, out of the ether the wind, out of the wind the light, out of the light the waters, out of the waters the earth; [one who knows] in this way [the origination] of creatures out of the earth, goes into that unaging, immortal, indestructible imperishable, when in the devoted study of the same he restrains the outbreath and the inbreath.

#### About this are the verses:

- 1. Between Apāna and the testicles

  He conceals the hands clasped together,

  Pressing with his teeth the tongue

  protruding, of the size of a barley-corn.
- The eyes of the bean-size open,
   The gaze on ear and eye-brow
   Directing, nor smelling odour,
   Hearing the sound, feeling with the skin.<sup>1</sup>
- 3. Then follows the state of blissfulness, That Brahman, the highest goal; For the sake of earlier births

  The Ātman bestows it to the pious.
- 4. Establishing, with this means,
  The heart in the restraint of penance,
  The breath leaves the body upward,
  Piercing through the head to the eternal one.

<sup>1.</sup> As the metre already shows, the passage is altogether corrupt. It would somewhat help if one reads: aśravano, na gandhāya nāsiķe, na tvaca sprset, but also in many other ways.

Then leaving behind the head, he overgrows it; that is the road of those, who go to him; and those who have found the highest way [they ascend along it], they do not again return from the highest highplace,—from the highest high-place (parama-vasthāt for paramāvasthānāt).

<sup>1.</sup> asya is supposed to be equivalent to  $k_siptv\bar{a}$ , and deha to dideha (upacaye). An Indian scholiast is never at a loss.

## ĀRUŅEYA¹ UPANIŞAD

[Āruņi asks Prajāpati how he can get rid of works in such a way that nothing remains, and (so we must add) of the wandering of the soul which depends on them. Prajāpati refers him to the life as a Samnyāsin, who is here understood in the strict sense and is distinguished not only from a Brahmacārin and a Grhastha, but also from a vānaprastha and from a kuțīcara (the 'hut-visitor',) cf. on this Āsrama-Up. 4 below). The rules which are laid down here for his life certainly let miss the systematic arrangement as also a perfect harmony, but they nonetheless give particularly when one requisitions closely allied Upanisads for supplementing with, a vivid and in essentials a truly correct picture of that remarkable cultural phenomenon of asceticism, which would not have developed and preserved itself down to the present day, if the disposition to it had not been founded deep in human nature. But he who wishes to study Man wholly and perfectly cannot afford to neglect any side of him which has come into prominence in the course of history. Asceticism, it is true, has become quite foreign to our age and part of the globe, but it is not completely ruled out that Man will once more come back to it, since what gave birth to it lies in Man, lies in all of us.]

1

Āruņi came to the world of Prajāpati. And approaching him he said: "How can I, O exalted sir, get rid of works, so that nothing remains of them?"

### Prajāpati said to him:

"[Renounce] your sons, brothers, relations and [friends]; one should renounce the hair-tuft and the sacrificial thread, the sacrifice along with the thread and also the Vedic studies, one should renounce the [seven higher] worlds: Bhūr, Bhuvaḥ, Svar, Mahas, Jana, Tapas, Satyam, and the [seven lower] worlds: Atala, Pātāla, Vitala, Sutala, Rasātala, Mahātala, Talātala, and the egg of Brahman (the universe);—one should take hold of a staff, an upper garment and a loins-cloth and should give up everything else,—should give up everything else.

<sup>1.</sup> Named Āruņika in some editions and Āruņeyī by Deussen himself above (Brahma-Up., Introduction, note 1).—GBP.

Whether he be a householder, a Brahman-student or a forest-resident, he should deposit the sacrificial fires, which bring him worldly returns, in his gastric fire [in which he further offers the *Prāṇa-Agnihotram*] and the Gāyatrī in his speech-fire. He should, however, bury the sacrificial thread and the hair-tuft in the earth or sink them into the water.

If he is a hut-visitor (kuţīcara) or a Brahman-student, he should renounce his family, renounce his vessel, renounce his filter renounce the staffs [which distinguish between a Brāhmaṇa, a Kṣatriya and a Vaiśya] and renounce the worlds; and he should also renounce the sacrificial fires which bring worldly returns! "so said [Prajāpati].

"From now on he should live without [the liturgical] Vedic formulae and renounce the ascendence [in the wandering of the soul conditioned by them].

On the other hand he should take a bath at the three junctures of the divisions of the day, practise the merging into the Ātman in meditation, recite the Āraṇyakam from all Vedas, recite the Upaniṣad,—recite the Upaniṣad".

3

"'Verily, I am Brahman. The Brahman, as the manifesting (sūcanāt), is the [true] thread (sūtram, cf. Brh. 3,7,1), I myself am the thread, who knows as such! The knower, who knows as such, should discard the threefold spun, [sacrificial] thread away.

'I have renounced, I have renounced!' he should say thus thrice and take up the bamboo staff [of the ascetic] and the loins-cloth.

He should take food only sparingly like medicine, he should take food only sparingly like medicine!

'All beings are safe from me, for everything has proceeded from me'; [he says thus and turning towards the staff]: 'You are my friend, guard me, you are energy and friend to me, you are Indra's thunderbolt'.

Chastity, non-violence, possessionlessness and truthfulness, you should observe this assiduously,—observe this assiduously!"

"Further as highest wanderers and pilgrims, it is your duty [to practise your homelessness] by sitting and lying on the ground, and as Brahman-students [who live on begging] [to carry] an earthen bowl, or a gourd-bowl or a wooden bowl.

He should give up desire, anger, lust, delusion, pride, deceipt, envy egoism, self-conceit and untruth.

During the rainy season he should stay at one place, but in the remaining eight months, as an ascetic he should wander alone, or he should wander for two months,—wander for two months.

5

"Verily, he who grasps the meaning of the Veda may, after his initiation by the preceptor or even before that, renounce all this: his father and his son, the sacrificial fire and the sacrificial thread, his work and his wife and everything in this world.

Then as ascetics they enter the village only for begging food, with the belly as the bowl, or with the [palm of] the hand as the bowl. 'Indeed Om, indeed Om, Indeed Om!' He should bear this as an Upanisad [on the parts of the body]. Verily, he is a knower who knows this as an Upanisad.

Discarding the staff of Palāśa-wood, of Bilva-wood, of Aśvattha-wood [as the Brāhmaṇas, the Kṣatriyas and the Vaiśyas carry it], the hide, the girdle and the sacrificial thread, he becomes a conqueror, who knows thus".—

And the highest step of Viṣṇu
The patrons see for ever
Like an eye, stationed in heaven.
And wondering over this highest step
Of Viṣṇu, the priests, wide-awake,
Enkindle the sacrificial fire.<sup>1</sup>

Thus runs the instruction upon the Nirvāṇam, the instruction of the Veda,—the instruction of the Veda.

<sup>1.</sup> These verses (from Rgv. 1,22,20-21) form a favourite conclusion of many an Upanişad; cf. Skanda-Up. 15-16. Nṛṣimhap. 5, 10. Vāsudeva 4. Muktikā, end.

# KAŅŢHAŚRUTI UPANIŞAD

Kanthaśruti, the name of this Upanisad first cropped up in Colebrooke's catalogue Misc. Ess., 2.ed., p. 86, note 3, and in Bergstedt's transcript, Ind. Stud. I, p. 302, but it was changed into Kathaśruti by Weber, Ind. Stud. II, p. 396 and Lit. 2. Aufl., p. 181 (with reference to a prosodial error in the initial and concluding verses of Nārāyaņa's commentary). It was subsequently accepted in the Petersberg Wörterbuch (see under Katha) as well as by Jacob, Concordance pref. p. 7; by both rather hastily : because with the exception of Telugu ed. (and, correspondingly the manuscript of the India Office, Eggeling p. 127) which, according to the enumeration of the Muktikā Up. verse 37 (Bombay) followed by it, calls the work Katha Upanişad (Katharudra Upanişad in the new Bombay ed.), as also possibly with that of Nārāyana<sup>1</sup>, all the manuscripts known to us (besides those mentioned above at the beginning: probably all the manuscripts of the Calcutta ed., since in any case no variant reading is noted -two manuscripts of the India Office, Eggeling p. 110. 112,—the Oxford manuscript, Aufrecht p. 394b,-Stein's Catalogue of Kashmirian Manuscripts, which contains three copies of the Upanisad, p. 25—the Poona Collection in a catalogue prepared for me most kindly) offer, with a remarkable unanimity, Kanthaśruti. That this was corrected here and there into Kathaśruti is as conceivable, as it is inconceivable that the name of one of the best known Vedic schools should have been corrupted uniformly in different parts of India, into the rare and unintelligible Kanthaśruti. We shall have therefore to regard this latter as the original name and we must make an attempt to find out an explanation for it.-If one considers the contempt in which these ascetics held the writing (how in the concluding verses of our

<sup>1.</sup> How Nārāyaṇa read, remains doubtful. The prosodial error in the initial and the concluding verses means nothing in the case of a 'versifex' who concludes so many of his Ślokas with *Upaniṣad-dīpikā*. The corrupt initial verse must be read (as already seen by Jacob, *Concordance* p. 5) as:

Yajurvede tu carakā dvādaša, eṣām kaṭhās trayaḥ | Saṃnyāsa-upaniṣat-tulyā catuḥkhaṇḍā ka(n)ṭhaśrutiḥ ||

<sup>&</sup>quot;In Yajurveda there are twelve Caraka schools, three among them being Kathas (Kathāḥ, Prācyakaṭhāḥ, Kapiṣṭhala-Kaṭhāḥ, Ind. Stud. III. 257); [on the other hand] the Ka(n)ṭhaśruti consisting of four [of five according to the edition; possibly a text with a different division than the present one was there before Nārāyaṇa] Khaṇḍas is like the Saṁnyāsa-Upaniṣad." Whether at the end Nārāyaṇa read Kaṇṭha or Kaṭha cannot be ascertained in the absence of manuscripts, because the contrast with the Kaṭha schools of the Yajurveda which he wants to stress makes both appear as possible.

Upanisad also the Vedas are expressly prohibited to them), and if one reminds oneself, that for 'learnt by heart' the expression kanthastha 'residing in the throat' (cf. par coeur=by heart) is quite common in (at least in the present day, spoken) Sanskrit, then the hypothesis will perhaps not be found altogether rash, that kanthasruti could denote a "Sruti meant to be learnt only by heart, not to be written down" (in contrast to the Veda already written down).

The motiey confusion of the rules for ascetics, which constitute the contents of our Upanisad, matches this unordered way of transmission.

- Ch. 1. The last sacrifice of the Samnyāsin (a Vaiśvānara sacrifice).
- Ch. 2. Parting with the son. Food, dwelling and dress of the Samnyāsin.
- Ch. 3. Myth for recommending of the *Maunam* (silence). Parting with the son, once more and in detail.
- Ch. 4. The last sacrifice (a twelve-day milk sacrifice), differing in performance from Ch. 1. Samnyāsin's way of life.
- Ch. 5. Consecration  $(dik_{\bar{\gamma}}\bar{a})$  of the Samnyāsin. His equipment, his way of life. Everything excepting a tattered piece of cloth (for filtering a drink) is denied him, even those very objects which are permitted to him in the parallel passages of the Samnyāsa Upanişad (above).

One could make an attempt, on ground of the last-mentioned contradiction, to construct different tendencies of milder and stricter observances, had not every attempt been still inadvisable for the time being to draw definite conclusions on account of the fluctuating nature of the text from the very beginning, the incredible naïveté of the commentator and the disgraceful carelessness of the editor.

It would be similarly hazardous to undertake a division of our text into more than one Upanişad, such as the Telugu ed. offers (Ch. 1-2=Samnyāsa-Up. there, 3-5=Kaṭha-Up; to both of these is appended a comet's tail of further verses) on account of contradictions and repetitions found in it. Also the agreement, partly verbatim, and the disagreement standing side by side with it, between Kaṇṭhaśruti 5 and Samnyāsa 3-4 (above) remain for the time being still unclarified.

And only this much can be known for the present, that among the Samnyāsins all kinds of rules, prose formulae and verses circulated, that the products of this mendicant-poetry or mendicant-philosophy gradually fused into small wholes, naturally circulated orally (kanthastha), until finally these disorderly jumbled up passages, partly repeated, partly mutually contradictory, found their recorder and they were received into the Atharva-Upanişads as Kanthaśruti-, [Samnyāsa-, Āruņeya-Upaniṣad and so on.

# KAŅŢHAŚRUTI UPANIŞAD

1

One who renounces the world in the right order of succession (of the four stages of life), he is a renouncer.

What is this renunciation (Samnyāsa), and how does one become a renouncer?

He who has made himself well-protected by good deeds may, after requesting the mother, the father, the wife, sons, friends and relatives for their consent, and after choosing once more as in the past all his previous sacrificial priests, offer the *Vaiśvānara* sacrifice, then give up all his possessions and cause the transportation of the parts of his, the sacrificer's body to all the sacrificial implements through the sacrificial priests, while he lets the Prāṇa, the Apāṇa, the Vyāna, the Udāna and the Samāna to be transported into the Āhavanīya, Gārhapatya, Anvāhāryapacana, Sabhya and Āvasathya fires all in all—lets all transported in all.<sup>2</sup>

2

After removing the hair on the head including the hair-tuft  $(\dot{s}ikh\bar{a})$  and discarding the sacrificial thread, he goes out, takes a look at his son and greets him with the words: "You are Brahmán, you are the sacrifice, you are the universe." If he has no son, then he thinks in this way on himself, and then he wanders, without looking back, towards east or towards north.

<sup>1.</sup> Cf. Chānd, 5, 11-24 above, but also Kanthaśruti 4 and Jābāla 4 below.

<sup>2. &</sup>quot;This transportation of the parts of the body and the vital breaths of the ascetic takes place in order to disembody him; for he whose limbs are transported to the sacrificial utensils etc. continues to exist, purged of them" Nārāyaṇa. The transportation (samāropa) of the vital breaths into the sacrificial fires occurring here is no doubt to be distinguished from the receiving (samāropa) of the sacrificial fires into the vital breaths, to which texts like Satap. Br. 13,6,2,20 (ātman agni samārohya), Manu 6,25 as also the Prāṇāgnihotram refer.

Then he should beg among all castes, for his subsistence, eat his meals out of his hand as a pot, should take it as though it were his medicine, should eat according as he receives, only to keep his body and soul together, and in such a way that he does not put on fat, and remains lean.—He can stay one night only in a village, five nights only in a town, whether in a village or in a town, he can spend only the four months of the rainy season.¹ For clothing he should wear a torn one or a similar one made of tree-bark, he cannot wear another one.—If he is weak, he should practise austerities only so far as no complaint arises.

One who renounces in the proper order of succession, and also one who deviates from it, what serves him as the sacrificial thread? and what as the hair-tuft? and howis his washing and rinsing of the mouth done?—And he² said to them: The meditation of the Ātman is his sacrificial thread, and the knowledge is his hair-tuft, while he performs the work [of washing] with water as found everywhere, with water itself as the utensil [i.e. without a utensil]; his abode is on the river-bank, say the Brahman-teachers.—But after the sunset, how can he perform the washing and the rinsing of the mouth [because at night nothing can be taken out from the pond]?—And he said to them:

As by day so it is at night too,

For him there is no day and no night;

therefore it is said by the Rsi also: "Then it is over the day" (Chānd. 3,11,3). Who knows this, does not mix with such-like,—does not mix with such-like.

3

Once upon a time the gods jointly said to Prajāpati: "We do not know it, we do not know it!" — And he said to the holiest

<sup>1.</sup> Here the Telugu ed. (p. 609, 19) inserts the observation: pakṣau vai māsā; iti dvau māsau vā (instead of four) vaset,—which is evidently a commentarial gloss.

<sup>2.</sup> Perhaps Prajāpati, and one could think of placing initial lines of the third chapter at the beginning of the present paragraph, had not the whole Upanişad too much the character of a fragmentary patchwork.

ones: "Hear it from me, while I impart it". Thereupon [after he had imparted it] it so happened that the holiest ones did not speak any further, did not speak any further. That is all [to be said in recommendation of silence]. He who knows this, attains to participation in dignity, world and life in common with gods.

After removing the hair on the head including the hair-tuft (sikhā) and discarding the sacrificial thread, he goes out, takes a look at his son and says: "You are Brahmán you are the sacrifice, you are the Vasat-exclamation, you are the Om sound. you are the Syāhā wish, you are the Syadhā-greating [to the manes]. you are the creator, you are the ordainer, you are the modeller. you are the foundation". Thereupon the son says: "I am Brahmán. I am the sacrifice I am the Vasat-exclamation, I am the Om sound, I am the Svaha-wish, I am the Svadha-greeting I am the creator, I am the ordainer, I am the modeller, I am the foundation": all this [he repeats]. When he then accompanies the father, he should not shed tears, for if he sheds tears he cuts off his progeny and his knowledge [they show that he does not feel as identical with the father]. Then while they turn around towards the right, they go along their way, without looking back here and there. That is the heaven—that is the heaven.

4

After a Brahman-student has studied the Veda or two Vedas or all the three Vedas, observed a Brahmacārin's code of conduct, taken a wife, begotten sons, established them in suitable stations of life, and performed sacrifice according to the capacity, then renunciation (samnyāsa) is due for him. After taking the leave of his teachers and relatives, he goes out into the forest and for twelve days [first] performs the Āgnihotram with milk, while he subsists on milk for twelve days. At the end of twelve days [he offers] to the Agni Vaiśvānara and offers to Prajāpati a Prajāpati-oblation (of rice, barley and pulse) and to Viṣṇu a cake in three potsherds. Then, consigning to fire, he offers his old wooden utensils to the fire, offers his earthen, utensils in the water, and gives the metallic ones to the teacher. "May you not, leaving me, go away from me. May I not, leaving you, go away from you!" so says he to the Gārhapatya

fire, so to the Dakṣiṇa fire, so to the Āhavanīya fire while, according to some, he drinks a handful of ashes from region of the fire-sticks.

After removing the hair on the head, including the hair-tuft, and discarding the sacrificial thread he offers the same with the words: "to the earth svåhå" into the water. Then he may set out on the great journey, while he abstains from food, goes into water, goes into fire or chooses a hero's death; or he may also betake himself to a hermitage of the old.

What then he eats in the evening, that is his evening-sacrifice; what in the morning, his morning sacrifice; what on the new-moon day, his new-moon-sacrifice; what on the full-moon day, his full-moon-sacrifice; and when in spring he causes his hair on the head, beard, hair on the body and nail to be cut, that is his Agnistoma,—that is his Agnistoma.

5

After renouncing the sacrificial fire, he should not restore it back. He should mutter the formulae relating to the Self (Atharvav. 11,8, Gesch. d. Phil. I, 270 ff):

When Manyu for himself a bride [From Samkalpa's house] chose,

and after saying: "May all beings prosper! "he may solemnize the consecration  $(diks\bar{a})$ . His garment should be brownish red, he should remove the hair in the armpit and on the private parts; he should live with a small tonsure, without the sacrificial thread, having his belly as the utensil; why so? because his meditation aims at the soul. With his arm stretched up, he should wander about without a place of residence; living by begging, he should give no alms; he should carry only a rag (lava) with him in order to [filter his drinking] water and to save the germs [that may be there].

bhikṣāśī na dadyāt (Samnyāsa 3: bhikṣāśanam dadhyāt): perhaps in our passage bhikṣāśi 'ṣad adyāt "one living by begging should eat frugally" is to be read.

On this there are these verses also:

- Pot, goblet and water-flask,
   The three staves, the pair of shoes,
   A speckled mantel, giving protection
   From winter cold, the loins-cloth,
- Bath-towel and cloth-strainer,
   And further, an uppper garment,
   The sacrificial thread and the Vedas, —
   All that the ascetic shall avoid.<sup>1</sup>
- With holy waters he should exert
   After bathing, meditation and purification,
   Lying on the sandy bank of rivers
   Or in temples he may sleep.
- Not straining the body too much Whether in pleasure or in pain, Not rejoicing, when praised, Not cursing those who abuse him.
- 5. That is the conduct, practising which They accomplish the mortification of senses.

<sup>1.</sup> Verses 1-2 recur at Samnyāsa 4, verses 1-2, with a slight change which, however, exactly reverses the whole idea; the things enumerated there are the only ones which are allowed to a Samnyāsin, while according to the stricter custom of our Upanişad even they are forbidden to him. [Stanzas 3-4=Samnyāsa 3-4, with a variation in the sequence cf. lines.—GBP].

## PARAMAHAMSA UPANIŞAD

[Hamsa, the wandering (wild) goose, whose roaming is already mentioned in the Rgveda (1,163,10.3,8,9) and more frequently in the Upanisads (Chand. 4,1. Svet, 1,6.3,18) is a symbol, on the one hand, of the migrating soul and on the other, of the homeless Parivrājaka on pilgrimage who is called Paramahamsa 'supreme wandering bird' in the stage of his highest perfection. Our Upanisad draws a lovely and vivid picture of him, portraying how he renounces the world and all inclination towards it, in order to find a full recompensation for it in the consciousness of unity with the Brahman, with the Bhagavān. By the Bhagavān it is not here Sanatkumāra who is to be understood, as Nārāyaņa does with a reference to Chānd. 7, but as remarked by Samkarananda, only Hiranyagarbha, i.e. the Brahman consceived as person (Cf. the words at the beginning: "All his thoughts are always about me; so I am also always in him"). The picture of the perfected ascetic drawn by the Bhagavan agrees essentially with the one sketched in previous Upanisads but on the whole it makes an impression of belonging to a later period in which the inserted verse as also the warnings at the end give it to understand, that the position of the Samnyāsin and his immunity from law was already occasionally utilised as a cloak for licentious lust.]

1. Nārada, approaching the Bhagavān, asked him: "Which is the way of the Yogins, the Paramahamsas? And what is their position?"

The Bhagavan said to him:

This way of the Paramahamsas is difficult to find in the world and it is not much trodden. But when one treads it, he remains in constant purity, he is the Veda-man, so think the wise, is a great man. All his thoughts are always about me; so I am also always in him.

He renounces children, friends, wife, relatives, the hair-tuft and the sacrificial thread, Vedic study and all works, he renounces the whole world and takes up loin-cloth, staff and a covering and endeavours just to preserve his body and help others.—

But this one is not the highest; and if you ask, who the highest is,—it is he,

2. who, as a Paramahamsa carries no staff, no hair-tuft, no sacrificial thread, no covering any longer, who no longer

cares for cold and heat, for pleasure and pain, for respect and disrespect, who on the contrary, is free from the six waves [of Samsara: hunger, thirst, grief illusion, old age and death], in that he leaves behind censure, pride, jealousy, deceipt, haughtiness, desire, hatred, pleasure, pain, longing, anger, greed. illusion, joy, irritation, egoism and all things of that kind; and while he looks upon his own body only as a corpse, he turns away for ever from this depraved body which is the cause of doubt, perversity and error, directs his perception continually on it [Brahman], abides in that alone, knows of it, the quiet. immutable: "That timeless, consisting of bliss and knowledge I am myself, He is my highest abode, my hair-tuft, my sacrificial thread!" Then the dividing wall between the two is pulled down with the knowledge of the identity of the Atman and the Paramatman, and that is the true union-time (also twilight-prayer, Samdhyā).

- 3. Who, giving up all desires,
  Abides in the secondless, supreme one,
  Carrying the staff of knowledge alone,
  He is truly called a one-staffed one (ascetic)
  But he, who, without knowledge
  carrying the high staff, eats from anybody,
  He goes to terrible hell,
  Which is called 'the great howler'.
- who understands this difference is a Paramahamsa.
- 4. The space is his garment, he knows no obeisance, no crifice to manes, no censure nor praise, no sacrificial call, but es just as it comes to him, as a mendicant. He does not ract, and he does not repulse; for him there are no Vedamulae any more, no meditation, no obeisance, nothing fit to seen and nothing unfit to be seen, nothing separate and hing inseparate, no I, no you and no world. Without a ing, he lives as a mendicant; he has nothing to do with and such things, for him there is nothing to be seen or ed at. But do you mean to say that he may not harm himary merely looking? He may harm himself thereby. Because

he is an ascetic, therefore, if he looks at gold longingly, he becomes a Brāhmaṇa-killer; because he is an ascetic, therefore, if he touches gold longingly, he becomes a Paulkasa; because he is an ascetic, therefore, if he grasps gold longingly, he becomes a self-killer. Therefore an ascetic should not look at, touch or grasp gold longingly; he should turn away from all desires that may come to his mind. Firm-minded in grief, not seeking after joy, renouncing all desires, not attached anywhere, neither to the good nor to the bad, he is without hatred and without pleasure. The impulse of all senses comes to rest, he abides in the knowledge alone, well-established in the self. That is the true Yogin, is the knower; his consciousness is permeated with that whose only taste is perfect bliss. That Brahman I am, he knows it and has that goal achieved,—that Brahman I am, he knows it and has the goal achieved.

### JĀBĀLA UPANISAD

[The Jābālas are enumerated as a branch school of the Yajurveda in the Caraṇavyūha (Ind. Stud. III, 262). In the commentary to the Brahmasūtras Śaṃkara cites as 'Jābālānām' or 'Jābālānām śrutiḥ' thirteen passages, out of which nine are found in our Upaniṣad (System des Vedānta, p. 33), and already even Bādarāyaṇa (Brahmasūtra 1,2,32) seems to refer to one of these. Further, the beginning of the sixth chapter of our Upaniṣad has been quoted by Sāyaṇa under Taitt. Ār. 2,11 p. 246 as a text of the Jābāla-ṣākhā-adhyāyinaḥ. From this it appears that a Śākhā of the Jābālas in reality existed, of which, however, our Upaniṣad formed only a part (as the citations of Śaṃkara, which are not any more traceable to it, already show), which, to judge from its whole attitude, certainly seems to stand on the same footing as the other Saṃnyāsa Upaniṣads and anyway not much removed in antiquity it can be compared with the related passages of the Bṛhadāraṇyaka Upaniṣad.

According to the pattern of the Brh. 3-4, here also it is Yājñavalkya who in the first five chapters answers the questions put to him by Brhaspati, Atri, The Brahman-students, Janaka and by Atri once more.

- 1. On Avimuktam as the sacrificial place of the gods and the Brahman-seat of all beings. Avimuktam 'that which is never left [by Śiva]' is a region in Banaras, in a wider sense Banaras itself. By the grace of Śiva liberation is granted to him who dies there (Prāṇāgnihotra Up. above, last foot-note). But the Parivrājaka carries this Avimuktam on himself as the point between the eyebrows and the nose (just as he has admitted the sacrificial fires and the sacrificial thread in his self). This allegorical explanation of Avimukteśvaram, it is true, comes later on only in the next section, but it is already presupposed here, because it is fully understandable only to the initiated.
- 2. Near Banaras two small streams flow into the Ganges: on the upper side of the city the Asī, mostly dry, on the lower side of it the Varaṇā, similarly very small; the city of Banaras is supposed to have got its name from these two. This place between the Varaṇā and Asī, on which the supreme Ātman rules is always carried by the Parivrājaka on himself as the spot where both the eyebrows meet together at the root of the nose, just like the two streams meeting together near Banaras. The name of the city is falsely analysed into Varaṇā and Nāsī, in order to achieve a wordplay with vārayati and nāšayati.
- 3. Yājñavalkya recommends the Satarudriyam (Vāj. Samh. XVI) as a means of immortality to the Brahman-students who had questioned him, because the hundred Rudras, who occur there, are conceived as many epithets of the Immortal (i.e. the Ātman).

- 4. Janaka asks Yājñavalkya (in connection with Brh. 4,4,22, it appears) about the departure of the Samnyāsin, at which it is described quite similarly as in other Samnyāsa Upaniṣads. Like the Vaiśvānara sacrifice in the Kanthaśruti 1, here a sacrifice to Agni as a representative of Prāṇa, and a sacrifice to the three Guṇas of the Sāmkhya doctrine is prescribed for the person renouncing. The inhaling of the fire probably means that thereby it is symbolically received into the body of the Samnyāsin.
- 5. Upon the enquiry of Atri, feeding and dressing of the Prāṇa in the sense of the Chān. 5,19ff and 5,2 is recommended to the Parivrājaka as his only duty. At the end the words eṣa panthāḥ etc. are repeated from Brh. 4,4,9 and refer to the Samnyāsin.
- 6. The concluding section portrays, according to the enumeration of a number of great models, the procession, the way of life and the place of résidence of the Samnyāsin; the whole section recurs similarly at the end of the Bhiksuka Up. and partly at the end of the Āśrama Up. also.]

### 1 Om !

Bṛhaspati said to Yājñavalkya: "[Tell me that] which is next to Kurukṣetram itself as a sacrificial place of the gods and as Brahman-seat of all beings".— He said: "Verily, Avimuktam is the [true] Kurukṣetram, the sacrificial place of gods and the Brahman-seat of all beings.

Therefore, wherever he may be wandering, he [the Parivrājaka who does not restrain himself to any holy places any longer] should think: here, verily, is the [true] Kurukṣetram, the sacrificial place of gods, the Brahman-seat of all beings. For here, when the vital breaths depart out of a person, Rudra imparts the saving formula, by which one participates in immortality, participates in liberation. Therefore, one should revere Avimuktam, one should not leave Avimuktam [which is not left]!"—"It is so, O Yājñavalkya."

2

Then Atri asked Yājñavalkya: "This infinite, not manifest Ātman, how can I know him?"—And Yājñavalkya said: "In Avimuktam he is to be revered! that infinite, not manifest Ātman, he is to be found in the Avimuktam".—"But where is this Avimuktam-place to be searched for?"— "It is to be searched for between the Varaṇā and the Nāsī."—"But what

is the Varaṇā and what the Nāsī ?"—"Varaṇā is so-called because she wards off (vārayati) errors committed by the organs of the body; while Nāsī is so-called because she destroys (nāśayati) sins committed by the organs of the body".—"But where is the place of this Avimuktam?"—"It is the meeting place of the eyebrows and the nose. For that is the connecting place of the world of heaven and the highest world [of Brahman]. Therefore, the knowers of Brahman revere this connecting place as the union-time (twilight). For in Avimuktam, so they know, one should revere him [the Ātman]. He who knows thus, proclaims his knowledge as avimuktam (unforgettable)".

3

Then the Brahman-students said to him: "By the muttering of which [prayer] one attains immortality, tell us that!"— Yājñavalkya said: By the "Satarudriyam; for these are the names of Immortality, and through them one becomes immortal".— "It is so, O Yājñavalkya!"

4

Then Janaka, the king of Videha, approached Yājñavalkya and said: "Explain to me, O exalted sir, the renunciation (Sainnyāsa)!" And Yājñavalkya said: "If one has finished the Brahman-studentship, one may become a householder; after one has been a householder, one may become a forest-resident; after one has been a forest-resident, one may wander about on pilgrimage [as Parivrājaka, Bhikşu, Sainnyāsin]. Or one may even directly go on pilgrimage after Brahman-studentship, or after householdership, or after the forest-residentship. And even otherwise, whether he may have observed a vow or not, whether he has taken the final ablution or not, whether he has caused the household fires to extinguish or whether he is [already] without fire,—from that day on, on which he renounces, he should wander as a pilgrim. Here some perform a sacrifice to Prajāpati; one

<sup>1.</sup> In the place of sacrifice to Prajāpati (which, as it appears, means redeeming oneself from the obligation of propagation) comes a sacrifice to the Prāṇa (an ascetic requires no progeny, Brh. 4,4,22).—Here there seems to be a polemic against the precept given in the Kaṇṭhaśruti 4 (above).

should not do that, but offer a sacrifice to Agni alone, for Agni is the Prāṇa; so thereby one offers to the Prāṇa. Then he should offer the *Traidhātavīya* sacrifice; thereby the three Dhātus (elements), namely Sattvam, Rajas and Tamas are worshipped.

This is the place, which is rightfully yours, Where, as soon as born, you shone brilliantly; Knowing it, Agni, ascend it And make our riches grow!

With this formula (Atharvav. 3.20,1) he should inhale the fire. The Prāṇa, verily, is the seat (place of origination, yoni) of the fire, and he says thereby "Go to the Prāṇa, svāhā!"

Or [the priest] may also bring the fire from a village and make him [the Samnyāsin] inhale the fire as described. If he cannot get fire, he should make an offering in water, for water is all godheads. And after performing the sacrifice with the words "Om, I offer to all godheads, svāhā" he should take out of it and eat the wholesome sacrificial food along with clarified butter. Thereby he will find that the liberating formula [Om] is all the three Vedas; for this is the Brahman, that one should worship. It is so, O exalted sir".

Thus spoke Yājñavalkya.1

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Then Atri asked Yājñavalkya: "I ask you, Yājñavalkya, how can a Brāhmaṇa be without the sacrificial thread?"—And Yājñavalkya said: "This very thing is his sacrificial thread, namely the Ātman; that he feeds himself, and that he rinses the mouth, that is the sacrificial precept of the Parivrājakas, whether for the rest he chooses a hero's death or abstains from taking food, or goes into water, or goes into fire or sets out on the great journey [otherwise].

Thus it comes to pass that the pilgrim, with colourless garments, with shaven head, without belongings, pure, free from deceipt, living on begging, becomes fit for Brahmanhood.

<sup>1.</sup> Here, as also at the end of sections 1 and 3, editions available to me read Yājñavalkyah. Still Deussen's way of translation there suggests that he reads Yājñavalkya (i.e. a vocative) there. He should have done the same here also. The word bhagavan (which should properly refer to Yājñavalkya) and the absence of any word for 'spoke' in the Skt. original also indicate this.—GBP.

If he is too ill [to observe this mode of life], then he may practise the renunciation only mentally and by words.

This is the path found out by Brahman, the renouncer goes along it, the knower of the Brahman (Cf. Brh. 4,4,9).

This is the case with him, O exalted sir." Thus spoke Yājñavalkya.

6

Thus were the men called Paramahamsas, a Samvartaka, Āruņi, Śvetaketu, Durvāsas, Rbhu, Nidāgha, Jaḍabharata, Dattātreya, Raivataka and others, without a visible sign and with their conduct concealed, behaving like insane, but not insane.

Three staves, water-vessel, drinking bowl, water-flasks, water-filter, hair-tuft and sacrificial thread, all this one should throw into water with the words "bhūḥ svāhā" and seek the Ātman.

Naked as he was born, above the pairs of opposites (joy and sorrow etc.), without belongings, wholely devoted to the way to truth, the Brahman, with a pure heart, going out, without any restrictions, aimlessly for begging alms at prescribed hour only to sustain his life, with the belly as his utensil, even-tempered whether he gets anything or not,—staying homeless, whether in a deserted house, in a temple, on a heap of grass, on an ant-hill, at the roots of a tree, in a potter's workshop, in a fire sanctuary, on a river bank, in a mountain cave, in a ravine, in a hollow tree, at a waterfall or on bare ground, not striving, free from the feeling of 'mine', given to pure contemplation, firmly rooted in the supreme Self, eradicating all evil deeds,—who becomes free from the body by means of renunciation, he is called a Paramahamsa,—he is called a Paramahamsa.

<sup>1.</sup> Editions available to me read here Yājāavalkya (i.e. a vocative). Also there is no word corresponding to 'spoke'—GBP.

### ĀŚRAMA UPANISAD

[For the four Āśramas or the 'exercise-stages' in which the life of an Ārya was supposed to proceed, see above Introduction [at the beginning of this work] and the Chānd. Up. Introduction to 23rd khaṇḍa. The last stage of life is that of the Saṃnyāsin, Bhikṣu, Parivrājaka who, as the names signify "throws away everything", "lives on begging" and "wanders about on pilgrimage homelessly." The division of these Saṃnyāsins into four kinds as Kuṭīcaras (or Kuṭīcakas), Bahūdakas, Haṃsas and Paramahaṃsas is often met with. To conclude from the names, this division originally seems to refer to the different places of residence of the Parivrājaka (near huts, near water, sometimes in towns and sometimes in villages, wholely uncertain) and only later to have attained to a hierarchy of gradually increasing perfection. Thus a verse of the Mahābhārata (13,6478)¹ runs:

Caturvidhā bhikṣavas te, kuṭīcaka-Bahūdakau, Hamsah Paramahamsas ca; yo yaḥ pascāt, sa uttamaḥ.

With this may be compared particularly passages from older authorities collected by Mādhava in Aufrecht, Oxf. Cat. p. 269a.

These four stages of the Samnyasa are shortly characterised in an Upanisad text which has found a place in the Muktikā Collection (No. 60. Telugu ed. p. 552) under the name of Bhiksuka-Upanisad. This text forms (in a somewhat different recension) only the fourth chapter of the present Upanisad, to which three others are prefixed, which also examine the remaining three Aśramas in a similar way and distinguish four classes in each of them. What is not clearly perceptible is whether all these varieties are to be thought of as different, coexisting tendencies or whether as ascending stages, following one another, in the first three Asramas also. Probably here we are dealing with, as in the case of the Aśramas themselves. varieties which originally existed side by side and were later combined in the system into an ascending graded sequence. In any case this systematisation is only secondary and artificial; also the names do not quite agree in many cases with the description given. Particularly unintelligible is how the Prajapatya, according to its first definition, can be assigned to the class of Brahmacarins. The names given here and their explanations are therefore to be accepted rather cautiously and may serve as a source for the knowledge of the Asrama life, only so far as they are corroborated from other side.

Our Upanișad, which is the last one in Colebrooke's list, is missing in the Oupanekhat, and about Nārāyaṇa also it cannot yet be shown with

<sup>1. =</sup>BORI Crit. Ed. 13.129.29 (with variants).

certainty (above, Introduction to the Upanisads of the Atharvaveda, section 5), that he has presented and commented upon it in his list, also how uptil now no commentary at all on it has come to light.]

1

Now it is to be further said that there are four Āśramas with sixteen subclasses.

The Brahmacārins are fourfold, viz. Gāyatra, Brāhmaṇa, Prājāpatya and Bṛhan.

Gāyatra is he who, after the initiation, not eating salty food throughout for three [days and] nights, remains occupied with the Gāyatra-formula.

Brāhmaṇa is he, who adheres to the Vedic study for fortyeight years throughout, twelve years for each Veda, or only so long, until he masters the Veda.

Prājāpatya is he who, content with his wife, approaches her at the time of the Rtu and always keeps himself away from other women.

Or also: Brāhmaṇa is he who lives in the house of the teacher for twentyfour years, Prājāpatya who lives there for fortyeight years.

Bṛhan is he, who as Naisṭhika (constant in chastity) does not leave the teacher until his death.

2

Also the Grhasthas (householders) are fourfold viz. Vārttākavṛttis, Śālīnavṛttis, Yāyāvaras and Ghorasamnyāsikas.

Vārttākavṛttis (living on farm-produce) are they who, engaged in agriculture, cattle-breeding and trade without ill repute and performing sacrificial acts lasting for a hundred years, strive after the Ātman.

Sālinavṛttis (living a settled life) are they who, sacrificing without making one sacrifice, studying without teaching, giving without taking and performing sacrificial acts lasting for a hundred years, strive after the Ātman.

Yāyāvaras (wander lusty) are they who sacrificing and making one sacrifice, studying and teaching, giving and taking and performing sacrificial acts lasting for a hundred years, strive after the Ātman.

Ghorsamyāsikas (practising a fierce renunciation) are they who doing their work with selected and filtered water only, managing their maintenance with ears of corn picked up daily and performing sacrificial acts lasting for a hundred years, strive after the Ātman.

The Vānaprasthas also are fourfold viz. Vaikhānasas, Udumbaras, Vālakhilyas and Phenapas.

Vaikhānasas (followers of Vikhānasa) are they, who, tending the sacred fires with creepers and trees which grow on uncultivated land, and with ritual performed outside a village and thus observing the practice of the five great sacrifices, strive after the Ātman.

Udumbaras (Audumbaras? fig-gatherers) are they who, when they get up in the morning, gather corns of fig-trees, jujube, rice and millet from the region on which his glance falls and tending the sacred fires with them and thus observing the practice of the five great sacrifices, strive after the Ātman.

Vālakhilyas (bald-headed) are they who, wearing hairlocks with a cloth rag, clad in hide or tree-bark, offering flowers and fruit on the full-moon day of the month of Kārttika [the festival day of Śiva], procuring their subsistence in the remaining eight months [until the beginning of the rainy season], tending the sacred fires and thus observing the practice of the five great sacrifices, strive after the Ātman.

Phenapas (foam-drinkers) are they who, while they, like insane, subsist on fallen leaves and fruit, dwelling wherever they be tending the sacred fires and thus observing the practice of the five great sacrifices, strive after the Ātman.

4

The Parivrājakas also are fourfold, viz: Kuṭīcaras, Bahūdakas, Hamsas and Paramahamsas.

The *Kuṭicaras* (hut-visitors) are they who, carrying on begging in the houses of their children, strive after the Ātman.

The Bahūdakas (the water-friends) are they who, equipped with the three-staff, water-pot, water-flask, side-locks, water-filter, drinking bowl, shoes, seat, hair-tuft, sacrificial thread, loins-cloth, and reddish brown garments, carrying on begging

in well brought-up families of Brāhmaņas, aspire after the Ātman.

The Hamsas (wandering birds) are they who, carrying a single staff, without hair-locks, wearing a sacrificial thread, with the waterflask and water-pot in the hand, staying for one night only in a village and five nights in a town and in holy bathing places, still threat undertaking throughout one or two nights difficult vows like the fasting according to the lunar course, aspire after the Ātman.

The Paramahamsas (highest wandering birds) are they who, without staff, bald-headed, clad in rags and loins-cloth, without any particular mark and without any particular mode of life, moving about like an insane one although not insane, discarding three-staff, water-pot, water-flask, side-locks, water-filter, drinking bowl, shoes, seat, hair-tuft and sacrificial thread, dwelling in a deserted house or in a temple, no longer know right, wrong, untruth, put up with everything, remain patient with everybody, regard earth-clods, stones and gold equally and, begging alms among all the four castes where they happen to be, liberate their soul,—liberate their soul.

# d. Śiva Upanisads

ATHARVAŚIRA UPANIŞAD
ATHARVAŚIKHĀ UPANIŞAD
NĪLARUDRA UPANIŞAD
KĀLĀGNIRUDRA UPANIŞAD
KAIVALYA UPANIŞAD



# ATHARVAŠIRAS (Atharvašira Upaniṣad)<sup>1</sup>

This Upanisad, which calls itself (p. 10,9, Calcutta ed.) Atharvasiras (which probably means: "The main point of the Atharvaveda",-cf. Vedānta "The final goal of the Veda") and quotes, at 9,3, the verse Atharvav. 10,2,27 (probably misunderstood) for an explanation of this name, extols as the principle of all things and as the highest goal, paramaparam (not param-aparam²), parāyaṇam, Rudra (Īśāna, Maheśvara,-the name Śiva does not occur). Rudra is the past, the present and the future, he is all-embracing and is the innermost of all objects, he is the visible and the invisible. He who knows him, thereby knows everything (1,12); he is to be proclaimed through silence alone (7,13). His symbol is the sound Om, and especially the three-and-halfth (imaginary) mora of it (4,10). Rudra dwells in the heart (4,10) and pervades the entire creation (8,10ff), which consists of nine heavens, nine atmospheric regions and nine earths (9,5). When he coils himself together as a snake, he absorbs the world and releases it again through his breath (9,10ff). He is the unity of the life-organs and the corresponding deities (6,1 ff). The man is his creation (paśu) and is bound by the cord (pāśa) of earthly existence. The liberation from birth, sorrows, death (5,10) follows when one surrenders anger and lust (tṛṣṇā), the earth as the root of the causal chain (hetujālasya mūlam) and all possessions to Rudra (7,3.8,3).—The Upanisad seems to belong to a sect of the Pāśupatas, as whose vow (vratam pāśupatam) the symbolical smearing with ashes is mentioned (8,8). The further systematisation of the Pāśupatas, however, does not appear in this Upanisad. The text of this Upanisad is considerably corrupt, so that help had to be taken from conjectures.

<sup>1.</sup> On the sequence. Now follow five Upanişads which look upon the god Siva as a symbolical personification of the Ātman, viz: Atharvaśiras, Atharvaśikhā, Nīlarudra, Kālāgnirudra and Kaivalya. We adhere to this sequence which follows from the lists of Colebrooke and Nārāyaṇa, although it does not certainly quite correspond to the time of origination, since the Nīlarudra Upaniṣad, in so far as it offers only an abstract of the Vāj. Samh. 16 and similar passages, is by far the oldest piece. Also to judge from its contents, the Kaivalya Upaniṣad, in spite of its late position in the above lists, could have originated in a comparatively old age, an age close to that of the Svetāśvatara, Muṇḍaka and Mahānārāyaṇa Upaniṣads.

<sup>2.</sup> But the foregoing pairs of expressions like hutam ahutam favour this interpretation rejected by Deussen.—GBP.

1

Om! Once the gods went to heaven. And they asked Rudra: "Who are you?"—And he said: "I am that one [which] existed at first, I exist, and I shall exist. None else is there apart from me. I am that [which] entered the inner from the inner. I am eternal and non-eternal visible and invisible, Brahman non-Brahman. I am eastern and western, southern and northern, I am below and above (Chand. 7.25.1), I am the quarters and the sub-quarters. I am masculine and neuter and feminine (Atharvay. 10,8,27). I am the Savitri and the Gayatri, I am the Tristubh, the Jagati and the Anustubh. I am the appearance and the reality. I am the fire Gārhapatya and Daksina and Āhavanīva. I am the cow and the she-buffalo. I am Rc, Yaius and Saman and I am the Atharvangiras'. I am the eldest, the noblest and the best (Brh. 6.1.1). I am the water and the fire, I am hidden in the fire-sticks. I am the imperishable and the perishable. I am the lotus flower and I am the Soma-filter. I am the powerful I am within and without I am 'the light [born] in the East' (Atharvav. 4,1,1). I am all I am the unending. He who knows me, becomes all at the same time. He knows the gods and all the Vedas and the Vedāngas. And I am also that, I who with my power satisfy the Brahman by the Brahmanas, the cow with the cows, the Brāhmaņas with the Brāhmaņahood, the sacrificial food with the sacrificial food, the life with the life, the truth with the truth. the law with the law".-Then the gods asked Rudra, the gods looked at Rudra, the gods thought over Rudra, the gods praised Rudra [with the following hymn of praise] with raised hands.

2 Om!

Rudra is this exalted one and Brahmán, to him the salutation, the salutation!

,,	22	,,	Vișņu,	"	,,	,,
,,	,,	,,	Skanda,	,,	,,	,,
"	22	"	Indra,	33	,,	,,

<sup>1.</sup> The text and the sense are quite uncertain here and in the following lines.

Rudra is this exalted one and Agni, to him the salutation, the salutation

,,	,,	,,	Vāyu,	,,	<b>3</b> >	,,
,,	**	,,	Sūrya,	>>	,,	,,
,,	••	••	Soma,	• •	,,	,,

Rudra is this exalted one and the 8 seizors, to him the salutation, the salutation!

,,	,,	,,	the 8 superseizors <sup>1</sup>	,,	,,
,	,,	,,	bhūr, ,,	,,	33
,,	,,	,,	bhuvaḥ, ,,	,,	,,
,,	>>	,,	svar, ,,	,,	,,
,,	٠,	,,	mahas² ,,	,,	,,
,,	,,	,,	the earth, ,	"	,,
**	٠,	,,	the mid-region	21	,,
,,	,	,,	the heaven "	,,	••
"	,,	,,	the water	,,	,,
,,	,,	,,	the fire "	29	,,
,,	,,	,,	Kāla, "	,,	,,
-	•		Vama		
"	**	,,	•	**	"
,,	>>	"	Mṛtyu, ,,	"	,,
۰,	,,	,,	the immortal,	21	"
"	,,	,,	the ether, ,	"	>>
>>	,,	,,	the all ,,	,,	>>
,,	,,	,,	the gross, ,,	,,	٠,
"	,,	,,	the fine, ,,	,,	29
,,	,,	,,	the white, ,,	17	,,
,,	,,	,,	the black, ,,	,,	,,
		,,	the whole, ,,	,,	22
"	",	**	the ture		
,,	",	,,		",	>>
,,	,,	,,	the universe, "	**	,,

3

Bhūr is your beginning, bhuvar your middle, svar your head. You are omniform, Brahman. You are one, twofold, threefold.

<sup>1.</sup> Cf. Brh. Up. 3,2 and the translator's note there.

<sup>2.</sup> Taitt. 1,5.

You are growth, you are peace, you are prosperity. What is offered in sacrifice and what not offered in sacrifice, given and not given, all and non-all, whole and non-whole, done and undone, the highest of the highest (parama-param, that is how it is to be split), the highest goal, you are it.

We have drunk Soma, have become immortal, Have entered into the light, found out the gods! What could the hostility harm us now, What, O immortal, the malice of man! (Rgv. 8,48,3).

Before Soma and Sūrya is the subtle soul. But comprising [implicit, hitam] the whole world is that syllable [Om], which swallows what is Prajāpati-like, what is soma-like, the subtle soul, the seizable by its unseizable, the existence by its existence, the Soma-like by its Soma-like, the subtle by its subtle, the wind-like by its wind-like. To it as the greatest swallower, the salutation, the salutation!

In the heart all deities, In it are the vital breaths,<sup>2</sup> As the one surpassing the three moras, You too are in the heart.

His head is to the North (Chānd. 5,10,1), his feet to the South. He who is to the North, is the sound Om, as the sound Om he is the holy call, as the holy call he is all-pervading, as all-pervading he is infinite, as infinite he is the protecting (tāram), as the protecting he is the pure, as the pure he is the subtle, as the subtle he is the lightning-like, as the lightning-like he is the highest Brahman, as the highest Brahman he is the one, as the one he is Rudra, as Rudra he is the ruler, as the ruler he is the exalted Maheśvara.

4

But why is he called the sound Om?—Because, being uttered he makes the vital breaths go upwards on high, therefore he is called the sound Om.

<sup>1.</sup> But see footnote 2 under the introduction.—GBP.

<sup>2.</sup> Cf. the verse Brahma Up. 2, above.

And why is he called the holy call (praṇava)?—Because being uttered, he makes the Brahman consisting of Rc, Yajus, Sāman, Atharvāṅgiras lean towards the Brāhmaṇas and bends it, therefore he is called the holy call.

But why is he called all-pervading?—Because, being uttered, he pervades and permeates that quiet one (Kāṭh. 3,13), sewn lengthwise and crosswise (Bṛh. 3,6), as a lump of sesame-dough with oil therefore he is called all-pervading.

But why is he called infinite?—Because, when it is being uttered, no end of it is to be found athwart, upward, and downward therefore it is called infinite.

But why is he called the protecting? Because, being uttered, he rescues from the dire fear of conception, birth, illness, old age, death and from the transmigration of the soul and protects, therefore, it is called the protecting.

But why is he called the pure (śu-klam)? Because, being uttered, he makes noise (klandate) and makes one tired (klāmayati), therefore he is called the pure.

But why is he called the subtle? Because, being uttered, he takes possession of the body in a subtle form and tinges all the limbs, therefore he is called the subtle.

But why is he called lightning-like? Because, being uttered, he illumines it in the great unmanifest darkness, therefore he is called lightning-like.

But why is he called the highest Brahman? Because he is the highest of the highest, the highest goal, the strong and strengthens by the strong [magic power] (bṛhatyā bṛṇhayati), therefore he is called the highest Brahman.

But why is he called the one?—He who, the devourer of all vital powers (prāṇāḥ), by the act of devouring them, as being more eternal unites them and again spreads them apart, so that some hasten to their master and some others hasten to their master and yet others [as the natural powers corresponding to the Prāṇas] hasten to the South, the West, the North and the East, who is the meeting place of all here, and has become one by uniting, moves along [as the vital breath] of the creatures,—therefore he is called the one.

But why is he called Rudra?—Because his essence  $(r\bar{u}\text{-}pam)$  is grasped instantly (dru-tam) only by the seers (r-si), not by other devotees, therefore he is called Ru-dra.

But why is he called the ruler? Because it is he, Who rules over all the gods, With his regal and procreative powers (cf. Svet. 3,1),—

To you, O here, we cry out,
Like cows, which go for milking,
To the lord of what moves, to the heaven-seer,
To the lord, O Indra, of what stays (Rgv. 7,32,22),—
therefore he is called the ruler.

But why is he called the exalted Maheśvara?—Because he permits the devotees (bhaktān) in the participation of perception and is gracious towards them; because he withdraws the speech [of the Veda] in himself and again allows it to flow out (Brh. 2,4,10); because, giving up all forms, he raises himself and is elevated through the perception of the Ātman and the mastery of the Yoga, therefore he is called the exalted Maheśvara.

This is the knowledge of Rudra.

5

The one god in all the world-spaces, Born of old and in mother's womb, He was born, he will be born, He is in men and omnipresent (Vāj. Samh. 32,4. Svet. 2,16).

One Rudra there is,—[don't worship] him as second!—Who with his regal powers rules over the world; He dwells in the creatures and gathers them in him at the end,
When he, the guardian, devours all creatures (Svet. 3,2).

Who, as one, presides over every womb,
Through whom the whole universe spreads out;
Who knows him as ruler, as God, liberal giver, praiseworthy

He enters into that peace for ever. (Svet. 4,11, cf. Svet. 5,2. Kāṭh. 1,17). Shunning the world, the root of the causal net, Wisely surrendering to Rudra all acquisition,

[they] acknowledged Rudra as the unity, as the eternal, the senior in refreshment and energy, the creatures, as the one who cuts their bonds of death.

Thus it happens that, by means of that [sacred sound], when he penetrates into the soul, [the Iśvara] grants peace, the release of creatures (paśu) from their bonds (pāśa) by the three-and-halfth mora [of Om].

The first mora [of Om = a + u + m] has Brahman as its deity and is red in colour; he who meditates on it continuously, goes to the abode of Brahmán.

The second mora has Viṣṇu as its deity and is black in colour; he who meditates on it continuously, goes to the abode of Visnu.

The third mora has Īśāna as its deity and is brown in colour; he who meditates on it continuously, goes to the abode of Īśāna.

But the three-and-halfth mora has all these as its deities, is unmanifest, goes out into the wide, is pure and resembles a mountain-crystal in colour; he who meditates on it continuously, goes to the abode of the bliss.

Therefore one should revere this! The silent ones (ascetics) proclaim it worldlessly, because there is no grasping of it.

That is the prescribed way to the North, by which the gods go (Chānd. 5,10,1), and the fathers and the Rsis to the highest of the highest, to the supreme goal.

Minute like hair's tip, in the midst of heart, Omnipresent, the God, golden dear, The wise who sees him as dwelling in himself, He alone attains peace, and none else. [Leaving] anger to him, greed and worldly desires,

<sup>1.</sup> *iṣamūrjena*: the compound *iṣam-ūrja* is formed ungrammatically from the constituents *iṣam ūrjam*. Similarly below, p. 8,5. We have come across a similar example [tamasaḥ paryam] above, Maitr. Up. 6,24.

shunning the world, the root of the causal net Wisely surrendering to Rudra all acquisition,

they acknowledged Rudra as the unity; for Rudra is the controller through eternal, old refreshment-and-energy and austerities. What is called fire is ashes, and what wind, is ashes; and what water, is ashes; and what earth, is ashes; and what ether, is ashes; and the whole universe is ashes, and the mind and these eyes! Because this is the vow of the Pāśupata, viz. that he covers his limbs with ashes, therefore this is the Pāśupata form of prayer, so that the creation be freed from his bonds.

6

To Rudra, who is in fire, in water, Who has entered plants and creepers, Who has become all these creatures,

to this Rudra, salutation, as Agni!

To Rudra, who is in fire, in water, Who has entered plants and creepers, Who has become all these creatures

to this Rudra, salutation, salutation!

Rudra who is in water, Rudra in plants, Rudra in trees, Rudra by whom the world is held on high, by whom is supported the earth in a two-fold or three-fold form as supporter, and the snakes who dwell in the atmosphere, to this Rudra, salutation, salutation!

[ Rudra as Prāṇa in the human head : ]

When Atharvan sewed together His head and the heart in him, He stimulated him over the brain, As purifier, from the head down.

This head belongs to Atharvan, A cask stuffed with gods,

This head is guarded by Prāṇa, Food and Manas in union.<sup>1</sup>

Nine heavens there are, guarded by divine community, Nine atmospheres, and nine of these earths; He who is seven lengthwise and crosswise in all, From him nothing exists apart.

Nothing is earlier than him, nothing later. Nothing what had been or was going to be; With a thousand feet and only one head He pervades the world and makes it roll.

From the Eternal, time is born, From time he is called the pervader,

for the pervader is the exalted Rudra. When Rudra lies down in the manner of a serpent's coils, then the creatures are withdrawn within. When he breathes out (Brh. 4,5,11), there originates darkness, from darkness the water; when he stirs in the water with a finger, what is stirred becomes cold in the cold and, when it is stirred, it becomes foam; out of the foam originates the (universe-) egg, out of the egg Brahmán, out of Brahmán the wind, out of the wind the sound Om, out of the sound Om Sāvitrī, out of Sāvitrī Gāyatrī, out of Gayātrī the worlds (cf. Rgv. 1,164,25. Chānd. 3.12).

They praise Tapas and truth when they pour out the sweet drink, who does not forget (liberation). Indeed, this is the highest Tapas, is water, light, essence, the Immortal, Brahman (cf. above, Amrtabindu-Up., 10, footnote).

Bhūr, bhuvaḥ, svar! Om! Salutation! -

7

#### (Cf. Mahā Up. 4)

The Brāhmaṇa who studies this Atharvasiras, one who is not an authority on scriptures becomes an authority on scriptures, an uninitiated becomes initiated; he is purified by fire, purified

<sup>1.</sup> Atharvav. 10,2, 26-27, whose readings we have followed. The purifier who, rising to the head, stimulates man, is the Soma. cf. our explanation of the hymn, Gesch.d.Phil. I. 269.

by wind, purified by Soma, purified by truth; he is known by all the gods, is meditated upon by all the Vedas [which appear here as persons], becomes one who has bathed in all the holy bathing places, and all sacrifices are performed by him. Sixty thousand Gāyatrī stanzas are muttered by him, a hundred thousand [stanzas] of the Itihāsa-Purāṇas and of the Rudrahymns are muttered by him, ten thousand Praṇavas are muttered by him. He purifies the assembly as far as his sight reaches ācakṣuṣaḥ) he purifies up to the seventh generation (ancestors and descendants): thus has the exalted one promised.

He who mutters the Atharvasiras once, becomes pure, purified, fit for activity?—he who mutters it a second time, attains supremacy over the host of the supreme god; he who mutters it a third time, enters into a similar existence.

Om! The truth! Om! The truth! Om! The truth!

## ATHARVAŚIKHĀ UPANISAD

The name of this Upanisad "The tip of the Atharvan" seems to be an imitation, if not an outdoing, of the title of the Atharvaśirá Upanisad, with which as a model the Atharvaśikhā Upanisad shows close relationship, in that it takes up once more some topics touched by it in order to present them more closely.

The first is the symbolical interpretation of the sound Om, whose moras are treated of, in connection with Atharvasiras 5, according to the following diagram:

Moras	Worlds	Vedas	Main Gods	$God ext{-}hosts$	Metres	Fires	Colours
a	Earth	Ŗgv.	Brahmán	Vasus	Gāyatrī	Gārha- patya	Red
и	Atmos- phere	Yajurv.	Visņu	Rudras	Trișțubh	Dakṣiṇa	Black
m	Heaven	Sāmav.	Rudra	Ādityas	Jagati	Āhava- nīya	White
Reverb	eration—	Athar- vav.	Ekarşi (Puruşa <b>İ</b> śāna.)	Maruts	Virāj	Fire of univer- sal des- truction	

Then follows a section (extremely obscure on account of the uncertainty of transmission and the inadequacy of the commentary) on the illumination of the highest knowledge which appears suddenly with the buzzing of the reverberation. To this are joined some break-neck etymologies, of the kind of the Atharvasirá Upanisad and partly practically borrowed verbatim from it (as, e.g. those of omkāra and pranava). As the deity of the threeand-halfth mora here appears Isana, as previously Ekarşi and Puruşa (and therefore probably to be identified with them). But what is new is that at the end our Upanisad adds, on the authority of a Sloka cited, as the fifth and the highest god Siva, to the four gods Brahman, Viṣṇu, Rudra and Iśana represented by the sound Om, (Siva) whom the Atharvasirá Upanisad yet does not know or recognize (otherwise the Upanisad would not have probably let him slip in its derivations of names), and whom our Upanisad identifies with the sound Om itself,—as its (Om's) true content. The emphatic way in which Siva, this old epithet of Rudra, is elevated here to the top of deities makes the impression of lateness and it should not be improbable that our Upanișad forms a transitional link from Rudra, Isana etc., to Siva which later prevails as the main name.

#### Om!

 Pippalāda, Aṅgiras and Sanatkumāra asked the holy Atharvan:

Which meditation enjoined as the highest is to be meditated?

What does this meditation consist of?

Who is the meditator?

What is the object of the meditator?

Thereupon Atharvan replied to them:

Om, this syllable is enjoined as the highest to be meditated. Om, this syllable contains four quarters, four gods, four Vedas. This syllable consisting of four quarters is the highest Brahman.

Its first mora, the earth, is the a-sound. It (a-sound) is, consisting of verses, the Rgveda, it is Brahmán, the Vasus, the Gāyatrī, the Gārhapatya fire.

Its second mora, the atmosphere, is the *u*-sound. It is, consisting of sacrificial formulae, the Yajurveda, it is Viṣṇu, the Rudras, the Triṣṭubh, the Dakṣiṇa fire.

Its third mora, the heaven, is the m-sound. It is, consisting of songs, the Sāmaveda, it is Viṣṇu, the Ādityas, the Jagatī, the Āhavanīya fire.

The fourth, the half mora, which is at the end of the syllable, is the fragmentary m-sound. It is, consisting of the Atharvansongs, the Atharvaveda, it is the fire of universal destruction, the Maruts, the Virāj, the wisest. This mora is Shining with light, in its own lustre.

The first mora is red, dedicated to Brahmán and has Brahman as its divinity.

The second mora is bright, dedicated to Rudra and has Rudra as its divinity.

<sup>1.</sup> Read Rudra, which occurs in Nṛṣiṃhap. 2,1 and Nṛṣiṃhott. 3 [and also here in the editions of the Atharvaśikhā Up. available to me.—GBP.].

The third mora is black, dedicated to Viṣṇu, and has Viṣṇu as its divinity.¹

The fourth mora is lightning-like, multi-coloured and has Puruşa as its divinity.

That is the Om-sound with its four quarters and its four (fires as) heads. The fourth quarter is the half mora; it is pronounced materially in three ways, short, long or extra long.

The fourth is the calm-self (sāntātman) which, in the employment of the extra long pronunciation, must come suddenly as an illumination of the self, and not in a similar way [i.e. not materially as a continuous buzzing of m]. It is this latter [Om-sound] which, as soon as it is uttered, [sends upwards] all the vital breaths suddenly; and just because it sends them upwards (ūrdhvam utkrāmayati), it is called the Om-sound (Om-kāra).

2. And it is called Praṇava because it makes all the Praṇas bow down (praṇāmayati) to itself;² because it makes them bow down, therefore, it is called Praṇava.² Because it is fourfold, therefore it is the origin of the Vedas and the gods;³ because they are to be grasped (dheya) in it, therefore it is called Allgrasper (saṃdhartar), and because it saves (saṃtārayati) from all griefs and fears, it is so [called] from the saving from all these. As Viṣṇu it conquers all [perhaps because it reminds of vijayiṣṇu]; as Brahmán it has pulled out (abṛhat) all organs [from their activity]. Since he fixed them through meditation and since Viṣṇu fixed them in the Manas in the highest Ātman

<sup>1.</sup> The second and the third mora seem to be confused here erroneously. The commentator comforts himself by saying that Brahmán, Viṣṇu and Śiva are ultimately identical. [There is no such confusion in the editions available to me.—GBP].

<sup>2.</sup> There is obviously a tautology. Editions available to me explain instead the name pralaya in the first sentence thus: prāṇān sarvān praliyate iti pralayaḥ.—GBP.

<sup>3.</sup> The expression *veda-deva-yonih* refers to the foregoing comparison of the four moras with the Vedas and gods. The expression recurs at Brahma Up. 1 (above) where, however, this connection is missing, and so it is to be looked upon as an imitation of our text.

[appearing] at the end of the reverberation, they further meditate on the Lord ( $\bar{I}s\bar{a}na$ ) as the object of meditation, for by the Lord the whole world is set to activity. Brahmán, Viṣṇu, Rudra and Indra have been brought forth by him, similarly all organs along with creatures. His divine majesty has become the cause, the universe, the blissful [Śiva], as the ether standing unshaken in the mid-air.

Brahmán, Viṣṇu and Rudra too, The Lord and also the Blissful (Śiva) Fivefold as these five gods The holy sound is proclaimed.

Therefore one who gives himself up to him even for a moment, obtains a higher reward than by a hundred sacrifices. But from all knowledge, Yoga-practice and meditation, all that relates to the Om-sound is to be meditated as the only blissful (Siva), indeed the Om-sound is Siva.

So let a man give up everything else and study this [Upanişad]! Then is the twice-born released from a further stay in mother's womb,—released from a further stay in mother's womb.

### NĪLARUDRA UPANISAD

The most important older monument from the theology of Rudra, this precursor of Siva, is the Satarudriyam, properly probably (as already derived in the Satap. Br. 9,1,1,2) Sāntarudriyam "Song for the pacification of Rudra", Vāj. Samh. 16 (Taitt. Samh. 4,5). Although this text has no relation whatever with the Upanisadic thought, still it was so renowned, and so often mentioned in the Atharva-Upanisads (Jābāla 3. Kaivalya 24. Atharvasiras 7. Mahā. 4. Nṛṣimhap. 5,10, p. 106), that many a compiler of the Upaniṣads did not want to dispense with it (particularly in view of the role which Siva plays in the Atharva-Upaniṣads). While the collection of 108 Upaniṣads, as it is before us in the Telugu ed., leaves this song as far as we see, it is wholly admitted in the collection of Daraschakoh as Schat Roudri (Anquetil II, p, 171-196). The collection which we have taken as the basis, on the other hand, contains only an extract from it (with some other ornamentation) under the name Nilarudra Upaniṣad (the esoteric doctrine of the dark Rudra).

The original meaning of Rudra is disputed. But if we keep in mind the predominant features of his image, and moreover consider, that he is the most dreaded god, and that no other natural phenomenon is so immediately fearful to the man originally as the flash of lightning, then it becomes probable that Rudra (properly probably "the shining one") was originally nothing else than a personification of the descending and striking lightning. He holds the lightning in the hand (vajrabāhu), loves forests, mountain summits, and tree-tops (parame v<sub>t</sub>kse āyudham nidhāya, Vaj. Samh. 16,51), is called a man-slayer, animal-slayer, and his back is red, while his belly (the foot prints which he leaves behind where he lies down) is black (Atharvav.—15, 1,7). Also the further main feature, that he brings healing medicines, is easily understood when one considers that the thunderstorm cleans the atmosphere and banishes infectious emanation.

As the translation shows, this character is maintained very distinctly in our Upanisad which (verses 4-17) is a cento from variously mutilated verses of the Satarudriyam, to which are added (verses 18-20) some verses from the Vāj. Samh. 13. The snakes shooting down from the air could in the same way be lightnings.—Quite obscure is the third part (verses 21-26), whose first verse has got in here perhaps only accidentally, through the mention of the word Nilagriva, while the verses which follow seem to speak of a law-suit between the brown, brown-eared aborigines and the Āryas, whom Siva helps. Atharvav. 2,27,6 is related, and since here also a herb is spoken of, so the verse 21 also can perhaps be brought in this connection, only when a more readable text, than the wholly degenerate (in both editions) one which stood at our disposal, becomes available.

- I saw you, yea, coming down
   From the heaven upon the earth here,—
   I saw the shooting Rudra,
   The dark-necked, curly-haired.
- From heaven he descended, dreadful, And planted his feet on the earth;
   O men! see him bright-red, The dark-necked, see him there!
- Rudra, who doesn't strike men, Comes with healing medicines, May the flatulence, which robbed you Of sleep, vanish away.
- Salutation to your world-kindness, Salutation to your world-anger Salutation to your arms, Salutation to your arrows too.<sup>1</sup>
- 5. The arrow, which, O rejoicer-in-hills, You hold in your hand to shoot, Make it gracious to us, hill-guardian, May it not strike my people.<sup>2</sup>
- 6. With words in a pleasing voice We call you hither, O mountain-lord, So that all that lives by us, Be healthy and happy in mind.<sup>3</sup>
- With your kindest arrow
   And your gracious bow
   And your gracious bow-shot
   Pity us, so that we may live.4

<sup>1.</sup> Cf. Vāj. Samh. 16, 1.

<sup>2.</sup> Vāj. Samh. 16, 3.

<sup>3.</sup> Vāj. Samh. 16, 4.

Cf. Vāj. Samh. 16, 11.

- With your gracious appearance,
   Not terrible, not harmful,
   With your most wholesome appearance,
   O mountain-dweller, show yourself to us.<sup>1</sup>
- 9. The one who shines, dark and red, And brownish and in blazing red, The thousands of Rudras darting To all sides around, I beg their fury away from us.<sup>2</sup>

2

- 10. They saw you descending, With a dark neck, in blazing red, They saw you, the cowherds, And the women fetching water, Yea, everybody saw you,— Salutation to you, whom they saw.<sup>3</sup>
- 11. Salutation to him, the dark-haired one, Who, the thousand-eyed, comes as a hero, And to all his legions too Let me pay a tribute of salutation.<sup>4</sup>
- 12. Salutation to your weapon, The relaxed, daring, Salutation to your two arms, To your bow, I have offered.<sup>5</sup>
- 13. Relax at both the ends
  The string of your bow,
  Throw away from us, revered one!
  The arrows from your hands.6

<sup>1.</sup> Vāj. Samh. 16, 2 (according to which the text is to be corrected); Svet. 3,5.

<sup>2.</sup> Vāj. Samh. 16,6.

<sup>3.</sup> Cf. Vāj. Samh. 16,7.

<sup>4.</sup> Vāi. Samh. 16,8.

<sup>5.</sup> Vāj. Samh. 16,14.

<sup>6.</sup> Vāj. Samh. 16,9.

- 14. Relax, O gracious one, now Your bow, O thousand-eyed one; In hundred quivers break off Your arrows and bring us help.¹
- 15. His bow is now stringless, His quiver without an arrow, His missiles have disappeared, Bliss-bringer is his sheath of sword.<sup>2</sup>
- 16. May the missile shooting from your bow Pass by us in all directions, Indeed, loosen your quiver itself And keep it far away from us.3
- 17. Or rather take up as weapon Your bow, O prosperous god, With it as defender from diseases To protect us from all sides.<sup>4</sup>
- 18. Salutation to the snakes also,
  To such as are on the earth,
  Also to the snakes in atmosphere,
  Salutation to those in heaven.<sup>5</sup>
  - 19. Those in the radiant regions of heaven,
    Those too, that are in the sun's rays,
    And those that live in the watery abyss,
    Salutation to these snakes too.
  - 20. Who as arrows of the imps
    Shoot down from trees above,
    And those who nest in earth-holes,
    Salutation to these snakes too.

<sup>1.</sup> Vāj. Samh. 16.13.

<sup>2.</sup> Vāj. Samh. 16.10.

<sup>3.</sup> Vāj. Samh. 16.12.

<sup>4.</sup> Vāj. Samh. 16.11.

<sup>5.</sup> Vāj. Samh. 13.6.

<sup>6.</sup> Vāj. Samh. 13.8.

<sup>7.</sup> Vāj. Samh. 13.7.

- 21. He who is the Blue-necked god (Siva) to his people, He who is quite Hari (Visnu) to his own, Him with a many-coloured tail, O healing herb, Quick grind to pieces, Arundhati.
- 22. The [goblin] is brown and brown-eared, But with a circle of black neck is Śiva, Through him, Śarva, the black-haired, Through Bhava, who the father (read pitrā) of the winds is.
- 23. Through him with eyes enormous, Strike [read: hata] by the brown, him who only speaks a word, Through him wholely dark-haired At work, a hero's work.
- 24. Check the demand that he makes, So that we could share it here, Salutation to Siva, Salutation to Sarva, Salutation to him, the ever-young fighter!
- 25. Salutation to him, the black-haired, When he comes to the assembly And lets his fawn-coloured mules, And asses graze around.
- 26. Salutation to him, the black-haired,When he comes to the assembly,—When he comes to the assembly.

## KĀLĀGNIRUDRA UPANIŞAD

It will strike anyone who comes to India that the natives often wear on the forehead a mark applied in red or some other colour, consisting of a small round fleck or also of several lines drawn vertically or horizontally, which often cover the whole forehead and, to our feeling, do not exactly contribute to heighten the beauty. These marks, called tilaka or pundra, are (apart from their use as an ornament of women) sectarian marks, which are applied newly every morning after the bath with a certain ritual: through them the Indian openly makes as it were a silent confession of his faith before the whole world, while in other countries even priests would like to conceal what could draw attention to their church.—Tripundram, with which our Upanisad occupies itself, is also a similar mark of a Saiva sect, described as consisting of three horizontal streaks made with ashes on the forehead, cranium, shoulders and the breast, thus in all five times, to the accompaniment of certain formulas. It is a great proof of the accommodating capacity of the Vedanta doctrine, when it knows how to attribute an allegorical significance even to this formality in that it sees in the three streaks the three sacrificial fires, three sounds of the syllable Om, three Gunas, three worlds, three Atmans, three powers, three Vedas, three [Soma] pressings and the three forms of the god Siva and grants him, who knows this as such, all sorts of religious gains.—Thus here in the case of a thoughtlessly observed custom a direction on to the higher and the spiritual is given to the mind and with that a stimulus to a further activity with it.]

1

Once it happened that Sanatkumāra asked the exalted Kālāgnirudra: "Teach me, O exalted sir, the truth in respect to the rule of the Tripuṇḍram (a sect-mark consisting of three streaks) and what material, which place, how much, of what extent and which streaks, which divinity, which formula, which powers and which reward there are."

The exalted one said to him: "The material should be the ash of fires. One should grasp it with the five Brahman-formulas sadyojātam etc. (Taitt. Ar. 10, 43-47), consecrate it with the formula agnir iti bhasma etc. (Atharvasiras 5), take out with the formula mā nas toke (Rgv. 1, 114, 8) and, [after consecrating] with the formula tryambakam yajāmahe (Rgv. 7, 59, 12) should apply it as three lines across on the head, forehead, breast and

shoulders under the three *tryāyuşa*-formulas, *tryambaka*-formulas and *triśakti*-formulas.

This is the Sambhu-vow, which is taught in all the Vedas by those versed in the Veda. Therefore one desirous of liberation should practise it, so that he is not born again. And this, O Sanatkumāra, is its [of the mark] extent: it stretches threefold from the forehead down to the eyes and goes from the centre of one eye-brow [to the other].

2

Its first line is the Garhapatya fire, the a-sound, the Rajas, the terrestrial world, the external Atman, the acting power, the Rgveda, the morning pressing [of the Soma], and Maheśvara is its divinity.

Its second line is the Dakṣiṇa fire, the u-sound the Sattvam, the atmosphere, the inner Ātman, the willing power, the Yajurveda, the midday pressing [of the Soma] and Sadāśiva is its divinity.

Its third line is the Āhavanīya fire, the m-sound, the Tamas, the heaven, the highest Ātman, the perceiving power, the Sāmaveda, the evening pressing [of the Soma], and Śiva is its divinity.

Therefore, he makes the Tripundram from the ashes. He who knows this, whether he be a Brahman-student, a house-holder, a forest-resident or an ascetic, he is thereby purified of all the major sins and minor sins. Thereby all the gods are meditated upon by him, he is known by all the gods, becomes one who has bathed in all the holy bathing places, one who has all the time muttered the Rudra-prayer. And after enjoying all the pleasures he enters, giving up the body, into union with Siva and does not return—and does not return."

Thus spoke the exalted Kālāgnirudra.

One who recites it here, he also attains to a similar state. Om Satyam.

Thus reads the Upanisad.

### KAIVALYA UPANISAD

[Depending in a manifold way on older ideas and expressions, but not without its own inner experience, our Upanisad portrays the Kaivalyam, 'the absoluteness', i.e. the state of man who on the way of renunciation  $(ty\bar{a}ga)$  has become free of all attachment to the worldly and who, consequently knows and feels himself only as the one divine essence that lives in all. Particularly beautiful it is when from stanza 18 onward the pupil himself begins to speak in order to give expression to his consciousness of identity with God, which may appear exaggerated to a Westerner.

There is only a difficulty about the concluding passage in prose, which all of a sudden, recommends the study of the Satarudriyam (Vāj. Samh. 16) and adds to it all sorts of promises in the style of the latest Upaniṣads. Nārāyaṇa is silent on it. Samkarānanda's opinion, that only such people are here meant as would not be able to grasp the Ātman in the way described, is in no way indicated by the text. If the passage has not come to be attached, through a sheer accident, to the end of an Upaniṣad which is so entirely different from it in spirit and bearing, then an inference could be advanced that our Upaniṣad originally formed an epode to the Satarudriyam, which would then again be referred in the concluding passage.]

#### Om!

Once it happened that Āśvalāyana approached the Supreme one and said to him:

- Proclaim to me, O Sir, the secret
   Of the highest Brahman-lore, which the good adore,
   By which the wise, quickly freed of sins,
   Enter into that Person, higher than the highest.<sup>1</sup>
- 2. Then spoke to him the Grand Father of all: "Know, since you practise, with a pious mind: Not through works, through children, through richness— Through renunciation they attained immortality.2

<sup>1.</sup> According to Mund. 3,2,8.

<sup>2. =</sup> Mahānār. 10, verse 21.

- 3.1 On the other side of heaven, in the depth of heart, What shines, therein go the penitents; Those who grasp the Vedanta-doctrine's meaning Full of renunciation, the penitents, of pure being,
- 4.2 In Brahman's world at the time of final end They are all released by the Imperishable.— Enthroned in joy in a secluded place.
  Purified, with neck, head and body still,3
- Remaining in the last Asrama, restraining
   The senses, to the teacher devoutly bowing,
   Meditating the pure, dustless heart-lotus
   And the griefless pure one situated therein,
- The inconceivable, unmanifest, infinite,
   Calm, blissful, eternal, the Brahman's source,
   The one, without beginning, middle and end,
   The wonderful lord full of intelligence and bliss,
- The supreme god and lord, Uma's companion,
  With dark neck, three eyes, wholely calm,—
  Meditating him, all-seeing, primordial source of all,
  The wise goes to the other side of darkness.
- He is Brahmán, Śiva, Indra, Imperishable, the supreme sovereign, He is Viṣṇu, he the Prāṇa, The fire of death and the moon.
- It is he, all that originated,
   And what originates in eternity,
   Who knows him conquers death,
   There's no other way to salvation.
- He who sees himself in all beings And all beings in him,

<sup>1. 3</sup>ab=Mahānār. 10, verse 21.

<sup>2. 3</sup>ed 4ab=Mund. 3,2,6. Mahānār. 10, verse 22.

<sup>3.</sup> Cf. Svet. 2,8.

He goes thereby, and in no other way, Into the abode of the highest Brahman.

- 11.1 Making himself the lower churn-wood And the Om-sound the upper one,
  The wise rubs the fire of knowledge
  And diligently burns down the sin.
- 12. When his self is blinded by the Māyā,
  He dwells in the body and strives after works,
  In women, food drink and enjoyments
  He finds satisfaction in the wakeful state.
- 13. And in the dream too, tasting joy and sorrow,
  The soul fashions a world through self-deception;
  And when in deep sleep all illusion vanishes,
  Shrouded by darkness the soul goes into bliss.
- 14. And again through the works of former lives
  The soul goes into dream and wakefulness;
  And playing it dwells in the triad of states,
  Until it falls to its share to perceive
  That rich, whole, supporter, partless, bliss,
  In which the triad of states comes to rest.
- 15.2 From him is born the Prāṇa,
  The Manas and the group of senses,
  The ether, wind, light, water,
  And the earth, which bears all.
- 16. Brahman, the supreme soul of all, The great resting place of universe,<sup>3</sup> The subtlest of the subtle,<sup>4</sup> eternal You yourself are it, and it's you!

<sup>1.</sup> Cf. Svet. 1, 14.

<sup>2. =</sup> Mund. 2,1,3.

<sup>3.</sup> Cf. Mahānār. 11,7.

<sup>4.</sup> Cf. Mund. 3,1,7.

- 17. In waking, dreaming, deep sleep
  What you see spread out,
  Know yourself to be that Brahman,—
  Then all the chains fall down."—
- 18. "What as experience, its object,

  The experiencer, are known in the three states,

  Different from them, the witness,

  Pure intelligence, blissful I ever am!
- 19. In me was born everything, In me alone everything abides, In me it's dissolved, I myself am That Brahman, the one without a second.
- 20. I am minutest of the minute, none the less Great I am, I'm this diverse, rich universe, I am the ancient, am the spirit, the Lord, Wholly golden I am, of blissful appearance.
- 21.1 Without hands and feet, I have infinite power, I see without eyes, hear without ears; I am the knower, and apart from me
  There's no other knower in eternal times.
- 22. Through all the Vedas I am to be perceived, I am the Veda-perfecter, Veda-knower, Imperishable, I am free from good and bad, Free from birth, without body and mind.
- 23. For me there's no earth, and no water,No fire, no wind and no ether."He who has thus found the highest ĀtmanIn the depths of heart, partless, secondless.
- 24. All-seeing, free from being and non-being, To his share falls the pure supreme Ātman.

<sup>1.</sup> Cf. Śvetaśva. 3,19.

He who studies the Śatarudriyam, is purified by fire, purified by wind, purified by the Ātman, purified of alcoholic drink, purified of Brāhmaṇa-murder, purified of the theft of gold, purified of [the fault of failing to do] what is prescribed and of [that of doing] what is prohibited. Therefore he goes into the Avimukta [who has no need of liberation at all]. Rising above the Āśramas, one should mutter it always, or once [daily].

Through this the knowledge is obtained, Which destroys the ocean of Samsāra; Therefore, who finds him thus, Attains the reward of absoluteness (kaivalyam).

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## MAHĀ UPANIŞAD<sup>1</sup>

On the monuments of the Narayana cult mentioned above [Mahānārāyaṇa-Upaniṣad, introduction to the 11th Anuvāka] now follows this small Upanisad, kat'antiphrasin called 'the great' which, as it seems, pursues the goal of showing Nārāyaṇa as a higher being in comparison with the principles of the Sāmkhya system as also with the gods Śiva and Brahman. According to Chapter 1 Narayana projects out of himself 'the twentyfivefold Purusa', i.e. the twentyfive principles of the Sāmkhyas, substituting Tejas (which, according to Chapter 3, later on, is formed from the primordial waters and so is akin to them) in the place of Prakrti and Atman in that of Purusa. The form of narration is patterned on the Creation myths in the Brāhmanas and it particularly reminds of the Taitt. Br. 2,2,9. the Pañc. Br. 6,1 and the Satap. Br. 6,1,1 (Gesch.d.Phil. I, p. 202, 183.199). Chapter 2 describes how sūlapānih purusah (i.e. Siva) springs out of Nārāyana, whose limbs consist of holy exclamation, songs and metres of the Veda (cf. mantramūrti as an epithet of Siva). Finally, according to chapter 3, there originates from Nārāyana's meditation the god Brahmān and through the latter's meditation again the Veda along with the metres and holy exclamations. In respect of form the Taitt. Ar, 1.23 (Gesch.d.Phil. I, p. 197) is particularly comparable here. The verses which further follow are entirely patched up from the Mahānārāyana 11, and the variants are in no way happy (e.g. śikarādibhis for śirābhis). Finally there follows as chapter 4 a series of promises which agree almost verbatim with the Atharvasiras 7 and are probably borrowed from there with necessary changes.]

1

Now, then the Mahā-Upaniṣad-text.

Nārāyana, verily, was alone, they say; there was no Brahmán no Īsāna, no water, no Agni and Soma, no heaven and no earth here, no stars, no sun, but only he, the Nara (*Purusa*) alone. A

<sup>1.</sup> On the sequence. Finally follow such Upanişads as worship Vişnu in one form or another: Mahā, Nārāyaṇa, Ātmabodha, Nṛsimhatāpaniya and Rāmatāpaniya, according to the lists of Colebrooke and Nārāyaṇa with the sequence maintained, and the Ātmabodha-Upaniṣad (it is true that it is not counted by Nārāyaṇa, but is regarded as an appendix of the Nārāyaṇa Upaniṣad and commented upon) inserted. Here the order of succession which results from the lists seems to agree fully with the historical order of origination as it will be clear in the following.

sacrificial hymn of praise is uttered by him, as he remains absorbed in meditation. Therein originated fourteen Puruṣas (men) and a girl, viz: the ten Indriyas, the Manas as the eleventh, the Tejas as the twelfth, the Ahamkāra as the thirteenth, as fourteenth the Prāṇa, it is the Ātman, as fifteenth the Buddhi. Besides the five subtle elements and the five gross elements. This is the twentyfivefold Puruṣa. The [primordial] Puruṣa appointed him the creator. Yet his creatures are not born without the year, but they are born from the year.

2

Then Nārāyaṇa, desirous of another, once more meditated in his mind. As he stood absorbed in meditation, there was born from his forehead a three-eyed Purusa holding a trident, possessing about him beauty, truth, chastity, austerity, renunciation, intelligence and mastery; but the Om-sound and the three Vyāhṛtis (bhūr, bhuvaḥ, svaḥ) the Rcs, Yajus', Sāmans, Atharva-Aṅgiras' and all metres, they abided in his limbs.

3

Then Nārāyaṇa, desirous of another, once more meditated in his mind. As he stood absorbed in meditation, sweat came out of his forehead. It expanded into these primordial waters. In them was born the Tejas as a golden egg. Therein was born the god Brahmán with four faces. He meditated towards the East, and there was born the exclamation bhūr, the metre Gāyatrī, the Rgveda;—towards the West, and there was born the exclamation bhuvar, the metre Triṣṭubh, the Yajurveda;—towards the North, and there was born the exclamation svar, the metre Jagatī, the Sāmaveda;—towards the South, and there was born with the exclamation om janad, the metre Anuṣṭubh, the Atharvaveda.

#### Om!

To the god with thousand heads, Thousand eyes, bringing every happiness, Who, the eternal, transcends all, The all, Nārāyaṇa, Hari.

The Purusa, who is all this, Who is the enlivener of the world, The wise lord of all, who, Omniform, resides in the waters.

Like a lotus-calyx it hangs, Almost like a flower-cup, In the heart, with drops of dew<sup>1</sup> as if Swollen, it hangs downwards.

In its midst a great fire, All-fire, flaming in all directions; In it a pointed flame, A fine one, striving upwards,

And in the midst of the pointed flame The Puruşa, the highest self, He is Brahman and Īśāna, The eternal, supreme lord.<sup>2</sup>

## 4

## (Cf. Atharvasiras 7).

The Brāhmaṇa who studies this Mahā-Upaniṣad text, one who is not an authority on scriptures becomes an authority on scriptures, an uninitiated becomes initiated; he is [purified by Agni, purified by Vāyu, purified by Sūrya, purified by Soma, purified by truth, purified by all; he is known by all the gods, is meditated upon by all the Vedas, becomes one who has bathed in all the holy bathing places, and all sacrifices are performed by him; Sixty thousand Gāyatrī stanzas are muttered by him, a hundred thousand [stanzas] of the Itihāsa-Purāṇas and of the Rudrahymns are muttered by him, ten thousand Praṇavas are muttered by him. He purifies the assembly as far as his sight reaches, he purifies up to the seventh generation (ancestors and descendants); thus has the exalted Hiraṇyagarbha promised.

By muttering one attains immortality,—one attains immortality.

<sup>1.</sup> Read : śikarādibhih.

<sup>2.</sup> After this, editions available to me read huge passages, as if to make the name Mahā-significant!—GBP.

## NĀRĀYAŅA UPANISAD

[Like the Mahā Upaniṣad, the Nārāyaṇa Upaniṣad also extols Nārāyaṇa as the principle of gods and beings. Only it speaks less in the style of the Brāhmaṇa myths and instead makes more use of older Upaniṣadic passages. But a new element, which had not come to be used till now, is the one which becomes prevailing in the still later Upaniṣads, viz. the cult of the formula, whose appearance here (as in a different way in our own time again) is a symptom of necrosis of the philosophical thought. The formula, whose meditation instead of that over objects enters into our Upaniṣad, reads: Om! namo Nārāyaṇāya! "Om! Salutation to Nārāyaṇa!"—Since it first appears only in the last two chapters, after chapter three had already concluded with the promises, the inference suggests itself that the whole Upaniṣad might have been pieced together from passages belonging to different times.]

1

Once it happened that the Puruşa Nārāyaņa desired to beget creatures. There was born from Nārāyaṇa the Prāṇa.

The Manas and the group of senses, The ether, wind, light, water, And the earth, which bears all,

From Nārāyaņa was born Brahman,

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, , , , , Rudra,

, , , , Prajāpati,

, , , , Indra,

, , were , the eight Vasus,

, , , the eleven Rudras,

, , , , the twelve Ādityas,
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all gods, all Rsis, all metres and all beings are born from Nārāyaṇa only and merge in Nārāyaṇa,—and merge in Nārāyaṇa.

2

Nārāyaņa is the eternal, one god, Nārāyaņa is Brahmán also,

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", ", Śiva ",
", Śakra ",
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· Nārāyaņa is the twelve Ādityas also,

- ,, ,, the Vasus and Asvins also,
- " " all Rsis also,
- ,, the time also
- " the quarters also,
- ", below also,
- , above also,
- ", corporal and uncorporal also,
- ,, ,, the inner and the outer also,

indeed, this whole universe, "what was and what is yet to be" is Nārāyaṇa. Nārāyaṇa is thus the eternal, spotless, inexpressible, changeless, artless, pure, one god, there is no second apart from him.

Choose Rudra as your charioteer,

Use your Manas as reins,
Then go to the supreme hereafter,
To the eternal abode of Visnu,

-to the eternal abode of Visnu.

3

This, verily, is the Upanişad-text of Nārāyaṇa. Verily, he who studies the Upanişad-text of Nārāyaṇa is freed of all fearful, he obtains all desires and all worlds, and entering into Brahmanhood he goes into immortality,—he goes into immortality.

4

One should first utter *Om*, then *namo*, and afterwards Nārāyaṇāya. *Om* is one syllable, *namo* are two syllables, Nārāyaṇāya are five syllables. This is the octo-syllabic metrical line of Nārāyaṇa. He who studies this octo-syllabic metrical line of Nārāyaṇa reaches the full span of life without a mishap, he enjoys happiness in offspring, growth of prosperity, possession of cattle, and he further participates in immortality,—and he further participates in immortality.

5

He (Nārāyaṇa) merged into one with the inner bliss, the Brahman, the Puruṣa, the holy syllable consisting of a, u and m, it became the sound Om.

The Yogin who has seen this, Is free from birth and Samsāra.

And he who worships the formula: Om namo Nārāyaṇāya, he goes to Vaikuṇṭha's (Viṣṇu's) heaven. That city is here, this lotus-flower (Chānd. 8,1,1), consisting wholly of intelligence, that is why it is just like a flash of the lightning (Kena. 29-30).

So pious was Devakī's son, So pious was Madhusūdana,

as it is said, [because he perceived] him who dwells in all beings, one, Nārāyaṇa, the cause, the a, the highest Brahman in the Om sound.

He who studies this Atharvasiras,<sup>2</sup>—if he studies it in the morning, then he annihilates the sins committed at night, if he studies it in the evening, then he annihilates the sins committed in the day; if he studies it at midday, facing the sun, then he is freed of the five major sins and the five minor sins, participates in the merit which is the goal of all Vedas, and attains communion with Nārāyaṇa,—attains communion with Nārāyaṇa.

<sup>1.</sup> Other editions available to me read akāraṇam 'causeless' which is certainly better than akāram which Deussen seems to have read.—GBP.

<sup>2.</sup> Here appellative: "the main part of the Atharvaveda." One Ms. reads atharvāngirasam (Jacob, Concordance, s.v.)



## ĀTMABODHA UPANISAD¹

["This Ātmabodha Upanisad", says the commentator, "serves the urpose of explaining the octosyllabic [formula of the] Nārāyaṇa Upanisad. or it happens that one Veda-text serves to explain another, as e.g. the trāhmaṇas which explain the Mantras". Actually, however, the present ext is a sheer, word-to-word repetition of the Nār. Up. 5 and the additions re partly of no importance, partly misleading. Thus, when the Vijñānahana (=kāraṇarūpa) is regarded as not the Ātman itself but a product of im, while immediately afterwards the kāraṇarūpa is identified with lārāyaṇa. And the verse about Devakīputra also is, as the supplements now, understood differently from us at Nār. Up. 5 and, we believe, misnderstood. Also the citations from the Brh. 4, 4, 19, Ait. 3, 3-4 and Rgv. 113, 7 patched up at the end announce the complete lack of originality of ne work which we do not ignore only for the reason that it is admitted by ne Oupanek'hat and commented upon by Nārāyaṇa].

### Om! Salutation!

Nārāyaṇa entered] into the inner bliss, the Brahman, the acred sound consisting of a, u and m, into this syllable, the 'raṇava, which became the sound Om.

The Yogin, who desires this, Is freed of birth and Samsāra.

Om! Salutation to Nārāyaṇa, the holder of conch, disk, nd mace! Therefore, he who worships the formula: Om, amo Nārāyaṇāya! attains Vaikuṇṭha, the heaven of the holy. Ind the city which is here, the Brahman-city, the lotus flower s the house, the Ātman who dwells in it, in the middle of this olden flower, from him springs out what is of the nature of ause, of the nature of consciousness, consisting wholly of nowledge; that is why it is just like a flash of lightning, its ght is like a lamp.

So pious was Devaki's son, So pious was Garudadhvaja, So pious was Pundarikāksa, So pious was Madhusūdana.

<sup>1.</sup> The title alternates optionally with Atmaprabodha-Upanişad.

for he had perceived him who dwells in all beings, one, Nārāyaṇa, of the nature of cause, of the a, the supreme Brahman.

Who on Viṣṇu, free from pain and illusion, Meditates, he is never ruined, Fearless, he goes from duality to nonduality.

#### But

"From one death into another he falls, "Who believes in seeing plurality here" (Brh.4,4,19).

In the midst of the heart-lotus flower is "all this guided by consciousness, established in what is guided by consciousness; the world is guided by consciousness, consciousness is its basis, consciousness is Brahman. Rising above this world by means of this conscious self, he [Vāmadeva] obtained all desires in that heaven and has become immortal,—has become immortal" (Ait. 3,3-4).

"Where light is without cessation.

"Where heaven's splendour is based,

"In that world, O purifier,

"In that eternal one, put me" (Rgv. 9,113,7).

Thus one goes to immortality,—thus one goes to immortality. Om, salutation!

One who meditates over the Atmaprabodha-Upanisad devotedly only for an hour, for him there is no return,—for him there is no return.

<sup>1.</sup> See the note under the Nārāyaṇa-Upaniṣad on this.—GBP.

## NŖSIMHA-PŪRVA-TĀPANĪYA UPANISAD

Tapanam is the burning, pain-suffering, ascetic self-sacrifice, Nrsimhatapanam the ascetic self-surrender to Nṛsimha, therefore Nṛsimha-tāpanīya-Upaniṣad "the esoteric doctrine concerning the ascetic surrender to Nṛsimha." It consists of two halves, one more exoteric (Nrsimha-pūrva-tāpanīya-Upaniṣad), which is dedicated to the earlier elementary surrender to Nṛsimha, and one more esoteric (Nṛsimhottara-tāpanīya-Upaniṣad), which is dedicated to the later, higher surrender; the former consists of five parts, the latter of a single main part; both are together considered as six Upaniṣads.

While the Upanisadic doctrine had reached to the recognition of one Brahman-Ātman, the monistic tendency, which is found in every religion, led to it so that the popular religious thought and worship also gained two chronologically or spatially different peaks in India (just as in Greece it centred around Zeus in the post-Homeric time), the one in Siva (Mahādeva-Iśvara) who had arisen out of the Vedic Rudra and Agni, the other in the old-Vedic sun-god Visnu, who again was worshipped in various forms. particularly as Nrsimha, Rāma, Krṣṇa (which were united as different Avatāras of one Viṣṇu by a later age). Whereas both the last-named gods [Rāma, Krsna] seem to have arisen through a deification of human, historical persons, Nṛṣimha, the 'Man-lion', i.e. 'divine lion' (nr "man, hero, god"; cf. e.g. Rgv 4, 25, 4: Indrāya nare naryāya, nrtamāya nrnām), is originally probably only "the powerful divine hero" into which the solar power was personified. (That the form as half-man half-lion should have nothing to do with the Assyrian or any other imagination whatever, is probably the simple explanation of the name.) In this form as Nysimha (Narasimha, occasionally also Nārasimha, cf. Nara, and beside it Nārāyaṇa) Viṣṇu was worshipped by a pretty exclusive and therefore, as it appears, little spread sect, whose symbolical book is the present Upanisad in its both parts; they can be conveniently distinguished (with Weber) as the exoteric and the esoteric part; both swear allegiance to the Nṛsimha faith and both remain thereby under the influence of the Upanisadic doctrine; the difference can be described most briefly by saying that in the first part the Upanişadic doctrine is put in the service of the Nṛṣimha faith (philosophia ancillatur theologiae), in the second part the Nrsimha faith is put in the service of the Upanisadic doctrine (theologia ancillatur philosophiae).

The first part (Nrsinha-pūrva-tāpanīya), with which we are concerned first, teaches the worship of Viṣṇu through a sacred formula composed in the Anuṣṭubh metre whereby, however, the worship aims more at the formula than at the god and it plays a similar role, only it is carried further wide than the role played by, say, Vyāhrtis, the Sāvitrī (cf. e.g. Maitr. 6, 6-7) in other texts, and by the holy sound Om in so many Ātharvaṇa

Upanisads. As in the Om-sound, similarly in the Nṛsimha formula also the whole Veda is comprised; it is the Mantrarāja, the 'king of formulas'. which was of service in the world-creation (1, 1), it deals with all worlds and all Vedas (1, 2), is identical with the four moras of the Om-sound (2 1): like Brahman, it has the Māyā as its creative power (śakti), and the Ākāśa as the semen (vijam), i.e. as the starting point of creation ("from this Ātman the Ākāśa is born, from the Ākāśa the wind" etc. Taitt. 2, 1). and the incessant repetition and artistic writing down (worn as an amulet) of this formula assures superabundant reward. Just as a prince does not appear without the retinue, so this Mantraraja has three (1, 3) or subsequently (4, 1-2) four Anga-mantras 'limb-formulas' or 'sub-formulas' in his retinue, to which, as a further corona is added, corresponding to the 32 syllables of the royal formula one more crowd of 32 formulas (4.3). As it is necessary to have the Mantraraja always before the eyes for an understanding to both the Nrsimha texts, we will introduce it along with the four Angamantias here in advance, in text and translation.

### The Mantraraja.

Ugram vīram, mahā-Viṣṇum, Jvalantam, sarvatomukham Nṛṣimham, bhīṣaṇam, bhadram, Mṛṭyu-mṛṭyum namamy aham.

The terrible, mighty, great, Viṣṇu, Burning in all the directions, As Man-lion, fearful and gracious, As the death of deaths, I adore him. The four Angamantras.

I. The Pranava.

Om!

#### II. The Savitri:

Ghṛṇiḥ, sūrya, Ādityaḥ, the glow, the sun, Āditya.

III. The Lakşmī-yajus (also Yajurlakşmī).
The beauty-formula.

Om ! bhūr lakṣmīr, bhuvar lakṣmīḥ, suvaḥ kālakarṇī, tan no mahālakṣmīḥ pracodayāt Om! earth luck and atmosphere luck, And heaven luck, black-eared,— So may the great luck promote us!

IV. The Nṛsimha-gāyatrī.

Om! Nīsimhāya vidmahe, vajranakhāya dhīmahi, tan naḥ simhaḥ pracodayāt.

Om! Let us think, well aware
Of Nrsimha, the lightning-nailed,
May the Lion promote our thought.

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		; ;

## NRSIMHA-PŪRVA-TĀPANĪYA UPANIŞAD

The auspicious let us hear with ears, o gods, The auspicious let us see with eyes, o holies, With firm limbs, praising, able-bodied, Let's reach the God-ordained span of life! (Rgv. 1.89.8). May Indra, the highly renowned, grant us well-being, Well-being god Pūṣan, the lord of all riches, Well-being Tārkṣya, whose felly remains undamaged, May Bṛhaspati, too, grant well-being to us (Rv. 1.89,6). Om, peace! Om, peace!

1.1

[Prajāpati created the world by means of the Nṛṣiṁha formula.]

### Om!

"Verily this world was water, waving. There Prajāpati was born alone on a lotus-leaf. In his mind (manas) a desire ( $k\bar{a}ma$ ) arose: 'I will create this world!' Therefore what a man aspires after in his mind, he speaks it out with the speech, accomplishes it with his activity. On this is this verse (Rgv. 10.129,4):

"There arose out of it desire first, It was the first outpouring of mind's semen.— The being's roots in the non-being found The searching wise in the urge of heart."

It comes to him, what he aspires after [who knows thus]!—He (Prajāpati) practised penance; after practising penance" (from the beginning upto here = Taitt. Ār. I, 23, Gesh. d. Phil. I, 196), he saw this Mantrarāja (royal formula) relative to Nṛṣiṁha and composed in the Anuṣṭubh metre; with it he created the whole world, whatever exists. Therefore they say: this whole world is Anuṣṭubh, whatever exists. "From the Anuṣṭubh, indeed, are born these creatures, having been born they live by the Anuṣṭubh, and departing, they again go back into the Anuṣṭubh" (according to Taitt. 3, 1-6). On this is this (verse): "The Anuṣṭubh is the first, and the Anuṣṭubh is the last; for the

Anustubh is Speech; (the creatures) depart by the Speech, and they are born by the Speech"; and it is indeed said: "The Anustubh is the highest of all the metres" (Taitt. Samh. 5,4,12,1).

1.2

[The four lines of the formula deal with the four world-regions with all their contents, and the four Vedas also.]

The earth with its oceans, its mountains, its seven islands,—that one should know as the first line of that song [the Mantrarāja].

The atmosphere, as populated by the bands of Yakşas, Gandharvas, Apsaras',—that one should know as the second line of the song.

The heaven, as populated by the Vasus, the Rudras, the Ādityas, and all gods,—that one should know as the third line of the song.

The undefiled, self-essence of the Brahman, dwelling "in the highest space" (Taitt. 2,1),—that one should know as the fourth line of the song.

He who knows this, attains immortality.

The four Vedas, Rg-, Yajur-, Sāma and Atharvaveda, with their Angas (Gesch. d. Phil. I, 51) and Śākhās (Gesch. d. Phil. I, 65),—they are the four lines.

What is the meditation [of this song], what its divinity, what its limbs, what their divinities, what its metre, what its poet, thus [one shall ask oneself incessantly.]

1.3

[Introductory over the first three of the four limb-formulas of the royal formula.]

Thus said Prajāpati: Verily, he who knows that beauty-anointed, octo-syllabic line of the Savitar formula as a limb (an Angamantra) of that song, is anointed with beauty.

All the Vedas have the Pranava [the holy Om-sound] as the beginning; if he knows this Pranava also as a limb [as Angamantra] of that song, he conquers the three worlds.

<sup>1.</sup> Probably Prajāpati is to be understood as the poet.

There is a sacrificial formula, the great Lakṣmī (luck) consisting of twentyfour syllables; if he knows this also as a limb of that song, he becomes rich in life, fame, honour, knowledge and mastery.

Therefore one should know this song along with its limbs [the Angamantras]; and he who knows it, attains immortality.

The teachers do not permit the Savitar-formula, the holy sound and the Lakṣmī-formula to a woman, to a Śūdra. One should know well the thirtytwo-syllabic song, and he who knows it, attains immortality,—but if a woman or a Śūdra knows the Savitar-formula, the Lakṣmī-formula, the Praṇava, he goes downwards after death. Therefore one should never proclaim these to them! If one proclaims these to them, the teacher goes downwards after death.

#### 1.4

[After a repeated identification of the formula with the highest divinities, the first two syllables of each of its four lines are inculcated.]

Thus spoke Prajāpati:

Agni, verily, the Vedas, this universe and all beings, the vital breaths and organs, animals, food, the immortal, the supreme ruler, the self-ruler, the far-and-wide-ruler,—this one should know as the first line of the song.

The sun in the form of Rc, Yajus, Sāman and Atharvan, 'the golden man within the sun' (Chānd. 1,6,6),—this one should know as the second line of the song.

He who rules over plants, the lord of the stars, the Soma,—this one should know as the third line of the song.

"It is Brahmán, Śiva, Hari, Indra, Agni, the eternal, the supreme lord" (Taitt. Ār. 10,11,12; also Mahānārāyaṇa-Up., 11th Anuvāka, verse 12, above),—this one should know as the fourth line of the song.

And he who knows it, attains immortality.

Om! One should know ugram as the initial song of the first line, jvalan- as that of the second, nṛṣiṁ- as that of the third, mṛṭyu- as that of the fourth.

And he who knows it, attains immortality.

Therefore one should not proclaim this song everywhere; if one wants to impart it, one should impart it only to one's son, if he is desirous of learning it, or otherwise to a pupil.

#### 1.5

[The second pair of syllables of each of the four lines, with a preceding and following glorification of the formula.]

The Man-lion who rests in the milk-ocean, 'the highest step' (Rv.1,22,20) meditated upon by the Yogins, one should know it as the song.

And one who knows it, attains immortality.

One should know viram as the end-song of the first half of the first line,-tam sa- as that of the second, -ham bhi- as that of the third,-mṛtyum as that of the fourth.

And one who knows this, attains immortality.

Therefore he who has learnt this song from the mouth of some teacher is liberated from the Samsāra thereby, helps liberate, strives for liberation; he who mutters it has a vision of God in this very body of his. Therefore this is the gate of liberation in the Kali age, none else attains liberation. Therefore one should know the song with its limbs. He who knows it strives for liberation.

### 1.6

[The third pair of syllables, along with glorification.]

#### Om!

"As law, truth, supreme Brahman, The Man-lion-formed, black-brown Puruşa.

"The chaste, with eyes odd" (Taitt. Ār. 10,12; Mahānār-Up., 12th Anuvāka, above).

The black-and-red Samkara,

the husband of Umā, the lord of animals, the wielder of bow, of infinite brilliance [I invoke, he who is] "the master of all knowledge, the lord of all beings, Brahman as the over-lord, the over-lord of Brahman" (Taitt. Ār. 10,47), the one to be praised according to the Yajurveda,—this one should know as the song.

And one who knows it attains immortality.

One should know mahā- as the initial song of the final half of the first line,-rvato- as that of the second, -saṇaṁ as that of the third, namā- as that of the fourth.

And one who knows it attains immortality.

Therefore this song is the supreme Brahman, which consists of being, intelligence and bliss;<sup>1</sup> he who knows it as such becomes immortal here itself. Therefore one should know the song along with its limbs.

And one who knows it attains immortality.

1.7

[The fourth pair of syllables of each of the four lines, along with glorification. Preliminary to the interweaving of the Om-sound.]

"With this, verily [i.e. with the thousand-year sacrifice in the original passage] the all-creators created the world; since they created all, so they are called all-creators. Everything originates after them, and they [those who perform a hundred-year sacrifice or those who teach it] (Taitt. Br. 3,12,9,8) attained a common life and a common world with Brahman,—therefore one should know this song along with its limbs.

And one who knows it attains immortality.

One should know -Viṣṇum as the final song of the first line, -mukham as that of the second, bhadram as that of the third, -myaham as that of the fourth.

And one who knows it attains immortality.

He himself [Prajāpati] has manifested all this. Relative to the Ātman, to the Brahman, one should know the worship with that Anustubh.

And one who knows it attains immortality.

And if one, whether a woman [only the Angamantras were forbidden to women at 1,3 above, not the Mantraraja] or a man, desires to stay here on the earth, the [Mantraraja] grants to him mastery over everything, and wherever he may die, there

<sup>1.</sup> Sat-cid-ānanda; this could (apart from Taitt. 2, 1) possibly be the first occurrence of the celebrated formula.

the God (of the Mantraraja) imparts to him at the end of his life the highest, delivering Brahman, by which, (already) immortal, he then attains to immortality. Therefore one mutters this [Brahman in the form of the *Om* sound] at intervals in the song; therefore this limb of the song is Prajapati, and therefore one who knows it as such becomes this limb of the song, becomes Prajapati.

Thus reads the great Upanişad. And one who knows this great Upanişad, he becomes, when he has performed the preparatory worship, the great Visnu,—the great Visnu.

## SECOND UPANISAD

[After a myth about the delivering power of the Nrsimha formula (patterned upon Pañcav. Br. 22, 12; cf. above, Chānd-Up., fourth Khaṇḍa) there follows the identification of its four lines with the four moras of the Om-sound, in which the corresponding passage of the Atharvaśikhā Upaniṣad (above) is borrowed verbatim and adapted to serve the purpose of our Upaniṣad.]

#### Om!

Once upon a time the gods were afraid of death, sins and the Samsāra. They took their refuge in Prajāpati. He administered to them this royal formula addressed to Narasimha and composed in the Anuṣṭubh metre. With that they conquered death, surmounted sins, surmounted the Samsāra. Therefore one who is afraid of death, sins and the Samsāra should grasp this royal formula addressed to Narasimha and composed in the Anuṣṭubh metre. He then conquers death, surmounts sins, and surmounts the Samsāra.

Of this Pranava [Om-sound], verily, "the first mora, the earth, is the a-sound. It is, consisting of verses, the Rgveda, it is Brahman, the Vasus, the Gāyatrī, the Gārhapatya fire",—this is the first line [of the royal formula].

'Its second mora, the atmosphere, is the *u*-sound. It is, consisting of sacrificial formulas, the Yajurveda, it is Viṣṇu, the Rudras, the Triṣṭubh, the Dakṣiṇa fire',—this is the second line.

<sup>1.</sup> All the passages enclosed in the quotation marks are taken verbatim from the Atharvasikhā above.

"Its third mora, the heaven, is the m- sound. It is, consisting of songs, the Sāmaveda, it is Rudra, the Ādityas, the Jagatī, the Āhavanīya fire",—This is the third line.

"The fourth, the half-mora, which is at the end of the syllable, is the Soma world, the Om-sound [for this the Atharvasikhā reads: is the broken down m-sound]. It is, consisting of the Atharvan songs, the Atharvaveda, it is the fire of universal destruction, the Maruts, the Virāj, the highest wise, the resplendent",—this is the fourth line of the song.

#### 2.2

[The Nrsimha formula as the king of formulas (mantrarāja) has five attributes, viz. heart, head, hair-tuft, armour and missile, to which the four lines of the formula with the Praṇava as the fifth correspond. They are interwoven in the following, and so also the worlds which they symbolise.]

The first line is octo-syllabic, and the three [remaining] lines [also] are octo-syllabic; thus thirtytwo syllables result; the Anustubh, verily, is thirty-two-syllabic; by the Anustubh the whole world has been created and by the Anustubh it is reabsorbed again.

That same [Mantrarāja] has five attributes [angāni: heart, head, hair-tuft, armour and missile]; the four lines correspond to the four attributes and the whole [of the formula] furnished with the Pranava corresponds to the fifth. Of the five [formulas formed from the attributes]: om to the heart namah, om to the head svāhā, om to the hair-tuft vasat, om to the armour hum, om to the missile phat, the first is combined with the first line [ugram viram mahāviṣnum, om hrdayāya namah], the second with the second [jvalantam sarvatomukham, om śirase svāhā], the third with the third [nṛsimham bhīṣaṇam bhadram, om śikhāyai vasat], the fourth with the fourth [mrtyumrtyum namāmy aham] om kavacāya hum] and the fifth with the fifth [om! ugram vīram mahāviṣṇuṁ jvalantaṁ sarvatomukhaṁ nṛsiṁhaṁ bhīṣanaṁ bhadram mṛtyumṛtyum namāmy aham om astrāya phat]; because these worlds are interwoven into one another, therefore the constituents [of the lines and formulas] also are interwoven into one another.—"Om! This syllable is the whole world" (Mānd.1); therefore the sound Om has a place before and after each

syllable [of the above five combinations. Thus: om u om, om gram om, om vi om, om ram om and so on]; the syllables are to be thus designed (drawn), as the Brahman-knowers teach.

2.3

[Enumeration of the eleven words of the formula, along with glorification.]

In this [Mantrarāja], one should know, at the first place stands ugram—and one who knows this attains immortality,—at the second place vīram, at the third mahāviṣnum, at the fourth jvalantam, at the fifth sarvatomukham, at the sixth nṛṣimham, at the seventh bhīṣaṇam, at the eighth bhadram, at the ninth mṛṭyumṛṭyum, at the tenth namāmi, at the eleventh aham.

One who knows this attains immortality.

The Anustubh has eleven words, by the Anustubh this whole world has been created, and by the Anustubh everything is reabsorbed again. Therefore one should understand this whole world as of the nature of Anustubh; and one who knows this attains immortality.

2.4

[The eleven words of the formula are explained etymologically and these explanations are embellished with Vedic citations, which often have very little connection with the matter in hand. Atharvasiras 4 (above) seems to have been in the mind as the model.]

It came to pass that the gods said to Prajāpati: Now why is it said ugram?—And Prajāpati said: Because by his majesty he lifts up (udgṛhṇāti) all worlds, all gods, all selves, all beings, creates continually, expands and causes to live, while he is caused to be elevated and is elevated,—

Praise the celebrated young car-warrior,
Who like a fierce lion terribly attacks;
Be gracious to the singer, highly-praised lion!
Let your troops fell someone other than us!
(Rgv. 2,33,11, free)—

therefore it is said ugram.

Now why is it said *vīram*?—Because by his majesty he puts to rest all worlds, all gods, all selves, all beings (stand away from them, *viramati*), creates continually, expands and causes to live.—

Through which a hero, energetic, virtuous, Presser, the friend of gods is born (Rgv. 3,4.9),

therefore it is said viram.

Now why is it said mahāviṣṇum?—[Because it is he,] who permeates all worlds and causes them to permeate him, like oil with regard to the lump of ground sesamum interwoven lengthwise and crosswise by it, mutually is permeated by them.—

He, than whom no higher one exists,
Who has entered into all the beings,
Yea, beyond whom nothing else exists,
Prajāpati, endowed with offspring,
Pervades the three world-lights of sixteen parts,—
(Vāj. Samh. 8,36, free, cf. Gesch. d. Phil. I, 191).

therefore it is said mahāviṣṇum.

Now why is it said jvalantam?—Because by his majesty he inflames all words, all gods, all selves, all beings, causes to flame, is inflamed causes himself to inflame,—

1

"Mover, stimulator, bright, shining, illuminator, flaming, inflammer, burning, kindling, scorching, glittering, sparkling, pretty, embellishing, beautiful (Taitt. Br. 3,10,1,2),—therefore it is said *jvalantam*.

Now why is it said sarvatomukham?— Because even without sense organs he sees everywhere, hears everywhere, goes everywhere, takes everywhere, and going everywhere, stays everywhere,—

"The one, who formerly became the world, From whom was born the protector of the universe,

<sup>1.</sup> The passage contains only an enumeration of the fifteen hours of the days of the second half of the month, as Weber, *Ind. Stud.* IX, 94 observes.

In whom the world merges in final destruction, Him I adore, active everywhere",—

therefore it is said sarvatomukham.

Now why is it said *nṛsimham*?—Because of all creatures man (*nṛ*) is the bravest and the loftiest, and the lion (*simha*) is the bravest and the loftiest, therefore the highest god became the man-lion. For the imperishable one takes this form for the well-being of the world,—

"Viṣṇu is glorified for this great deed, Like a roaming, wild animal, that dwells in mountains, He, under whose three mighty steps, The creatures all have a secure home (Rgv. 1,154,2)—

therefore it is said nrsimham.

Now why is it said *bhīṣaṇam*?—Because he, at whose sight all worlds, all gods, all beings run away from fear, is not afraid of anything whatsoever,—

"Out of his fear the wind purifies, Out of his fear the sun rises, Out of his fear hastens Agni And Indra and the Death, the fifth" (Taitt. 2,8)—

therefore it is said bhisanam.

Now why is it said bhadram?—[Because] he, being himself auspicious, always grants good luck, "glittering, sparkling, pretty, embellishing, beautiful" (Taitt. Br. 3.10,1).—

"The auspicious let us hear with ears, O gods, The auspicious let us see with eyes, O holies, With firm limbs, praising, able-bodied, Let's reach the God-ordained span of life"!

(Rgv. 1,89,8)—

therefore it is said bhadram.

Now why is it said mrtyumrtyum?—Because, the moment he

is thought of, he slays the death and the sudden (or accidental) death.<sup>1</sup>—

"He who gives breath, gives strength,
Whose command everybody hears, the very gods too,
Whose reflection the Immortal, who's the death of Death,
Which the god, whom we may worship through sacrifice?"

(Rgv. 10,121,2, free)—

therefore it is said mṛtyumṛtyum.

Now why is it said namāmi?—Because [it is he] to whom all gods bow down, also the seekers of liberation and the Brahman-students,—

"Now Brahmaņaspati is speaking forth A formula full of praise, In which Indra and gods rejoice, Varuņa, Mitra, Aryaman" (Rgv. 1,40.5)—

therefore it is said namāmi.

Now why is it said aham?—
'I am the first-born of the cosmic order,
Before the gods, at the fountain of Eternal,
Who serves out to me, delights me thereby,
For I am the food, I eat the food-eater,
I am above this whole world.

He who knows this shines like gold!—Thus reads the great Upanişad (Taitt. 3,10, above).

### THIRD UPANIŞAD

[In a sacred formula, three parts are usually distinguished: (1) vijam "the germ", i.e. the first syllable, (2) kila or kīlaka "the stem", the middle syllables from the second up to the penultimate, (3) śakti "the power" (the crown, as it were, or the fruit of it), i.e. the last syllable. In the following, the Vijam (u) and Śakti (-ham) of the Nrsimha formula are interpreted allegorically. Śakti, the creative power of Nṛṣimha, is the māyā and Vijam, the seed, out of which the whole world has developed, is the Ākāśa (space, ether) (in accordance with the oft-quoted passage, Taitt. 2,1: "Out of this Ātman the Ākāśa is born, out of the Ākāśa the wind" etc.)]

<sup>1.</sup> The original 'Abertod', which seems to be Deussen's own coinage, is not quite clear to me.—GBP.

Once upon a time the gods said to Prajāpati: "Teach us, O respected sir, the *Sakti* (power) and the *Vījam* (seed) of the Mantrarāja, composed in Anuṣṭubh and relating to Nṛṣiṁha. And Prajāpati said:

It is this Māyā of Narasimha which creates the universe, protects the universe, and reabsorbs the universe. Therefore one should know this Māyā as the Sakti (creative power); one who knows this Māyā as the Sakti, he surmounts the sin, surmounts death, he also attains immortality and obtains great luck.—The Brahman-knowers inquire: is it [the Sakti, the final syllable of the formula] to be uttered short or long or extra-long (ham, hām, hā-ām)?—When it is [uttered] short, one thereby burns all sin and attains immortality; if long, one obtains great luck and attains immortality; if extra-long, one becomes wise and attains immortality. Therefore the following is said by the Rsi by way of indication;

So drink it now, aspiring and victorious (Rgv. 6,17,2)! Luck, beauty, press-stone, little mother and earth-cow, And Indra's weapon, which is counted as the sixth, I know them as sprung from Brahman, all alike, And implore them for the protection of my life.

The Ākāśa, verily, is the highest goal of all beings. For all beings are born from the Ākāśa; from the Ākāśa, after they are born, they live; and departing from here, they are again merged in the Ākāśa [patterned on Taitt. 3, 1ff]. Therefore one should know the Ākāśa as the vijam (world-seed). Therefore the following is said by the Rṣi by way of indication (Kāṭh. 5,2. Mahānār. 10.6, following. Rgv. 440.5):

In ether he is sun-swan, Vasu in air, Hotar on the altar, guest at the doorstep, He dwells in man and wideness, in rule, in space,

Springs from waters, kine, law, mountains as the great law—he, who knows this.—Thus reads the great Upaniṣad.

## FOURTH UPANIŞAD

[Just as a king does not appear without retinue. similarly the formula-king (mantra-rāja), i.e. the Nṛṣiṁha formula is accompanied by four sub-

formulas which are here (after the mention of the first three in anticipation at 1, 3) presented according to their text. What is remarkable here is the openness with which the Māṇḍūkya-Upaniṣad is plundered for the sake of explaining the Om-sound. Upon the four sub-formulas follows at 3 yet another swarm of small formulas which are wholly devised on the pattern of Atharyaśiras 2.]

4.1

### Om!

And the gods said to Prajāpati: Teach us, O respected sir, the Angamantras (accompanying formulas) of the Mantrarāja, composed in Anuṣṭubh and relating to Nṛṣiṃha.—And Prajāpati said:

The *Praṇava*, the *Sāvitrī*, the *Yajurlakṣmī* and the *Nṛsimha-gāyatrī*,—these one should know as the Angas. And one who knows this, attains immortality.

## [First Anga: the Pranava]

"Om! This syllable is the whole world. Its explanation is as follows:

"The past, the present and the future, all this is the sound Om. And besides, what still lies beyond the three times, that also is the sound Om.

"All this, verily, is Brahman, but Brahman is this Ātman (the soul), and this Ātman is fourfold.

"The Vaiśvānara, present in the wakeful state, perceiving outwards, seven-limbed, having nineteen mouths, the enjoyer of the gross, is its first quarter.

"The Taijasa, present in the state of dream, perceiving inwards, seven-limbed, having nineteen mouths, the enjoyer of the selected, is its second quarter.

"The state where he, asleep, no more experiences any desire and sees no vision is deep sleep. The *Prājña*, present in the state of deep sleep, become one, consisting wholly of knowledge through and through, consisting of bliss, the enjoyer of the bliss, having conscience for his mouth, is its third quarter.— He is the lord of all, he is the omniscient, he is the inner guide, he is the cradle of the universe, verily he is creation and disappearance of creatures.

"That which is neither inward-perceiving nor outward-perceiving, nor both-way perceiving, neither conscious nor unconscious, that which does not consist of knowledge through and through, neither invisible, unhandlable, ungraspable, uncharacterizable, inconceivable, unnamable, established in the certitude of one's own self, that which extinguishes the expanse of the universe, calm, auspicious, without the second,—that is the fourth quarter, that one should know as the Ātman." (This whole observation on the Praṇava is borrowed, almost wholly unchanged from the Māndūkya-Up. 1-7).

# 4.2

[Second Anga: the Sāvitrī.]

Further the Sāvitrī, i.e. the Gāyatrī, consisting of the sacrificial formula [ghṛṇiḥ sūrya' ādityaḥ Taitt. Ār. 10,15] by which the whole world is pervaded; ghṛṇiḥ are two syllables, sūria are three, and āditya are three; this is an octo-syllabic line, anointed with beauty, of the Savitar-formula; and who knows it thus, he is therefore anointed with beauty. This is said by rc (Rgv. 1, 164,39):

The sound of hymn in the highest heaven, Propped on which gods all are enthroned, If one doesn't know it, of what use the hymn?—We, who know it, are assembled here.

Verily, he who knows Savitri, requires no Rc, no Yajus, no Saman any longer.

[Third Anga: the Laksmi-yajus or the Yajur-laksmi.]

Om! bhūr lakṣmīr, bhuvar lakṣmīh, suvah kālakarnī, tan no mahālakṣmīh pracodayāt!

(Om! earth luck, and atmosphere luck, And heaven luck, black-eared,1—So may the great luck promote us!)

<sup>1.</sup> As a rule black ears otherwise denote bad luck. So we have here, as a counterpart to euphemism, a 'Dysphemismus', which is not so easy to understand psychologically as the other. (The use of terms of abuse as fondling expressions is analogous.)

This is the sacrificial formula Mahālakṣmī, a twentyfour-syllabic-Gāyatrī. Verily Gāyatrī is all this, whatever exists. Therefore, he who knows this Mahālakṣmī contained in a sacrificial formula obtains great bliss.

[Fourth Anga: the Nrsimhagayatri.]

Om! Let us think, well aware, Of Nṛsiṁha, the lightning-nailed, May the Lion promote our thought.

(after Taitt. Ar. 1, verse 31).

Verily, this Nṛṣiṃha-Gāyatrī is the basic reality of gods and the Vedas. He who knows this is of the nature of basic reality.

4.3

And the gods said to Prajāpati: By which formula must the God be praised so that he is pleased and shows himself? Tell it to us, O exalted sir!

Then prājāpati said:1

Om! He who is the exalted Brahmán, to him the salutation, the god Nrsimha and is also salutation!

,,	,,	Viṣṇu	,,	,,	,,
,,	,,	Maheśvara	,,	**	,,
,,	,,	Purușa,	,,	,,	,,
,,	**	Īśvara,	,,	,	,,
,,	,,	Sarasvatī,	,,	,,	,,
29	,,	Śrī,	,,	,,	,,
<b>;</b> )	,,	Gaurī,	,,	,,	,,
,,	,,	Prakṛti,	,,	,,	,,
9>	,,	the Ignorance,2	,,	,,	93
,,	39	the sound Om,	,,	••	,,

<sup>1.</sup> The whole following formula is patterned on Atharvasiras 2 (above).

<sup>2.</sup> To the first five the following five are allotted as wives, as remarked pertinently by Weber, with whom we adopt the analysis  $avidy\bar{a}$ ; the scholiast of course reads  $vidy\bar{a}$ .

Om! He who is the exalted the Vedas with Angas and Sakhas god Nrsimha and is also to him the salutation, the salutation!

22	the five fires	••	••	,,
	the 7 Vyāhrtis.			,,
,,			,,	,,
,,	the 8 Vasus,	,,	,,	,,
,,	the Rudras,	,,	,,	,,
,,	the Ādityas,	,,	,,	,,
,,	(the 8 seizors)	,,	,,	,,
>,		,,	,,	,,
,,		,,	,,	,,
,,	-	٠,	,,	,,
>>		,,	,,	,,
,,	the death,	٠,	,,	,,
,,		,,	**	,,
,,	the god of death	,,	,,	,,
,,	the Prāṇa,	,,	,	,,
,,	Sūrya,	,,	,,	>>
,,	Soma,	,,	29	,,
,,	the Jiva (soul),	,,	,,	,,
,,	the Virāj,	,,	,,	,.
,,	the universe,	,,	,,	,,
	22 23 23 23 23 23 23 23 23 23 23 23 23 2	the 7 Vyāhṛtis, the 8 world-guardi the 8 Vasus, the Rudras, the Ādityas, (the 8 seizors) ((Bṛh. 3,2)) the 5 elements, the three-worlds, the time, Manu, the death, the Yama, the god of death the Prāṇa, Sūrya, Soma, the Jīva (soul), the Virāj,	the 7 Vyāhṛtis, the 8 world-guardians, the 8 Vasus, the Rudras, the Ādityas, (the 8 seizors) ((Bṛh. 3,2)) the 5 elements, the three-worlds, the time, Manu, the death, the Yama, the god of death the Prāṇa, Sūrya, Soma, the Jīva (soul), the universe	the 7 Vyāhṛtis, ""  the 8 world-guardians, "  the 8 Vasus, ""  the Rudras, ""  the Ādityas, ""  (the 8 seizors) ""  ((Bṛh. 3,2))  the 5 elements, ""  the time, ""  Manu, ""  the death, ""  the Yama, ""  the god of death ""  the Prāṇa, ""  Sūrya, ""  Soma, ""  the Jīva (soul), ""  the universe

And Prajāpati said to them [further]: Always praise the God with these formulas so that being pleased he will show himself to you.

Therefore he who always praises the God with these formulas gets a view of the God and attains immortality,—and he who knows this also attains immortality. Thus reads the great Upanişad.

### FIFTH UPANIŞAD

[If the substitution of formula in the place of thought is a sign of decadence, then the last step in this direction is taken when, as taught here, the formula is put down artistically and worn as an amulet of magical potency, on neck, arm or hair-lock;—and the sadness over seeing the most spiritual and the most sublime of all religions going to the grave in this

way is not mitigated by the consideration that we see similar phenomena making their appearance in other walks of religious and philosophical development. In glaring contrast to these symptoms of marasmus stand the extravagant promises, in which the second half abounds.]

5.1 Om!

Once the gods said to Prajāpati: Explain to us, O exalted sir, the circle, (the diagram), which is called the great circle, the one which the Yogins call the all-wish-fulfilling gate of liberation.

—And Prajāpati said:

This great circle Sudarśanam (the discus of Viṣṇu; originally the solar discus "beautiful to look at") has six spokes; therefore it has also six spokes and six wings. Verily there are six seasons; it corresponds to the seasons. In the middle is the navel; for the spokes are established in the navel. And all this is surrounded by the Māyā; but the Māyā does not touch its self (Ātman); therefore from the outside it is surrounded by the Māyā.

Further there is a circle with eight spokes and eight wings; for the Gāyatrī has eight syllables; it corresponds to the Gāyatrī. From outside it is surrounded by the Māyā. Verily this Māyā appears in every field (as its surrounding).

Further there is a circle with twelve spokes and twelve wings; for the Jagatī has twelve syllables; it corresponds to the Jagatī. From outside it is surrounded by the Māyā.

Further there is a circle with sixteen spokes and sixteen wings; for "the Puruşa consists of sixteen parts" (Chānd. 6,7,1, but in a different sense), but the Puruşa is this whole world; and it corresponds to the Puruşa. From outside it is surrounded by the Māyā.

Further there is a circle with thirtytwo spokes and thirtytwo wings; for the Anuştubh has thirtytwo syllables; it corresponds to the Anuştubh. From outside it is surrounded by the Māyā.

This Sudarśana circle is formed by the Spokes; the Vedas, verily are the spokes; it revolves around in wings; the songs [Chandas], verily are the wings.

5.2

The great circle Sudarśanam is this circle. At its centre, at the nave, is the delivering sign (tārakam); the syllable, which denotes Narasirinha (viz. Om), it is this one syllable.

On the six wings stands the six-syllabic Sudarśanam ["a six-syllabic Sudarśana-mantra" Schol.; which one, not said; perhaps: Om namaś cakrāya].

On the eight wings stands the octo-syllabic Nārāyaṇam [probably: Om namo Nārāyaṇāya].

On the twelve wings stands the twelve-syllabic Vāsudevam [perhaps: Om namo bhagavate Vāsudevāya].

On the sixteen wings stand the firsts of the letters of alphabet [according to the scholiast: "the initial signs of a letter-formula"  $m\bar{a}trk\bar{a}mantrasya$ , i.e. probably of a formula whose lines or words begin with the fourteen vowels  $a\ \bar{a}\ i\ i\ u\ \bar{u}\ r\ r\ l\ l\ e\ ai\ o\ au$ ] along with points [Anusvāra and Visarga] as the sixteen parts.

On the thirtytwo wings stands the thirtytwo-syllabic king of the formulas, relating to Narasimha and composed in Anustubh.

This is the great circle, which is the gate of liberation, fulfilling all desires and consists of the Rcs, the Yajus', the Sāmans, the Brahman, the immortality.

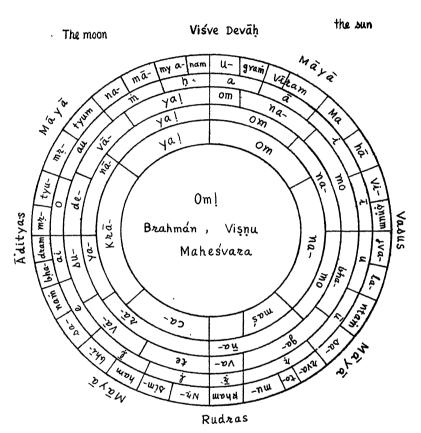
To its east are situated the Vasus, to the south the Rudras, to the west the Ādityas, to the north the Viśve devāḥ, at the nave Brahmán, Viṣṇu and Maheśvara, on its side the sun and the moon. On this is the verse (Rgv. 1,164,39):

The sound of hymn in the highest heaven, Propped on which gods all are enthroned, If one doesn't know it, of what us the hymn?— We, who know it, are assembled here.

If one knows this great circle, whether he is a child or a youth, he is great, he is a teacher, he is the instructor of all the Mantras (Vedic songs and formulas). One sacrifices through Anustubh [in that one knows and recites it], one offers a song of praise through Anustubh.

This[diagram], which slays evil spirits and protects from death, after receiving it from one's preceptor, one should tie it on the neck, arm, or the hair-tuft.

Accordingly the whole Mahācakra-diagram would look something like this: see p. 830a.



It is worth naticing that the old Vedic gods lie outside the circle, in the realm of the Mays.



This formula is of so much use, that one had as it were given away the whole earth with the seven islands as the Dakṣiṇā) (sacrificial reward).—Therefore, trusting in it when one gives away whatever it may be, that serves as [sufficient] Dakṣiṇā.

53

The gods once said to Prajāpati: Propound to us, O exalted sir, the reward of this formula-king, composed in Anuṣṭubh and relating to Nṛṣiṁha.—And Prajāpati said:

One who always studies this formula-king, relating to Nṛsimha and composed in Anuṣṭubh, he is purified by Agni,¹ purified by Vāyu, purified by Āditya, purified by Soma, purified by truth, purified by worlds, purified by Brahmán, purified by Viṣṇu, purified by Rudra, purified by the Vedas, purified by everything,—purified by everything.

5.4

One who always studies this formula-king relating to Nrsimha surmounts death, surmounts embryo-killing, Brāhmaṇa-killing, man-killing, all killing, surmounts Samsāra, surmounts everything—surmounts everything.

5.5

One who always studies this formula-king relating to Nrsimha composed in Anustubh, he makes Agni spell-bound, makes Vāyu spell-bound, makes Āditya spell-bound, makes Soma spell-bound, makes the water spell-bound, makes all gods spell-bound, makes all evil spirits spell-bound, makes the poison spell-bound, —makes the poison spell-bound.

5.6

One who always studies this formula-king relating to Nṛsiṁha, composed in Anuṣṭubh, he wins the world  $bh\bar{u}r$ , wins the world bhuvar, wins the world svar, wins the world mahar, wins the world svar, wins the world svar, wins the world svar, wins the world svar, wins the whole world, —wins the whole world.

<sup>1.</sup> This same or a similar formula is usually found in later Upaniṣads: Cf. Rāmottaratāp. Appendix p. 381. Kaivalya, end, p. 464. Atharvasiras 7. Mahā. 4, p. 96 (Jacob). Mudgala 4 Telugu ed. p. 529, 14).

### 5,7.

One who always studies this formula-king relating to Nṛsimha, composed in Anuṣṭubh, he charms men towards him, charms gods towards him, charms the Yakṣas towards him, charms all towards him,—charms all towards him.

#### 5.8

One who always studies this formula-king relating to Nṛsiṁha, composed in Anuṣṭubh, he thereby offers the Agniṣṭoma¹, offers the Ukthya, offers the Ṣoḍaśin, offers the Vājapeya, offers the Atirātra, offers the Aptoryāma, thereby he offers all sacrifices,—offers all sacrifices.

#### 5.9

One who always studies this formula-king relating to Nṛsiṁha, composed in Anuṣṭubh, he thereby studies² the Rcs, the Yajus', the Sāmans, the Atharvan, the Aṅgiras, the Śākhās, the Purāṇas, the Kalpas (ritualistic Sūtras), the song-verses, the verses of manpraise and the Praṇava, but one who studies Praṇava, he thereby studies everything.—he thereby studies everything.

#### 5.10

A hundred uninitiated are equal to one initiated [i.e. a Brahmacārin]; a hundred initiated are equal to one householder (Gṛhastha); a hundred householders are equal to one forest-resident (Vānaprastha); a hundred forest-residents are equal to one ascetic (Yati, i.e. Saṃnyāsin); a full hundred ascetics are equal to one who mutters the Rudrajapa [probably the Śatarudriyam or the Nīlarudropaniṣad borrowed from it]; a hundred who mutter the Rudrajapa are equal to one who studies the Atharvaśiras and the Atharvaśikhā; and a hundred who mutter the Atharvaśiras and the Atharvaśikhā are equal to one who studies the Mantrarāja.

<sup>1.</sup> On these forms of one-day Soma-sacrifices, cf. e.g. Ait. Br. 3, 39ff. (Introduction to the Aitareya-Upanişad, above).

<sup>2.</sup> For the following enumeration, cf. Taitt. Ar. 2, 10 (pp. 240 ff).

This, verily, is the highest abode of one who studies the Mantrarāja, where no sun heats, no wind blows, no moon shines, no stars shine, no fire burns, no death breaks in, no pain approaches, the truly blissful, supremely blissful, eternal, calm, ever auspicious, worshipped by everybody right from Brahmán, to be meditated upon by the Yogins, having gone where the Yogins do not return again.

On this is the verse:

And the highest step of Viṣṇu
The patrons see for ever
Like an eye, stationed in heaven.

And wondering over this highest step Of Viṣṇu, the priests, wide awake, Enkindle the sacrificial fire.<sup>2</sup>

And this falls to the share of one who is desireless,—this falls to the share of one who is desireless, who knows it thus. Thus reads the great Upaniṣad.

<sup>1.</sup> Deussen seems to have analysed sadānandam (usually dissolved into sadā+ānandam) into sad+ānandam.—GBP.

<sup>2.</sup> For these two verses forming a favourite conclusion of many an Upanisad, see note at the end of the Āruneya Upanisad above. —GBP.



### NRSIMHA-UTTARA-TĀPANĪYA UPANISAD

As we saw, in all the five Upaniṣads it consists of, the Nṛsimhapūrva-tāpanīya pursues as its goal the cult of the Nṛsimha-formula; the formula is the idol whose worship is demanded there and everything that comes in of the philosophical elements enters into the service of this goal. In this form the work might have satisfied the religious needs of the masses in whose hands everything finally becomes an idol; in any event, through the interspersed philosophical suggestions a vague suspicion of a deeper content might have been awakened and kept alive in common people also to whom it would remain incomprehensible.

To unfold this deeper content for those few, who were receptive to it, and to whom the Pūrvatāpanīya served only as a preliminary stage, is the aim of the Nṛṣimha-uttara-tāpanīya-Upaniṣad. Although the Nṛṣimha-formula continues to be held in high honour with the identification of Nṛṣimha with the supreme Ātman, still it plays there a subordinate role; the whole stress falls on a complicated philosophical unfoldment which, to be sure, is essentially based on older passages, particularly of the Māṇḍūkya Upaniṣad, but is not wanting in new and, at times, particularly towards the end, remarkably deep-going views.

The fundamental view is the one of a four-fold identity which we can put down in the equation:

#### $\bar{A}tman = Om = Brahman = Nrsimha$

wherein  $\bar{A}tman$  as the psychic principle is equated, by means of the Omsound with the Brahman as cosmic principle and all the three, in their
turn, are seen symbolically in  $N_F$ simha. To this fundamental view is added,
as a continuous fundamental doctrine, that the  $\bar{A}$ tman (identical with Om, Brahman,  $N_F$ simha) persists in full purity only in his supreme, sixteenth
aspect as a completely passive subject of perception (avikalpa), while with
his fifteen subordinate forms he projects into the world and conditions its
reality, but that this whole reality of the world and his fifteen subordinate
forms are nothing when looked at from the highest point of view. The
inner unity of the  $\bar{A}$ tman in all beings is thereby brought to view by the
artistically executed interweaving of all forms with each other.

First, in union with the Māṇḍūkya Upaniṣad, the four states of the  $\bar{A}$ tman are distinguished:

- I. The waking and the (gross) world of waking.
- II. The dream and the (subtle) dream-world.
- III. The deep sleep and the seed-world, cause-world (cf. Gaudap. 1,13: vijanidrāyutah prājñah, above).
- IV. The Turiya (sc. ātmā, or the Turiyam, sc. sthānam), the fourth state, the spectatorship, in which the union of the subject and the

object takes place under the persistence of consciousness, whereas in the third it is accompanied by a dissolution of it (cf. Gaudap. 1,12: turyain tat sarvadık sadā, above).

Each of the first three states is mixed with all the four states, is therefore 1. gross (waking), 2. subtle (dream), 3. seed (deep sleep), 4. Turiya (spectator).

As against this, there is a different fourfold division in the Turiya (and in the other three states in so far as they have a share in it). The Turiya is:

- 1. ota "inwoven" (B<sub>7</sub>h. 3,8) as the intellectual element running through the whole world;
- 2. anujñātṛ "Affirmer" (alternating with anumantṛ¹ "Consenter" not in the sense of Schopenhauerian" affirmation of the will to the life", (will's acceptance of life) but as the spiritual which alone gives a positive substance to the objects ("the thinking makes this wholly unsubstantial world substantial" Nṛṣiṁhott. 8b, below).
- 3. anujñā "Affirmation", the very same after stripping off personality (related to anujñātṛ in the same way as the impersonal Brahman to the personal Iśvara).
- 4. avikalpa "Indifference", the complete effacement of all differences, so that only the pure, objectless subject of perception remains. (Main passages explaining these four basic concepts are below).

Inasmuch as waking, dream and deep sleep have a share in the Turīya, they also contain ota,  $anuj\bar{n}\bar{a}t_{\bar{l}}$ ,  $anuj\bar{n}\bar{a}$  and avikalpa and by this very means they "flow into" the Turīya (turīya-avasita). But all the three states (waking, dream, deep sleep) and the first three determinations of the Turīya also (ota,  $anuj\bar{n}\bar{a}t$ ,  $anuj\bar{n}\bar{a}$ ) are wholly "only deep sleep, dream and sheer delusion". Only avikalpa is completely real "for the  $\bar{A}tman$  has thinking as the only taste."

This highest state, attained after severing all worldly tastes, is "the fourth of the fourth" (turiya-turiya), is the Atman himself in his purest form, and the description in the last chapter how he is to be felt and found by becoming conscious (anubhava) of him as the self in us, and not through intellectual activity is among the most beautiful and most precious that the ancient Indian plunge into the secrets of the inner self has brought to light.

<sup>1.</sup> The expression perhaps goes back to the Bhag. G. 13,22: upadraṣṭā'numantā ca.

## NŖSIMHA-UTTARA-TĀPANĪYA UPANIŞAD

#### Om!

The auspicious let us hear with ears, O gods, The auspicious let us see with eyes, O holies, With firm limbs, praising, able-bodied, Let's reach the God-ordained span of life! (Rgv. 1,89,8).

May Indra, the highly renowned, grant us well-being, Well-being god Pūṣan, the lord of all riches, Well-being Tārkṣya, whose felly remains undamaged, May Bṛhaspati, too, grant well-being to us (Rgv. 1,89,6). Om, peace! Om, peace!

### FIRST KHANDA

[At first, in conjunction with a passage from the Māṇdūkya, the Omsound is set forth as a unity in which Brahman (objective) and Ātman (subjective) fuse together. Both, Brahman and Ātman, are (as is unfolded again in the continuation of the Māṇdūkya Upaniṣad theory of the four states of the Ātman): (1) gross (world of waking,—waking), (2) subtle (dreamworld,—dreaming), (3) uniform (seed-world,-deep sleep), (4) Turīya, spectator, the pure subject of perception. Each of the first three states is caturātman "four-substanced", i.e. mixed with the three other states so that each of them contains (a) the gross, (b) the subtle, (c) the seed, (d) the spectator. Another fourfold division occurs in the Turīya, wherein the same is (a) ota, (b) anujñātr, (c) anujñā, (d) avikalpa; also the first three states have a share in these four determinations, through which they flow into the Turīya. Only the last of these determinations (avikalpa) is wholly free from the illusion of mundane life.]

#### Om!

Once the gods said to Prajāpati: Proclaim to us the Om-sound which, being that Ātman, is minuter than the minute.— Let it be so, said he.<sup>1</sup>

"Om! this syllable is the whole world. Its explanation is as follows. The past, the present and the future, all this

<sup>1.</sup> Prajāpati begins his discussion with the Māṇḍūkya Upaniṣad, from which the whole portion enclosed in the quotation marks is taken.

is the sound Om. And besides, what still lies beyond the three times, that also is the sound Om. All this, verily, is Brahman, but Brahman is this Ātman."

While one makes this Ātman one with Brahman by means of the word Om, and makes the Brahman one with the Ātman by means of the word Om, one should experience that one, ageless, immortal, fearless in the word Om, should merge in it this whole three-body world,—for one should know that the world consists of it,—and should compress it in the word Om. Thereby one should combine the three-body Ātman and the three-body supreme Brahman into each other, so far the latter is gross and the former experiences the gross, the latter is subtle and the former experiences the subtle, the latter is uniform and the former experiences bliss.

"This Atman is fourfold. The one present in the "wakeful state", perceiving the gross, seven-limbed, having nineteen mouths, experiencing the gross four-substanced Viśva, "Vaiśvānara is his first quarter. —The one present in the state of dream" perceiving the subtle, "sevenlimbed, having nineteen mouths", experiencing the subtle, four-substanced "Taijasa", Hiranyagarbha "is his second quarter.—The state, where he, asleep, no more experiences. any desire and sees no vision is deep sleep. The one present in the state of deep sleep, become one consisting wholly of knowledge through and through, consisting of bliss, experiencing the bliss, having consciousness for his "mouth", four-substanced, "Prājña", Īśvara is his third quarter. He is the lord of all he is the omniscient, he is the inner guide, he is the cradle of the universe verily he is creation and disappearance of creatures."

All these three are in reality only deep sleep, dream and sheer delusion; for the Ātman has thinking as the only taste. But as far as the Fourth is further concerned, he is also four-substanced, so far as in the *Turiya* (Fourth) fuses each of the other three by virtue of the *Inwoven*, *Affirmer*, Affirmation and Indifference [properties inherent in all of them]. And even of these the [first] three are only deep sleep, dream and sheer

delusion: for [the Ātman] has thinking as the only taste. On him there is this instruction:

Not perceiving the gross and not perceiving the subtle, not both-way perceiving, neither conscious nor unconscious, also not consisting of knowledge through and through, invisible, uncharacterizable, established in the certitude of his own self, extinguishing the expanse of the universe, auspicious, calm, without the second,—that is [the fourth quarter], that "precisely" is the Ātman, that precisely "one should perceive",—

and the *Īśvara* (the personal God) also is devoured by the *Turīya* (the Fourth).—by the *Turīya*.<sup>1</sup>

### SECOND KHANDA

[As it was previously a connecting link between the  $\bar{A}$ tman and the Brahman, the Om-sound is a connecting link between the  $\bar{A}$ tman and the material world, on the one side through its three moras (a, u, m), on the other as the whole (om). Each of the three states of the  $\bar{A}$ tman (waking, dream, deep sleep) is the gross, the subtle, unity and spectator; similarly each of the three moras (a, u, m) contains the gross, the subtle, unity and spectator, so that a corresponds to the waking, u to the dream, m to the deep sleep. Similarly the Om-sound as a whole corresponds to the Turiya, so far as he bears on himself the four determinations of these  $(ota, anuj\bar{n}\bar{a}t_{T}, anuj\bar{n}\bar{a}, avikalpa)$ . Through these four determinations the world becomes a reality  $(n\bar{a}ma-r\bar{u}pa-\bar{a}tmaka)$ ; through them the Turiya projects, by means of the Om-sound, into the objects.—To the end the Nṛsimha-formula is described as a means to elevate oneself to the Turiya, thus preparing for the next section.]

Of this Atman one should know that in waking he is dreamless and without deep sleep, in dream he is waking and without

<sup>1.</sup> The Turiya is the abyss, which swallows even the personification of the divine as Iśvara. What a grand doctrine for instead of the occidental. "If the ruler of the world had not been too great even to the theory."—Weber understands the words Iśvaragrāsas turiyaḥ in the opposite way, meaning that the Turiya is supposed to be swallowed by the Iśvara (Ind. Stud. IX, 128. 131).—At this stage of understanding the judgment (passed ibid. p. 137; and repeated complacently by the young); "The mystical profound sense becomes rampant non-sense",—would probably seem to be premature.

deep sleep, in deep sleep waking and dreamless, in the Turīya waking, dreamless and without deep sleep, that he is unchangeable eternal bliss, having the only taste (of thinking), that is how one should know him.

He is the one who sees the eye, who sees the ear, who sees the speech, who sees the Manas, who sees the Buddhi, who sees the Prāṇa, who sees the darkness, who sees everything. Therefore he is another from the universe, an essentially different one.

He is the spectator  $(s\bar{a}ksin)$  of the eye, spectator of the ear, spectator of the speech, spectator of the Manas, spectator of the Buddhi, spectator of the Prāṇa, spectator of the darkness, spectator of everything. Therefore he is the unchangeable great spirit, the dearest of all the world, verily one must know him as consisting of bliss through and through. Shining gloriously before this whole world, having the only taste [of thinking], not aging and not decaying, immortal and fearless, he [the Ātman] is the Brahman.

And one should also make him, consisting of four quarters, one with the unborn [ $Prak_{r}ti$ ,  $M\bar{a}y\bar{a}$ ,  $Avidy\bar{a}$ ] by means of the moras and further by means of the [whole] Om-sound.

"The one present in state of waking" four-substance Viśva, "Vaiśvānara is the" four-form "a-sound; verily the a-sound is four-form by reason of the forms of the a-sound: the gross, the subtle, the seed and the spectator, "from the reaching or from the first existence", and from being gross, being subtle, being the seed and being the spectator; "He who knows this, verily attains" this whole world "and becomes the first".

"The one present in the state of dream" four-substanced "Taijasa", Hiranyagarbha "is the" four-form "u-sound"; verily the u-sound is four-form by reason of the forms of the u-sound: the gross, the subtle, the seed and the spectator, "from the high-holding or from the being-on-

<sup>1.</sup> Cf. Taitt. Br. 2,8,8,8: brahma jajñānam prathamam purastāt (Gesch. d. Phil. I, 251).

<sup>2.</sup> The following whole portion enclosed in the quotation marks is taken from the Māndūkya Upaniṣad.

"both-the-sides" and from being gross, being subtle, being the seed and being the spectator; "he who knows this, "verily, holds high the tradition of knowledge and is "equally respected by both the sides".

"The one present in the state of deep sleep" four-substanced "Prājña", Īśvara "is the" four-form "m-sound" verily the m-sound "is four-form by reason of the forms of the "m-sound": the gross, the subtle, the seed and the spectator, "from constructing "or also from annihilating" and from being gross, being subtle, being the seed and being the spectator; "he who knows this verily constructs this whole world and is also its annihilation".

Thus one should re-find all the Mātrās in each individual Mātrā.1

Further the Turiya who, as self-ruler, self-Isvara, self-luminious, devours even the Isvara (the personal God), is four-substanced as ota, anujñātṛ, anujñā and avikalpa.

The  $\bar{A}$ tman is similar to the ota ["woven into" the world] as the whole world to the rays of the time-fire and of the sun (read  $k\bar{a}l\bar{a}gni-s\bar{u}rya-usrai\hbar$ ) at the time of the end.

And the Ātman is the anujñātṛ (affirmer) of this world because he gives it his own self and [thereby] makes this world visible—that is, makes it his own self [which is luminous]—as the sun the darkness.

And the Ātman has anujñā (affirmation) as his own taste because, by his very nature, he is pure thought, comparable to the fire after it has consumed the fuel.

And the Ātman is the avikalpa (indifference), so far as he is not accessible to words and thoughts.

The Om-sound has also thought for its form, and it is four-form; and this four-form Om-sound is, by means of the Inwoven the Affirmer, the Affirmation and the Indifference, the Ātman himself. And this world has names and forms for its substance

<sup>1.</sup> The variant reading: amātramātrāyām pratimātrāh kuryād, "one should re-find every individual mora in the moraless mora", not supported by the comm., which Weber follows is, as he rightly observes, also linguistically doubtful, but it would point to what now follows admirably well.

by reason of the Turiyaness alone or the thought form character [included in the Om-sound] as also by means of being inwoven, being the affirmer, being affirmation and being indifference—for the whole universe also is [on account of its very substance] of the form of indifference, and there is no difference [between Ātman, Om-sound, universe]. And on this is this instruction:

"The fourth is moraless, unhandlable, extinguishing the expanse of the universe, auspicious, without a second,—the syllable Om, the Ātman himself. One who knows this has his [individual] self merged in the [highest] self". (Māṇḍ. 12).

Such a man will know the Turiya through the Anustubh relating to Nrsimha, the formula-king. For this [formula-king] discloses the Ātman, is capable of collecting all [duality], not tolerating arrogance, the master, all-pervading, always blazing, free from the nescience and its effects, abolishing the bond of one's own self, always without a second, having the form of bliss, the foundation of all, pure being, he is the I himself wholly freed from nescience, darkness and delusion.

Therefore one should, in this way, make one this Atman and the highest Atman; one who accomplishes it, is a man, is. Nṛsimha himself!

## THIRD KHANDA

[The four lines of the Nrsimha-formula correspond to the four moras of the Om-sound (a, u, m, half mora), and, therefore, they also contain, like the latter, the Turiya in themselves and they thereby become a means torise above the world to the Turiya, to absorb the whole world in the Turiya.]

Verily, what is the first mora of the Om-sound, that is the first line [of the Nṛsimha-formula]; the second corresponds to the second, the third to the third; the fourth mora is, according to its substance, In-woven. Assenter, Assent, Indifference; finding with it and with the fourth line the Turīya of four substances, one should, meditating by means of it, absorb [the world] in the Turīya.

Verily, of this Om-sound,1 "the first mora, the earth, "is the a-sound. It is, consisting of verses, the Rgveda, is Brahman, the Vasus, the Gāyatrī, the Gārhapatya fire." This is the first line [of the formula-king].

It is, however, four-substanced in all the four lines by reason of the gross, the subtle, the seed and the spectator.

"The second mora, the atmosphere, is the u-sound. It is, consisting of sacrificial formulas, the Yajurveda, is Viṣṇu, the Rudras, the Triṣṭubh, the Dakṣiṇa fire."

This is the second line [of the formula-king]. It is, however, four-substanced in all the four lines by reason of the gross, the subtle, the seed and the spectator.

"The third mora, the heaven, is the m-sound. It is, consisting of the songs, the Sāmaveda, is Rudra, the Ādityas, the Jagatī, the Āhavanīya fire."

This is the third line [of the formula-king]. It is, however, four-substanced in all the four lines by reason of the gross, the subtle, the seed and the spectator.

"The fourth, the half-mora, which is at the end of the syllable, is the Soma world, the Om-sound. It is, consisting of the Atharvan songs, the Atharvaveda, is the fire of universal destruction, the Maruts, the Virāj, the highest wise" called "the shining."

This is the fourth line [of the formula-king]. It is, however, four-substanced in all the four lines by reason of the gross, the subtle, the seed and the spectator.

Refinding all the Mātrās in each individual Mātrā, one should, meditating on him who has the forms of the Inwoven, Affirmer, Affirmation and indifference, absorb [the world in him];—thus one becomes wise, immortal, sacrificing the consciousness, pure, reposing, and free from obstructions. Perceiving the [Atman]

<sup>1.</sup> What follows is taken from the Nrsimhapūrvat. 2, 1 (above) which, in its turn, from the Atharvaśikhā 1. (above).

through restraining the breath, renouncing the whole world here below itself, and freeing oneself completely from the expanse of plurality one becomes the whole, the fundamental four-substanced one, who consists of Amrtam, the fundamental four substanced one, who consists of the universe.

Then, on this great throne [of one's own heart] one should install, as the fiery Om-sound on the basic fire (Brh. 5,9), this four-into-seven-formed, four-substanced Ātman along with his retinue, i.e.

the sevenfold [as earth, a-sound, Rgveda, Brahmán, Vasus, Gāyatrī, Gārhapatya], four-substanced a-sound as Brahmán in the navel,

the sevenfold [as atmosphere, u-sound, Yajurveda, Viṣṇu, Rudra(s), Triṣṭubh, Dakṣiṇa], four-substanced u-sound as Viṣṇu in the heart,

the sevenfold [as heaven, m-sound, Sāmaveda, Rudra Ādityas, Jagatī, Āhavanīya], four-substanced, m-sound as Rudra between the brows,

the sevenfold [as Soma-world, Om-sound, Atharvaveda, fire of universal destruction, Maruts, Virāj, the highest wise], four-substanced, four-into-sevenfold [as the content of all the preceding ones], four-substanced Om-sound as Sarveśvara at the end of these twelve [sounds, a, u, m each of which is four-substanced], and,

the sevenfold [as before], four-substanced, four-into-seven-fold [as before], four-substanced, Pranava [the Om-sound along with its constituent parts] consisting of bliss and Amrtam at the end of these sixteen [the sounds a, u, m, om each of which is four-substanced].

Thereupon, with the [Praṇava] consisting of bliss and Amṛtam one should worship those—Brahmán, Viṣṇu, Rudra, Maheśvara] in a four-fold way, as also specially Brahmán, Viṣṇu and Rudra, all three as separate and again all three as not separate, after one has worshipped them in the form of their attribute in a fourfold way by means of offerings, should compress as attributeless [caturdhā' lingān, Telugu ed.], should then pervade the threefold [gross, subtle, of the form of seed] body with the heat [of the basic fire mentioned above], should inflame the Ātman

located in them, and, supporting himself on that heat which issues out of the spirituality of the Ātman for strength, one should establish, by means of the qualities [gross, subtle, causal] the unity [first] in the [cosmic] great-gross, then he should compress the great-gross in the great-subtle and the great-subtle in the great-causal and, meditating on that which has the forms of the In-woven, Assent, Assenter and Indifference by means of the moras, should merge the world in it.

### FOURTH KHANDA

[The Ātman, "who, as Turīya, shines on the tip of the Om-sound" (turīya-omkāra-agra-vidyota), is identical with Nṛṣimha, as is shown by an inspection of the words in the Nṛṣimha-formula.]

This Ātman, the highest Brahman, the Om-sound, who shines as Turīya at the tip of the Om-sound, one should, with Anuṣṭubh, worship, win his favour, should compress him in the word Om and think over him as [one's own] I.

This Ātman, the highest Brahman, the Om-sound, who shines as Turīya at the tip of the Om-sound, one should then worship as eleven-substanced (through the eleven words of the Mantrarāja) Ātman Nṛṣimha, should compress him in the word Om and think over.

This Ātman, the highest Brahman, the Om-sound, who shines as Turīya at the tip of the Om-sound, one should then think over through the Praṇava, should picture him to oneself, through Anuṣṭubh, as the nine-fold in the selves [of the first nine words of the Mantrarāja] filled with being, thinking and bliss, the Ātman filled with being, thinking and bliss, as the highest Ātman, the highest Brahman, should then grasp it as the self itself through the word I and should make him one with the Brahman, in mind or also through the Anuṣṭubh.¹

He, verily is nr (man, hero), for this nrsimha is everywhere and at all times all-animating; and simha (lion) is this highest god, for it is he who is everywhere and at all times all-animating,

<sup>1.</sup> The first of these three sections seems to refer to the meditation of I, the second to that of Nṛṣiṁha, the third to that of the unity of the two in the Brahman.

who devours everything. So he is wholly *nṛ-simha*; and this one is the Turīya.

He is ugra, he is vīra, he is mahān, he is Viṣṇu, he is jvalan, he is sarvatomukha, he is nṛṣiṁha, he is bhīṣaṇa, he is bhadra, he is mrtyumṛtyu, he is namāmi, he is aham.

Thus applying oneself to the Yoga, one should meditate upon the Anustubh with reference to the Brahman and with reference to the Om-sound.

On this are these verses: Install on the throne the lion; your children, 1 Offshoots of the world of sense, seize and hit with horns Of the Om-sound, bull; the unreal, 2 quivering, Throw before the lion to eat, then you are a hero!

### FIFTH KHANDA

[The word Om signifies, in its three sounds, Nṛsiṁha: This latter is a as  $\bar{a}ptatama$  (reaching most), u as utkṛṣṛatama (most exalted), m as  $mah\bar{a}vibh\bar{u}ti$  (the all-powerful), which is then further carried on in the case of the words of the Nṛsiṁha-formula. The first two of the three predicates mentioned are formed according to the Māṇdūkya Up. 9-10 (above).]

Now, as for the a-sound, it means the one reaching most; for it refers to the Ātman, Nṛṣiṁha, the Brahman; this is the one reaching the most; for he is the witness, is the lord; therefore he is omni-present; for he (read sa hi idam sarvam) is this universe, is the one reaching most. For this universe is only the Ātman, a sheer delusion.—He is ugra as the one reaching most, is vīra as the one reaching most, is mahān as the one reaching most, is viṣṇu as the one reaching most, is jvalan as the one reaching most, is sarvatomukha as the one reaching most, is nṛṣiṃha as the one reaching most, is bhīṣaṇa as the one reaching most, is hadra as the one reaching most, is mṛṭyumṛṭyu as the one reaching most, is namāmi as the one reaching most, is namāmi as the one reaching most, is hadra as the one reaching most, is namāmi as the one reaching most, is namāmi as the one reaching most, is namāmi as the one reaching most, is hadra as the one reaching most, is namāmi 
<sup>1.</sup> The material objects.

<sup>2.</sup> The Māyā.

his animal spirits do not go out but, assembled, they stay there itself, for he is the Brahman and he is merged in the Brahman" (Brh. 4,4,6 and 3,2,11, above).

As for the u-sound, it means the most exalted: for it refers to the Ātman, Nrsimha, the Brahman; therefore it is the reality as having the being: for apart from it there exists no other thing [which would be] imperceptible, which does not receive its light from the Atman. For he alone is self-luminous, not attached and the Ātman does not see anything other [than himself]. Therefore it [exaltedness] is not to be found otherwise, but that exaltedness is peculiar to the Atman alone.—He is ugra as the exalted is vira as the exalted, is mahan as the exalted, is visnu as the exalted, is jvalan as the exalted, is sarvatomukha as the exalted, is nrsimha as the exalted is bhisana as the exalted, is bhadra as the exalted, is mrtvumrtvu as the exalted, is namāmi as the exalted, is aham as the exalted. -Therefore, one should know the Atman as such; indeed the god Nṛsimha is the Ātman. One who knows this is "without desires, free from desires, of satisfied desires, his own desire: his animal spirits do not go out, but, assembled, they stay there itself, for he is the Brahman and he is merged in the Brahman" (Brh. 4,4,6 and 3,2,11).

As for the *m*-sound, it means the omni-potent; for it refers to the Ātman, Nṛṣiṁha, the Brahman; therefore it is the unbounded (analpa, Chānd. 7,24,1), indivisible, self-luminous; indeed, Brahman is the one reaching most, most exalted, and this Brahman is also the omni-scient, exercising great magic art, omni-potent. It is ugram as the omni-potent, is viram as the omni-potent, is mahad as the omni-potent, is viṣṇu as the omni-potent, is jvalan¹ as the omni-potent, is sarvato-mukham as the omni-potent, is nṛṣiṁham as the omni-potent, is bhiṣaṇam as the omni-potent, is bhadram as the omni-potent, is anamāmi as the omni-potent.

Therefore one should search, with the a-sound and the u-sound, this Ātman as one searching most, most exalted, purely

<sup>1.</sup> Read jvalad.-GBP.

spiritual, all-seeing, being all-witness, all-devouring, being the object of all love, consisting of being, thinking and bliss, having only one taste, shining gloriously before this whole world (Second Khanda, above), and should know him, with the m-sound, as the highest Brahman, reaching most, most exalted, purely spiritual, omni-potent, consisting of being, thinking and bliss, having only one taste.—Indeed, the god Nṛṣimha is the Atman, is the highest Brahman. One who knows this is "without desires, free from desires, of satisfied desires, his own desire; his animal spirits do not go out, but, assembled, they stay there itself, for he is the Brahman and he is merged in the Brahman" (Bṛh. 4,4,6 and 3,2,11).—Thus spoke Pṛajāpati.

### SIXTH KHAŅŅA

[There are two stages, a lower one, in which the duality—the evil—is not yet fully overcome, but continues to remain within the Ātman, and a higher one, in which the Ātman, after extinction of all duality, purely negative, remains as a void (śūnyam). The latter stage is busy practically in the detachment from the world and all its interests.—The whole section interrupts the instruction of the gods by Prajāpati and ideologically also takes an isolated position.]

The gods desired to know this Ātman. Then the demonic evil wanted to devour them. Then they thought: Well! Let us devour that demonic evil!—Then it happened that they knew, through the Nṛṣiṁha-Anuṣṭubh, that Ātman shining at the tip of the Om-sound, who is [really only] the Fourth of the Fourth¹, as ugra and non-ugra, vira and non-vira, mahān and non-mahān, viṣṇu and non-viṣṇu, jvalan and non-jvalan, sarvato-mukha and non-sarvatomukha, nṛṣiṁha and non-nṛṣiṁha, bhīṣaṇa and non-bhīṣaṇa, bhadra and non-bhadra, mṛṭyumṛṭyu and non-mṛṭyumṛṭyu, namāmi and non-namāmi, aham and non-aham. Then for them that demonic evil transformed itself into the light that consists of being, thinking and bliss. Therefore, one²

<sup>1.</sup> Of the four attributes of the *Turiyam*, Inwoven, Assenter, Assent, Indifference, only the last belongs to the Ātman in the strictest sense; the first three are only "deep sleep, dream and pure delusion" (above):

<sup>2.</sup> My conjecture, that the Nominative is to be read instead of apakvakaṣāyam (Bibl. Ind., Weber), was subsequently confirmed by the Telugu ed.

whose sin is not eradicated should know in this way through the Nṛṣiṁha-Anuṣṭubh the Ātman shining at the tip of the Omsound, who is the Fourth of the Fourth. For him the demonic evil transforms itself into the light which consists of being, thinking and bliss.

The gods, striving to be beyond that light and having misgivings of duality, and having searched further through the Nṛsimha-Anuṣṭubh at the tip of the Om-sound, the one who is the Fourth of the Fourth, reached in him as the goal through Praṇava. Then that light shining gloriously before this whole world became, for them, the lightless, secondless, unthinkable, attributeless, self-luminous void (sūnyam) consisting wholly of bliss.—One who knows this becomes the self-luminous, highest Brahman.

The gods "stood away from the desire for sons, from the desire for possessions, from the desire for world" (Brh. 3,5,1. 4,4,22) and from the useful means thereto, and moving about without self-esteem, without residence, without family, without hair-tuft, without sacrificial thread, like blind, deaf, fool, impotent, dumb, insane, they became "calm, tamed, renouncing, patient and collected" (Brh. 4,4,23), "delighting in the Ātman, playing with the Ātman, pairing with and taking delight in the Ātman" (Chānd. 7,15,2), and perceiving the Praṇava to be the highest Brahman, as the void shining through itself, passed away in it.

Therefore, one who follows the way of life of the gods, he passes away in the Om-sound, the highest Brahman. He sees in his self the (highest) self, the highest Brahman. On this is this verse:

In three horns (a, u, m) the hornless (turiya), In three horns seize the lion!—

Joining the horn (m) to the two horns (a, u)Leisurely sit the three gods (Brahmán, Viṣṇu, Rudra).

### SEVENTH KHANDA

[Three sections, which are supposed to establish the identity of the Atman and Brahman in a playful way through the word Om and Nrsimha.

<sup>1.</sup> bhayam paśyantas, cf. Chānd. 8,9,1 bhāyam dadarśa. Our myth is patterned on the one narrated there.

(1) a is  $\bar{A}$ tman, m is again the  $\bar{A}$ tman, u is the lion who connects the two. (2) a is  $\bar{A}$ tman, m is Brahman, which two are bound together by the sound u. (3) a is Brahman, m the  $\bar{A}$ tman, both joined through u. In between different ideas are inserted which, very important in themselves still make a heterogeneous impression in this context and are perhaps taken over from somewhere else.]

### (1) $a-u-m = \bar{A}tman-lion - \bar{A}tman$

Once it happened that the gods said to Prajāpati: Instruct us further, O exalted sir.—Be it so, said he.

One should search, by means of the a-sound, the Atman, for it is unborn, unageing, unfading, immortal, fearless, without grief, without delusion, hungerless, thirstless and secondless [and all these ten predicates begin with a in Sanskrit,—then with the u-sound he should search for the highest lion, for he is exalted, begetting, has come in from above, raising up high, looking up high, working up high, going up high, shining up high, roving up high and above transformation [and all these ten predicates begin with uin Sanskrit],—hereupon, catching the prior half of the u-sound, one should turn into the lion the Atman as the a-sound. -further, catching that lion by the posterior half of the usound] one should by means of the m-sound make him one with that Atman, for he is great, powerful, observing bounds, liberated, the grand god, the grand master, the grand being, the grand spiritual, the great bliss and the high authority [and all these ten predicates begin with m in Sanskrit].

One who knows this, he, bodyless, organless, breathless, without darkness, consisting only of being, thinking and bliss, becomes the self-ruler.

#### (2) $a-u-m=\bar{A}tman$ —exclamation of assent—Brahman.

Some one asks somebody: Who are you? He answers: aham (I). Similarly, all that exists. Therefore aham (I) is a name for all (Brh. 1,4,1,). Its initial letter and the a-sound [in Om] is the same, for the Ātman [signified by the a-sound of Om] is all, for he is within all, for all this cannot exist without having an Ātman (a self, substance), all this is therefore Ātman. Therefore, one should investigate the Ātman, the self of all, by means of the a-sound which expresses the self of all.

Further, all this (this whole world) is Brahman which consists of being, thinking and bliss. For all this consists of being, thinking and bliss. That is, firstly, all this is being; for one says [of all that exists]: That is a being. Further, all this is thinking (spirit cit) also for it shines and appears [is imagination]. If you ask: What is 'being' the reply is: it is becoming conscious, that this is and this is not. But what is becoming conscious? It is this and is not this, thus can one reply, not with words but only through becoming conscious. Similarly one can explain the thinking and the bliss not through words but one can understand only by becoming conscious of them. Similarly everything else in the world must be conscious of [the thinking and the bliss, of which it consists]. This is the highest bliss, -That Brahman therefore [whose essence one must thus experience innerly] is called [in the nominative] brahma. Its final syllable and [in Om] the m-sound [the masound as it is called in Sanskrit] is the same. Therefore one should investigate the highest Brahman by means of the m-sound [ma-sound]. If it is asked: Is this so [is the Brahman the Ātman]? Then the reply, without hesitation, is: u [which is here supposed to mean 'yes'].2 Therefore one should search for the Atman with the a-sound and should without hesitation bind him with the m-sound as the Brahman through the u-sound.

One who knows this, he, bodyless, organless, breathless, without darkness, consisting only of being, thinking and bliss, becomes the self-ruler!

a-u-m=Brahman—exclamation of assent—Ātman.

This whole world is Brahman, because it is eternal, [and this] because it is ugra, vīra, mahat, viṣṇu, jvalat, sarvatomukha, nṛṣimha, bhīṣaṇa, bhadra, mṛṭyumṛṭyu, namāmi and aham; and the Brahman is this eternal one, because it [likewise] is ugra, vīra, mahat, viṣṇu, jvalat, sarvatomukha, nṛṣimha, bhīṣaṇa, bhadra, mṛṭyumṛṭyu, namāmi and aham. Therefore, searching for the

<sup>1.</sup> Cf. Brh. 3,4,2, above. Like *Uşasta* there, Weber (*Ind. Stud.* IX, 157) thinks: "Now, to say the least, this is settling things cheaply".—Yājñavalkya may answer him also.

<sup>2.</sup> U-kārasya avadhāraņa-arthatvam lokaprasiddham, Schol.

highest Brahman with the a-sound, one should search with the m-sound the [Ātman as] promoter of the Manas and the organs and [as] spectator of the Manas and the organs.—[An incidental remark on the Ātman:] When he, (asleep) does not supervise the universe, then the universe is merged in him; and when he wakes up again, the universe emerges out of him. After protecting the universe and again withdrawing it within, crushing, burning and devouring it, he [once more] gives away his self [as the self] of the objects and all the same¹ continues to be super-ugra, super-vira, super-mahān, super-viṣnu, super-jvalan, super-sarvatomukha, super-nṛṣiniha, super-bhiṣaṇa, super-bhadra, super-mṛṭyumṛṭyu, super-aham "in his own majesty" (Chānd. 7. 24,1).—Therefore one should, without hesitation, bind this [Ātman as the m-sound] with the highest Brahman as the content of the a-sound through the u-sound.

One who knows this, he, bodyless, organless, without darkness, consisting only of being, thinking and bliss, becomes the self-ruler!

On this is the verse:

Dragging the half-horn (u) to the horn (a), One should bind it (u) with the horn (a); And similarly through this (u), that horn (a) One should bind in the last horn (m).

#### EIGHTH KHANDA

[The identity of the Nṛsimha-Ātman and the Om-sound is demonstrated in this way, that both are ota, anujñātī, anujñā, avikalpa. In the strictest sense, of course, the Ātman is avikalpa alone, and even if he is also described as non-avikalpa side by side, there is no contradiction, because (as the following last section will work out in details) that, which makes him non-avikalpa, possesses no reality.]

Now through the Turiya [and its four specifications, ota, anujñātr, anujñā, avikalpa, the identity of Ātman and Om is shown].

a. Woven lengthwise and crosswise [in the world] is that Atman, the lion. For this whole world is in him; for he is the

<sup>1.</sup> For this idea, cf. Brh. 5,1 above.

self of all, he is all. And yet [in reality] he is not inwoven for this Ātman is without a second, one and undifferentiated. For the object is not existent but he, as if inwoven, is wholly being, wholly thinking, wholly bliss, having only one taste, incomprehensible, without a second whatsoever.

Woven lengthwise and crosswise is the Om-sound also; for when one is asked: Is it so? Is it not so? One answers with "Om" (yes). The Om-sound is indeed the speech; and speech is this whole world; for here is nothing that does not have a name. The Om-sound also consists of thinking; and the whole world consists of thinking.

Therefore, both these [Atman and Om] are one in the highest God. That is the immortal, fearless one, the Brahman. For Brahman is the fearless one; one who knows this becomes the fearless Brahman. This is the secret instruction.

b. Assenter is this Ātman; for he assents his self as [the self of] the whole world. Verily this world is not 'self-possessed' in itself. And yet [in reality] he is not inwoven and not assenter; for nothing sticks him, and he is unchangeable, for there is no being apart from him.

Assenter is the Om-sound also, for one assents with the word "Om" (yes). The Om-sound is indeed the speech; and the speech assents the whole world. The Om-sound also consists of thinking; and the thinking (spirit, cit) makes this whole unsustained world substantial.

Therefore both these [Atman and Om] are one in the highest God. That is the immortal, fearless one, the Brahman. For Brahman is the fearless one; one who knows this becomes the fearless Brahman. This is the secret instruction.

c. This Ātman has assenting as the only taste. For it consists of knowledge alone. It shines gloriously before all this world: therefore it consists of thinking (spirit) alone. And yet [in reality] it is not inwoven and not assenter [therefore not assent also]; for only so far as the Ātman is the assent, this world is an existent one.

The Om-sound also has assent as the only taste, for one assents with the word "Om" (yes). The Om-sound is indeed the

speech, for it is speech that assents. The Om-sound also consists of thinking, for it is thinking that assents.

Therefore both these [Atman and Om] are one in the highest God. That is the immortal, fearless one, the Brahman. For Brahman is the fearless one; one who knows this becomes the fearless Brahman. This is the secret instruction.

d. This Ātman is indifference, because it is without a second. The Om-sound is also indifference, because it is without a second; for the Om-sound consists wholly of thinking.

Therefore both these [Atman and Om] are one in the highest God.

It is without differentiation and yet not without differentiation; and therein is no split (no contradiction); for there is no split in the Ātman. One who accepts a split, as it were, in it, is split hundredfold and thousandfold, "is entangled in death after death" (Brh. 4,4.19).

Therefore this one without a second, the self-shining supreme bliss is the Ātman. It is the immortal, fearless one, the Brahman. For Brahman is the fearless one. One who knows this becomes the fearless Brahman. This is the secret instruction.

# NINTH KHAŅŅA

[The Ātman alone is real, all else, even the Jiva (the individual soul) and the Iśvara (the personal God) rest only on the Māyā. The nature of the Māyā, however, cannot be questioned, because it has no reality. The Ātman, on the other hand, cannot, of course, be grasped by way of perception, which sets itself face to face against the object as something other but can be possibly grasped through an inner consciousness (anubhava), in so far as it is our self. This inner vision finds its expression in the syllable Om, which is the Ātman itself.]

Once it happened that the gods said to Prajāpati: Instruct us, O exalted sir, on this Ātman as the Om-sound. —Be it so, said he.

Spectator and consenter is this Ātman, the lion. Consisting of thinking and unchangeable, he is the perceiver everywhere. For there is no possible proof for the existence of a duality, and only the secondless Ātman can be proved. There is something other as it were only through the Māyā; verily the Ātman alone is the highest one and he is all that exists; for this results

out of the state of deep sleep  $(pr\bar{a}j\tilde{n}ai\hbar)$ . The whole world is ignorance, is this Māyā. But the Ātman is the highest self and is self-luminous. He perceives and perceives not; for his perception is without an object, it is becoming conscious  $(anubh\bar{u}ti)$ .

But even the Māyā, which is of the nature of darkness, is perceived through becoming conscious [of the Atman as the only real] as motionless, illusory endless void. This is its nature. But although it manifests now this, now that and constantly disappears, it is looked at as the Atman by the fools. The Maya lets the Atman appear only as being and again as not being [disappearing], while it shows him and shows him not, and, to be sure, in the state of freedom [as God] and non-freedom [as soul]. That is, just as a seed of the fig tree, same in itself, possesses the potentiality of many fig trees similarly the Māyā also, although one [possesses the potentiality of plurality in it]. For, just as the fig-tree, same in itself, although it is one, brings forth many fig trees stretching out beyond itself,1 all of which have it as their seed, and which is full and whole in each of them, similarly the Māyā also manifests many locations [of the soul], stretching out beyond itself,1 existing full and whole and similarly manifests the Jīva and Īśvara (the individual and the divine soul), and in doing so, it still remains only a deception and ignorance. It is manifold but firmly fitted together and rich in sprouts; and just as it is not itself different from its Gunas [Sattvam, Rajas, Tamas], similarly in its sprouts also it is not different from its Gunas, but is everywhere illuminated by the spirit as Brahman, Visnu and Siva. Its threefoldness and its character as the source everywhere stem from this Atman alone. Further he is threefold as the I-conscious Jīva, as the ruling Isvara, and as the all 'I'-conscious Hiranyagarbha. For this last one who, like Iśvara, has perceptible spirituality and is omnipresent is the Isvara as the animater of doings and perceptions, is all and consists of all. All the Jivas also consist of all, only that they are restricted in all their states.

This Ātman, having created elements, organs, the Virāj, natural divinities and the sheaths (Taitt. 2) and having entered

<sup>1.</sup> The reading at both the places, in editions available to me, is svāvyatirikta—'not different (or apart) from itself".—GBP.

in these, remains undeluded and in rest and appears to be deluded as it were and in activity only through the Māyā.

Therefore this secondless Ātman is consisting of being alone eternal, pure, wise, real, liberated, undefied, all-pervading, supreme, known by these proofs as the inner one through and through: the whole world consists of existence alone, what exists is the Brahman which has been there from time immemorial; for nothing else is known here by becoming conscious (anubhava); and no ignorance is possible in the Ātman, known by becoming conscious, self-luminous, who is all-perceiving, unchangeable, secondless. See here itself the pure being, and that everything else is non-being, for that is the truth! Thus it is proved [by becoming conscious], the ancient, beginningless one, which abides in itself, consists wholly of bliss and thinking, still it is not provable (by reflection).

It is Visnu, Iśana, Brahmán, is also everything else and omnipresent. Therefore everything is the Ātman who is pure, not formed externally, wise and of the nature of joy. And this world is not devoid of Ātman and yet it is not the Ātman; for he existed already there before it. Bu this universe has been never there at all, but only the Ātman, abiding in his own majesty, absolute, one, who is a spectator, self-luminous.

But does this persistent world-expanse spring from the  $\bar{A}$ tman?

Undoubtedly! For it is he, who brings forth all this as it is, the seer in the seer, the spectator, changeless, perfect, devoid of ignorance, very evident to—not the external but—the internal observation, above the darkness. So say, do you see him now well?

-We see him, although he is incomprehensibly small.

He is not small, but he is the spectator [the subject of perception], without difference, without a second; without joy and sorrow and without duality is the highest Ātman, all-knowing, unending, indivisible, secondless, everywhere consciousness<sup>1</sup> [of the objects] by reason of Māyā, but again not

<sup>1. &</sup>quot;alterwärts Bewusstsein". So Deussen seems to have split original sarvadāsamvittir into sarvadā+samvittir. But, as in other editions, a better split is: sarvadā+asamvittir, which accords well with the following denial: nāsamvittih "but not [really] unconsciousness."—GBP.

unconsciousness, because self-luminous.—You yourselves are it! Can he now be possibly seen by [himself as] the secondless? Certainly not! For he would be a second, if he were not yourself!

-Explain it to us. O exalted sir, said the gods.

You yourself are he, I say. If he were seen by you, then you would not perceive (know) the Ātman [as he is the self, none other]. Verily the Ātman is without any attachment to the world. Therefore you yourself are he, and the light, with which you shine, is your own. Indeed, this world is only you yourselves, for you consist wholly of being and consciousness.

—Certainly not! said they; for then we would be without any world-attachment, so they said.

How could he be seen otherwise? said he.

-We do not know it, said they.

Therefore you yourself are he, and the light, with which you shine, is your own. As such you are not even consisting of being and consciousness. For these two are only [the Brahman], as it shone gloriously before, [but in truth] it is incomprehensible, secondless.—Then say now: Do you know him [the Ātman]?

—We know that he is higher than the known and the unknown, said they.

And he said: Verily, this secondless, called Brahman from the greatness (brhat), is eternal, pure, enlightened, liberated, true, subtle, perfect, secondless, consisting only of being, bliss and thinking, is the Ātman himself and incomprehensible for everybody.

Therefore, though not seeing him, you should see him with the word Om. This is the truth, is the Ātman, is the Brahman, for the Brahman is the Ātman. Indeed this is not to be doubted: Om is the reality; that is what the wise see. Indeed, this soundless, touchless, formless, tasteless, odourless, what cannot be spoken, taken, gone to, emptied, procreated, without Manas, without Buddhi, without Ahamkāra, without Cittam (see Sarva-Upanisadsara footnote above), without Prāṇa, Apāṇa, Vyāṇa, Udāṇa and Samāṇa, without sense-organs, objects, instruments, without mark, without attachment, without properties, without change, without designation, without Sattvam, Rajas and Tamas, the

unborn, Māyāless, that is what the Upaniṣads teach as shining gloriously, shining suddenly, shining gloriously before this whole world, secondless,—see, I am he, and he is I!

And he further said: Do you see him now, or do you not see him?

- —We see, they said, that he is higher than the known and the unknown.—But where does this [Māyā] stay and how? they asked further.
  - -Why this question?
- -O, just for nothing, said they. [We now know that Māyā is nothing.]

You are a wonder [because you know  $\bar{A}$ tman,  $\bar{K}$ ath. 2,7], and again you are not [for everybody, like you, is the  $\bar{A}$ tman], so said he. So give your assent to him with Om and express him.

—We know him and yet we know him not, so they said. But it is not so also [the Ātman is above these contrasts of knownness and unknownness] they added.

Then just express him, for he is self-known [even without perceiving him], said he.

—We see him, O exalted sir, and yet we see him not. We cannot express how he is. Salutation to you! Be kind to us, so they said.

Don't be afraid, said he, ask what you will.

-What is this assenting [through the sound Om]?

It is the Atman himself, said he.

-There, they said, we all bring you salutation, as we are.

Thus it happened that Prajāpati instructed the gods, instructed [the gods].

On this is the verse:

Knowing the Inwoven through Inwoven, Know further the Assenter then, The Assent and then the secondless Grasping, enter into the Spectator!

## RĀMA-PŪRVA-TĀPANĪYA UPANIŞAD

The Rāmatāpanīya Upaniṣad, as the title, form and the execution show, was later revised after the model of the Nṛsimha-tāpanīya Upaniṣad, if not originally composed according to it, particularly in so far as two parts, an earlier, elementary ( $p\bar{u}rv\bar{a}$ ) and a later, higher ( $uttar\bar{a}$ ) were designed for this Upaniṣad also. But while the Nṛsimha-uttarā is in its way an original and supremely important work, the Rāma-uttarā consists mostly of borrowings, which show, for the most part, no close relation to the Rāma-pūrvā and which were probably tagged on to them to shape the whole after the model of the Nṛsimha Upaniṣad.

The Rāma-pūrvā, on the other hand, is a complete whole in itself in a much higher degree than the Nrsimha-pūrvā, in which the more concrete incarnation of Viṣṇu as Rāma appears in the place of Nrsimha; for the rest, the whole thing amounts, here also as there, to the correct construction of a diagram (yantram; probably to be worn as an amulet) which, in accordance with the later age, is far more artificial than the one depicted at the Nrsimhap. 5, so that, particularly on account of the uncertainty of many a statement, a definite reconstruction of it would be scarcely possible. Everything else, what the Upaniṣad contains in the prior half (verses 1-57) and the latter half (verses 58-94), and particularly the graphic portraits of Rāma and his surroundings (verses 23-28 and 48-57) have only one aim, viz. to prepare for the diagram and to underline its importance, partly also to motivate its construction.—Accordingly, we distinguish three main parts on the whole:

- I. Preliminary (verses 1-57).
- II. The construction of the diagram (verses 58-84).
- III. Epilogue (85-94).

#### I. Preliminary (verses 1-57)

Verses 1-6. Etymologies of the word Rāma.

Verses 7-10. Rāma is an incarnation of the Brahman.

Verses 11-13. A preliminary announcement of the formula-king *Rāmāya namaḥ* and of the diagram whose most important part it is supposed to be.

Verses 14-23. The formula-king  $R\bar{a}m$   $R\bar{a}m\bar{a}ya$  namah. Its germ  $(R\bar{a}m)$  implies the whole world, because it contains the  $Prak_Tti$   $(Sit\bar{a})$  and the  $Puru\bar{s}a$   $(R\bar{a}ma)$ . The remaining words  $(R\bar{a}m\bar{a}ya$  namah) signify the highest doctrine of the Vedānta, the identity of the individual and the highest soul (verse 19). Value of the formula-king and wearing of it on the chest (verses 20-23). This wearing of the formula-king on the chest is naturally to be distinguished from the wearing of the same in 32 spokes of the diagram

(verse 69) described later. For the rest, however, it is to be held fast that in the following (verses 23-58) it is not yet so much a graphic representation of one kind or the other, as only a dignified preparation for it; for this purpose the poet first imagines how Rāma sits with Sītā and Laksmana. how the gods worship Rāma, how the Rsis praise his deeds, and finally how he, after accomplishing heroic deeds sits on the throne, surrounded by his loyal followers. It is therefore incorrect and misleading for the whole comprehension, when Weber finds in verse 23 (page 293) "statements on the form and the surroundings, in which Rama is to be represented for the purpose of the diagram". Hereby it is not the question of representations but only of imaginary ideas of Rāma's form, surroundings and heroic deeds for the purpose of his worship, which Weber's scholiast (page 293; compare, on the other hand, the observation under verse 52 below) seems to confirm: "In order to describe (nirūpayitum) the diagram used for worship, the poet launches forth [before-hand] in 34½ verses (23-57) into the form, surroundings, glory and history of Rāma to be worshipped". Accordingly the concluding words (verse 58) are not to be translated as: "Thus (the diagram) has been stated in brief. Now (follows) its detailed description", but rather as: "This is said for the purpose of instruction (uddesatah). Now follows the directions (nirdeśas) to that (the diagram already announced in verse 13)". On a closer observation, this preliminary section is divided into the following three parts:

Verses 23-28. The poet imagines Rāma with Sītā on his lap and Lakṣmaṇa standing nearby (as represented in so many sculptures). As these figures form a triangle, so "the end (namah), name (Rām) and the dative (Rāmaya)" of the formula king also are fancied as a triangle.

Verses 29-47. Further the poet describes how the gods approach Rāma to glorify him (verses 29-34), and the sages to sing his heroic deeds, while the main events of the Rāmāyaṇa are briefly recapitulated (verses 35-47).

Verses 48-57. In this connection the poet imagines, how Rāma sits on the throne, in a hexagon (as the model of the hexagon of the diagram which follows later) surrounded by the principal six heroes, around whom the gods and the sages throng. If this whole group, floating before the poet's eyes, is neither to be brought into harmony with the previously described triangle (Rāma, Sītā, Lakṣmaṇa) nor (as Weber also remarks under verse 60) with the dispositions of the diagram described later (58ff), then the explanation is just this, that in the whole section up to the verse 57 there is no question of any graphic representation, but only of alternating pictures floating before the poet's fantasy which, as also the historical digressions, only serve to enhance the worship of Rāma and thereby to bring into light the importance of the diagram which now follows.

#### II. The Construction of the Diagram (Verses 58-84)

The form of this diagram, compared with that of the Nrsimhapūrvā (above) is considerably complicated, still it is simpler than it would appear at first sight. Only it must be grasped firm that entire figures are to be drawn concentrically and that of the three circles mentioned in verse 62 the

first is described within the hexagon, the second circumscribes the hexagon, the octagon circumscribes this second circle and [finally] the third circle circumscribing this octagon is described (satkonasya upari ekam vittam, madhye ca ekam, patra-agre ca ekam, Nārāyana in the Calc. ed. p. 331, 6). Accordingly the figure would be constructed like this: In the middle, the hexagon with an inscribed circle; the hexagon is circumscribed by another circle, this latter by an octagon, this latter by a circle, this latter once more by an octagon, this latter by a circle, this latter by a dodecagon, this latter by a circle, this latter by a sixteen-angle figure, this latter by a circle, this latter by a thirtytwo-angle figure, this latter by a circle, this latter finally by a square. If now one replaces, outside the hexagon, the entire straight lines, which run from the periphery of the inner circles to that of the outer ones, by wavy lines like a circumflex, then we get two eight-petal lotus flowers. one twelve-petal one, one sixteen-petal one and probably also one thirty twopetal lotus flower, like a big wheel, all placed one around the other; the tips of the petals lie on the circumscribing circle, the filaments are to be regarded as being towards the side of the inscribed circle. On the filaments and cusps, occasionally between the latter, letters, syllables and names are written down, as the text prescribes them. On the outermost thirtytwo-petal lotus-flower is put down the Mantraraja, whose germ (Rām) already formed the kernel of the whole. Consequently, the Nṛsimha-formula, or even the Mālāmantra, is probably hardly to be understood below the Mantrarāja, but rather the formula-king Rām Rāmāya namah which, with the preceding and the following om, put down four times, would fill up the 32 wings. (The Mantrarāja formed the outermost circle in the Nṛsimha Mahācakra Diagram also, above).

As a supplement, the Mālāmantra, to be put down on the inner, eightpetal lotus flower, is taught (verses 74-80) by means of a secret alphabet which substitutes words in the place of syllables.

#### III. Epilogue (verses 85-94)

Verses 85-91. The poet calls upon to worship Rāma after a proper preparation and to invoke him by imagining him how he sits on his throne carried and surrounded by different kinds of beings, in the course of which all sorts of elements of earlier and later mythology, of myths about deities and heroic legends, the Vedāntic forms of the Ātman and the Guṇas and the Bhāvas of the Sāmkhya doctrine run side by side.

Verses 92-94. In the end the poet offers his homage to Rāma and promises liberation to those who worship him duly and study the present Upanişad.

# RĀMA-PŪRVA-TĀPANĪYA UPANISAD

### I. Preliminary part, verses 1-57.

Verses 1-6: Etymologies of the name Rāma

- The great Viṣṇu, all spiritual,
   Grew up in Daśaratha's house,
   In Raghu's race, the all-giver (rā-ti),
   Who rules (rā-jate) over the kingdom of earth (ma-hī).
- 2. That's why he was called Rā-ma
  By the wise ones in this world,—
  Or because the profusion of his power
  Brought the demons (Rā-ksasas) to the death (ma-raṇam).
- 3. Or also because of loveliness (abhi-rāma)
  Rāma's name is world-renowned;—
  Or because, like Rā-hu the moon (ma-nasija),
  Himself mortal (ma-rtya), he the demons (Rā-kṣasa)
- 4. Deprived of their lustre, also because showing To the kings (ma) worthy of rulership  $(r\bar{a})$  Through his model the path of duty And of knowledge, to him who names him,
- 5. Of renunciation, who contemplates on him, Of godliness, to him who adores him,—
  For this reason too, on the earth

Staying, Rāma was justly named.

6. And because the Yogins delight (ra-mante) in him, Who's eternal bliss and spirituality, So it is that through the word Rāma

Verses 7-10: Rāma is an incarnation of the Brahman

7. The Brahman, all spiritual, secondless, Without parts, without body,

The Brahman itself is named as he.

- Is still looked upon as multiform To serve the purpose of worship.
- 8. To the deities endowed with forms
  Are assigned sex, limbs and weapons,
  Two, four, six, eight, ten, twelve,
  Sixteen, eighteen, even a thousand hands,
- Which with a variety of insignia, Conches and others, are furnished, One attributes to them also colour. Weapons, powers and military forces;—
- One similarly assigns to Rāma's body, Accepted as the Brahman itself, An army, as also the four other¹ Attributes of a sovereign.

Verses 11-13: Preliminary Announcement of the Formula-king

- 11. Encompassing the Brahman and everything, Named significantly after Rāma, The formula ought to be muttered, If the deity is to be gracious to you.
- 12. Our formula deals with everything, for which one sacrifices and works; Since it rescues (trā) him, who muses (man) over it, Therefore it is called Man-tra (the formula).
- 13. The diagram, which now follows,Is the embodiment of the two gods (Brahman and Rāma).Do not worship without a diagram,If the deity is to be gracious to you.

Verses 14-23: The formula "Rām Rāmāya namaḥ"

14. Self-existing, all luminous, having Endless forms, he shines by himself,

<sup>1.</sup> Ministers, territory, fortresses, treasure and the army were usually reckoned as the five basic elements (prakrti) which, along with the prince, form the kingship.

Through whose Jiva-ness this universe,— Whom he the creation, sustenance, end,—

- 15. Through whose causeness, spiritual force And the qualities Rajas, Sattvam and Tamas. As the fig seed¹ already contains The large grown up tree,
- 16. So the germ of the word Rāma Contains the whole animate world in it. On R are founded the three forms,<sup>2</sup> On it the three forces too.<sup>3</sup>
- 17. Worship Sītā and Rāma as arising out of it; From them proceeds the creation, sustenance and end Of the twice seven worlds, and in the worlds Rāma lets himself be born a man through the Māyā.
- 18. Salutation to him, the Ātman, the world-breath! Praise his oneness with the primordial Gunas!
- 19. The word namas here means Jīva, The word Rāma means the Ātman; But the dative in-āya Aims at the consubstantiality of the two.
- 20. The formula is the glorifier, And Rāma the glorified; The two thus united surely bring Reward to all who use it.
- 21. Just as a person bearing a name, turns
  Towards the one who calls by that name,

<sup>1.</sup> The metaphor taken from the Nrsimhottarat. 9 (above).

<sup>2.</sup> According to Nārāyaṇa in the Poona ed. and Weber's scholiast, in  $R\bar{a}\bar{m}$  (=R+a+a+m) Brahmán (a), Viṣṇu (a) and Siva (m) rest on R. On the other hand, according to the commentary printed under Nārāyaṇa's name in the Calcutta ed., which, less correctly, is thinking of the whole word  $R\bar{a}mah$ , R is Kṛṣṇa (Viṣṇu),  $\bar{a}$  Brahmán, mah Maheśvara.

<sup>3.</sup> Creation, sustenance, dissolution (Nārāyaṇa).

<sup>4.</sup> In the formula-king: Rām Rāmāya namaḥ.

So also the formula, budding from the germ, Turns towards him who employs it.

- 22. The Germ and the Force one should wear On the right and the left breast; Not without them the Stem¹ between, That fulfills all the desires,—
- 23. As here so with all

  The formulas the procedure is same.—

[Verses 23-29: Portrayal of Rāma seated with Sītā and Lakṣmaṇa]

Being eternal, here on earth too Rāma is like fire in lustre;2—

- 24. Yet, becoming cool-rayed, Like Viśva to the Agni-Somite world, He glows along with Sītā, Like the moon with the moon-light;
- 25. Subdued through her as Prakṛti,
  Wearing matted hair and a yellow garment;
  Two-armed, with ear-rings and pearl-strings,
  He sits there, wielding a bow.
- 26. Adorned with eight boldnesses, Of cheerful countenance, confident of victory, On his thigh the world-mother, The divine Prakṛti.
- 27. Kausalyā's son is made happy, Embraced with both arms by her, Gold-hued, decked, attentive, And wearing a garland of lotuses.

The Germ (vija) of the formula is Rām, the Stem (kila) is Rāmāya na-, and the Force (śakti) is -maḥ.

<sup>2.</sup> As Weber observes, the verse could also mean according to the mystic alphabet taught later in verses 74-80: " $R\bar{a}mah$  is ananta  $(=\bar{a})$  with tejas (=R), vahni (=R) and -mah".

- 28. To his right stands Laksmana, Wielding a bow in hand, His younger brother, gold-hued, The three forming a triangle.
- 29. Similar is the case with the formula:
  The end, the name and the dative<sup>1</sup>
  Give it, too, a triangular form.

[Verses 29-34: Portrayal of Rāma, as the gods worship him]

The gods approached him,

- 30. Who sat under the wish-fulfilling tree, To praise him as the lord of the world: "Salutation to Rāma, taking form at will! To him possessed of magical powers!
- 31. Salutation to him as the Om-sound, Who is the ur-form of the Veda, To him as the bearer of loveliness, As the embodiment of the Ātman!
- 32. Adorned with Sītā's figure, Rakṣas-killer, of beautiful limbs, To the gracious hero of the Raghus, Who killed the ten-headed one.
- 33. "O Raghu-hero, bringer of prosperity, With a large bow, highest prince! Utter destroyer of the ten-headed man, Grant us both, protection and prosperity.
- Grant us divine rulership,
   Strike them all, including Khara!"—

<sup>1.</sup> The name Rāma (svam) along with the dative form in which it stands (ne-tayā) [Read: nentayā, GBP] and with the anu, which here probably denotes the lightly reverberating namas forms a triad corresponding to that triangle (Rāma, Sītā and Lakṣmaṇa). The commentary in Weber explains quite differently; the commentators certainly tried to help here and in many following passages as well as they could, and nothing more remains for us also.

The gods, praising him thus, Remained with him, full of joy.

[Verses 35-47: Portrayal of Rāma, as the Rsis praise him]

- 35. Then the sages thus praised him:
  "The demonical Rāvaņa
  Who, Rāma's (Rā-) wife, dwelling in forest (-vana),
  Abducted for his own ruin.
- 36. Who, therefore, was called Rā-vaṇa Or from the force of his roaring (rāva). Then for this reason, Rāma, Seeking Sītā, along with Lakṣmaṇa
- 37. Wandered all over the earth, Looking around in search of the queen; Killed the demon Kabandha, Went, as instructed by him (Rām. 3,73,261), to Śabari,
- 38. Honoured by her and by Wind's son (Hanuman),
  The two called the king of apes (Sugrīva),
  And told him the whole story
  From the beginning to the end.
- 39. He, doubtful of Rāma's strength,
  Showed him the huge body of Dundubhi
  As a test to prove his strength;
  Rāma hurled it far away,
- 40. Piercing seven Sāla trees at once Delighted stood Raghu's scion! Then the prince of apes, rejoicing, Went to Bālin's city with Rāma.
- 41. The younger brother (Sugrīva) called out Bālin, Whereupon with rapidity The latter rushed out of the house; A battle ensued; Rāghava

<sup>1.</sup> Cf. Baroda Crit. ed. 3.69, 19-20,—GBP.

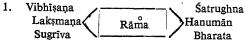
- 42. Slew Bālin and installed
  Sugrīva on his throne.
  Then summoning the apes
  Sugrīva said: You knowers of regions,
- 43. Go ye this very day and
  Bring back Maithili, quick, at work!
  Then came, jumping over the sea,
  Hanuman to the city of Lanka,
- 44. Saw Sītā, killed the demons, And, having burnt their city, He came and narrated everything To Rāma as it had happened.
- 45. Then Rāma, burning with anger, Called the hordes of apes And with them and their weapons Marched to the city of Lankā.
- 46. After seeing Sītā¹ there, He fought with the lord of Lankā, Killed him and Kumbhakarna, in battle And also the conqueror of Indra,
- 47. And having installed Vibhīṣaṇa
  As king on the throne of Lankā,
  And taking Janaka's daughter on lap,
  He returned homeward with them all.

[Verses 48-57: Portrayal of Rāma, as he sits on the throne after accomplishing heroic deeds.]

48. On the lion-seat here sits
Raghu's scion with two arms,
Wielding a bow, glad at heart,
Adorned with every ornament,

<sup>1. &</sup>quot;Nachdem er dort erblickt Sītā" (orig.). Deussen is nodding. The Skt. original runs: tām dṛṣṭvā tadadhīsena sārdham yuddham akārayat. Here it is clear that the pronouns tām and tad- refer to one and the same thing, viz. Lankāpurī which occurs in the previous stanza. Besides, it is well known that Rāma did not see Sītā until after the end of the war.—GBP.

- 49. With the instructive posture of the right hand, Announcing power with the left hand, Distributing instruction with pleasure, Wholly spiritual, the highest God;
- 50. To his left and right
  He has Satrughna and Bharata,
  Attentive Hanuman in front,
  The three forming a triangle;
- After Bharata comes Sugrīva, After Satrughna Vibhīṣaṇa; Chowrie and parasol in hand, Lakṣmaṇa in the background,
- 52. Who, with the two palmleaf-holders (Sugrīva and Vibhīṣaṇa)
  Forms another triangle:
  Thus originates a hexagon.¹—Rāma
  Firstly, with his own long limbs;²—
- 53. Secondly, with Vāsudeva and others Furnished, to the south-west, and so on;—Thirdly, with Vāyu's son,
  With Sugrīva and Bharata,
- 54. With Vibhīṣaṇa, Lakṣmaṇa, Aṅgada, Arimardana



<sup>2.</sup> The first covering (āvaraṇam) protecting Rāma consists of his own powerful limbs (sva-dīrgha-aṅgaiḥ); cf. Rāmāy. 1,1,10: ā-jānu-bāhuḥ etc. The commentators speak of vowel lengths with which Rāma is supposed to be surrounded, and so they seem already to be thinking of a drawing (vinyaset, to verse 53),—but hardly correctly, for up to the verse 58, it is probably only a question of changing, imaginary pictures of Rāma and his surroundings represented for the purpose of worship.

And Jāmbavān he is furnished;—With Dhṛṣṭi and Jayantaka,

- 55. With Vijaya and Surāṣṭra, Akopa, Rāṣṭravardhana, Dharmapāla and Sumantra Is he fourthly surrounded;—
- 56. Fifthly by Indra and Agni, Dharma, Rakşas and Varuna, Wind, Moon, Lord, Creator, Ananta, By these ten is he enriched.
- 57. From outside deck him the weapons Of gods, Nīla and his people, And the sages like Vāmadeva And Vasiṣṭha sit around him.
- 58. This should suffice as instruction.—
  - II. The construction of the Diagram, verses 58-84.

    [Verses 58-74: Its figure along with the entries]

    Now the description of the diagram:

    Draw two triangles as pockets\* within the hexagon,
    In the midst write twice Om.
- 59. Between the two write the germ Rām, Write below it in Accusative What you desire; he who desires Should stand above it in Genitive.
- 60. On the sides write twice 'Give!'
  Within the germ the Ramā;
  All this with two Om-sounds,
  Surround, pure of heart and mind.
- 61. Write in the six angles

  The long-syllabic germ with the heart-formulas;<sup>1</sup>

<sup>\*</sup>The original 'tascht' is not quite clear to me.-GBP.

<sup>1.</sup> With the formulas on the heart, head, hair-tuft, armour, eyes and weapons.

Write Ramā and Māyā on the sides, Ananga on the vertex of angles.

- 62. Write "Anger" between vertices,
  On its sides skilfully the "sound".
  Three circles with eight petals
  Of the lotus-flower write down.
- 63. Write the vowels [on] the filaments,
  The eight consonants [on] the petals,
  On them write the Garland-formula's (verses 74-80)
  syllables,
  Having the number six of the Waves.<sup>1</sup>
- 64. At the end only five syllables.

  Then again an eight-petal lotus
  With eight Nārāyaṇa syllables
  And the Ramā on the filaments.
- 65. A twelve-petal lotus flower Circumscribes this, on which Write the twelve-syllabic formula: Om namo bhagavate Vāsudevāya.
- 66. In a circular form on the filaments Write letters from a to kşa. Then follows a sixteen-petal lotus, On whose filaments write "shy".
- 67. On the petals write twelve-syllabic Formula with hum, phat and namas.<sup>2</sup> In between write the formulas Of Vāyu's son and others.
- 68. Hṛm, Sṛm, Bhṛm, Vṛm, Lṛm, Śṛm and Jṛm,³ write these exactly;—and around these

<sup>1.</sup> The six waves are: hunger, thirst, grief, infatuation, old age and death. —GBP.

<sup>2.</sup> Nārāyaṇa gives na and maḥ separately, which is better as it matches with the 16 petals well. —GBP.

<sup>3.</sup> The seven initial letters enumerated here (with a vocalised t, along with an Anusvāra) of names Hanumān (Htm), Sugrīva, Surāṣṭra, Sumantra

Draw, with thirtytwo spokes, A great wheel,—with resonance and point (i.e. probably: with  $O\dot{m}$ ).

- 69. Write carefully on its wings
  the letters of the formula-king (verses 14-23).
  The eight Vasus and eleven Rudras
  You should meditate thereby.
- 70. Along with the twelve Inas (Ādityas) and Dhātar; Also the *Vaṣaṭ* exclamation; around it With thunderbolts, tridents A square near three lines,
- 71. With doors, with zodiac's
  Pictures and serpents adorned.
  Thus concluding the magical circle,
  In its poles and between them
- 72. Write down the two formulas
  Of Nṛṣimha and Varāha.
  As the former is meant Kṣraum
  With point, resonance and power,
- 73. A formula known as Nṛṣiṁha Used for annihilation of the Grahas. The germ of the Sūkara-formula With h, u, point and resonance
- 74. Is the hum-syllable.—

[Verses 74-81 : Information on the Mālāmantra (verse 63) by means of a mystical alphabet.]

The garland-formula of Rama is now taught:1

 $<sup>(</sup>S_{l}m)$ , Bharata  $(Bh_{l}m)$ , Vibhīṣaṇa, Vijaya  $(V_{l}m)$ , Lakṣmaṇa  $(L_{l}m)$ , Śatrumardana  $(S_{l}m)$ , Jāmbavān, Jayanta  $(J_{l}m)$  are to be brought up to the required sixteen (Cf. verses 53-55) through Aṅgada, Akopa (Am), Dhṛṣṭi, Dharmapāla  $(Dh_{l}m)$  and Rāṣṭravardhana (Rm), allegedly included in 'and'.

<sup>1.</sup> The letters (enclosed in brackets) which are here presented through mystical names, yield the 47-syllable Mālāmantra: om! namo bhagayate

- taro (om) and natih (namo) nidrayah (bha-) smṛtir (-ga-) and medas (-va-), kamika (-t-)
- 75. Joined with rudra (-e), vahnir (Ra-), medhā (-gh-) adorned with amara (-u-), dīrghā (-na-) with krūra (-m), hlādinī (-da-), Then comes dīrghā (-n) with mānada (-ā-)
- 76. kṣudhā (-ya), krodhinī (ra-), amoghā (-kṣ-), viśvam (-o-) further, with medhā (-gh-) then Combined, dīrghā (-na-) jvālinī (-v-) With sūkṣmā (-i-), mṛtyurūpiṇī (-śa-),
- 77. Then hlādinī (-d-) with pratiṣṭhā (-ā-), tvaj (-ya), kṣvelaḥ (ma-), prīti (-dh-), amarā (-u-), jyotis (-ra-), tīkṣṇā (-p-), then agniḥ (-ra-), śvetā (-sa-) with anusvāra (-m-) then,
- 78. kāmikā's fifth (-na-), then lāntaḥ (-va-),
  Then tāntānta (-da-), dhānta (-n-) follows,
  Then ananta (-ā-), and then vāyu (-y-),
  dīrgha (-ā-), viṣa (-m-) with sūkṣma (-i-) follows;
- 79. kāmikā (-ta-), kāmikā (-t-), rudra (-e-),
  Then follow sthirā (-ja-) sa (-s-) e (-e),
  tāpinī (va-), bhūr (-l-) then with dīrgha (-ā-),
  anilo (-va-), 'nalo (R-) 'nanta (-ā-) then,
- 80. kāla (-m-) with nārāyaṇa (-ā-), prāṇa (-ya), ambhaḥ (v-), with vidyā (-i-) then, pītā (-ṣ-) with rati (-ṇa-) and lānta (-v-), Then yoni (-e), at the end natiḥ (namaḥ).
- 81. This, of Guna consisting, Guna-ending Is the fortyseven-syllabic formula.—

Raghunandanāya, rakṣoghnaviṣadāya, madhura-prasanna-vadanāya, amitatejase, valāya, Rāmāya, Viṣṇave namah! "Om! Salutation to the holy scion of Raghu, celebrated as the killer of the Rakṣas', having a lovely, gracious face, with immeasurable strength, to Vala, to Rāma, to Viṣṇu salutation!"

[Verses 81-84: Glorification of the diagram described]

In the sequence depicted Write, for the crowned Rāma,

- 82. This all-encompassing diagram
  Glorified by the Rsis!
  Which to the worshipper brings
  Liberation, strengthens health and life.
- 83. Bestows sons to the sonless,—
  In one word, through this
  The Dharma and the other three
  Are fully accomplished in an instant.
- 84. As a riddle of deep significance
  Even for God is difficult to understand
  The diagram described thus.
  Don't give it to a common man!

III. *Epilogue*, verses 85-94. [Verses 85-91: Exhortation for worship of Rāma]

85. Whatever of the elements on you, purify, worship the doors,
In the Padmāsana or any other posture, cheerful,
Worship duly the throne-seat, below, above,
The sides and the central lotus-flower;

- 86. On a soft, smooth carpet, offering
  Worship to the teacher on his pearl-seat
  Meditate on the seat borne by the Sakti,
  Tortoise, snake, earth lotus-flower.
- 87. Worship Vighna, Durgā, Kṣetrapāla, Vāṇī Along with their germ-sounds, then at the foot.

<sup>1.</sup> Thus, Om vim vighnāya namah, om dum durgāyai namah etc.—GBP.

- Of the throne the Dharma in the south-east, And, thus progressing, their negations on the poles.<sup>1</sup>
- 88. In the middle of the seat think of the sun, moon and fire One upon another, which worship through a u m, Also Rajas, Sattvam, Tamas, as three circles Following one another, worship them along with the germ-syllables,
- 89. In the world-poles and the sub-poles Worship Ātman, Antarātman, Paramātman, In the inner one the Jñānātman, on the sides Māyā, Vidyā, Kalā and Paratattvam.
- 90. The spotless one and the other power, Then worship and invoke thereby God Rāma. Worship him through limbs, forms, Hanumān's troop; Through Dhṛṣṭi's troop, world-guardians and the weapons,
- 91. Vasistha's band of seers, through Nila's troops
  With sandle-wood win over Rāma as the first one;
  Worship him with best, manifold gifts
  And offer him the soft muttering with all propriety.

[Verses 92-94: Promises to those who worship Rāma properly]

- 92. Thus I glorify Rāma as the world-sustainer,
  As the holder of mace, lotus, conch and discus
  As Being, Intelligence, Bliss, overcomer of worldly being.—
  He, who meditates him thus, attains liberation.
- 93. The all-pervading, Raghu's son, who formerly Disappeared with conch, discus, mace, lotus, With Ramā, with the brothers and followers And his city, all-world-container,

<sup>1.</sup> In the south-east, south-west, north-west and north-east *Dharma*, *Jñāna*, *Vairāgya* and *Aiśvarya* should be worshipped, in the east, south, west and north *Adharma*, *Ajñāna*, *Avairāgya* and *Anaiśvarya*. The juxtaposition of these eight is not so seldom as Weber p. 324 thinks; they are found e.g. in the Sāṁkhyakārikā 44-45 also.

94. He who worships him, enjoys fulfilment of desires And, like He, rises to the highest place.
One, who this holy song, joyfully and piously Recites, spotless he attains liberation,
—Recites, spotless he attains liberation.



#### RĀMA-UTTARA-TĀPANĪYA UPANIŞAD

This work owes its origination probably only to a desire to set up a corresponding Rāma-uttarā to match the Nṛṣimha-uttarā. To this purpose all sorts of Upaniṣadic passages were snatched up and a form appropriate to the Rāma-cult was given to them, either by explaining away or by modifying the original intention, which reminds somewhat of those Roman empresses and ladies which caused the head of the Greek statues to be struck off in order to replace it by their own likeness.

The first two chapters of the Jābāla-Upaniṣad form the basic texture as sections 1 and 4, between which are inserted as sections 2 and 3, two passages borrowed from the Tāraka- and the Māṇḍūkya-Upaniṣad, and a doxology modelled on Nṛṣiṁhapūrvatāp. 4, 3, (as this latter, in its turn, on Atharvaśiras 2) is appended as section 5.

- 1. At first the Jābālop. 1 is reproduced, which teaches that he who dies in Avimuktam (a locality in Banaras) immediately attains liberation through Rudra, but that the Samnyāsin, wherever he may be wandering, has Avimuktam by his side. The solution of the riddle follows in the next chapter, Jābālop. 2. Our Upaniṣad appropriates this also, however only as section 4, as two other passages are inserted before it.
- 2. The first of these insertions is the Tāraka-Upaniṣad (Anquetil II, 378-379), preserved only in the Oupanek'hat¹ which extols the Om-sound as tāraka 'deliverer', distinguishes six elements in it (a, u, m, half-mora, bindu, nāda), and in the end assures that one who knows Om, would attain to Avimuktam (so'vimuktam āśrito bhavati; in Anquetil: scit, quod in locis benedictis, quod sedes liberation is est, sit, i.e. he knows, that he is in Avimuktam).—This mention of Avimuktam, along with the similarity of wording, may have been the main reason for requisitioning the Tāraka-Upaniṣad; and add to this the ease with which the Rāma formula: "Om! Rām Rāmāya namaś, candrāya namo, bhadrāya namaḥ" lent itself substitute the elements of the Om-sound (the passage in Anquetil is not quite clear) mentioned in the Tāraka-Upaniṣad. Apart from this substitution of the formula the rest of the Upaniṣad seems to be bodily incorporated; but

<sup>1.</sup> On the other hand the Tārasāra-Upaniṣad, incorporated as No. 91 of the Muktikā collection, is a compilation, partly abridging partly amplifying, from the Rāmottaratāpanīyā which it apparently presupposes (and, indeed, including sections 6 and 7 which are not found in most of the manuscripts and in Nārāyaṇa, perhaps with the exception of the longer Purāṇa passage). In the place of the formula-king relating to Rāma it has the formula: Om namo Nārāyaṇāya and it glorifies it as the deliverer (tārakam) from the Saṃsāra.

since it glorifies, not Rāma, but the Om-sound and its constituents, so a reinterpretation of it as referring to the Rāma myth was required.

- 3. This takes place in the following section, which first identifies in four Ślokas the a-sound (viśva) with Lakṣmaṇa, the u-sound (taijasa) with Śatrughna, the m-sound (prājña) with Bharata, the half-mora with Rāma and the entire Praṇava with Sītā as the Mūlaprakṛti. Since this whole construction is based essentially on the Māṇḍūkya-Upaniṣad (above), so the Māṇḍūkya-Up. 1-7 is cited verbatim, as if a commentary on it. A reference to the identity of the individual soul with the supreme soul, personated as Rāma, forms the end.
- 4. Only now our compilator goes back to the Jābāla-Upaniṣad, copying word to word its second chapter, in which Avimuktam is explained as referring to the spot between the eye-brows and the nose, as a result of which the earlier statement, that the wise has the Avimuktam always by his side becomes intelligible only now.—Meanwhile this thought is either no more understood by our author or it is clouded by him, inasmuch as he narrates in the verses which follow how Rāma has given a boon to Śiva, promising that all those who die in Avimuktam will attain liberation,—whereby Avimuktam is again restricted to a locality in Banaras.
- 5. As Rāma is placed above Śiva in the preceding section, he is placed above Brahmán in this section, in that the personal Brahmán extols Rāma as the essence of all gods, words and beings in 47 formulas. In form and contents the whole is an imitation of the Atharvasiras 2 and the Nṛṣimha-pūrvat. 4, 3.

The sections 6-7 added by Weber are missing in most manuscripts but all the same, they, along with the whole of the rest of the Upanişad were presupposed and utilised by the Tārasāra-Upanişad of the Muktikā-collection (cf. the preceding footnote).

# RĀMA-UTTARA-TĀPANĪYA UPANIŞAD

1

#### Cf. Jābāla-Up. 1 (above).

Bṛhaspati said to Yājñavalkya: "[Tell me that] which is next to Kurukṣetram itself as a sacrificial place of the gods and as the Brahman-seat of all beings."—He said: "Verily, Avimuktam is the [true] Kurukṣetram, the sacrificial place of the gods and the Brahman-seat of all beings.

Therefore, wherever he may be wandering, he should think: here, verily, is the [true] Kuruksetram, the sacrificial place of the gods and the Brahman-seat of all beings. For here, when the vital breaths depart out of a person, Rudra imparts the saving formula, by which one participates in immortality, participates in liberation. Therefore, one should revere Avimuktam, one should not leave Avimuktam [which is not left]!" "It is so, O Yājñavalkya."

2

[Borrowed, with necessary modifications, from the Tāraka-Upaniṣađ Oupnek'hat II, 378 ff).]

Then Bharadvāja asked Yājñavalkya, What is the saving one and wherefrom does it save?—Yājñavalkya said: the saving one is, followed by the point (m), dīrgha (ā) after anala (r), once more, māya namah, candrāya namah, bhadrāya namah [therefore together: Rām Rāmāya namaś, candrāya namo, bhadrāya namah, "Salutation to Rām Rāma, the moon, the gracious."

The syllable Om is to be worshipped as [the sounds, varṇāḥ] consisting of Brahman, called being, thinking and bliss.

The sound a is its first constituent, u the second, m the third, the half-mora the fourth, the Anusvāra the fifth, the reverberation the sixth. Because it saves, therefore the Om-sound is

<sup>1.</sup> What is repeated is dirghanalam only, i.e. Rā.—GBP.

called the saving one, this you should know as the saving Brahman, you should worship, mark this well. Because it saves from conception, birth, old age, death, Samsāra and from the great fear, therefore it is called the saving one.

The Brāhmaṇa who always studies this saving one, it saves him from all sin, it saves him from death, from the killing of a Brāhmaṇa, from the killing of embryo, from the killing of a hero, from all killing, from Samsāra, from everything. He attains Avimuktam, he becomes great and enters immortality.

3

[Explanation of Om-sound as referring to the Rāma-myth, followed by a reproduction of the Māṇḍūkya-Up. 1-7 (above) and the Nṛṣiṁhott. 2 (above).]

Sprung from the a-sound, Laksmana is like the Viśva; Sprung from the u-sound, Satrughna is the Taijasa.

Sprung from the m-sound, Bharata is like the Prājña; To the half-mora corresponds Rāma, The Brāhmic bliss embodied.

Nestling close against Rāma, As the bestower of bliss on the world, Creating, sustaining, dissolving all The beings, one should know her,

That exalted Sītā, She who's called the *Mūla-Prakṛti*; Because she Praṇava (Om-sound) is, So the Brahman-knowers call her Prakṛti.

"Om! This syllable is the whole world. Its explanation is as follows. The past, the present and the future, all this is the sound Om. And besides, what still lies beyond the three times, that also is the sound Om. All this, verily, is Brahman, but Brahman is Ātman, and this Ātman is fourfold.

"The Vaiśvānara, present in the wakeful state, perceiving outwards, seven-limbed, having nineteen mouths, the enjoyer of the gross, is his first quarter.

"The Taijasa, present in the state of dream, perceiving inwards, seven-limbed, having nineteen mouths, the enjoyer of the selected, is his second quarter.

"The state, where he, asleep, no more experiences any desire and sees no vision, is deep sleep. The  $Pr\bar{a}j\tilde{n}a$ , present in the state of deep sleep, become one, consisting wholly of knowledge through and through, consisting of bliss, the enjoyer of the bliss, having conscience for his mouth, is his third quarter. He is the lord of all, he is the omni-scient, he is the inner guide, he is the cradle of the universe, verily, he is the creation and the disappearance of all creatures.

"That which is neither inward-perceiving nor outward perceiving nor both-way perceiving, that which does not consist of knowledge through and through, neither conscious nor unconscious,—invisible, unhandlable, ungraspable, uncharacterizable unnamable, established in the certitude of his own self, that which extinguishes the expanse of the universe, calm, auspicious, without the second,—that is the fourth quarter, that is the Atman which should be known" (above).

Ever shining, free from nescience and its effects, is this Ātman, who exempts from the bonds, always foreign to the duality, having the form of bliss, the basis of all, pure existence, throwing off nescience, darkness and infatuation. "I am he", so should one think; the word "I" denotes Om, That, the Being, that is the supreme Brahman, that is Rāmacandra. I am That which consists of Intelligence, am Om, That, Rāmabhadra, the supreme light. One should grasp the Ātman in the word "I" and should unite him in spirit with Brahman.

He, who always, with sincerity Acknowledges, "I am Rāma", He no longer belongs to the Samsāra, He is Rāma himself.

<sup>1.</sup> Only here there are some minor variations from the text of the Māṇḍūkya-Upaniṣad, and these too not in all manuscripts.

Thus runs the Upanisad; he who knows this, becomes a liberated one.—Thus spoke Yājāavalkya.

# 4 [Cf. Jābāla-Up. 2 (above)]

Then Atri said to him; Yājñavalkya! That infinite, unmanifest Ātman, how can I perceive him? -And Yājñavalkya said: That indestructible, infinite, unmanifest, having perfect bliss as the only taste, spiritual Atman,—this infinite, unmanifest Atman he is to be found in the Avimuktam. -But where is the Avimukta-place to be searched for? It is to be searched between the Varana and the Nasi.—But what is the Varana and what the Nāsī? — Varanā is so called because it wards off (vārayati) [from the Atman] all the faults committed by the body-organs; Nāsī is so called because it destroys (nāsayati) all the sins committed by the body-organs. - But where is the place of this Avimuktam? — It is the meeting place between the eye-brows and the nose. For this is the meeting place between the heavenly world and the highest world [of the Atman]. Therefore the knowers of the Brahman worship this connecting place as the union-time (twilight). For in Avimuktam, so they know, one should revere him [the Atman]. He who knows thus, proclaims his knowledge as avimuktam (unforgettable).

And Yājñavalkya further said to him voluntarily (unasked):

In Kāśī Rāma's formula Was muttered by the bull-bannered (Śiva), Through thousands of Manu-ages With worship, offerings and prayers.

Then spoke, pleased thereby, Rāma, The holy one, to Samkara (Siva): You may, what you wish for, choose, I grant it to you, O highest God!

Then the God requested Rāma, consisting of being, intelligence bliss:

Whoever dies in the Manikarni pond, In my temple, or on Ganga's bank, Grant him liberation!

Nothing further remains for me to wish.

#### Then the exalted Rāma said:

Whoever, O chief of gods, Dies anywhere in your domain, Be it even a worm, a beetle, He will be liberated instantly.

In the idols of stone
I myself shall ever abide
To bring about liberation of all
In Avimuktam, your domain.

Who, devout, with this formula Worships me here, him I shall declare Free of all sins, worry not, Even if he were a Brāhmaṇa's murderer.

He, to whom by you or by Brahmán Is disclosed my six-syllabled formula, Shall be liberated in his life-time, And, liberated, he shall merge in me.

If you will whisper my formula In the right ear of even a dying man, Whoever he may be, He shall be liberated, O Siva!

He, who also sees the Avimuktam spoken of by Śrī-Rāma-candra, destroys thereby the sins sticking to him from previous births.

5

[Cf. Atharvasiras 2 and Nrsimhpūrvat. 4, 3 (above)]

Then Bharadvāja said to Yājñavalkya: With which formulas must the illustrious Rāma be glorified so that he is pleased and shows himself? Tell us that, O exalted sir!

Then Yājñavalkya said: The God Brahmán, instructed by the illustrious Rāma, glorifies him in return by this formula:

The great Viṣṇu, all-sustainer,
The free-from grief Nārāyaṇa,
Knowing complete bliss alone,
Consisting of highest light as his essence
Was praised by the devout Brahmán
As the highest God.

Om! The illustrious		the secondless Ātman con-	bhūr, bhuvaḥ	
Rāma is this one and	exalted	sisting of the supreme bliss, who is the supreme	•	saluta- to him
0110 4110		Bráhman;		ation!
,,	"	the complete indivisible Atman;	,,	**
>>	,,	the Amrtam of the Brahman-bliss;	,,	,,
,,	,,	the saving Brahman;	,,	,,
,,	,,	Brahmán, Visnu, Iśvara	,,	**
<b>3</b> 7	"	who is the soul of the Vedas; who is all the Vedas along with Angas, Śākhās and Purāṇas;	99	,,
,,	,,	the individual soul;	,,	,,
"	,,	the inner soul of all beings;	,,	,,
,,	,,	the beings, like gods, Asuras and men;	,,	**
,,	,,	the Avatāras, such as Fish, Tortoise etc;	,,	"
,,	,,	the Prāṇa;	,,	"
,,	,,	the essence of the four- fold inner organ;	,,	"
,,	,,	Yama;	,,	,,
,,	,,	the end-maker;	,,	"
,,	,,	the Death;	,,	,,
,,	,,	the Immortal;	,,	**
97	,,	the five elements;	,,	"

,,	,,	the movable and the	,,	,,
		immovable;		• • •
,,	,,	the five fires;	,,	,,
,,	,,	the seven Vyāhrtis;	,,	,,
,,	,,	the knowledge;	,,	,,
,,	,,	Sarasvatī	,,	,,
,,	,,	Lakșmī:	,,	,,
,,	,,	Gaurī;	,,	,,
,,	,,	Jānakī;	,,	,,
,,	,,	the three worlds;	,,	,,
**	,,	the sun;	,,	,,
,,	,,	the moon;	,,	,,
,,	,,	the stars;	,,	,,
,,	,,	the nine planets;	,,	,,
,,	,,	the eight Vasus;	,,	,,
**	"	the eight world Guardians	,,	,,
,,	,,	the eleven Rudras;	,,	,,
,,	,,	the twelve Adityas;	,,	,,
,,	,,	past, present, future;	,,	"
,,	,,	the one, who, as Virāj,	,,	,,
,,	,,	fills the Brahman-egg	,,	,,
		through and through;		
,,	,,	Hiraṇyagarbha;	,,	**
,,	,,	Prakṛti;	,,	,,
,,	,,	the Om sound	,,	,,
,,	,,	the three and half moras;	,,	,,
,,	,,	the supreme Purusa;	,,	,,
		Maheśvara;		
,,	,,	Mahādeva;	,,	,,
"	,,	•	"	"
**	,,	Om! Namo Bhagavate	"	"
		Vāsudevāya; the great Viṣṇu;	,,	,,
,,	,,	the highest Ātman;	,,	,,
,,	,,	Jñāna-Ātman;	**	**
,,	,,	the Ātman, having being,	22	9>
		intelligence, bliss and	••	•-
		second-lessness as the		
		only taste;		
		•		

The God is pleased if the Brahman-knower glorifies the God with these forty-seven formulas at all times. Therefore, one who glorifies the God with these formulas at all times gets a sight of the God and attains immortality, — and attains immortality.

# F

# **SUPPLEMENT**

Containing the still remaining Upanisads of the Oupnek'hat

- I. BARK'HE SOUKT (PURUṢASŪKTAM)
- II. TADIW (TAD EVA)
- III. SCHIW SANKLAP (ŚIVASAMKALPA)
- IV. BASCHKL (BĀŞKALA)
- V. TSCHHAKLI (CHĀGALEYA)
- VI. PANKL (PAINGALA)
- VII. MRAT LANKOUL (MŖTYULĀNGALA)
- VIII. ARK'HI (ĀRŞEYA)
  - IX. PRANOU (PRAŅAVA)
  - X. SCHAVANK (ŚAUNAKA)

#### PREFATORY NOTE

The Persian-Latin trantlation of the Oupnek'hat (above: Upanisads of the Atharvaveda, Introduction, section 3) is the form in which the Upanisads became known to Europe for the first time and made a deep influence on the Western thought, particularly through the agency of Schopenhauer's philosophy. The reader will, therefore, desire to find again all the fifty Upanisads of the Oupnek'hat in our collection. We have already met with forty of them so far, since even 11. Sarbsar and 19. Schat roudri may be taken as sufficiently represented in an abridged form through the Aitareya Upanisad and the Nilarudra Upanisad respectively. With that ten texts remain, of which 40. Bark'he soukt, 8. Tadiw, 22. Schiw sanklap stem from the Vājasaneyi-Samhitā, 44. Baschkl is claimed to have been taken from the Rgveda, and 45. Tschhakli from the Yajurveda, while 32. Pankl, 42. Mrat lankoul, 47. Ark'hi, 41. Pranou and 49. Schavank are ascribed to the Atharvaveda. Four of these texts, viz. Baschkl, Tschhakli, Ark'hi and Schavank are, as far as we know, not yet discovered in the Sanskrit original and so they must be translated from Anquetil Duperron's Oupnek'hat. To these one more, Pranou, was added in the first edition, which could now be translated from the Sanskrit original also (see below, Pranou, Introduction). In the case of the remaining five Upanisads the translation does not conform to the Oupnek'hat with its numerous, additions, variant readings and misunderstandings but to the most original form every time in which the passage exists.

<sup>1.</sup> All these four Upaniṣads are now available in the Sanskrit original. They are included in the *Unpublished Upaniṣads*, edited by the Pandits of Adyar Library under the supervision of Dr. C. Kunhan Raja, Adyar 1933. The pages concerned are: 15. Bāṣkalamantropaniṣad (this is the title of the Upaniṣad in this collection) pp. 37-39, followed by an anonymous commentary on it, pp. 39-47; 8. Chāgaleya-Upaniṣad, pp. 23-25; 4. Ārṣeya-Upaniṣad, pp. 7-9; 19. Saunaka-Upaniṣad, pp. 51-54. Although there are certain additions and omissions, and also different readings as compared with the Persian-Latin version, even a cursory examination will suffice one to come to the conclusion that the text is essentially the same in both the versions. A detailed comparison of the two versions, although it will be very instructive in itself, is not attempted here, in view of the limited scope of the present work. I have, however, occasionally made some references to the Adyar edition where I thought it was necessary. For the rest I have confined myself to translating Deussen's original.—GBP.



## I. BARK'HE SOUKT (PURUŞA-SÜKTAM)

[This text contains the Puruṣa-song (Rv. 10, 90=Vāj. Sarhh. 31, 1-16) along with its continuation as Uttaranārāyaṇam (Vāj. Sarhh. 31, 17-22). Since for explanation we refer to our work on this text (Allg. Gesch. d. Phil. I, 150-158. 288-291), we restrict ourselves here to reproducing the translation given there.]

#### **RGVEDA 10, 90**

- The Purusa with a thousand heads, With thousand eyes, thousand feet Covered on all sides the earth everywhere And yet overflew ten fingers high above it.
- 2. Purusa alone is this whole world, And what was, and what lasts in future, He is the lord of immortality,— That, which lives on food.
- 3. So great is this, his majesty,
  Yet more elevated than it is the Purusa himself,
  All creatures are only a quarter of him,
  His three quarters are immortal above.
- 4. Three quarters of him soared up high,
  One quarter grew up here in this world,
  To spread out as everything,
  What is preserved with food, and what without.
- From him, the Puruşa, was born
  Virāj, from Virāj, the Puruşa;
  Born, he extended himself beyond the earth
  Forward, backward and in all places.
- 6. When with the Puruşa as the offering The gods performed a sacrifice, The spring became the clarified butter, The summer the fuel and autumn the offering

- 7. The Purusa, who was born before, was consecrated on grass as sacrificial beast, Him they offered in sacrifice, the gods, The deceased and the seers assembled.
- 8. From him, the victim burnt as all,
  Flew down sacrificial mucilage with butter mixed,
  From it were created animals in the air
  And those that live in forest and at home.
- From him, the victim burnt as all,
   The hymns and the psalms originated,
   From him the 'state'-songs¹ altogether
   And what exists of the sacrificial formulas.
- 10. From him originated the horse, and those That have incisors on both the sides, From him originated the species of cow, The specialities of the goat and the sheep.
- 11. In how many parts was he transformed,
  When they cut the Purusa in pieces?
  What did his mouth become? what his arms,
  What his thighs, what his feet?
- 12. His mouth then became the Brāhmaņa, From the arms the Rājanya was made, The Vaiśya from the thighs, From the feet the Śūdra came forth.
- 13. From his Manas originated the moon, The eye is now seen as the sun, Indra and Agni were born from his mouth, Vayu, the wind, from his blowing breath.
- 14. From his navel originated the atmosphere, From his head the heaven was created, The earth from his feet, from the ear Were made the directions and the world.

<sup>1. &#</sup>x27;Prunklieder'. The word carries with it the idea of something ostentatious, gorgeous and ceremonial.—GBP.

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15. Seven sticks served them as enclosure, Three times seven served as fire-wood, When the gods, preparing for that sacrifice, Bound the Purusa as the sacrificial victim.

16. The gods, sacrificing, worshipped the sacrifice, And that was the first of sacrificial acts; Of mighty being, they pressed to heaven, Where the old, departed gods abide.

#### Vājasaneyi-Samhitā 31,17-21

- 17. Created from waters and the sap of earth,
  In the beginning he went forth as Viśvakarman;
  Tvaṣṭṛ comes to develop the form for him;
  So the first origin of man is Godhead.
- 18. I know that Purusa, the great,
  Who, like the sun, shines beyond the darkness;
  Only who knows him, escapes from the realm of Death,
  There is no other way to go.
- 19. The Prajāpati works in the womb, The unborn is born in many ways; How he springs up, only the wise see, All beings are established in him.
- 20. Salutation to him who, warming, Illumines the gods, is their priest, Who was born before them, To him resplendent, Brahmanlike.
- 21. Creating him, resplendent, Brahmanlike
  The gods then said:
  "To the priest, who knows you,
  May the gods be subject!"

<sup>1.</sup> The absence of any mark of punctuation (by oversight?) after verse 20 makes it one continuous sentence with 21 which is confusing and makes Deussen's construction obscure. Moreover it does not agree with the Sanskrit original which clearly makes 20 and 21 two independent sentences.—GBP.

22. Beauty and prosperity are your wives, Day and Night your sides, the stars your body, the Aśvins your jaws.

May the prompter promote, promote that [world] for me, promote the universe for me.

#### II. TADIW

(TAD EVA, Vāj. Samh. 32, 1-16)

[Cf. for explanation of this song Allg. Gesch. d. Phil. I, 291-294, and with regard to the inserted verses ibid. pp. 132-133, 191.]

- It, forsooth, is Agni, Āditya,
   It is Vāyu and Candramas,
   It is the pure one, the Brahman,
   The waters and Prajāpati.
- 2. All divisions of time sprung
  From the lightning (Kena 29), from the Purusa;
  Not in height, nor in breadth,
  Nor in the middle is he encompassable.
- 3. There is no image of him,
  Who is called the great maiesty.

In the beginning he went forth as a golden embryo; As soon as born, he became the lord of world; He steadied the earth and the heaven,— Who is the god, whom we shall serve with offerings? (Rv. 10,121,1).

Who, when it breaths, and when it closes eyes, Governs the living world as the only king, Ruling over the biped here and the quadruped,—Who is the god, whom we shall serve with offerings? (Rv. 10,121,3).

Through whose power are snowy mountains,
The ocean, the world-stream, of whom they talk idly,
Whose arms are the poles of heaven,—
Who is the god, whom we shall serve with offerings?
(Rv. 10,121,4)

He who gives breath, gives strength, whom all, When he commands, obey, even the very gods, Whose reflection is immortality, whose the death,— Who is the god, whom we shall serve with offerings? (Rv. 10,121,2)

May he not harm us, he, the creator of earth,
Who created the heaven too, true to law,
Who created the waters, mighty, resplendent,—
Who is the god, whom we shall serve with offerings?
(Rv. 10,121,9)

He, above whom nothing higher exists,
Who has entered into each and every creature,
Prajāpati, confering gifts of progeny,
Penetrates, of sixteen parts, the three world-lights.
(Vāj. Samh. 8,36)

Indra, the prince, and Varuna, the king, Who made for you this [Soma] drink in the beginning; They both drink, and I drink after them, May the Goddess Speech enjoy the Soma. (Vāj. Samh.8.37)

- He is the god in all world-spaces,
   Born of old and in mother's womb;
   He was born, and born he will be,
   He is in men, and present everywhere.
- 5. He who was born before all others, Who transforms himself into all the beings, Prajāpati, confering gifts of progeny, Penetrates, of sixteen parts, the three world-lights.
- 6. By whom was the heaven, the fastness of the earth, The splendour of the sun and firmament made firm, Who in the mid-region measures out atmosphere,— Who is the god, whom we shall serve with offerings? (Rv. 10,121,5)
- 7. Whom the warriors in both armies look up to, Relying on help, anxious in heart, From whom the sun rises and shines far off,—Who is the god, whom we shall serve with offerings?

  (Rv. 10,121,6)

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When, of old, the great waters came, Pregnant with cosmic embryo, begetting the fire, He went forth thereof as the vital breath of gods,— Who is the god, whom we shall serve with offerings? (Rv. 10,121,7)

Who, the mighty one, himself surveyed the waters That were pregnant with power and begot the sacrifice, He, who was the only god among the gods,—
Who is the god, whom we shall serve with offerings?
(Rv. 10,121,8)

- Vena¹ sees it, the highest, concealed,
   In which the whole world has its only nest,
   The point of union and departure of the world,
   The omnipresent one, woven lengthwise and crosswise in beings.
- 9. May the Gandharva, acquainted with the eternal, Announce his secret, this wide-spread world, Three quarters of it remain concealed from us, One, who knows this, would be the father's father.
- 10. He, our relative, father, care-taker, Knows the dwelling places and beings all; There where the gods, attaining eternality, Soared high to the third world above.
- Going around all beings, all worlds,
   Going around all regions and directions,
   He penetrated to the order of the First-born,
   And entered the self with his own self.
- 12. At once he went around the earth and haven,
  Went around the worlds, directions and light-region;
  He unravelled the web of the cosmic order:
  He saw it and became it, for he was it.

<sup>1.</sup> The original version may be Atharvav. 2, 1, 1 (Allg. Gesch. d. Phil. I, 253), the above modification probably being under the influence of the Brh. 3,6.8 (above).

- 13. The wonderful lord of the dwelling, The beloved friend of Indra, I have invoked for gift and wisdom. Svāhā! (RV.1,18,6)
- 14. The wisdom, which the hosts of gods, And which the Pitrs prize, With that wisdom may you today, O Agni, make me wise; Svāhā!
- 15. Wisdom may Varuna grant me, Wisdom Agni, Prajāpati, Wisdom Indra and Vāyu, Wisdom the creator may grant to me. Svāhā!
- 16. The Brāhmaṇa-class and the warrior-class May bless this good fortune of mine, May the gods grant me highest fortune! To you, O fortune, Svāhā!

### III. SCHIW SANKLAP (Śīva-Sańkalpa, Vāj. Saṁh. 34, 1-6)

[The Manas, whose friendly disposition is solicited here is the Ātman as shown by the Bṛh. 4,3 (above), the text which is most closely related to it. The beautiful song stands on the same level as the verses Bṛh. 4, 4, 8ff as also Kena, Kāṭhaka and Iśa, many reminiscences from which are found here.]

- The divine one, that wanders far off
   From the wakeful, wanders in the sleep too,
   Wandering far and wide, the only light of lights
   (Brh. 4,4,16),
   May that Mind be friendly disposed to me!
- By which the efficient wise do their works
   In sacrifices and in festive gatherings,
   What lives in man as the wonder from antiquity
   (Kena 3,15),
   May that Mind be friendly disposed to me!
- 3. That as consciousness, intelligence and determination, As the undying light dwells in man, Without whose assistance no hand can move (Kena 3,19), May that Mind be friendly disposed to me!
- 4. Who this whole world, past and future,
  The immortal one, all things in it contains,
  By whom flares up the sacrifice with seven priests,
  May that Mind be friendly disposed to me!
- 5. In whom the Ros, the Sāmans and the Yajus, Are firmly established like spokes in a nave, Into whom is woven everything that men think, May that Mind be friendly disposed to me!
- 6. That which like a good driver the horses (Kāṭh. 3,3) Leads men securely as by the reins, Firm in heart and yet the quickest of the quick (Īśā 4), May that Mind be friendly disposed to me!

### IV. BASCHKL (Bāşkala-Upanişad)

[The name of this Upanisad, preserved only in the Oupnek'hat as Baschkl or Baschkel, is explained by Weber, probably correctly, as Bāskala-Upanişad<sup>1</sup> and is referred to the half-lost Bāşkalas, a school of the Rgveda (to which our Upanisad is claimed to belong), although the Upanisad before us shows no relationship whatever with what is known about the Bāşkalas, and, according to its contents, cannot possibly go back to a time in which the Upanisads, as appendices to the Brahmanas or the Āranyakas, formed the dogmatic textbooks of particular Veda schools.2

A legend occurring at Şadv. Br. 1, 1 (perhaps based on the misunderstood Rgv. verse 8,2,40, cf. Ind. Stud. IX, 40) reports that Indra Medhātithim ha Kānvāyanam meşo bhūtvā jahāra, 'in the form of a ram, is said to have kidnapped Medhātithi, son of Kaņva." Our Upaniṣad is joined to this legend (quite similarly as the Kāthaka-Upanişad to the Naciketas legend) with a view to expressing the essential fundamental doctrines of the Upanişadic teaching, through Indra who discloses himself and (as in the Kaus. 3) appears as the representative of the Ātman. To all appearances, the form was, perhaps even including the initial passages,3 metrical. For the age of composition, what is even more characteristic than the reminiscences of the Rgv., Brh., Chand., Kath., and Svet. is that the doctrine of the five fires (Chand. 5, 10) is presupposed as well-known, that the Atman is repeatedly described as 'witness' (sākṣin, first Śvet. 6, 11), and that even the fire (aurva) burning in the ocean is mentioned, which does not occur in any other Upanisad known to us. This could possibly be, like many others. an addition of the commentary repeatedly interwoven, particularly at the beginning by the Persian translators;4 the colossal freedom with which they have handled the text here as elsewhere is in marked contrast with the colossal faithfulness of Anquetilean translation and which as long as the Sanskrit text is not found, does not make it possible to look at the present Upanisad in any other way but through the mist, as it were, throughout.]

Once it so happened that the wise Indra, in the form of a ram, approached Medhātithi, the son of Kanva, and lifted him up

Bāşkalamantropanişad in the Adyar ed.—GBP.

The Sanskrit original in the Adyar ed., however, certainly gives the

impression of an archaic language.—GBP.

3. Deussen's conjecture is now confirmed by the Adyar ed. in which this entire Upanisad is in a metrical form.—GBP.

<sup>4.</sup> But all these features are found in the Adyar ed. of this Upanisad.

[5]

[6]

nst his wish and carried him to heaven. Then Medhātithi, gnant at his forceful abduction, said to Indra the excited ds: "You know, who you are; I know only that you are ng and move away quickly. One who sees you thus will not eve that you are one of the rams as they move about on the h while you move along without touching the earth. Nobody lened with a body can fly to the higher worlds, as you do it. I are all-knower, so tell me who you are; if not, then I, a hmana, will strike you with my anger.

The mighty Indra all-seeing,

Who grants desires, conquers the hordes Of enemies snatches off everything, For whom I practised the Tapas, [1]Who sees me, wherever he be, Who wields lightning in his hand To strike one who, deviating From law, goes a crooked way. [2] Now that much against my will I have fallen into your hands, Whither will you, wonderful sir, take me, And where is your kingdom? [3] Where could my father possibly be? Sleeps he, that he has no news of you, who are robbing me, And of me, of whom you robbed him? [4] And the gods in the luminous heaven, n west and south, in east and north, And those that live in the higher regions,

Do they know, that you are robbing me?

f I have duly performed their worship,

Wherein could I have made a mistake, hat they approach me not for help?"

Why don't they set me free:

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Then Indra smiled and he said, in order to banish the doubt from his heart: "Who do you think holds you now in protection and custody? You feel yourself oppressed by me and yet you do not know who I am and that I cannot release you without bringing you to my abode.

I am the one, who rewards the sacrifice,
I am the Mantra, that consecrates oblations,
I the fire that consumes the offerings,
I am the witness of all the things.

I nourish the gods too; all the worlds,
The Brahman-egg, I fashioned as my abode.
I am separated from all in the world,
And yet bound up with all in the world.<sup>1</sup> [2]

[1]

I am the great speech which, divided,
Disseminates itself as manifold speeches.<sup>2</sup>
It is I, who killed the demon Vrtra,<sup>3</sup>
When he lived in the mountains as a serpent.<sup>4</sup>
[3]

With my thunderbolt I terrify all.

I make nourishment grow, I am the wing of what flies; the victories, which Indra

Won with his hosts,—I was their winner!

[4]

Who would know me,—who would define?

I slew all enemies, me slew none.

I give food; who, possibly, would be able

In all the worlds my power to see?

[5]

I am the one, am the light, I appear, Assuming various forms through magical powers.<sup>5</sup>

<sup>1.</sup> As the Atman, the subject of the cognition, he is mixed up with everything that is objective and yet stands apart from it as something different.

<sup>2.</sup> Cf. Rgv. 10,125,3.

<sup>3. &</sup>quot;Occidens ton Bratr nomine schaittani."

<sup>4.</sup> Rgv. 1,32,2: áhim párvate sisriyānám,

<sup>5.</sup> Cf. Rgv. 6,47,18: Indro māyābhih pururūpa īvate.

I fear nothing; am within all As the inner guide, as the witness of all.2	[6]
None can ever surpass me in greatness, Earth and heaven,—I spread them out. For the kings I make food from sacrifice; To those who sacrifice gladly, I distribute rewards.	[7]
I know the centre of the earth, am the first parent, The father and the mother of this world. I make, that it rains down from the sky, I create the dew that falls from atmosphere.	[8]
I know the Vedas, sacrifices, metres And treasures, am the fire in the ocean (Aurva), That burns incessantly; am the Nāciketa-fire, The pure, which they on the altar pile.	[9]
I am the priests, who in the course of sacrifice Early at dawn, before the birds fly out, Pour the sacrificial offerings in the fire And send forth the fire's praise in loud tones.	[10]
One-wheeled is the car with twelve spokes, <sup>3</sup> Which in the course of a year ascends to heaven; It's the sun, who in twelve months Encircles the world,—I am his charioteer.	[11]
And he, who day by day multiplies his light, Swells his body and lets rain down again, The waters, which are the origin of life, <sup>4</sup> I am this being too, am the moon.	[12]
And he, who in the world of living beings Moves about between them, above them, Who, purifying, sweeps through the entire universe, I am this being too, am the wind.	[13]

<sup>1.</sup> As antaryāmin, Brh. 3,7.

<sup>2.</sup> As the sāksin, Svet. 6.11.

<sup>3.</sup> Cf. Rgv. 1,164,2.11 (Allg. Gesch. d. Phil. I, 108.111).

<sup>4.</sup> Cf. Chand. 5, 3-10 (above).

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And she, who deep down in her bowels

Holds the world of plants well concealed,

And sends it up to the sacrificer's gratification,

I am this being too, am the earth.

[14]

It is I who, becoming the vital breath,
Enters into all forms, great and small
And circulates in all beings high and low.
He who knows me in the heart's space, becomes me. [15]

Fivefold and tenfold<sup>1</sup> I am, one and thousand,
Spread out infinitefold in this world.
He, who knows this, spreads out like me,
He, who doesn't know this, knows not himself.

[16]

I am not to be obtained by works,<sup>2</sup>
Not by scriptures' knowledge, not by numerous fasts,
Not by charity either, practised manifold,—
Still all come to me by all the ways.

[17]

Who is it, that kills and takes prisoner?
Who is the ram, that carried you from there?
It is I, who appears in this form,
It is I, who appears in all the forms.
[18]

When someone is frightened of something or the other, I am it, the one who is frightened, and the one who frightens,

Yet in the greatness there's a difference:

I devour everybody, me devours none. [19]

You have, O Medhātithi, for my sake,
Put up with much penance and self-torture;
To lead you to truth, to the pure existence,
I descended down in the form of ram. [20]

Along that way, which leads to truth, Along that way you shall shortly reach the truth:

<sup>1.</sup> Chänd. 7,26,2 (above).

<sup>2.</sup> Cf. Kāṭh. 2,23 (above).

Luminous I am, eternal, bondless, What was and is and shall be,—I am all.	[21]
What I am and what you are, I and you And you and I, know that I am that all! Doubt no more! You were previously ignorant, Experienced you are now; doubt not further.	[22]
It is I, who nourishes, who brings about The returns of all acts, it is I, who Holds the universe sheltered in his protection; I am shaped into this entire world.	[23]
As Rudra I am the destroyer of this world, Shaking everything; I am the Death, too, I am the ordainer of misery and plague; I am the lord of the world, am its soul (hamsa).	[24]
I am free from grief and free from old age, I am the ancient one, free from all; Verily, I am the universe, am the universe. I am also the one, who brings the offering.	[25]
On all sides I am the face (Rgv. 10.81,3) All-embracing, lord, witness, I am. All-pervading, kind to all, The one I am; what exists, I am it."	<u>г</u> 26]

# V. TSCHHAKLI (CHĀGALEYA-UPANIŞAD ?)¹

[The wise *Tschhakli*, after whom this Upaniṣad is named, is explained as *Chāgaleya* by Stenzler and Weber, and we could not think of any better substitute for this inference<sup>1</sup>, since *cākrāyaṇa* (Chānd. 1, 10) is far removed phonologically, and also because at Brh. 3,4 it is reproduced as Tschekraṣ̄n. We also agree with Weber in the explanation of *Nimkehar* as the Naimiṣa-forest (*Naimiṣāranyam*) and *K'herk'hit* as the *Kurukṣetram*.<sup>2</sup>

The theme of the Upanisad is not strictly fixed; in the beginning the question is whether the birth decides a Brāhmaṇa; further on, whether the essence of man is to be seen in his body or in his soul. Anyway, by reconciling the two one can set up the basic thought, that the birth does not decide a Brāhmaṇa because while the body alone is born, the essence of man is however to be seen in his soul.

It is difficult to arrive at the age of the Upaniṣad on the basis of its contents, for the question wherein lies the essence of a Brāhmaṇa was possible at any time from the Chāndogya 4,4 down to the Vajrasūcikā and the comparison of body and soul with car and its driver could be equally regarded as independent of the Kāṭh. 3,3 or dependent on it. The 'living like children' seems certainly to presuppose the Bṛh. 3,5, unless one thinks of something like the dwarfish Vālakhilyas.

To judge by the form the text certainly makes the impression of belonging to a very late date, but we do not know how much of it is to be put to the account of the explanations added by the Persian translators.<sup>3</sup>]

Once the Rsis performed a sacrifice on the bank of Sarasvatī. There sat among them a Brāhmaņa<sup>4</sup> of whom the Rsis said:

<sup>1.</sup> The name Chāgaleya is now confirmed by the Adyar ed. and so the question-mark in the title can now be removed.—GBP.

<sup>2.</sup> Naimişa and Kurukşetra are exactly the words found in the Adyar ed.—GBP.

<sup>3.</sup> The language of the Sanskrit original preserved in the Adyar ed. on the other hand makes the impression of being considerably old and typically Upanisadic. Besides there are certain details, e.g. the long list of sacrificial rites, which, now found in the Adyar ed., is missing in the Persian-Latin version. The Persian translator has also dropped some proper names (which appear in the Adyar ed.), we do not know why. Lastly, the lacuna towards the end in the Adyar ed. can be fortunately filled with the assistance of the Persian-Latin version.—GBP.

<sup>4.</sup> In the Adyar ed., the name of this person is specifically mentioned as Kavaşa Ailūşa. This seems to be borne out by the Ait. Br. 2.19 which mentions this initial part of the story and where Kavaşa Ailūşa is called dāsyāḥ putra. He is however positively called abrāhmaṇa.—GBP.

"We must exclude him, for his mother is a maidservant and it is against the rule that such a one should be present at a sacrifice." — Thereupon the Brāhmaṇa said: "O venerable sacrificers and Veda-knowers, what is this greatness of yours which is not supposed to be there in me?"—And they said: "This is our greatness that we are born Brāhmaṇas."—And he said: "What is that Brahman in you which is not supposed to be there in me?"—The Rṣis said: "He who is born in a Brāhmaṇa family and performs the work of a Brāhmaṇa, the works which are laid down in the Veda, he is a Brāhmaṇa."

Then he showed to them a corpse<sup>1</sup> which was lying on the bank of the river; and he said to them: "Even this one, who lies here dead, is a Brāhmaņa and has performed all the works Fof a Brahmana laid down in the Veda; why is not this corpse called a Brāhmana? If you regard the body as a Brāhmana then you must regard this one also a Brahmana; for, the works have not departed from the body."-The Rsis said: "We do not know what has departed from it, after the departure of which we no longer call him a Brāhmana."—He said: "There was a holy place in the Naimisa-forest (Nimkehar), where the Brāhmanas performed a sacrifice. This dead one was at that time of the sacrifice one of those Brahmanas, knew all the knowledge<sup>2</sup> and performed the works. What has become of this knowledge of his?" - At this the Rsis were perplexed, they approached him as pupils and said to him: "We do not know it! Let us be your pupils, teach us !"-But he said smilingly: "That is surely against the grain that a lower one should have so great and noble persons as pupils!"—The Rsis said: "If it is so, then do not accept us as pupils, but advise us whither we should go!" He said: "Those who live like children, have assembled in Kuruksetram (K'herk'hit); so get up and go to them; they will impart to you the truth about this."

At this the Rsis got up and went towards Kuruksetram to them who lived like children. As they reached there, the latter

<sup>1.</sup> The Adyar ed. mentions the name Ātreya at this stage itself, which is quite logical.—GBP.

<sup>2.</sup> The Adyar ed. here contains a long list (repeated further on) of racrificial rites which is absent in the Persian version.—GBP.

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inquired after what they wanted and said: "We live like children: why have you come to us, you who are great and old and wise and versed in the Veda? Here also are similar ones. who are old and wise and great and versed in the Veda and possessed of great richness; why do you not go to them instead of to us?" -When the Rsis heard these words, they were perplexed, they looked at one another and said: "He who advised us to approach you as pupils to their teachers, has sent us, and trusting in him we have come to vou."—"Then say what you want from us" they said. -And the Rsis said: "When the Brāhmanas in the Naimisa-forest performed a sacrifice, there was among them one Brāhmana descended from Atri, who knew all the knowledge1 and performed all works. Now, after he has died and his body fallen down, what has become of his knowledge?"—They said: "A custom has been handed down to us by our ancestors that we do not admit as a pupil anyone who has not already waited upon us for a year. If you are willing to stay here for a year and wait upon us, then we will talk to you."

And they remained there for a year and waited on them. Then they living as children said to the Rsis: "Now that you have waited upon us for an year, we will talk to you".—And they took them by the hand and led them by a way along which the car-drivers passed with their cars; and they said: "O lovers of truth, do you see this?"—"What?" said they.—"The car" they said.—The Rsis said: "We indeed see the car, but why do you want us to see it?"—They said: "As the car-horses, like sea waves, spring and run, similarly the car too springs and runs; whichever way the horses go, thither goes the car and brings the passenger to the destination. This is how it happens." The Rsis said: "So it is, and all travel by the car, till they reach their destination in the evening."

At this the driver pulled up the car, got down and unharnessed the horses. Then they said to the Rsis: "Look, how now the car, like a sheer piece of wood, stands there, without going, running about or moving." "What is it", they asked,

<sup>1.</sup> The long list of sacrificial rites is repeated here also in the Adyar ed.—GBP.

"that has left the car so that instead of running, it stands motionless?"-The Rsis said: "The car-driver has left it".-At this they said: "Just as you are seeing the car standing motionless, after the car-driver has left it, similarly, O lovers of truth, this body also is motionless after the soul (jivātman) has left it. It is the soul which moves the body; the senses are the horses of the car, the sinews are the ropes which hold its parts together, the bones are the wooden parts, the blood is the oil which one drips in so that it would move; the work is the stick with which one drives the horses; the speech is the rattling of the car, the skin is its covering.—And just as the car-driver leaves the car. as a result of which it stands motionless, similarly the soul also leaving the state of wakefulness goes into the state of dream, and leaving the state of dream into the state of deep sleep (susupti), which is of the nature of perception (prajñā). And when the soul leaves this state also and liberates itself and does not return here any more and sets free the body, then this car of body stands motionless and no longer creaks and gives out a foul smell, and they do not touch it, and dogs and crows and vultures and jackals lacerate it."-

There the Rsis understood what the truth is, and that it is the soul with whose departure the body becomes a corpse, and that the body is low and the soul is high and that the body can never be called high and the soul low.

When the Rsis had grasped this truth well, they touched their feet and said: "Verily, we have nothing good which we could offer and give you as a gift equivalent to what you have taught us. Here we stand with respectfully joined hands."—

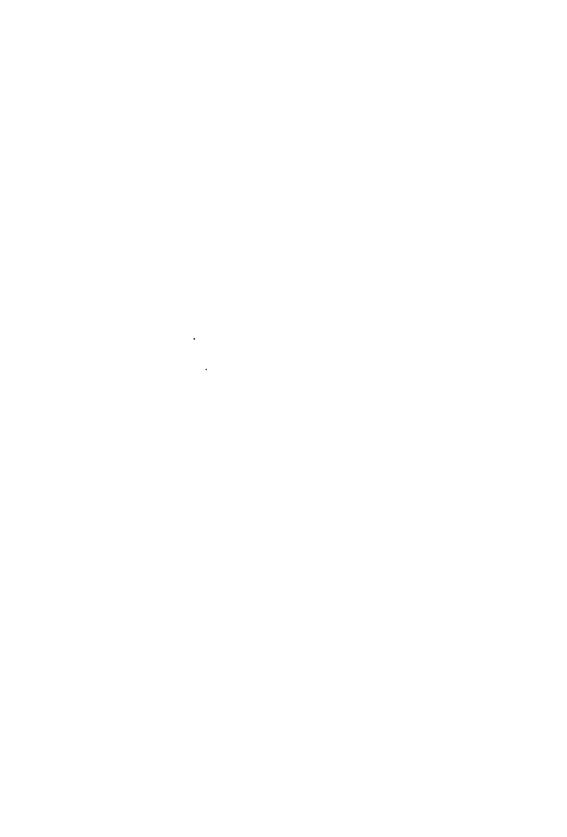
The Rsi Chāgaleya told this story and said these Mantras of the Veda:

Just as a car without a driver Does not run, rattle and move, So also the body when It's left by the departing soul. And as the implements of a car Are idle without a driver, Tschhakli 913

So also the organs of the body<sup>1</sup> Are idle without the soul.

And even though for the dead All his own people may mourn, Still they accomplish thereby Nothing of use to the dead body.

<sup>1.</sup> The manuscript on which the Adyar ed. is based breaks off here in the midst of the third quarter. This shows how sometimes, may be rarely, even the Persian translation may be valuable for restoring the original text where the Indian sources fail.—GBP.



# VI. PANKL (Paiṅgala-Upaniṣad)

[The text of this Upaniṣad which, so far as known to us, was sought in vain uptill now, we have discovered it as a part of Paiṅgala Upaniṣad, admitted as No. 59 in the Muktikā-collection. The first Adhyāya of this work, rich in contents, deals with cosmology, in a combined view of Vedānta and Sāṁkhya, often reminding one of the Vedāntasāra, the second similarly the physiology, the third the 'great words', viz. tat tvam asi, and the reward of its meditation, the fourth finally the freedom of the liberated. From the initial portion of this fourth Adhyāya originates the text of the Pankl of the Oupnek'hat which evidently shrinks remarkably in the Sanskrit original. A comparison of it (as we reproduce it here word to word as much as possible and without taking into consideration the Oupnek'hat) with Anquetil's translation provides us with a good example of the great liberty with which the Persian translators handled the text.]

Then Paingala asked Yājñavalkya: "What does a man of knowledge do and how is his behaviour (sthiti)?"

Then Yājñavalkya said: "The seeker of liberation endowed with freedom from self-conceit rescues twentyone ancestors (kulam); the knower of the Brahman thereby alone hundred and one ancestors.

Know the Atman to be a car-traveller, The body is the car, The Buddhi is the driver, Know the Manas to be the reins.<sup>1</sup>

The senses are called the horses, The sense-objects their roads; As swiftly flying divine cars The wise regard the hearts.

What's furnished with Ātman, senses, body The Rsis call him 'experiencer' (Kāṭh. 3,4). Through him, immediately comprehensible, Dwells in heart Nārāyaṇa.

<sup>1.</sup> Kāth. 3,3 The following verses are Kāth. 3,4. in an expanded form.

After the termination of acts begun His doings are like a serpent's slough, The souls change their house like the moon,<sup>1</sup> When liberated, they have no house.

Whether he casts off his body at a holy place or in the hut of an eater-of-dogs'-flesh,—he goes to absoluteness.

Whether one offers him to space Or covers him with the earth, Such a man never wanders To another birth again.

No fire-customs, no impurity (Manu, 11, 184), No meal-ball, no water-offerings, No offerings-to-the-deceased are needed By the Bhikṣu who has become Brahman.

Why cook, what is already cooked? Why burn, what is already burnt? When the fire of knowledge burns it, The body requires no customs.

Until one outgrows the world-illusion, One shall obey the teacher, Shall respect as the teacher The teacher's wife and the children too.

One who has a pure heart and has become pure spirit should say: 'I am he' with patience,—'I am he' with patience".

<sup>1.</sup> Candravac carate dehi, sa muktas' ca aniketanah. As the moon lives in another lunar mansion every night, so also the soul in a different body in every life. In Oupnek'hat the stanza is put at a wrong place and is completely misunderstood: se ipsum potest—similem lunae lumini effectum—ex obscuritate monscientiae [?] liberatum facere ["Itself it can—an effect similar to the moon's light—free from the darkness of ignorance make"].

# VII. MRAT LANKOUL (MṛTYU-LĀṅGALA¹ UPANIṢAD)

[This Upanisad occupies itself with one of those Mantras (occurring often since Rgv. 7,59,12 onwards), which are believed to be of service in 'the warding off of [premature] death' (mityuvijaya). For this purpose the formula Taitt. Ār. 10, 12 is enjoined here. This is preceded by a formula, which forms the end of the Taitt. Ār. 10, 11 in the Atharva-recension, according to which the corrupt text had to be corrected. Every word of the formula, if forgotten, brings nearer the hour of death by a month.—The expression mityulāngalam,¹ 'the plough of death', which is handed down in the majority of manuscripts as the title, is probably to be explained in this way that the Death, as a hunter, sets his snares (pāša) which he hides on the field under stubble and the bushes; by our formula, as by a plough, these snares are ploughed up and thereby rendered harmless.—Our translation follows Col. Jacob's edition (Indian Antiquary 16, 287), utilising the variants from Burnell's edition mentioned by him.]

Om! We will explain the Plough of Death. Of this formula of the Plough of Death, the metre is Anustubh, the divinity Kālāgnirudra, the poet Vasistha: its application is at the approach of death which has Yama as its divinity (read: Yama-devata-mrtyūpasthāne).

"Now the Yoga: my tongue is speaking sweet; I am not in the time, but the time itself.2

Rtam satyam param Brahma
Puruşam krşnapingalam
Ürdhvalingam virüpākşam;—
Viśvarūpāya namo namah!

Om, krām krīm, svāhā.'

(As law, truth, highest Brahman, The dark-and-yellow Purusa, With Lingam above, odd eyes [I invoke];— Salutation to him assuming all forms!)"

<sup>1. °</sup>lāngūla° is found in some editions, which seems to be presupposed by the Persian translator.—GBP.

<sup>2.</sup> The words which follow next in the text are probably only an explanatory gloss; sphena—(read: śyāma)—kapila-rūpāya is an explanation of kṛṣṇapingalam.

One who recites this Mṛtyu-lāṅgala [-Mantra] in the morning, at noon and in the evening is exonerated from a Brāhmaṇa's murder, from a gold-thief he becomes a non-thief, from a polluter of teacher's bed a non-polluter, he is immediately freed from all major sins and minor sins.

This formula, once recited, brings the same reward as eight thousand Gāyatrīs; one who teaches it to eight Brāhmaṇas goes to the world of Brahmán and Rudra; one who does not impart it becomes spotted, scabby or has diseased nails. One who does not retain it when it is imparted to him, becomes blind, deaf or dumb.

When death approaches, this formula is forgotten within six months before it; [if not, then] Yama, the venerable lord of justice, can be pacified by the aforesaid recitation of this great Mantra called Mṛtyulāṅgala.

From whom the word *rtam* disappears, He dies after six months; After five, if *satyam* also disappeared, After four, from whom *param Brahma* too;

After three, if purusam also disappeared After two, from whom kṛṣṇapiṅgalam also, From whom ūrdhvaliṅgam, after a month, After a fortnight, when virūpākṣam, After three days, when viśvarūpam, Namo namaḥ, immediately afterwards,—namo namaḥ, immediately afterwards.

## VIII. ARK'HI (Ārṣeya Upaniṣad¹)

The explanation of the name  $\bar{A}rk'hi$  as  $\bar{A}rsev\bar{a}$  (from rsi) given by Weber (Ind. Stud. IX. 48) is to be certainly preferred to that as Arsika (from rsika) also given by Weber, Literaturgesch, 2, ed. p. 180, for the contents consist in a conversation of the five old-Vedic Rsis, Viśvāmitra, Jamadagni, Bharadvāja, Gautama and Vasistha on the nature of the Brahman. For the time of composition, the following remark<sup>2</sup> at the end that posteri tou K'hak rek'heschir, propter tò invenire hunc ātma, maschghouli igni Beischavantr fecerunt is conclusive in the first instance. By the Rsi K'hak is not to be understood Kapila (as Anguetil the author of the variant Kapl and Weber accept as possible), but Aśvapati Kaikeya; for he develops at Satap, Br. 10.6.1. Chānd, 5, 11-24 (above) before six Brāhmanas the doctrine of Agni Vaiśvānara as Ātman Vaiśvānara. Following the model of this passage the five Rsis of our text define the Brahman successively as the atmosphere, the Akasa, the solar light, the light of the lightning and that, de quo non possunt dicere: hoc et illud est, where probably there was Yāiñvavalkva's formula neti, neti in the text (Cf. Brh. Up. Brāhmanas 3 and 9. Introductions, above). Further, back references, as the proofs show, down to the Prasna and possibly to the Mandukva, seem to occur. For the rest the bearing of the text is pretty ancient; we may recognise in it a beautiful echo of the thoughts of the ancient Upanisads.]

Once the Rsis assembled to investigate the truth; not to refute one another, but to learn the truth from one another.

There Viśvāmitra spoke first to show off his knowledge: "What is on the earth and in the heaven, immovable, not contained in anything else, containing everything in itself, like the Ākāśa which, immovable, contains everything and is not contained in anything and in which the rumbling clouds, flashing with lightning, appear thundering terribly,—this I know as the Brahman. For even if one burnt it with fire and moistened it with water and bound it and fastened together with leather straps and beat it with iron hammers and pierced it with needles and embedded it on spikes and bored through it with iron nails and smeared it with mud and hewed it with the axe and stabbed

<sup>1.</sup> Unpublished Upanisads, Adyar, pp. 7-6.—GBP.

Not found in the Advar ed.—GBP.

in the heart, still all this would leave behind no trace on it, none can restrain it, none can go beyond it."

But the Rṣi Jamadagni did not approve of these words, for he thought that what is on the earth and in the heaven is transitory and is limited, because it is between the earth and the heaven, and he said: "What you are talking about, that is the atmospheric world (antarikṣaloka); this I look upon as an unfolded power (mahiman) of the Brahman, not as the Brahman for this atmospheric world is contained in it. One who worships this atmospheric world, which is its unfolded power and is contained in it, he is, like this atmospheric world, contained in the world and transitory. And one who worships this atmospheric world as the Brahman, he continually undergoes decay because he worships the unfolded power which is in the Brahman and does not know the Brahman."

And the other said: "What do you then know, which always persists and does not disappear?"

Then Jamadagni said: "that wherein the earth and the heaven are, which has established in itself the earth and the heaven, and is not established in something else, which one cannot reach, not even so much as see, and which is not surrounded by anything else,—this I know as the Brahman. For in it the world-lights revolve diversely and they do not disappear and do not fall down, also they do not go astray and are not tired; and if one were to run for his whole lifetime, one would not be able to reach it, not even so much as to see it.

Some say: it is the water  $(\bar{a}pas)$ ; others: the darkness (tamas, Rgv. 10,129,2); yet others: the light; still some others: the Prāṇa; many: the Ākāśa; yet some others: the Ātman."

But the Rsi Bharadvāja did not approve of these words and said: "One who knows thus, does not thereby know the highest reality: for even this, which you know, is transitory; for what is within the world is limited and therefore imperfect, and it makes [limited and therefore] imperfect what is outside the world. Even this I look upon as an unfolded power of the

<sup>1.</sup> This paragraph falls out of the tone of the whole text and thereby reveals its identity, pretty clearly, as an interpolation already present in the Sanskrit original. [It is found in the Adyar ed. also.—GBP.]

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Brahman and not as the Brahman; it is the Bhūtākāśa (the space as element), which surrounds this world and is yet within [the Brahman]. One who worships this Bhūtākāśa, which is its unfolded power and is contained in it, he is, like this Bhūtākāśa, contained in the Brahman and transitory. And the one who worships this Bhūtākāśa as the Brahman, does thereby evil and continually undergoes decay. But one who knows this Bhūtākāśa as only contained in the Brahman and worships, he reaches the full old age and subdues¹ everything."

And the other said: "What do you then know, which always persists and does not disappear?"

Then Bharadvāja said: "That light, which is there in the sun's disk and revolves continually and shines and glows and is very bright and directs everything towards itself,—this I know as the Brahman. For it is always like itself and appears the same from afar and near, and is turned towards all sides (Chānd. 2,9,1 and the note); and even if one were to run and jump, in order to reach it, still he cannot reach it, he cannot even approach it. For in the vicinity it looks distant and from distance near, and nobody can conquer its greatness."

But the Rsi Gautama did not approve of these words and said: "Even this is transitory; because its light lasts, only so long as it is connected with the sun's orb. Also its light is perceived by a mere look by the wise and the ignorant, the unthinking, the laymen, whether they live on islands or in mountains, and even by those to whom the revelation of the scriptures has not reached; but the light of the Brahman is not of this kind, for none, to whom it is not taught, can see it. I look upon the sun's light as an unfolded power of the Brahman. Who thus knows the sun's light as an unfolded power of the Brahman and worships [it] and the golden Man (purusa), who is seen within the sun with golden hair, all golden down to the tips of nails 3—who worships the sun's

<sup>1.</sup> The reading before the Persian translator seems to have been vasiyān, in the Adyar text it is vasiyān:—GBP.

The Adyar ed. reads names of certain uncivilized peoples here: Pundrāḥ Suhmāḥ Kulumbhā Daradā Barbarāiti.—GBP.

<sup>3.</sup> The agreement with the Chand. 1,6,6 is so far-going that we may well look upon this as a citation from this passage and translate accordingly.

light thus, he is great among all the beings, he is the foundation and the support of all, he reaches the full old age, and everything lives in his shade. The sun, when he rises, cannot surpass the greatness of the Brahman, but is inferior to it and rises in obedience to its command (Cf. Kāṭh. 4,9). Who now looks upon the sun as rising by himself, and worships, does thereby evil and continually undergoes decay. But one who knows the sun's light as an unfolded power of the Brahman and worships and knows that he rises at its command, he enters the Light and reaches the full old age, and everything lives in his shade who, knowing thus, worships."

And the other said: "What do you then know, which always persists and does not disappear?"

Then Gautama said: "That shining and quivering lightning, which appears near from a distance and distant from near, which is not equalled by anything hurled in swiftness,—this I know as the Brahman."

But the Rsi Vasistha did not approve of these words and said: The lightning is recognized by the rumbling of the clouds and the flash and then it disappears. It is perceived by a mere look by the wise and by the ignorant, while they show it to one another; but the light of the Brahman is not of this kind, for none, to whom it is not taught, can see it; and one to whom it is taught, sees the light of the Brahman in his own heart. I look upon the light of the lightning as an unfolded power of the Brahman, not as the Brahman. One who knows the lightning as an unfolded power of the Brahman and worships, he reaches the unfolded power, reaches the full old age, and everything lives in his shade."

And the other said: "What do you then know, which always persists and does not disappear?"

And Vasistha pondered over and said: "That, of which you say: 'It is not so, it is not so' (neti, neti), that is the Brahman. This Brahman is the Ātman, infinite, unaging, boundless; not external and not internal, all-knowing, of the form of light, without hunger and without thirst; he leads from ignorance over to the other bank (cf. avidyāyāḥ param pāram tārayasi, Praśna 6,8); he is the light in the heart; he is the lord of the universe, the commander of the universe, the sovereign of the

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universe (Brh. 4,4,22), the dwelling of the universe; him nobody conquers; he is the creation and the dissolution of the creatures (cf. Māṇḍ. 1,5); he is the praise-worthy guardian of the universe.

The descendants of [Aśvapati] Kaikeya worshipped¹ the fire Vaiśvānara as this Ātman (Śatap. Br. 10,6,1. Chānd. 5, 11-24). As such they worshipped at the sacrifices Indra, because he grants help to the hosts and brings about sacrifices and is very great and accepts the offerings; he is the guardian of creatures, and everything approaches him and praises him with the formulas of the Veda. His treasure-house is this entire earth, he kills the demon Ahi. He is in the ocean, he grants everybody efficiency through his power; one who knows him, invokes him before every activity."<sup>2</sup>

When the Rsis heard these words of Vasistha, they agreed to it, that one must, therefore, know the Brahman, [they] paid him respect there and then and became his pupils.

Salutation to Agni!
Salutation to Indra!
Salutation to Prajāpati!
Salutation to the Brahman!

<sup>1.</sup> This reference is not found in the Adyar ed.—GBP.

<sup>2.</sup> This paragraph is seen with considerable additions and omissions in the Adyar ed.; moreover, it consists of verses there.—GBP.



# IX. PRANOU (PRAŅAVA UPANIŞAD¹)

A Pranava-Upanisad (that is how the title is to be explained without doubt) is found in a manuscript form in Fort St. George (Taylor, Catalogue II, 472), in Tanjore (Burnell 33b), in Jammu (Stein's Catalogue p. 31) and in Madras (Catalogue of the Government Oriental Manuscripts Library, p. 52); the third cannot be our Upanisad, for in that case it would be fractional, since it consists of fourteen lines; whether the others, remains to be seen. Meanwhile we are attempting to sift out from the diffused and probably here also strongly interpolated Persian-Latin translation a conjectural text of the original work. But we remark that this attempt is a completely hypothetical one, particularly considering the abstruse contents of the work. It is divided in three Brahmanas: the first considers the Pranava, i.e. the syllable Om according to its letters and sounds and its indispensability at the beginning of every Vedic study and the sacrifice; the second Brāhmaṇam confirms this indispensability through a myth;the third makes the Prajapati answer thirtysix questions concerning the Om-sound. Here also the more coherent presentation of the answers seems to be the original and the prefixing of the thirtysix questions a later subscription of the contents (cf. Prasna 4, above). We have tried as far as possible to correlate questions and answers through common numbering; but already Anquetil (II, 748) no more knows now to help; several passages are partly misunderstood, and partly not understood at all even by him or quite probably by his Persian predecessors. We can scarcely hope that we have always hit the mark in our attempt to bring about clarity everywhere. But the picture of the Upanisad as given by our translation will essentially be a correct one. [After Bloomfield's discovery, as said in the Foreword, of the Sanskrit text of the Pranava-Upanisad in the Gopatha-Brahmanam I, 1, 16-30, we have added in this second edition a translation of the occasionally difficult and considerably corrupt Sanskrit original running throughout side by side with our original translation from Anquetil Duperron, because a comparison of the two versions is not without interest.]

#### FIRST BRÄHMANAM

The Bráhman created Bráhman in a lotus-flower. The latter deliberated: "Which is the one word by which all desires are obtained and all worlds, gods, Vedas, sacrifices, rewards of the sacrifices, everything movable and the immovable is known?"

<sup>1.</sup> Adyar ed., pp. 32-77.—GBP.

—And he practised Tapas. After he had practised the Tapas, he saw that syllable, which consists of two letters and four moras, which is all-encompassing, all-ruling, ever new, the Brahman. Then he obtained all desires, all worlds, gods, Vedas, sacrifices, all the movable and the Immovable.

Through the first letter he perceived the water  $(\bar{a}pas)$  and the acquisition  $(\bar{a}pti)$ ; through the second the fire and the light.

The first mora, the a-sound, is the earth and the fire, the plants, the Rgveda, bhūr, the Gāyatrī, the ninefold Sāman, the East, the spring and with reference to the self, the language, the tongue and the speech.

The second mora, the *u*-sound, is the atmosphere and the wind, [the Yajurveda], *bhuvar*, the *Tristubh*. the fifteenfold Sāman, the West, the summer, and with reference to the self the breath, the nose and the smell.

### Pranava Upanisad

(From the Gopatha-Brāhmaṇam I, 1,16-30.)

First  $Br\bar{a}hmanam = (Gop.B.I, 1,16-22.)$ 

16. The Bráhman created Bráhman in a lotus-flower. This Brahmán, when he was created, hit upon the idea: "Which is the only syllable, through which I can obtain all desires, all worlds, all gods, all Vedas, all sacrifices, all speech, and all rewards and all beings, movable and immovable?"—And he practised the Brahman-conduct. Then he saw the syllable "Om", which consists of two letters and four moras, which is all-encompassing, all-ruling, ever new, the Brahman, the exclamation signifying the Brahman, having Brahman as its divinity. By that he obtained all desires, all worlds, all gods, all Vedas, all sacrifices, all speech, all rewards and all beings, movable and immovable.

Through its first letter he obtained the water and the moisture [read: apas snehañca]; through its second letter he obtained the fire and the lights.

17. Through its first phonetic mora he obtained the earth, the fire, the plants and trees, the Rgveda, the exclamation

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The third mora, the m-sound, is the heaven and the sun, the Sāmaveda, svar, the Jagatī, the seventeenfold Sāman, the North, the rainy season, and with reference to the self the light, the eye and the sight.

The fourth mora, the Anusvāra, is the water and the moon, the Atharvaveda, *janas*, the Anustubh, the twentysevenfold Sāman, the South, the autumn, and with reference to the self the heart, the knowledge and the known.

The reverberation is the Vedāngas, creation and dissolution, the Veda-discourses, the great formulas, the Upaniṣads, the Vedic injunctions, the seven Vyāhṛtis, the seven tones, and art, dance, speech and music; and the songs of Citraratha and the other [Gandharvas]; the lightning, the Bṛhatī, the thirtythreefold Sāman, the direction above, the four months of the remaining seasons, and with reference to the self the ear, the voice and the hearing.

This Pranava, the one syllable, originated before the Tapas, is the Brahman, the seed of the Veda; all Mantras have sprung from this Pranava.

[read: vyāhṛtim] bhūr, the Gāyatrī metre, the Stoma Trivṛt, the eastern direction, the season of spring, and with reference to the self the speech, the tongue and the taste these organs.

- 18. Through its second phonetic mora he obtained the atmosphere, the wind, the Yajurveda, the exclamation *bhuvar*, the Tristubh metre, the fifteenfold Stoma, the western direction, the season of summer, and with reference to the self the breath, the nose and the smelling of the odour, these organs.
- 19. Through its third phonetic mora he obtained the heaven, the sun, the Sāmaveda, the exclamation svar, the Jagatī metre, the seventeenfold Stoma, the northern direction, the season of rain, and with reference to the self the light, the eye and the sight, these organs.
- 20. Through its phonetic mora va-(?) he obtained the water, the moon, the Atharvaveda, the stars, as the sound Om their own self, as the sound janar that of the Angiras', the Anustubh metre, the twentyonefold Stoma, the southern direction, the

And this is the work of the Praṇava: When one studies the Vedas without Tapas, attendance on the teacher, or at a forbidden time, then their power declines and they do not remain; but through the Praṇava, which is the essence of the Atharvaveda, they get back their power and remain again. And just as a child at birth, if its position is disastrous, kills the mother, and if it is favourable, frees her, similarly in the case of study the Mantras go well by the Praṇava and remain and in the case of the sacrifice, through the Praṇava the sacrifices become faultless.

Therefore it is said: "The Pranava is the one syllable which they utter at the beginning of every sacrificial act and at its end."

The syllable of the hymn in the highest heaven, Supporting on which the gods all are enthroned, If one doesn't know it, what's the use of the hymn?— We, who know it, are assembled here.<sup>1</sup>

This syllable is the Pranava.

He who has a desire, may observe abstinence for three nights, sleep on straw, sit silently facing the East and every night he

season of autumn, and with reference to the self the Manas, the knowledge and the known, these organs.

21. Through the hearing of the ma-sound he obtained the epic and the mythological poems, the Veda-discourses, the Nārāśamsa songs, the Upaniṣads, [the contents] of the Vedic injunctions, the [seven] exclamations vrdhat, karat, guhat, mahat, tat, śam and om, the various kinds of string music, salutary owing to its tunes, the [seven] tunes, dance, song and music, he further obtained the divine song of Citraratha, the light of lightning, the Bṛhatī metre, the three-times-ninefold and thirty-threefold Stoma, the firm direction above, the seasons of winter [hemanta] and post-winter [śiśira], and with reference to the self the ear, the sounds and the hearing, these organs.

<sup>1.</sup> Rgv. 1, 164,39; the last line is misunderstood by the Persian translators, unless they had a different reading before them.

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should go over the Pranava mentally a thousand times; then he will receive his desired object and will obtain the fruit of his sacrificial acts.

#### SECOND BRĀHMANAM

When Sudhā,¹ the city of Indra, was stormed on all sides by the Asuras, the gods were afraid and said: "Who will conquer the Asuras?" They said to the Om-sound, the first-born of the Brahman: "You are the strongest amongst us; let us conquer the Asuras through you!"—"What will be my reward?" said he.—They said: "What do you demand?"—The Praṇava said: "That they shall not study the Veda without first uttering me; and that if they do not utter me first, the study of the Veda shall not bring any fruit!"—"Let it be so", said they. Then the gods attacked from the place where the sacrifice was, from the

22. This Rg-verse consisting of only one syllable originated as the Bráhman before Brahmán and Tapas as the Atharvaseed of the Veda; from it the Mantras originated. This [Praṇava] however, verily, when one makes the Mantras defective or injures them or makes them unusable by studying them without Tapas, unobediently at a forbidden time, then it restores them to their power through the energy of the Atharvan; the Mantras could turn towards me [inimically], just as the embryos could wish to kill [read: abhijighāmseyus] the mother, [so he thinks] and he first employs the Om-sound and restores it to its powers through this Rc; it is also employed before the sacrifice and after so the sacrifice spreads through it on all sides.

This very thing is said in a verse:

"She, who is employed first,

On the syllable of this Vedic Rc in the highest heaven"... (Atharvav. 9,10,18=1,164,39).2

<sup>1.</sup> Sudhāyām=svarge (Sāyaṇa to Ait. Br. 3, 47, 8). Weber thinks of Sobha (cf. Ind. Stud. II, 38n.)

Actually only the second line is found at the Vedic place mentioned.

—GBP.

north (above, Chānd. Up. 4,17,9, note), said "Om!" and defeated the Asuras by the help of the Pranava.

Therefore one says the word Om in all sacred activities, and one who does not know it, he is not capable of accomplishing the activity; but one who knows it, he has the Veda in his power. That is why when one utters it at the beginning of the Rgveda, it is the Rgveda, of the Yajurveda; the Yajurveda; of the Sāmaveda, the Sāmaveda. And in every work, because one utters Praṇava at the beginning that is its form,—the form of it.

### THIRD BRAHMANAM

They asked [Prajapati] with regard to the Om-sound:

- 1. Which is its root (Prakṛti)?
- 2. What its pronunciation?
- 3. How does it get into the Sandhi?
- 4. Should one treat it as masculine, feminine or as neuter?
- 5. Is it singular, dual or plural?

When a Brāhmaṇa has a desire, he should repeat to himself this syllable a thousand times, after he has observed abstinence for three nights and sat silently on the straw, facing the East; then all his desires come true and so also all his sacrificial acts.

—Thus reads the Brāhmaṇam.

# Second Brāhmaṇam = Gop. B. I, 1,23.

23. There is a city of Indra by name Vasordhārā (Goods' flood); the Asuras stormed it on all sides; then the gods were afraid and said: "Who will ward off these Asuras?"—They saw the Om-sound, the first-born son of Brahman. To him they said: "Let us conquer these Asuras with yourself as the mouth!"—He said: "What will be my reward?"—"Choose a gift", said they.—"I will choose it", said he. And he chose a gift: "The Brāhmaṇas shall not recite the Veda-word without uttering me first, and if they do not utter me first, it shall be ineffective (abrahman)!"—"Let it be so" said they. Then the gods came into a close combat with the Asuras from the northern side of the sacrificial place and the gods defeated the

- 6-13. Can it be put into the case-relations: 6. "it",
- 7. "from it", 8. "with it", 9. "in it", 10. "by it". 11. "out of it", 12. "to it"? 13. and through which suffixes are these relations with it shown?
- 14. Is it to be uttered in a low, medium or loud tone?
- 15. Is its meaning changed if a sound is prefixed to it [e.g. in som, Taitt. Up. 1,8], and can its sounds be modified [e.g. in prolating, Atharvasikhā 2, or the substitution of the Anusvāra m in the place of m with Virāma]? [The sense is uncertain, for the answer which follows is incomplete.]
- 16. What is its interpretation? What is after it and after what is it formed?
- 17-21. How many Mātrās has it? How is it composed? How many signs has it? How many sounds? What is it followed by?
- 22. With which organ is it uttered?
- 23a. How is it uttered ? 23b. How is its pronunciation taught ?
- 24. Which is its metre?
- 25. What is its colour?

Asuras from the place of the Agnīdhrīya fire by means of the Om-sound.

Because they defeated them, therefore the Om-sound is uttered first, and one who does not know the Om-sound, he is powerless; but one who knows it, he has the Veda-word in his power. That is why the Om-sound is the Rc in the Rc, the Yajus in the Yajus, the Sāman in the Sāman, the Sūtram in the Sūtram, the Brāhmaṇam in the Brāhmaṇam, the Śloka in the Śloka, the Praṇava in the Praṇava.—Thus reads the Brāhmaṇam.

## Third Brāhmaṇam=Gop. B. I, 1,24-30.

- 24. We are asking questions about the Om-sound:
  - 1. Which is its root?
  - 2. Which is its stem?
  - 3. What is its connection with noun and verb (nāmākhyātam)?
- 4. What is its gender?

- 26. What is its main effect?
- 27. How frequently is it uttered?
- 28. Which narration serves as its explanation?
- 29. In which sound [of Om] is the Rgveda, in which the Yajurveda, in which the Sāmaveda?
- 30. Why do the reciters of the Veda first utter the Pranava?
- 31. Which is its divinity?
- 32. Which is the right time to say it?
- 33. What is the explanation of its sounds?
- 34. Which is its abode (loka)?
- 35. And which is the place, where it sprang up?
- 36. With what is it connected in the body?

Prajāpati said: Splitting these thirtysix questions I will explain the Praņava.

- 5. What its pronunciation ?1
- 6. Which its case?
- 7. What its suffix ?
- 8. What its accent?
- 9. What its preposition?
- 10. What its particle?
- 11. What its analysis?
- 12. What its modification?
- 13. What its element that undergoes modification?
- 14. How many moras has it?
- 15. How many letters?
- 16. How many syllables?
- 17. How many words?
- 18. What is its consonantal euphony?
- 19. What effects augmentation of its reverberation [read:  $n\bar{a}da$ ]?<sup>2</sup>
- 20. Its phoneticians?

<sup>1. &#</sup>x27;Aussprache'. vacanam should rather mean number.—GBP.

<sup>2.</sup> Deussen's proposed emendation and interpretation are questionable. Sthāna, anupradāna and karaṇa respectively mean (1) point of articulation, (2) mode (or effort) and (3) the organ (i.e. the mobile organ of articulation). But see 27. below.—GBP.

1. Its root is ap, according to others av; according to the former it surrounds  $(\bar{a}pnoti)$ , according to the latter it supports. But the surrounding is more than supporting; and ap (the water) is so called because, like Brahman, it surrounds.

- 2. Its pronunciation is joint or separate; whether the letters are pronounced jointly or separately, it gives the same meaning.
- 3. The sounds, with which it enters into the Sandhi  $(a, \bar{a})$ , give up their pronunciation, but maintain their meaning (Pāņ. 6.1.95).
- 4. It undergoes no difference in pronunciation as masculine or feminine, (is uttered with a loud voice<sup>1</sup>) and can be constructed with a masculine, feminine or neuter [adjective] equally well.
  - 5. (The answer is inserted in 23).
- 6-13. It can be put into the case-relations 6. "it", 7. "from it", 8. "with it", 9. "in it" 10. "by it", 11. "out of it", 12. "to it". 13. In all these cases it remains the same (without suffix).
  - 14. (The answer is inserted in 23.)
  - 15. (The answer is inserted in 23.)
- 21. As what do they pronounce it?
- 22. Which is its metre?
- 23. What is its colour?

Thus read the prior questions. Now follow the latter:

- 24. Its formula?
- 25. Its ritual?
- 26. Its Brāhmanam?
- 27. Its Rc?
- 28. Its Yajus?
- 29. Its Sāman?
- 30. Why do the Brahman-teachers place the Om-sound at the beginning?
- 31. What has it as its divinity?
- 32. What its luminary-principle?
- 33. What its etymology?
- 34. What its place?

<sup>1.</sup> Answer to 14; out of place here.

16. The a (in ap 'water') becomes o, and the p m and out of these two signs, the sound o-m is formed.

17-21. Its Mātras are three a, u, m. It is uttered (above, Atharvasikhā 1) with three reverberations ( $mad = n\bar{a}da$ ?). The reverberation is its fourth element. Thus it consists of three and a half Mātras.

22. It is uttered with the lips.

 $23^a$ . For o, the throat is widened, for m the lips are closed;—(Answer to 19:) It has two marks not one;—(Answer to 15:) The addition of the Virāma does not change its meaning;—(Answer to 14:) It can be uttered in a low, medium or lord tone;—(Answer to 5:) It can be used as singular, dual or plural.

23b. The ancestors have thus uttered and handed it down, so that the students need not ask such questions; for they know that its pronunciation can be learnt by merely hearing.

Now among the juniors in Kanyakubja there was the learned Anheh, who discussed with the wise similar questions. And he asked the Rsis: "Which is the way to pronounce the Pranava

These are the thirtysix questions. The earlier and later form three groups, each consisting of twelve; according to these we will explain the Om-sound.

25. Indra asked Prajāpati: O holy one, consecrating myself [by taking the fuel-sticks], I ask you.—Ask, my dear, so said he.—What is this Om-sound? Whose son is he? What is its metre? What is its colour? And as what does the priest reach that Brahman? For it is for that reason that he immolated first [as it were] that Om-sound which brings welfare. In the Rgveda the Om-sound is with the Svarita tone and monosyllabic; in the Yajurveda the Om-sound is with the three accents as its tone and monosyllabic; in the Sāmaveda the Om-sound is with the long-drawn tone and monosyllabic; in the Atharvaveda the Om-sound is with a short tone and monosyllabic; with Udātta as the tone it is dissyllabic, viz. as a and u; there are three and a half moras, for which there is an indication in the m-sound, as

<sup>35.</sup> Which its origin?

<sup>36.</sup> What its connection with the self?

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badly, so that one knows that it is badly pronounced; and which is the way, of which they say, it is correctly pronounced?" [And they answered]: "There are six characteristics of its pronunciation: place of its articulation, mode, correctness, quantity, duration and the acts in which it is to be uttered. For that they praise the speaker. But one who does not know these six, cannot pronounce the Praṇava correctly."

- 24. Its metre is the Gayatri; for the gods pronounce it in one word.
- 25. Its colour is white (see above Atharvasiras 5 and Atharvasikhā 1).

they say (?). As regards the first mora, it has Brahmán as the divinity, is red in colour, and one who meditates over it constantly, goes to the abode of Brahmán. As regards the second mora, it has Visnu as the divinity is black in colour, and one who meditates over it constantly goes to the abode of Visnu. As regards the third mora, it has Isana (Siva) as the divinity is brown in colour, and one who meditates over it constantly, goes to the abode of Isana. As regards the threeand-the-halfth mora, it is dedicated to all the divinities, goes into the ether when it manifests itself and resembles a pure crystal in colour; one who meditates over it constantly, he goes to the nameless abode and it is the origin of the Om-sound. If a Brāhmana does not know this, then a repeated initiation by the teacher is [necessary]; therefore the word of our Brahmanam is to be taken care of like a firebrand which is not to be touched (alātavyo). Its family? He is a son of Brahman; its metre is Gāyatrī, its colour white. He is preferably masculine [pumso vatso?]2. Rudra is its divinity. Such is the Om-sound of the Vedas.

26. Which is its root? the root is  $\tilde{a}p$ ; some think it is av. But the semantic accord is closer than the formal accord; so it

<sup>1.</sup> H.C. Patyal (unpublished dissertation on the Gopatha-Brāhmaṇa) translates: "He is of the lineage of Lātavya" (i.e. a descendant of Latu). The text still remains obscure.—GBP.

<sup>2. &#</sup>x27;male-calf' (Patyal).-GBP.

- 26. The way of its effect is that it is uttered at the beginning.
- 27. Twofold, is the answer [is the Om-sound to be uttered, viz. firstly (if we have understood the passage correctly) in the form of the four Vyāhṛtis, secondly as the Praṇava].
- I. There are the Mantras, the Vidhis and the Brahman as parts of the Vedas, viz. of the Rgveda, Yajurveda, Sāmaveda; and the Atharvaveda, whose glory (mahiman) is the Praṇava. What is uttered at the beginning of the four Vedas is particularly the glory of the four Vedas. These are four words: Om at the beginning of the Atharvaveda, bhūr of the Rgveda, bhuvar of the Yajurveda, svar of the Sāmaveda. II. But the glory of all is Om, in so far as it is uttered at the beginning of all the four Vedas; if not, their power decreases, and they do not yield any fruit.

comes from  $\bar{a}p$  and means that the Om-sound surrounds  $[\bar{a}pnoti]$  everything. That it is a radical compound, corresponds to the fact. A nominal stem is not noticeable. The name suffix [for m] is pertinent, and the grammarians mention it expressly under the exceptions. It is an adverbial compound ( $avyayibh\bar{u}tam$ ); this name is significant and means that as such it never changes. For it is said:

What remains the same in the three genders, In all cases and numbers Remains unmodified, is called indeclinable (avyayam). (Mahābhāṣyam I,1,38, p. 96, 16.)

Which is dropped as a changeable element? A vocalisation takes place. Of the root  $\bar{a}p$ , the letters  $\bar{a}$  and p must be modified. In its initial the Om-sound is modified; the second element is the sound m. Thus the monosyllabic Om-sound consisting of two letters results as Om.

27. How many moras? The initial contains three moras, for it becomes pluta at the beginning; the m-sound is the fourth mora. What is its place? The two lips are its place, and as effecting the augmentation they are a twofold place. The dipthong [au] and the low-sounding a come out of the throat with the

<sup>1.</sup> Of vedic recitation.-GBP.

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28. After the passing of the Satvam and the Tretā, at the beginning of the age Dyaparam the Rsis discussed: "Now they will perform sacrifice without sufficient knowledge of the Rg- Yajurand Samayeda and their work will be defective and without fruit: how may such a harm affect the works?" They were seized with fear for the ancestors had not left any instructions as to what is to be done, should the Vedas become fruitless. And they said: "Come on. Let us go all together to Atharvan, worthy of veneration and request him to grantus freedom from fear and instruct us in this matter." And they thought: "How will he talk to us, if we do not approach him submissively?" And they went thither and approached him in submissiveness. But having admitted them as pupils Atharvan said to them: "My pupils utter at the beginning of the study of all the Vedas that great word which stands at the head of the Veda which is named after me: thereby the Mantras of the Vedas bring fruit. If you do not say the beginning of the Atharvaveda in the works of your Vedas, then your works will be defective and fruitless and will harm him who offers and also him who makes offer. Therefore

[consonantal] supplementation mentioned earlier. The first stands there to bring about an open sound, the second [m] stands there to bring about a consonant. A consonantal euphony does not take place. As far as the verbal form, preposition, grave, circumflex, gender, case and the pronunciation are further concerned, it is given by the old teachers studying its constitution, who say: "One learns it only by hearing, one does not ask about a cause". But the wise Pañcālacaṇḍa of the opposite party asked them and said: "You should some time point out to me by turn and individually (anu u pithag? the mistakes which one is likely to commit in the matter of the Udgītha" Therefore one should be attentive to the division according to letters, syllables, words and signs; one thus holds in honour the speech which is prized by the wise. Therefore we discuss the cause,

<sup>1.</sup> See our note under 5.-GBP.

<sup>2.</sup> The Bibliotheca Indica ed. reads babhūvām vu pṛthag, the Adyar ed. babhūvāmbuh p°. The text continues to be obscure.—GBP.

teach your descendants, to do so; thus the Rg-, Yajur- and the Sāmaveda will bring fruit". Then the Rsis said: "Be it so, O venerable one; we are free from fear and grief and are full of joy."

- 29. (The answer is missing; it is to be gathered from the Brahmavidyā, Atharvaśikhā 1 and the First Brāhmaṇam of this Praṇava-Upaniṣad.)
- 30. Therefore it happens that the students of the Veda utter the great word *Om* before the Mantras, works and the sections of the Veda viz. of the Rg-, Yajur- and Sāmaveda.
- 31-34. When they utter the Praṇava at the beginning of the Rgveda, its divinity is Fire, its light the Praṇava, its metre the Gāyatrī, its place the earth; and they begin with the first verse of the Rgveda, because it praises the fire (Rgv. 1,1,1: agnim tle etc.)

And when they utter the Pranava at the beginning of the Yajurveda, its divinity is Wind, its light the Pranava, its metre the Tristubh, its place the atmosphere, because it praises the rain (Vāj. Samh. 1,1,1: ise [=vrstyai] tvā etc.)

And when they utter the Pranava at the beginning of the Samaveda, its divinity is the Sun, its light the Pranava, its metre

because we believe that this contributes to the health of letters and we, who know the six Vedāngas, study it in this way.

What is its metre? Its metre is the Gāyatrī, for the Gāyatrī of the gods is declared as mono-syllabic and white in colour. So much about the two groups of twelve each. This therefore is its analysis, the explanation of the meaning of its root, its phonetical treatment and explanation of its metre. Now as far as the last two groups of twelve each are concerned, the esoteric teaching of the Veda [regarding the Om-sound] has been explained. Formula, ritual and sacred speech are found in the Rg-, Yajur-, Sāma- and Atharvaveda, but this is a sacred exclamation as it is used in turn in the four Vedas, viz. the exclamations: Om bhūr, bhuvar and syar.

28. As a means to put to the test the non-circumspect, the following is handed down. At the beginning of the *Dvāparam* 

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the Jagatī, its place the heaven, and they begin with the first verse of the Sāmaveda, because it praises the fire (Sāmav. 1,1,1: agna' āyāhi etc.)

And when they utter Pranava at the beginning of the Atharvaveda, its divinity is the Moon, its light the Pranava, its metre all metres, its place the water, and they begin with the first verse of the Atharvaveda because it praises the water (Atharvav. 1,6,11: Sam no devir etc.)

35. This is the water from which everything movable and immovable has sprung up. Therefore everything is water, one should know, and everything Atharvaveda. Therefore the water and the Praṇava is the same; for the water is called ap and ap is, as o, the initial sound of the Praṇava. Therefore the Rṣi Vyāsa has said, those who follow the injunctions of the Atharvaveda, do not study any Veda on the last day of the month of Śrāvaṇa, because it will not bring any profit. Therefore one who desires to claim the Vedas should study the Atharvaveda; without this, it is profitless. The Sāmaveda is

age a particular Rsi, author of a fault just here, hit upon an idea of drinking Soma by means of the three Vedas and thought that that should suffice. The consequence of this was that the Rg-, Yajur- and the Sāma- songs lost their lustre. Then the great Rsis lamented and said: "We have come to great grief and fear, and that [which is to be done] is not transmitted by the ancestors. Come on. Let us go all together to [Atharvan] worthy of veneration". [The latter said to them:] "I shall be the shelter of all of you".—"Be it so" said they and stood silently. "Not, if you do not approach submissively", said he. "We will approach you submissively" they said and prostrated themselves before him. But after admitting them as pupils he said: "You should employ every time as the beginning the exclamation proper to me; that is how they recite, those who are my pupils.

The Soma is not to be drunk except by those who knows the Bhrgu-and the Angiras-formulas (the Atharvaveda); otherwise

<sup>1.</sup> This is the reference to the current Saunaka recension. The stanza is 1,1,1 (and hence the symbol of the Atharvav.) in the now discovered Paippaläda recension,—GBP.

the greatest, because it brings the fruit if one reads it with Tapas; but the Atharvaveda brings this fruit even without Tapas. Therefore, one who studies the Atharvaveda knows the three other Vedas also, for they are contained in it.—Thus reads the instruction of the Veda.

36. But the main result of the Atharvaveda is that one suffering from the ignorance of the Ātman is cured by the Praṇava which is the beginning of the Atharvaveda. And it is the fruit of the meditation of the Praṇava that one becomes the pure Ātman. By meditating over the Praṇava one should unite in the heart the individual and the highest soul; then one leaves all scriptures and remains as consisting of the highest Ātman: "I am Om! this is the state of the submerging; in this state one lets go all duality and obtains indistinguishable submerging (nirvikalpa samādhi), in which one remains without "I" and without "this" as the pure Ātman.

the sacrificial priests perish, the scrificer is covered with impurity and the holy scripture also remains dusty. So you should teach it in an ever continuing tradition to each coming generation, then the lustre will not be lost".—"Be it so, be it so, O sir", with these words they assented him, prospered and were free from grief and fear. Therefore the teachers of Brahman employ the Om-sound at the beginning.

29. What divinity has it? For the Rcs the divinity is Agni, the same the light-principle, the Gāyatrī the metre, the earth the place. Agnim tle puróhitam yajñásya devám rtvíjam, hótāram ratnádhatamam Rgv. 1,1,1), beginning with these words they study the Rgveda.

For the Yajus' the divinity is Vāyu, the same the light, the Triṣṭubh the metre, the atmosphere the place. *Iṣe tvā ūrje tva, vāyava stha devo vaḥ savitā prārpayatu śreṣṭhatamāya karmaņe* (Vāj Samh. 1,1,1), beginning with these words they study the Yajurveda.

For the Sāmans the divinity is Āditya, the same the light, the Jagatī the metre, the heaven the place, Agna' āyāhi vītaye gṛṇāno havyadātaye, ni hotā satsi barhiṣi (Sāmav. 1,1,1), beginning with these words they study the Sāmaveda.

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One who has understood these questions well becomes omniscient, he knows the answer to all questions.

For the Atharva-songs the divinity is the moon, the same the light, all metres the metre, the water the place. Sam no devīr abhistaye (Atharvav. 1,6,1),1 beginning with these words they study the Atharvaveda. The whole host of beings, movable and immovable, springs from waters, therefore everything has come from water, everything comes from the Bhrgu- and Angirassongs. The other three Vedas have gone into Bhrgu- and Angiras-songs. Therefore, the water is called ap, and the origin of waters is from the Om-sound. Therefore Vyasa2 said formerly: "One who is initiated by a knower of the Bhrgu- and Angiras-songs, should study the other Vedas, but even without being initiated by another, one may study the Bhrgu- and Angiras-songs."3 Also in the Samaveda a supplementary text says: "Therefore also one who learns as the Brahman-student the Bhrgu- and the Atharvan-songs, he has thereby learnt everything".-Thus reads the Brahmanam.

30. With reference to the self:

The Om-sound is the healing of the Ātman and the liberation of the Ātman. Shutting his Ātman in himself one should meditate on the thought, based only on the union with it, [thought] of its [of the Om-sound] real sense; then one elevates oneself above the Vedas and obtains the full reward of the

<sup>1.</sup> This is the reference to the current Saunaka recension. The stanza is 1,1,1 (and hence the symbol of the Atharvav.) in the now discovered Paippalada recension.—GBP.

<sup>2.</sup> In the Adyar ed. the Upanisad ends abruptly with caitasmād Vyāsaḥ, the editor there however does not seem to be aware of the abrupt termination.—GBP.

<sup>3.</sup> Deussen's translation of this last clause is not quite correct. (Had he a different reading before him?) Patyal (ibid) translates better: "and he who is consecrated elsewhere, should not study the Veda of the Bhṛgus and Aṅgiras."—GBP.

<sup>4.</sup> I have translated Deussen literally. The sentence remains obscure. Unconvincing is Patyal's translation also: "Having stopped the anxiety about creatures, (which is) the only union (with Om), he should think about the (supreme) spirit,"—GBP.

highest inner self; that is the meaning [of the Om-sound]. One who meditates on it [Om-sound], subjected to reflection, having the nature of knowledge, through corresponding questions and answers, appropriate to the word, he is an expert, powerful and wanted at every Vedic conference. — Thus reads the Brāhmaṇam.

# X. SCHAVANK (ŚAUNAKA UPANIŞAD)¹

[The wise "Schavank", to whom the teaching of this Upanisad is attributed is without doubt Saunaka (cf. Oupnek'hat I, 375 with the Mund. 1,1,3, above), although a Saunaka Upanisad, as far as we know, is nowhere else mentioned. The legend imitated from the old myth of war between the Devas and the Asuras forms the contents in order to glorify the Omsound (pranava). The demons attack thrice, at 1. Prātaḥsavanam, 2. Mādhyandinasavanam and 3. Trtīyasavanam the sacrificial priests and receive from them as settlement. 1. drops of sacrificial clarified butter, 2. sacrificial water, 3. tips of sacrificial grass with which they thrice defeat the gods headed by 1. Vasus, 2. Rudras, 3. the Jagati, and since these do not feel sufficiently strong, Indra prefixes them every time with the Omsound, as a result of which the demons are defeated. But twice the demons recover from their defeat while the Pranava, ashamed of showing himself to the gods, withdraws himself from the Mātrās into the reverberation (cf. also the Chand, 1,4), and only the third time, when he appears in his full glory, he defeats the demons for ever.

The Pranava- and Saunaka-Upanisad are closely connected in purpose, contents and bearing; in the glorification of the Om-sound they go farther than all other Upanisads received by us and as such are not without interest. Unfortunately, even now the latter had to be understood only through the muddy medium of the translation of a translation, both of which, the one through excessive freedom and the other through excessive faithfulness, have equally contributed much to disfigure the contents. We may hope to have reconstructed correctly the original text on the whole; but in many individual cases we were left to our own guess and we cannot everywhere assume responsibility for having handled it correctly.]

The gods and demons were preparing for war; Indra however had not yet joined the gods.

1. In the morning pressing the gods placed the Rsis and the Vasus in front to conquer the demons and prepared for the war. But during the course of the sacrifice the demons appeared and said to the Rsis: "Let us sacrifice with you so that today we shall win a victory over the gods! "The Rsis were frightened and gave them that much clarified butter which one is to pour

<sup>1.</sup> The Adyar ed. pp. 51-54.—GBP.

<sup>2.</sup> Now, of course, we have the Sanskrit original in the Adyar ed.

in the fire at a sacrifice and said: "With this you will conquer the gods." The demons took it and with it they conquered the gods. Then Indra said to Gayatri: "Lead the gods to victory!" She said: "I see the gods retreating, what can I do with them?" Then Indra made Pranava the constant beginning of the Gayatrī and said: "This one will protect you." Then Gayatrī said: "If this one leads me, then he will take a share in my fame," Indra said: "Do not be afraid that he will share with you. His greatness is superior to all and does not share in the greatness of others. The whole world rests on his greatness. You have nothing to do with the Pranava but have to go to the Vasus for help."— "Om" (be it so), said the Gavatri. The Pranava said: "It is my condition that they begin every work with me. If not, then I shall not help them."-"Om" (be it so), said the gods. That is to say, when one says "Om", all names and forms are contained in it; for the Pranava is everything and contains everything: therefore one calls it "the one syllable" (eka-aksaram, allegedly from as surround, pervade vyāptau). Therefore one says: "Om, I will do this", and when they allow him this, they say "Om", and when they wish to speak, all say "Om". This sound grants victory and is constant and contains in it all beings; it is only a syllable and yet infinite; being infinite, it is one and contains all forms, sounds, smells, tastes and touches. Therefore they call the Pranava Indra. Verily all syllables and all beings are linked with this one syllable, all the Vedas and all the sacrifices are under its power. And just as everything is under Indra's power because he is the king above all, so everything is under the power of Pranava; he is the king of all syllables.

Therefore they utter the Pranava softly and lightly in the mornings; for when the demons were near, the gods uttered it softly; there the Pranava became light to them and said: "Lightly I shall crush your enemies".

Therefore, the Mantras also, which are preceded by the Praṇava, are said softly in the morning; and because the Gāyatrī was linked with it, therefore all the Mantras, which they recite in the morning, are linked with Gāyatrī, and the gods of the morning offerings are the Vasus.

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Then the Pranava said: "While I am everything and the beginning of the Gāyatrī, what will be my reward for the help I give to the gods?"

Indra said: "This, that they first utter you in the Sāmans, and when they sing the Sāman, they will sing you as all the syllables." Therefore it happens that when they sing the Sāman, they sing the Praṇava as all syllables.

The Pranava pondered: "If I am as all syllables, then the gods will see all my forms, and that is not good." Then he withdrew all his forms within himself and concealed himself in the reverberation; he was hornless (without the moras). Therefore they ran after the hornless one, in order to search for him. And they said: "The power, the seed, the light, the indestructible, the flawless, all that is the reverberation." Therefore one obtains the light, the indestructible, the flawless through the reverberation.

And it happened that the demons were defeated and the gods won.

This Pranava is Indra, is everything that exists. The Gāyatrī, the Sāman, the Vasus, the morning pressing, all that is the Pranava. Indra is the movable and the immovable. so they say but Indra is the Pranava.

2. But the defeated demons gathered again and as the midday-pressing Sāman was being chanted, they made their appearance at the sacrifice. The Rsis were frightened and gave them of the water which is used at the sacrifice and said: "With this you will conquer the gods." The demons were desirous of conquering the gods with the water. And Indra sent the Rudras with the gods in the battle, but the gods were defeated by the demons. Then Indra said to Tristubh: "Go to them for aid!" "She said: "The gods are defeated, what can I do with them?" Then Indra again said to the Pranava: "Place yourself at the head of the Tristubh". The Pranava said: "What will be my reward?" Indra said: "What I am, that you are; they will pronounce you as my form."

The Pranava pondered: "The gods will see full truth about me, and that is not good". Then he withdrew all his forms within himself and concealed himself in the reverberation.

Therefore they do not pronounce its third horn (m), but an Anusvāra (m) in its place.

And it happened that the demons were defeated and the gods won.

Therefore the gods at the midday-pressing are the Rudras, and their metre is the Tristubh.

3. But the demons prepared once more and as the eveningpressing Saman was being chanted they appeared at the sacrifice. The Rsis were frightened, they tore off the tips of the blades of the sacrificial grass, gave them to the demons and said: "With these you will conquer the gods," Then Indra said to Jagatī: "Go to the gods for aid!" Then Jagatī said: "The gods are defeated, what can I do?" Then Indra placed the Pranava at the head of the Jagati. The Pranava said: "What will be my reward, that I help the gods?" Indra said: "They will pronounce you with the Udgītha, so that your glory will be visible." And he made the Aditya1 the leader of the gods. Therefore the divinity of the evening-pressing is the Āditya and their metre the Jagati. The Pranava perceived: "The Udgitha is the manifestation of the Aditya, the manifestation of the Brahman, and I am the manifestation of the Brahman and not different from him." And he walked with his full form, which he had previously concealed in the reverberation, in front of the Āditya and the Āditya made him his weapon. Then he defeated the demons, and they were scattered as dust so that they could not again come together. That the Pranava appeared in his full form, thereby he earned great fame, for the Pranava is the pinnacle of greatness. All beings are contained in him, and his abode is in the reverberation, for in it he had concealed himself.

Therefore, what one desires, one should request him for it, and the worship one performs belongs to him.

Therefore it is said:

The Pranava<sup>1</sup> has four horns, three feet, Two heads, seven hands, threefold is he

<sup>1.</sup> The German original has singular but the plural (as supported by the Adyar ed.) is evidently intended.—GBP.

Schavank 947

Bound, great, loudly roaring, shining brightly, Having entered into all the living beings. (cf. Rgv. 4,58,3)

His four horns are the  $3\frac{1}{2}$  moras; his three feet are a, u and m; his two heads o and m; his seven hands are the seven notes (svara), because he is sung in all the seven. Threefold bound are its three letters (a, u, m) with the three fires, the three worlds and the three Vedas; like these he is also talked of.

The Pranava is Indra and therefore great.
Therefore it is said:
The lord over all gods, great is Indra,
Granting greatness, mitigating grief, full of light,
Helping all, ruler, mighty, granting strength,
Sustaining the universe, well-disposed to all.

Because Indra supports himself in this way, therefore it was said that the Praṇava rings loudly; and it rings loudly because all, who worship him, earn great fame. That he has entered into all living beings  $(pr\bar{a}nin)$  means that he dwells in all beings  $(bh\bar{u}ta)$ . Therefore one should worship Indra by the syllable Om.

Thus spake the revered Saunaka.

<sup>1.</sup> Apparently the Persian-Latin version read here *Pranavo* for *vṛṣabho* of the RV (which latter is found in the Adyar ed. also).—GBP.



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Vighna, "remover, eliminator" (of obstructions), Ganeśa, 875 vigraha, "body" 350, 357, 864, 868, 882 vijam, kilaka, šakti of the Nrsimha-formula, 823-824, of the Rāma-866, of the formula Hamsaformula 719 Vijarā, a river in the Brahmanworld, Vijaya, a minister of Dasaratha, 871 Vindhya-mountains, as southern boundary 40 Vipracitti, N. of a teacher, 443, 506 vi-ram, renounce, 514 Virāt (Virāj), mythological representative of matter, 893, 85, 122. 227N1, 481. (wife of Indrapurusa), 678, 680, 828, 855, 887, N. of a metre 122, 780, of an Ekāha 62 Virocana, an Asura, 198 ff viś, the third caste, see Vaiśya višesa, as a Sāmkhya term 353. (Cf. 659) viśva, see Vaiśvānara. Viśvajit, a day of Gavām ayanam, Viśvakarman, all-fashioner, 318, 895 Viśvamanāh, N. of a teacher, 22 Viśvāmitra, old-Vedic Rsi 10, 430, 919; as teacher, 21 Viśvarūpa Tvāstra, as teacher, 443, 506 Viśvarūpāh, as a section of the Şadv. Br., 63 Viśvasrj, all-creator 350 (381),(plur.) 817 *Višvāvasu*, a Gandharva, 539 viśve devāh, orig. "all gods"; then (like Vasu, Sadhya) restricted to a particular class of gods 85, 99, 380, 414, 451, 830 Visnu (for his history, cf. 809) old-Vedic sun-god 222, 231, 358, 821, (blessing the foetus) 540, (as chariot-driver) 692, who traverses the heaven in three steps; his highest step (Visnoh paramam padam) is the dwelling place of the deceased 288, 364, 379, 706, 743, 804, 816, 833. Often in accounts, mostly together with and Rudra-Īśāna-Śiva Brahmán 343, 344, 647, 669, 701, 775, 780, 830, 831, 856, or in other combinations 685, 728, 770, 792, 886. As the Atman 350 (381), as Om 362, as the Sattvam of the Sāmkhyas 346, as Yogin 700 (714);

the last sacrifice of the Samnyasin

is dedicated to him, 749. Vișņu as Nārāyana 808, as Nṛṣimha 810ff, as Rāma 863ff Viṣṇu-Upaniṣads of the Atharva-veda, 568, 797, 799N viṣuvant, middle day of Gāvām ayanam, 9 vratam, vow, maxim, 91ff 244ff. vratamīmāmsā 422, vratam Pāśupatam 776; Sāmbhavam 790 vrātya as Brahman 677, 680 vrātyayajña, a particular sacrifice 62 vrsala, for śūdra, 538 Vrtra (Ahi), a demon slain by Indra, 905 Vyāhrti-s, the three sacred exclamations *bhūr*, *bhuvah*, *svah* 347, 693, 800, 926-927; (q.v.) 347, 693, 800, 926-92, 936, 938; seven 828, 927 four vyāna, intermediate breath, explained 72ff; differently 336, 596 Vyaśva, N. of a teacher, 22 Vyasti (unfoldment), as teacher, 443, 506 vyaşţi and samasti 443 Vyāsa, the Rsi, only 939

W waking, dream, deep sleep, defined 658. Main texts 201ff, 486ff, 598ff, 611ff, 616, 617, 623, 630, 633ff, 727 ff, 794 warning against instructing an unworthy one 11, 106, 326, 366, 534, 816, 875 waves of Samsāra (cf. ocean, boat, bank), six 754, five 306 wealth, its worthlessness 434, and dangers, 282, 754-755 wind-cords 333 wing, painted 342 wishes, granted 43, 277, 332, 526; stain 374, 687; are achieved 585, fade 585 women (children, relatives) obstacle 366; to be given up 706. 753; w° excluded 815, permitted 817 works, good and bad, annihilation of 27, 45N, 194, 240, 337, 373, 499, 581, 583; cf. 'evil' world-egg (Brahman-egg) 117, 350, 378, 452, 741, 754, 887,— its membrane 116 worlds, mostly three 469; four 15: seven 574 (metaphorical 579). enumerated 574N, 684; nine 455-456; fourteen 741. -boundaries

of w° 452. —world-stream 897 world-dissolution (through Brahman etc.) 311, 315, 317, 323, 777, 780, 820, 852 world-guardians (eight) 10, 13, 16, 828, 876, 887 worthlessness of earthly goods 280-281, 332, 434, 501

#### Y

Yajamāna, institutor of sacrifice, 99, 131, 227, 327, 371, 375ff, 408, 446, 650 Yājñavacas Rājastambhāyana, teacher, 544 Yajñavalkya Vājasaneya, a cele-brated Veda teacher (cf. 389, 392ff, 444ff.), 411, 434 ff, 446-505, 758-761, 881-888, 915-916. He is (in ritual texts) 533, 544 pupil of Uddālaka; cf. on the other hand 457. Considering the great role he plays in the passages mentioned, the complete silence over him in others is striking  $Y\bar{a}j\bar{n}avalkyak\bar{a}ndam = Brh. 3-4;$  cf. **391,** 392. Contents 395, 396, 444 (only Yājñavalkya-Upanisad Mu) 557 (=Jābāla-Up. 5-6 among yajñāyajñīyam, N. of a Sāman, 28, 68 Yājñikī Upanişad, see Mahānār. Up.; cf. 247 Yajurveda, the 2nd Veda acc. to Indian reckoning (exceptions 260, 578, 894), cf. 1ff (Black and White) 217, 390. Mentioned as source 816 yajus, sacrificial formula (of the Yajurveda), 28, 815 etc.; as life 515 yājyā, accompanying stanza or song, 447, 448 nyanuvākyāḥ, a section of the Maitr. Sarih, 328 yājyānuvākyāh. Yakşa-s, demigods (in the retinue of Kubera) 333, 381, 382, 685, 814, 832 yakşam, "wonderful thing", 208, 211, 509, 901 Yama, god of death, 53, 55, 112, 274ff, 341, 377, 471, 519, 551, 918; beside Mrtyu 414, 771, 828, 886 Yāska, N. of a teacher, 443, 506 yati 1) Assistant in the world creation 320 and Note (cf., Kratu); 2) "aspirant" 45; 3) penitent,

ascetic (in the fourth stage of life) 584, 586, (256, 792), 737 (751), 743, 790 832

Yauvanāśva, old-Vedic prince (= Māndhātar), 332

Yayati, a king of antiquity

yāyāvara-s, a sub-class of the Gihasthas, 764

year (samvatsara), origination (?) 119, 400; is an embodiment of Prajāpati 421, 590ff, cf. 800, of the sun 402, of the sun and Prajāpati 261 (265, 266), of time 355, 356 (cf. 591); is a piling of altar 371; is dependent on the Ātman 463 (497, 578). As station of the Devayāna 129, 145 (cf. 528, 575-591)

yestiha, hours in the Brahmanworld 27

world, 27
Yoga, a particular "practice" (cf. yunjīta 267, 347), to effect union with the Atman (cf. 359); 237, 283, 288, 298, 305, 309ff, 324, 358ff, 364, 625, 656, 729, 730, 774, 782, 917. First traces 205 (of pratyāhāra), 424 (of prāṇāyāma); main texts: 288, 298ff, 309ff, 360 and the Yoga-Upanisads 667-721, asparsayoga 624, 693. As parts of the Yoga (358ff, 691, 693) are

mentioned, beside āsanam (672; various kinds of sitting are enumerated, 695; fixing [of the gaze] on the tip of nose 710) the following six: 1) prāṇāyāma 671, 672, 693, (recaka 693, 702, pūraka 694, 701, 715, kumbhaka 694, 701, 716); 2) pratyāhāra 671, 672, 692, 693, 715 (tortoise); 3) dhyānam 693, 706 4) dhāraṇā 673, 693, 696. 5) tarka 693, differently 360ff. 6) samādhi 693.—The way upwards 368, 710ff, 716. Cf. also under manas Yogacūḍāmaṇi-Upaniṣad, (Only Mu) 557

Yogakuṇḍalī-Upaniṣad (only Mu) 557

Yogašikhā-Upaniṣad 709-711; (Mu, Da, Co, Nā) 557, 559, 561, 563 Yogatattva-Upaniṣad 713-716; (Mu, Da, Co, Nā) 557, 559, 561, 563 Yoga-Upaniṣads of the Atharva-yeda 567, 667N1

veda 567, 667N1

Yogin 354, 380, 624, 672, 673, 674, 696, 700, 703, 710, 714, 729, 753, 755, 805, 807, 829, 833, 863

yūpa, a sacrificial post, 63; re-interpreted 267, 650

Z

Zodiac 356N, 873

## ADDITIONS AND CORRECTIONS

- Page 7, line 8 etc.: For Mahīdāsa, read Mahidāsa.
- Page 8, line 10: For Agnistoma-, read Agnisoma-,
- Page 8, line 21: For Rtuyaga, read Rtuyaja.
- Page 10, line 3: Add after First Āraņyaka:
  - 1. Which hymns are to be recited by the Hotar as the Ajya- and Pra-uga-śastram at the morning-offering of the Mahāvratam (the previous day of the Gavām ayanam).
  - 2. The Marutvatīyam and Niskevalyam at the midday offering of the Mahāvratam.
  - 3. The Niskevalya-śastram continued.
  - 4. The Nişkevalyam as bird, whose limbs consist of hymns.
  - 5. Continuation.—The Vaiśvadevatam and Āgnimā-rutam at evening-offering of the Mahāvrata-day.

# Second Āraņyaka

- Page 16, line 13: Add after happened that:
  Agni entered into his nose as speech,
- Page 16, line 18: Delete (out-breath).
- Page 16, line 32: For (abhisrstam sat) read abhisrstam sat).
- Page 18, line 3-4: Remove the bracket after suture and read it after crack',.
- Page 22, line 2 : Read Sākamaśvaḥ. Line 12 : Read Kauṣī-takiḥ.
- Page 26, foot-note 3: For jayamānaḥ read jāyamānaḥ.
- Page 27, line 1: After the lake, add Āra.
- Page 27, line 16: For Ambas read Ambā-s.
- Page 27, line 17: After rivers, add Ambayāh.
- Page 28, line 3: For aspeedy, read a speedy.
- Page 28, line 22: Read Samans Syaitam.
- Page 28, line 24: Read Sakvaram.
- Page 31, lines 13-17: Wrong fount! This is a translation of Deussen's Introduction, not of the Upanişad.
- Page 34, last line (foot note): Instead of the full point, read a (!)

- Page 43, last but one line: Read (abhivisrjyante).
- Page 44, line 9: Read (bhūtamātrāḥ).
- Page 45, line 12: For daughter, read slaughter.
- Page 54, line 2: Read a semi-colon after me.
- Page 61, line 21: For Chandogyas, read Chandogas.
- Page 62, line 5 from bottom: Read Sunāšīrya.
- Page 63, line 13: After (of Soma); add Viśvarūpāḥ;
- Page 63, line 15: Read Hotrādyupahavāh.
- Page 67, line 27: After gift, read a colon instead of the full point. After this, add:
  - 22. abhi tvā sūra, nonumo adugdhā iva dhenavah īsānam asya jagatah svardṛśam, īsānam, Indra, tasthuṣaḥ.
  - 23. na tvāvān anyo divyo na pārthivo na jāto, na janişyate aśvāyanto, maghavan Indra, vājino gavyantas tvā havāmahe.
- Page 67: Between line 29 and 30, insert a section number I.
- Page 68, line 11: Read Yajñāyajñīyam.
- Page 73, line 5 from bottom: For of the stotra, read of the stoma.
- Page 79, line 7: Delete the comma after Caikitāyana.
- Page 91, line 11: For The ten parts of the Sāman, read Ten of these Sāmans.
- Page 92, line 22: Read Vāmadevyam.
- Page 99, line 27: Read Garhapatya.
- Page 109, line 6: For mouth, read moon.
- Page 111, line 1: After intelligence, add (kratu).
- Page 114, para 7, line 1: Read Mahidāsa.
- Page 115, line 21: For Upanișad-, read Upasad-.
- Page 117, line 21: Read 'brahma jajñānam.
- Page 121, line 11: After wind; insert 2.— Pages 121-122: Replace the paragraph numbers 2, 3, 4, 5, 6, 7 by 3, 4, 5, 6, 7, 8 respectively.
- Page 121, line 22: Read Kākşaseni.
- Page 128, line 1: After (are my forms) add: But the man, whom one sees in the sun, I am that and I am he".
- Page 133, line 7: For such knowledge, read no such knowledge
- Page 137, line 8: Read Satyakāma.— Line 9: Read Vyāghrapād.

Page 142, line 22: Read Pravāhaņa.

Page 143, line 5 from bottom: After arises, insert the king.

Page 155, last two lines: For one possessed not only fixed traditions from ancient times but on the contrary, only famous names

#### read

one did not possess fix traditions so much as rather only famous names.

Page 168, line 5: After (the breath) read:, the Prāṇa into the fire (heat), and the fire (heat) into the highest divinity.

Page 176, line 23: For leaant, read learnt.

Page 203, line 5 from bottom: Read C before (The Supplement...).

Page 222, foot-note: line 1: For every, read that.— Lines 2-3:

For which the connection or junction shows, read
which shows the connection or junction.— Lines
5-6: For and therefore the Sāman which forms the
balancing of both, read and therefore forms the
Sāman, the balancing of both.

Page 227, line 23: For Agnidhra, read Agnidh.

Page 248: Between line 4 and 5, insert at the centre: Dravida-Andhra

Page 252, lines 19-28: Wrong fount! This is a translation of Deussen's Notes, not of the Upanisad.

Page 253, last but one line: read miśrāmi,

Page 256: Read full points after stanzas 20, 21, 22 and 23.

Page 261, line 4: Delete the comma after Satya.

Page 265, line 3: Read Garhapatya.

Page 265, line 5: Read a comma after space.

Page 267, line 35: Read Agnīdh.

Page 268, line 5: For Upasada-, read Upasad-.

Page 279, Foot-note 2, line 7: Read Nāciketasa.

Page 290, line 5: After Brāhmaņas, add: Or at the śrāddha meal.

Page 294, line 2: After law, complete the quotation with the inverted commas and add: (RV 4.40.3).

Page 295: Delete the foot-note.

Page 315, foot-note 2: Delete Cf.

Page 317, After the stanza 10, insert:

Verses 11-22 glorify Rudra as the personified Brahman. Like the related section 3, 1-6, this part also mostly consists of citations.

11. Who as the only one presides over every womb (5, 2),

In whom the world dissolves and unfolds itself (Mahān. 1, 2),

Him as the lord, the God, bounteous praiseworthy

Who perceives, attains that peace for ever (Kāṭh. 1,17).

—Substitute the stanza numbers 12, 13, 14, 15, 16, 17, 18, 19, 20, 21 and 22 in place of 11, 12, 13, 14, 15, 16, 17, 18, 19, 20 and 21 respectively.

—St. 13, line 4: For o e, read one.

Page 335, line 24: For every, read individual.

" Lines 26-27: For thinking, read thinking of, for (the Buddhi) read (of the Buddhi) and for (the Ahamkāra) read (of the Ahamkāra).

Page 344, lines 11 and 29: For Kautsāyana, read Kutsāyana at both the places.

Page 345, line 24: Read Viśvā.

Page 352, line 1: Read paridadhāti,

8: After (paridadhāti), add once more.

Page 357, line 19: Read Prajāpati.

Page 375, line 11: For 'the true law', read 'of truthful law'.

Page 376, line 19: For duality?? read duality?).

line 24: Read lump.

Page 378, line 1: Read Atirātra.

Page 382, line 5 from bottom: Read exorcize for exercise.

Page 385, line 2: Read pasyan.

Page 390, line 32: Read Ukhāsambharaṇam.

Page 401, line 4 from bottom: For became, read becomes.—
After universe, read a comma in the place of the semicolon.

Page 408: Insert at the beginning of the page:

24. Therefore Brahmadatta, the descendant of Cikitāna too said, as he tasted the king [Soma]: "This king shall blow up my head if Ayāsya Āṇgirasa

has sung here the Udgītha with something different from me. For even he "said he, "has sung the Udgītha through speech and Prāṇa only".

—Substitute paragraph numbers 25, 26, 27 and 28 in place of 24, 25, 26 and 27 respectively.

Page 414, line 24: Read devah.

Page 418, line 1: For Kaus. 2.12.14). Because, read Kaus. 2.12-13), because.

Page 421, line 23: For name, read nave.

Page 422, line 17: Read Sank.

Page 425, line 12: For texts, read text.

" Line 14 and footnote line 2: Read Balākā at both the places.

Page 429, line 6: For twentyseven, read seventytwo.

Page 443, lines 3 and 4: Read Vaijavāpāyana at both places.

" ,, 8 and 9 : Read Jātūkarņya at both places.

" Lines 21 and 22: Read Kumārahārita at both places.

" Lines 2 and 3 from bottom: Read Sanāru at both places.

Page 444, line 26: Read Maitreyī.

Page 447, lines 16-17: Read anārambhaņa

Page 453, lines 9 and 10: Read Parikṣit.—Line 20: Read Pārikṣitas.

Page 456.—After line 22, insert:

-"In the worlds of the Gandharvas, O Gargi!"

"But wherein are the worlds of the Gandharvas interwoven lengthwise and breadthwise?"

-"In the worlds of the sun, O Gargi!"

"But wherein are the worlds of the sun interwoven lengthwise and breadthwise?"

-"In the worlds of the moon, O Gargi!"

"But wherein are the worlds of the moon interwoven lengthwise and breadthwise?"

Page 458, line 7: For has, read was.

,,

line 30: For Will, read Well.

Foot-note: Read the first sentence as: In addressing, the patronymic is used more commonly than the [personal] name.

Page 468, line 7: For Vaiśvo, read Vaiśva-.

, line 9: Read "Three and three hundred and three and three thousand" (3306)

Page 469, line 24; For or, read of.

line 27: Complete the quotation after (amrtam).

Page 473, line 3: Complete the quotation after pieces.

,, lines 11-12: For it is not so such as cannot be described read: it is not such, not such (i.e. it cannot be described).

Foot-note: change the footnote number from 2 to 1.

Page 476, lines 17 and 19: Read Silina at both places.

Page 478, line 20: Read Gardabhīvipīta.

Page 482, lines 16-17: For

I, however, prefer (differently System des Vedānta, p. 203) another reading of the perceptive remark (of Yājñavalkya).

## read

I now prefer (differently system des Vedānta p. 203) this interpretation to the other one.

Page 487, line 24: For non, read not.

Page 491, para 32, lines 2-3: For it is..... the Brahman of this world, read: it.....whose world the Brahman is.

Page 495, line 12: For thus, read this.

,, line 23: Read a semi-colon after (Kāma).

Page 496, Foot-note 2, line 1: Read tṛtīyārthe.

Page 500, line 6: For Brahman, read Brāhmana.

,, line 7: For he is the world of Brahman, read he, whose world the Brahman is.

Page 503, line 13: For the (hymns of) the Atharvan, read (the hymns of) the Atharvans.

Page 506, lines 6-7: Read Jātūkarņya at both the places.

lines 7-8: Read Asurāyaņa at both the places.

" lines 19-20: Read Kumārahārita at both the places.

Page 508, line 13: After known, add (AV. 10,8.29).

Page 525, line 8: Read Pravāhaņa.

line 9: Read (paricārayamāṇam).

Page 526, lines 2,18 and 26: Read Pravahana at all places.

Page 535, line 18, Read Kumārahārita.

Page 542, line 31: Read Pautimāsī.

Page 543: Read, line 9, Kāṇvī, lines 24, 25 Jāyantī, lines 26, 27 Māṇḍūkī, line 32 Vaidṛbhatī, line 3 from bottom Prāśnī.

Page 544: Read, line 2 Yājñavalkya, line 14 Ambhiṇi, lines 22, 23 Māhitthi, lines 27, 28 Yajñavacas. lines 12, 13: Delete that of in both places.

Page 547, line 1 and elsewhere: For ISA, read ISA.

Page 548, line 1: Insert at the beginning: Verses 4-5.

- For coincidia, read coincidentia.

Page 550, line 1: Insert at the beginning: Verses 12-14.

Page 551: Put stanza number 18 before the last stanza ("O Agni...").

Page 551, end: Add (RV 1, 189, 1).

Page 557, line 10 : Read Turīyātītāvadhūta.<sup>7</sup> line 18 : Read Gāruda.

Page 560, foot-note: Add at the end: The four Upanisads are already available in a printed form in the Adyar edition: Unpublished Upanisads, edited by the Pandits of Adyar Library under the supervision of Dr. C. Kunhan Raja, Adyar, 1933.

Page 571, line 36: For imported, read imparted.

Page 578, lines 24-25: For (Atharvaveda), (11.4.13) read (Atharvaveda 11, 4, 13).

Page 579, line 15: For of, read (of.

Page 581, line 30: For son, read sun.

Page 584, line 21: Delete the comma after eye.

Page 593, line 9: Read Prajāpati.

Page 595, line 4 from bottom: For fer, read far.

Page 598, line 29: For Sauryānin, read Sauryāyanin.

Page 613, line 19: For other, read others.

Page 614, line 30: For much similar, read much similar.

Page 615, line 21: For knowthe, read know the.

Page 623, stanza 28, line 3: For women, read woman.

Page 624, stanza 33, line 3: For over, read ever.

Page 632, stanza 63, line 4: Read a comma in place of the full point.

Page 640, foot-note, line 2: After Cod., add क.

- Page 647, line 15: Read Brahmán.
- Page 647, Foot-note 6: Add at the end (GBP).
- Page 648. After line 14, insert section number 2.
- Page 650, section 4, line 4: After Pratiprasthātar, insert:—the Vyāna the Prastotar;
- Page 656, foot-note, line 1: For source, read some.—Add (GBP) at the end of the note.
- Page 660, line 12: For Brahman, read Brahman.
- Page 674, stanza 19, line 4: Read a comma in place of the full point.
- Page 680, stanza 13, line 2: Read Prajāpati.
- Page 701, stanza 7, line 4: Read a comma in place of the full point.
- Page 713, foot-note 3: Replace the semi-colon by a colon.
- Page 719, line 8: Replace the unquote-marks after expression by quote-marks.
- Page 735, foot-note, line 1: Read phalaih.—Line 2: Read vihitān.
- Page 736, foot-note 1, line 3: Read samnyasta.
- Page 738, line 4: Read mortifies.
- Page 748, line 25: For over, read ever.
- Page 749, Line 10: For—greating, read greeting, Line 4 from bottom: Delete the comma after earthen.
- Page 751, foot-note, line 5: For cf., read of.
- Page 765, After line 5, insert section number 3.
- Page 766, line 7: For threat, read thereat.
- Page 769, line 2: Here and in the following pages, for Atharvaśira, read Atharvaśira'.
- Page 777, line 5: For seven, read sewn. Line 21: Read Gāyatrī.
- Page 778, line 12: Replace the question mark by a semi-colon.
- Page 780, line 8: For meditator, read meditation.—Lines 26-27:

  Read, as a verse-line:

  Shining with light, in its own lustre.
- Page 839, foot-note, Line 2: Delete instead of. Replace the full point by a comma.—Line 7: Replace the semi-colon by a colon.
- Page 842, line 21: For Ātman, read Brahman.

Page 851, line 27: Before a-u-m, insert the figure (3).

Page 856, line 4: For undefied, read undefiled.

Page 874, stanza 76, line 3: After (-na), insert a comma.

Page 876, stanza 89, line 4: Read Pāratattvam.

Page 881, line 25: After gracious", complete the rectangular bracket.

Page 887, line 21: Delete the ditto-marks.—
Line 26: For three and, read four.—Line 31: Delete ditto-marks.

Page 926, lower section, line 4: For Bráhman in; read Brahmán in.

Page 946, last line: For belong, read belongs.